



Narcotics Anonymous®

NEBRASKA REGIONAL SERVICE COMMITTEE

**Meeting Minutes
July 11th, 2015
Giltner, NE**

Dustin opened the meeting with a moment of silence followed by the Serenity Prayer.
Tommy read the Twelve Traditions.
Jeff read the Twelve Concepts.
Dustin read the Purpose.

Paige G. was asked to sit in as Secretary.

The following members are present:

Executive Committee:

Chairperson: Dustin S. Proxy
Vice Chair: Kirby Z. Proxy
Treasurer: Shane
Secretary: Paige G.
RD: Brian S. Proxy
Alt. RD: Brian S.

Area RCM's:

Columbus: Tyler M.
Central: Jeff E.
Eastern: **Absent**
Elkhorn: Mark W.
Freemont: **Absent**
Great Plains: Pat
Southeastern: **Absent**

Sub-Committees:

NRCNA 32: Donald P.
General Assembly: Wasn't held
Outreach: Paul
Policy: OPEN
P.I.: Tommy N.
I.T.: Jeff D.

H & I: Doug P.
Archives: Dick

Visitors:

KeeKee, Brent, Monica, Jeff, Nick, Derek, Tommy, Ryan

The last quarter's minutes have not been posted, January minutes are in use. **Motion to accept January minutes:** Motion by Pat 2nd by Mark W. – Passed

Treasurer's Report:

Register Report – NRSCNA 3Q 2015 (July 11, 2015)

Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
								<u>\$6,103.5</u>
								<u>8</u>
						Sunday		
7/11/201	NRSCNA		Great Plains		Area	Noon		
	5CHECKING	DEP	Area		Donation	Group		\$40.00
					Area	thursday		
					Donation	day by day		\$40.00
7/11/201	NRSCNA				Area	Central		
	5CHECKING	DEP	Central NASC	3Q 2015	Donation	Area		\$500.00
7/11/201	NRSCNA				Area			
	5CHECKING	DEP	ENNA	3Q 2015	Donation			\$745.92
			happy					
7/11/201	NRSCNA		Havelock		Group	Happy		
	5CHECKING	DEP	Group	4Q 2014	Donation	Havelock		\$63.62
						Sunday		
7/11/201	NRSCNA				Area	Mourning		
	5CHECKING	DEP	SENANA	3Q 2015	Donation	Reflexions		\$20.00
7/11/201	NRSCNA		Ties That Bind		Group			
	5CHECKING	DEP	NA	3Q 2015	Donation			\$382.90
7/11/201	NRSCNA				Group	Hug Up		
	5CHECKING	DEP	Hug Up Group	3Q 2015	Donation	Group		\$100.00
				3Q 2015				
7/11/201	NRSCNA			(Another	Group	Hug Up		
	5CHECKING	DEP	Hug Up Group	check)	Donation	Group		\$75.00
7/11/201	NRSCNA							
	5CHECKING	1186	Central NASC	3Q 2015	RSC	Rent		-\$50.00
				3Q 2015				
7/11/201	NRSCNA			(now		Storage		
	5CHECKING	1187	Apollo Storage	\$30/mo)	RSC	Room		-\$90.00
7/11/201	NRSCNA							
	5CHECKING	1188	Doug Phillips	3Q 2015	H&I	H&I Budget		-\$450.00

7/11/201NRSCNA				Informatio		
5CHECKING	1189	Jeff Dubbs	Annual	n Tech.		-\$325.00
7/11/201NRSCNA						
5CHECKING	1190	Brian	3Q 2015	RD		-\$900.00
7/11/201NRSCNA					Meeting	
5CHECKING	1191	Dick Thomas	3Q 2015	PI	lists	-\$50.00
						<u>\$6,206.0</u>
					ENDING BALANCE:	<u>2</u>
						\$1,967.4
					TOTAL INFLOWS:	4
						-
						\$1,865.0
					TOTAL OUTFLOWS:	0
					NET TOTAL:	\$102.44

Area Reports:

Columbus:

Hello from Columbus. Meetings are going as scheduled. Financial wise we are under our rudent reserve. Looking for solutions to get back to where we need to be. We have limited resources in our area. Any suggestions would be great. In June we had a function to help improve the clubhouse. New carpet has been laid and we repainted the clubhouse.

