



Narcotics Anonymous®

NEBRASKA REGIONAL SERVICE COMMITTEE

January 14th, 2016
Giltner, NE

3:02 PM Kirby Z opened the meeting with a moment of silence followed by the Serenity Prayer.
Twelve Traditions: Kim R
Twelve Concepts: Gaylan S
Purpose: Kirby Z

Executive Committee:

Chairperson: Kirby Z
Vice Chair: Open
Treasurer: Dean B
Secretary: Amber S
RD: Brian S
Alt. RD: Open

Area RCM's:

Columbus: Mark W
Central: Tracy K
Eastern: Anita T
Elkhorn: Travis W, Nick L (Alt)
Fremont: Gaylan S
Great Plains: Deborah T, Kendra D (Alt)
Southeastern: Chad J

Sub-Committees:

NRCNA 33: Gaylan S
NRCNA 34: Tommy A
General Assembly: Diane K (Proxy)
Outreach: Open
Policy: Open
P.I.: Tommy N
I.T.: Sam S
H & I: Doug P
Archives: Dick T

Visitors: Taylor P, Donald P, Tara, Paula S, Shannon O, Kimberly R, Diane K, Brenda D, Manny S, Chasity

3:17 PM Area Reports:

Columbus: Hi Family, I look forward to serving this body as the Columbus Area RCM for the next 2 years as we voted on Area positions last month. All is going well as we are mentoring newcomers into Area service. We are taking meetings into the Platt county jail & supplying that facility with literature. We have noon & 8pm meetings daily with mid-night on weekend with other meetings starting up. I am new to this Area & Area Policy. Although our Treasurer was absent from Area last Saturday, I do believe our Policy has us make a donation to Region which may be sent off to the Treasurer this month. Donald from GI will be speaking at our speaker meeting on Wednesday January 25th 2017 at 8pm. Show up and support, please. Thanks. ILS Mark W

Central: Hello Family, Central Area is doing well. We have elected new people for all positions except for our Policy and Alt RCM Chairs. I have been voted RCM. Aurora Steptakers are planning a NRCNA fundraiser TBA at a later date. We have had many newcomers at our meetings. ILS Tracy K

Eastern: Donation - \$213.62. All is well in ENNA. Swina's meeting list is changing a little bit. Swina has requested to add back our ENNA meetings to their meeting list. ENNA has agreed. ENNA has elected me as RCM. P3 is having an event Jan 28th at St Matt's church (60th & Walnut). There is a flyer on the Regional Website. Also, if you haven't gotten your registrations and hotel rooms for Close Encounters XXX please do so as soon as you can. We still have rooms available but they are going fast. It's coming up soon, February 24, 25, 26th. Cost is going up at the door so get them now. Thanks for letting me serve. Anita T

Elkhorn Valley: Hello Family, EVANA is doing very well overall and our groups are thriving in an atmosphere of recovery & group autonomy. Our Wednesday evening Breaking the Cycle meeting has moved from 7 to 8pm. Also, all groups have sent their Regional votes back with me. Up-Coming Functions: January 21st, Hug Up Speaker Jam. Doors open at 10am @910 W Park Ave. February 4th, EVANA Heart of NA Beats Valentine's Day function at Grace Community Church on the 300 block of Norfolk Ave. On the south side of the street, please use alley access.

Fremont: Hello Family, We are alive and well in Fremont. Our last few Area meetings have been conducted using CBDM and it seems to be working out very well. We have a \$80 donation to be made to Region. Our 30th Annual Freeze Out is scheduled for March 24-25th at Camp River Crest in Fremont NE. we are very excited. Also, we are putting in a proposal to host Region on April 8th 2017 at the Berean Church (3rd & C) in Fremont with a NRCNA 34 Fundraiser to be held after. ILS Gaylan S

Great Plains: Hello Family, I am an addict named Deborah T. Report for Great Plains Area... Our Area is staying strong. We have been doing some traveling to check on meetings not showing up for Area. We are updating our meeting list as needed. Our Area is donating \$861.89 to Region today. Our Area is voting "yes" across the board on voting items. Our H&I in N Platte is very strong. Many coming to meetings once released. H&I in Kearney is needing members to be of service on H&I. Also, our Area is putting in a bid to hold next Region, April 8, 2017 in N Platte with a NRCNA 34 fundraiser to follow. Thank you for letting me be of service. Deborah T

Southeastern: Recovery is strong in Southeast Nebraska! We currently have multiple meetings every day and over 30 meetings every week between Lincoln, York, Beatrice and Fairbury. The town of Hebron just started its 1st NA meeting on Saturday nights at 8pm. "Turning Point" will be held @145 South 4th Street.