I am Tyler Martens and RCM for our area. I want to thank my area for allowing me to be a trusted servant, so our area has a voice at region.

Central:

We are bringing a donation of \$500 to region. A special thanks to Brian and Diane for their patience and guidance in helping our area adopt Consensus-Based Decision Making. This is a bold new world we are entering and I for one am excited about the new direction our area is headed. Also a special shout out to our new (ad hoc) activities chair Sara F. and the hard work she has put in to the NRCNA fundraiser that central is hosting tonight. Thank you to everyone who has volunteered their service, you are appreciated. We encourage all in attendance to stick around for fun, fellowship, and food. Thank you for your support.

ILS, Jeff E.

Eastern: No Report/ Not present

Elkhorn Valley:

Everything is going well in the Elkhorn Valley area of Narcotics Anonymous. We have some functions coming up:

- 7/18 EZ Rider Picnic at Taha Zoucha
- 7/24, 25, 26 Men's Campout at Muskentine
- 9/4, 5, 6 Mid-nite Meeting Campout at Muskentine
- 9/19 Hug- up Picnic at Taha Zoucha

We have a donation of \$100 from the Hug-up Group. We also have a \$75 donation from EVANA. We have elected a new Alt. RCM Ryan L. We would also like to bid to have the Oct NRSCNA meeting in Norfolk, which our Mascarade Ball would follow. Thanks.

ILS, Mark W.

Freemont: No Report/ Not present

Great Plains: No Report.

Southeastern: No Report/ Not present

RD Report:

Please accept my apology for not being there. Brian was gracious enough to give you my report. If we were supposed to host a General Assembly today, I failed to make a note of it and as of the writing of this report, I had no minutes from the April NRSC, so I apologize once more.

During this past quarter, Brian and I were asked to present two workshops. On 6/14/15, we presented a Consensus Based Decision Making (CBDM) workshop for the Central Nebraska Area, and then assisted them through their Area Business Meeting. The Central Nebraska Area are pioneers in our Region. They have formally adopted CBDM as their method of conducting Area Service Committee business.

On 6/20/15, we conducted a “Welcoming All Members” workshop in Grand Island. There was great participation amongst the members present at the workshop.

This June, I developed a private Facebook Group page called “Nebraska NA Regional Delegate News”. This group page is accessible by invitation only, to any Nebraska NA member who asks to join. The intent of the page is to get information from NAWS, the World Board, and the Plains State Zonal Forum to our members, and to allow members to ask questions, invite the Delegate team to their Areas, and will be used to disseminate the Conference Agenda Report (CAR) motions and gather voted from members unable to attend the CAR workshops. I have not been able to capture all Nebraska Region members, so RCM’s please let your members know about this Facebook Group so they may ask to be added.

The RD from Minnesota recently sent me a message regarding the idea of regions partnering to share representation and delegation at the 2016 World Service Conference. There is a workgroup that is in the early stages of investigating the idea of Zonal representation versus Regional representation at the WSC. There is also a workshop available that Brian and I can present to you, regarding this issue. The Nebraska Region is a member of the Plains State Zonal Forum, Minnesota is not, so I’m not sure they would be a good match for this Region. You may wish to discuss this during Open Forum and let us know if you wish to pursue this, or at least have a workshop on it at the next General Assembly.

IMPORTANT DATES:

- **8/1/2015** – Deadline for Regional Motions to be submitted for 2016 CAR, and must be CAR-ready by 8/30/2015.