The dates from the last minutes for NRCNA 34 need to be corrected to read Oct 27, 28, 29th. Our venue will be the Cornhusker Marriott in Lincoln, NE. Please pick up a flyer with hotel details. There are flyers with registration details as well. Please take these back to your area. All other convention information can be directed to our convention chair Tommy A.

H&I continues to take meetings into a variety of treatment centers, Lancaster county jail, Women's prison in York and Nebraska State Penitentiary.

I will offer up this report to the secretary as soon as Regional votes are conducted.

Our Area is upset with the way a couple things were handled during the last Region but unfortunately we were not in attendance to discuss those concerns.

I would like to submit our report for October 2016 and ask that it be added to the minutes as we were unable to be present due to circumstances beyond our control.

Committed to my Commitment Chad J – SENANA Alt RCM

SENANA Functions – Flyers found at www.sena-na.net and www.nebraskana.org

2/18/17 – Sweet Treat Raffle & Dance 2820 O St. Lincoln NE

3/4/17 – Speaker Jam Lincoln NE

4/1/17 – Spring into Recovery Dance, NRCNA 34 Fundraiser Lincoln NE

4/15/17 – Back to Basics Campout Lincoln NE, Wildwood Lake

OCTOBER REPORT

Recovery is strong in Southeast Nebraska! We currently have multiple meetings every day and over 30 meetings every week between Lincoln, York, Beatrice and Fairbury. The town of Hebron just started its 1st NA meeting on Saturday nights at 8pm. "Turning Point" will be held @145 South 4th Street.

We submitted the motion to host NRCNA 34 in 2017 in Lincoln. The dates are Oct 27, 28, 29th. Our venue will be the Cornhusker Marriott. Please pick up a flyer with Hotel Details. There will be more information in the following months that concerns itself with how to register.

H&I continues to take meetings into a variety of treatment centers, Lancaster county jail, Women's prison in York and Nebraska State Penitentiary.

Our PI committee recently implemented something that is worthy of noting. Below is their report.

"Hello family this was an active moth for us. We have new updated meeting lists. We also got the approval to put Basic Texts in ALL 6 of the Lincoln area High Schools and have just picked the books for that. All that is left is to finalize the plans on how they will be distributed. In loving service, Sam S."

FINALLY, our Area had trouble was unable to vote on 2 of the Regional positions. Secretary & Archives minutes on the website had no bio's attached. I as an alternate RCM was given an updated version of the minutes with the secretary's bio but the website was never given that info and was not updated. Therefore, the groups in our area were not able to have all the information needed to properly vote on there. In loving service to the fellowship of Narcotics Anonymous, Chad J, Alt RCM.

RD Report: Hi Recovery Family, Here's what's going on this quarter. The service materials projects are a local service toolbox, a set of conventions, and event's tools. There are web pages posted. Please visit them, and fill out the surveys share any local resources you may have as well. You can sign up for project updates and notifications of any web meetings, conventions, and events. The website in which you are able to sign up for updates, or send materials to is: www.na.org/conventions. The first web meeting on this topic is currently scheduled for February 4th, 2017 @ 2:00pm.