- **8/28/2015-8/30/2015** – The next Plain States Zonal Forum will be held in Des Moines, Iowa. Fliers are provided.
- **11/25/2015** – The Conference Agenda Report (CAR) should be available. **This report includes motions that affect NA as a whole, and need to be considered and voted on by all members of Narcotics Anonymous.**
- **1/25/2016** – Conference Agenda Track (CAT) material will be available. This material deals with the 2017 thru 2018 budget for NAWS, and the purposed work projects for that period. **These issues should also be voted on or discussed by the Nebraska fellowship, so the delegation team knows how to represent you at the WSC.**

RCM's---Please ask your Area Service Committees to decide on possible dates of when you would like to have the CAR/CAT workshops presented for the members of your Area, and contact me. We have a 4 month window to complete CAR workshops and a 2.5 month window for the CAT workshops, to get member votes.

Thank you for letting us serve,
Diane K. and Brian S., RD Team

Alt. RD Report: No formal report.

Sub-Committees:

NRCNA XXXII:

Hello Family,

We are coming along on schedule. We shall start meeting two times a month now. Getting bids for T-shirts, mugs, and getting our convention bags stuff. Still experiencing trouble with the NA website, but have a person looking into it. Have the rest of NRCNA 31 inventory delivered today. Also, have the new registration forms that should be up to date now.

We had our annual region sub-committee meeting today to briefly discuss what we will be doing the next four months. Our financial budget at this time is \$3,965.50.

Also, we have a fundraiser August 8th in Giltner, NE and still have some opening for hosting the hospitality room.

We would like to thank New Day Group - \$250 and Lincoln - \$500 for fundraiser donations.

ILS, Donald P.

General Assembly: Wasn't held. No report.

H & I:

Hello Family,

Today during the regional H & I meeting, 3 areas reported in and 21 facilities have meetings going in and white books were distributed accordingly. In Central, the women are struggling to find addicts to go into the jail. They are still trying to get H & I meetings into the Hamilton and

Adams county jails. SENANA York is officially part of the SENANA H & I sub-committee. Meetings at York prison are going well, once a month. In September they will go in twice a month. In EVANA they just held an H & I training day. There will be another learning day on July 18th at Taha Zoucha Park at the EZ Rider Picnic that starts at 1pm.

ILS, Doug P.

Outreach:

Hello Family,

I'm Paul and I'm an addict. I really don't have anything new to report. If you need starter kits contact Paul at (402)710-8374 or someone at the nearest O'neal NA meeting.

ILS, Paul

Policy: No Report/ Position is OPEN

PI: No report. This position was filled today by Tommy N. Congratulations!

IT: No report. This position was filled today by Jeff D. Congratulations!

Archives: This sub-committee has nothing to report.

Old Business:

**ADHOC COMMITTEE WAS FORMED FOR BUDGET POLICY
AND RD FUNDING REVIEW.**

COMMITTEE: Brian, Wanda, Kirby, Shane. & Mike L

Positions that need nominations:

IT

Policy

The following positions need to be voted on and brought back to the next region meeting:

Chair: Dustin S. with bio:

- Chair Home group Oct 2009-Nov 2010**
- Secretary Home Group 2012-2014**
- Juvenile Detention Center H&I 2011-2014**
- Hospitality Chair NRCNA XXXI 2013-2014**
- RCM 2010-2012**
- Region Vice Chair 2013-Present**
- Interim Chair at Region Present**

Thank you for considering my nomination. I have a sponsor and actively work the 12 steps. I have a working knowledge of the steps and traditions. As being nominated for this position as a trusted servant, I would be honored to serve NA as Chair of our Region.

Vice Chair: Kirby Z.

**GSR Sunday Noon Group 2005-2008
RCM Great Plains Area 2006-2014**

**PI Chair: Tommy N.
Clean date: 10/5/2012**

I have a Narcotics Anonymous Sponsor. I have worked and currently am working the 12 steps of NA. I have a working knowledge of the 12 Traditions of Narcotics Anonymous. I have a working knowledge of the 12 concepts of service. I sponsor men in the fellowship. I am active in H&I as a panel member whenever asked. I am active in my home group. I regularly attend NA meetings, ASC business meetings, and RSC business meetings.