The local service toolbox webpage in which you may sign up and send materials to is: www.na.org/toolbox. The first web meeting pertaining to this topic is currently scheduled for January 17th, 2017 at 12:00pm PST. The board is asking for participation from anyone interested as they are trying to limit funds spent to do projects consisting of literature projects are mental/illness IP, and a meditation book. Web pages are: www.na.org/mhmi and www.na.org/meditationbook. Surveys are posted and the deadline for input will be set for June 1st, 2017. Product updates can be found by clicking the designated icon for literature and other products on the webpage www.na.org. The guiding principles limited special edition will be available for a cost of \$30 with only 7,000 copies being made available, new key fob medallion holders for bronze, and tri-plate medallions are also available. I have provided a copy of the environmental scan to each RCM. Please take these to your area. Please determine what your Area would prefer to do and bring back to the next Region or provide myself with the information so I may get our results back to NAWS by the end of April 2017. I plan to take the information I collect and return it. I really need the help of the fellowship on this. As I believe each area will have different information. The next Zonal forum is set to be on the dates of February 3-5th in Glencoe OK. Cost of this will be at a cost of \$60 for two nights. I have flyers for all that may be interested in attending. I have three seats available, and plan on leaving in the morning of the 3rd it is a 5.5-6 hour drive. NAWS also reported one million dollars of donations for the second year in a row. In loving service, Brian Sanders.

Alt RD Report: None

3:40 PM Sub-Committees:

NRCNA XXXIII: Hello family, once again thank you to all who came out to support our convention both by hosting fundraisers and at the convention. Our bank account is now closed. PO box is closed and pay pal is closes. I have a check for \$3,239.93 so with our prior donation of \$2,500 (minus 2000) our total donation from the convention is \$3,739.93. I love you all and this fellowship and this has been a huge privilege for me, and a huge growing experience in my recovery. ILS Gaylan S

NRCNA XXXIII: Everything is going well, we should have our speakers chosen in the next few weeks. We are sending mailers out to treatment centers and Areas in several different states. Our raising of funds have been mostly based on t-shirt and hoodie sales, we are working on our second batch of both. We are asking the RCMs, if your Area is planning a fundraiser could you please let Kimberly Ross know so we can plan on being there. Our financial report is this.
Bank - \$2,909.52
Pay Pal - \$282.70
Total - \$3192.22

In loving service, Tommy A

General Assembly: Approximately 25 attendees. Brian S began with a quick workshop on CBDM procedures so everyone present would understand the concept. Diane K provided copies of CBDM Policies from 3 other Midwest Regions. We broke up into 5 separate workgroups to determine what to recommend to the NRSC. There was unanimous consensus on the following recommendations for CBDM parameters to be included in the Policies:

1. Any member attending the NRSC meeting may participate in the discussion.
2. There will be no required Quorum in order to conduct business. RCM's are responsible for either having a proxy present or arranging to be present using technology such as facetime or teleconference.
3. Any member may make a proposal, but it must be co-sponsored by an RCM, Office, Committee Chair, or RD/ARD
4. Voting membership: for proposals needing a group vote (i.e. financial, policy change etc) only RCM's may vote on straw polls and final pools – for proposals on internal issues (i.e. where to hold the next RSC etc) RCM's, Officers, RD/RDA, and Committee Chairs may vote on straw polls and final polls.
5. On all proposal, consensus will be reached by “unanimous minus 2” (For example: if there are 8 RCM's eligible to vote, at least 6 must be in favor of the proposal to have consensus.) keep in mind, that if the proposal can not be developed into an idea that works for the majority through discussion and input by all then perhaps it needs to be tabled or withdrawn.
6. We recommend use of the 3 card system currently being used in the Central Area: red, green and white. Based on the Iowa guidelines and that we incorporate these recommendations into a format that will serve the NRSC Policies. Diane K.

H & I: Hello family, H&I is going strong in our Region. 5 Areas represented at the meeting and we had 36 facilities reported for H&I commitments. Great Plains jail meeting in Kearney is struggling with volunteers to go in. ENNA is having a P3 fundraiser Jan 28th with a raffle and silent auctions with one of the auction items being a 1st edition basic text. In 2016, 567 books were shipped out through P3 and already this year 117 books have been sent out. EVANA reports things are running smoothly and had a H&I training and mock panel yesterday. Central recently had an H&I training with SENANA and have 32 addicts ready to serve. Central is looking at starting a meeting at the HRC youth center on March 25th from 2-4pm. Donald P and Doug P will be holding a H&I training and mock panel at the Fremont Freeze Out. At close Encounters during the 2pm Speaker there will be a live link for institutions to dial in and listen. That info will be available from your H&I Chairs also contact Dick T for info. As I said 6 months ago, due to my work schedule I am stepping down as H&I Chair at this time. I will still order the lit and am willing to mentor in the next chair if this service body would like me to. ILS
Doug P

Outreach: Open

Policy: Open

PI: The PI subcommittee met today with Eastern, Southeaster and Elkhorn Valley areas present. In Eastern they are combining Omaha and Council Bluffs meetings onto a metro area meeting list. It was also mentioned that P3 will be having a fundraiser on Jan 28th at St Matthews church in Omaha. Doors open at 4pm, speaker at 6pm, Rib eye steaks for \$15 a plate at 7pm. In EVANA all is well. There is a phone line training to be held at 910 W Park at 2pm on Jan 21st. also the Break the Cycle meeting on Wednesday nights is switching from 7-8pm. Thank you John G for being proxy. In SENANA they had a booth at Project Homeless Connect. They are also still working on getting Basic Texts to area High Schools. They have them in the Lincoln High Schools and one on the way to Fairbury. The SENANA PI subcommittee contacted some schools outside of their area. This subcommittee decided to provide 6 Basic Texts to those school that said they wanted one, outside of SENANA. It is within my budget to do so. ILS Tommy N

IT: Hello, IT committee is functioning well. Thank you to all for emailing your activity flyers. Keep them coming. Please remember to put all pertinent information on flyer. I have been making some changes to the website. I welcome all suggestions just remember that the site is designed to be as functional as possible to everyone that uses it. I will be setting up email address for all executive committee positions. The addresses will be chairman@nebraskana.org, pi@nebraskana.org and so on. I will be sending a list around if you have a personal email account that you want your position email account forwarded to- write it down. ILS Sam S Also - ENNA Area address in the website it not correct. Please look on Regional website to see if your address is correct.

Archives: All is good. Dick T

Meeting List Report: Added Hebron to list. Chadron and Lexington meetings folded (sp?). send updates to email, we will update online promptly. For updates to get printed on new list, must have info by end of day Thursday before Region. Make sure your Area/Group updates the world meeting finder.

Old Business:

Motion 3: One-Time payments of \$100 for a year subscription to QuickBooks online.

Financial Impact: \$100

Intent: To ease the burden on treasurer by allowing finances to be managed by a cloud service that does not require a laptop and a printer to be hauled to Region (PDF reports can be generated and emailed to everyone, including the secretary), as it can be done on a cellphone or tablet. This decreases the technology, physicality and financial burden on the treasurer. It also increases transparency by allowing a hosted service to track our finances, to which other committee members can log in and bank reconciliation can be done automatically from any cell phone. This will be a 1-year trial, so if it works it can be made part of the budget next year. For now; however, we are only asking for enough for a 1-year trial. The monthly cost after that should we choose to continue will be based off of our determined needs at that time. MOTION PASSED.

Nominations:

Tommy N for PI Chair – PASSED BY CONSENSUS

Monica T for Vice Chair – PASSED BY CONSENSUS

4:00pm BREAK

General Discussion: Diane K discussed the policy changes from January 2014 and any changes that have been made since that date. For the purpose of having a working document for CBDM guidelines. Looking at the policy, she observed that the format “sucks”. Re-formatting would make locating items within the Policy easier. This would include sections, sub-sections etc. Also, can we incorporate some type of working document so that by next Region there is an updated Policy to vote on. If the document is finished before next Region can it be posted on the website? Yes. Sam stated that a page for Policy can be created. Brian suggested that more time be placed on the guidelines before anything is submitted. If we did review it as we write it then input can be given at each step. Chad did not like waiting until next Region because of the amount of time that lapses between each Regional meeting. Kim liked having it go out to Areas because then Areas can contribute as well. Diane reiterated that she would not be making any changes to policy, rather re-formatting what is already written. **Proposal passed by consensus for Policy Re-Formatting.** Amber shared with the group that she is expecting a child in June and would like help covering for her expected absence at the July Regional meeting. Chad stated that his Area places the responsibility on their Vice-Chair. Kendra D volunteered to proxy for the secretarial position in July. Thank you Kendra! Sam discussed his concerns with the Region’s Website and linking other Region’s website and events links with ours. Could a page be devoted solely to events happening outside of Nebraska? NA.org serves the purpose of containing all that information. A link can be placed to direct people **Proposal passed by consensus to extend General Discussion.** Chad asked what is the time-frame for the minutes to be distributed? There is nothing stated in policy.

New Business:

Proposal 1: The secretary has a maximum of 30 days to produce the Regional minutes.
Submitted by Anita T. Proposal to be taken back to groups

Proposal 2: For North Platte to host the April NRSC business meeting at the Masonic Lodge.
Submitted by Deborah T. 2nd Mark W
Intent: To allow Great Plains Area to have a fundraiser for NRCNA Proposal Passed by consensus

Proposal 3: Fremont would like to host Region on April 8th 2017 at the Berean Church 3rd & C St. Fremont NE Submitted by Gaylan S 2nd Travis W
Intent: NRCNA 34 fundraiser to follow! Proposal did not pass.

Proposal 4: Change Policy – Bullet 2 under Subcommittees to read “Chairperson for the sub-committee will be two-year term and clean time requirement of 18 months, with the exception of the Convention Chair, which will have a term from the time they are elected thru the January RSC following the convention they are chairing (typically 2 years, 3 months). Clean time requirement for Convention Chair is 5 years.
Intent: Our Region often has to waive clean time requirements to allow election of a qualified member to chair a sub-committee. Secondly, the convention chair position obviously lasts longer than 1 year, according to our Policy Timelines and Convention Guidelines. When the

Convention Guidelines were developed 5 years' clean time was recommended and approved by the Region; however, the main Policy was never adjusted.

Financial Impact: 0 Submitted by Diane K 2nd Gaylan S **Proposal to be taken back to groups.**

Proposal 5: Policy change – Under “Convention” item 3, bullet 1 ADD: “2 conventions cups, 2 convention T-shirts and 1 set of convention CDs will be held out and delivered to the Archives Chair for keepsake.”

Intent: to maintain evidence of our NRCNA history

Financial Impact: \$40.00 max/year Submitted by Diane K 2nd Gaylan S **Proposal to be taken back to groups.**

Proposal 6: Policy change – Under “Convention” item 3, ADD 6th bullet- “*Convention Committee will use the approved Convention Guidelines as a guide to organization of the NRCNA.”

Intent: The NRCNA Guidelines were approved by the Region in July 2010.

Financial Impact: 0 Submitted by Diane K 2nd Gaylan S **Proposal to be taken back to groups.**

Proposal 7: Policy change – Under “Archives Committee” ADD a 2nd bullet under “Purpose...” - *Maintain an adequate and affordable storage space, and be responsible for the key, if applicable. Keys are to be held by Archives Chair, NRSC Chair, and the NRCNA Convention Chair”

Intent: Our Archives Committee has a \$100/year budget, but our Policy does not indicate who is responsible for the storage unit.

Financial Impact: 0 Submitted by Diane K 2nd Gaylan S **Proposal to be taken back to groups.**

Proposal 8: Policy Change: Under “Finances” 7th bullet, CHANGE to “Mandatory expenses: Rent; PO Box; Liability Insurance; Website; Delegate; Officer expenses; Committee expenses.”

Intent: Clarification

Financial Impact: 0 Submitted by Diane K 2nd Gaylan S **Proposal to be taken back to groups.**

Proposal 9: Policy Change: Under “Miscellaneous” REMOVE the entire 1st bullet – “If an Area has a proposal that needs to be discussed at the next RSC meeting...”

Intent: This Policy has not been followed in many years, and is actually redundant, since it would be difficult to discuss the matter until we meet at the RSC.

Financial Impact: 0 Submitted by Diane K 2nd Gaylan S **Proposal to be taken back to groups.**

Nominations: Alt RD, Policy, Outreach and H&I are open for nominations.

Be sure to check First/Second Quarter scheduled timeline for Nebraska regional guidelines

Next NRSC April 8th, 2016

In North Platte

General Assembly - Workshop Atmosphere on Recovery and Service and review Environmental Survey Scan for NAS

5:22pm: Proposal to close Gaylan S