Service Positions held

January 2013-July 2013: Committee member for Steppin' at the Lake Men's Campout

January 2014-July 2014: Committee member for Steppin' at the Lake Men's Campout

June 2013-October 2013: Key Holder for Survivors Group

October 2013-October 2014: GSR for Survivors Group

November 2014-Current: Group Treasurer for Survivors Group

November 2013-Current: Panel Leader for Norfolk Regional Center

February 2014-Current: EVANA H&I Chair

2014: NRCNA XXXI Memorial Wall Chair

January 2015-Current: EVANA Alternate Treasurer

Motion 1: To remove the sentence "any area not represented at two consecutive meetings of the RSC will forfeit voting privileges" from the "voting membership" in the Regional policy.

Intent: To include all groups/areas in this region, even if they have been unable to attend in the past, and to align our policy with the twelve traditions, and concepts 7, 9, & 12.

Financial Impact: \$0.00

Submitted By: Kim - SENANA

Seconded By: Mark B. - ENNA

TAKE BACK TO GROUPS FOR VOTE

Motion 2: To host region in July at the Unity Hall

Intent: To coincide with the annual street dance fundraiser for NRCNA32

Financial Impact: \$50.00

Submitted By: Jeff E. Central

Seconded By: Kirby Z. Great Plains

VOTED AND PASSED

Open Floor: Discussion Topics

We discussed some of the motions that are going to be brought up in new business.

WYOBRAASKA contacted Brian S. (Alt. Rd) about needing support from our Region. They want to make sure that the Nebraska meetings in their area are still being put on our meeting lists. The Reaching Out group in Kimball, NE needs to be added to our meeting lists.

IT chair gave an explanation of why the website is down and the plan to rebuild it. Contact info for IT chair: jeffrydubbs@gmail.com

We discussed policy about finance and accountability issues.

New Business:

Positions that are open for nominations include: Secretary, Treasurer, Policy, H & I, and Outreach. Please bring nominations to the next regional meeting. Make sure that the nominee either brings themselves or their bios to the next meeting.

Doug P. nominated Bre C. for Regional H & I Chair. The responsibilities for that position were read by Dustin. Although Bre does not meet the clean time requirement for this position, the service body gave a vote of confidence and this nomination was accepted.

Here is Bre's bio:

Hello recovery family,

I'm an addict named Bre. I'm interested in Regional H & I Chair. I recently served as H & I central NE chair for 5 months. Unfortunately I moved and needed to let someone else serve. I believe in service work, and the seed was planted for me through H & I. I have a working relationship with a sponsor, and knowledge of the twelve steps and twelve traditions of Narcotics Anonymous. I have been active in Central NE H & I since my clean date (11/1/13), starting with Mid-Plains detox center, Then began panels at St. Francis Treatment Center and the VA. I attended the Hall county jail for panels. Ways that I continue service work through my move is sharing my experience, strength, and hope and reaching out to the newcomer. I was recently Vice H & I chair regional for four months I have the support, and going to have assistant from the previous Regional H & I chair (Doug P.), my sponsor, and I'm willing to ask for help from other addicts. In Loving Service, Bre

Motion 1: To support and help participate in a "Sponsorship Behind the Walls" project, (See attached) managed by Plains State Zonal Forum (PSZF).

Intent: To cooperate with PSZF in a multi-Regional effort to support our primary purpose to carry the message to the still suffering addict.

Financial Impact: \$120/yr maximum

Submitted by: Diane K. RD

Seconded by: Doug P. & Mark W. EVANA RC

TAKE BACK TO AREAS/GROUPS

Plains States Zonal Forum Sponsorship Behind the Walls Proposal

To develop, coordinate, and maintain a Plains States Zonal Forum (PSZF) workgroup for a "Sponsorship Behind the Walls" (SBTW) step-writing sponsorship program. This would be

formed in the fall of 2015. The step writing would be conducted through the mail between NA members within our zonal regions who would sponsor addicts seeking recovery who are currently incarcerated in correctional facilities located within the PSZF regions who want to find a new way to live. The PSZF Regions currently include Best Little (mostly Northwest Texas), Iowa, Mid-America (mostly Kansas), Nebraska, OK (mostly Oklahoma), and South Dakota Regions.

Financial Impact (for details, see “How” below):

- Fixed P.O. Box rental fee would be paid by PSZF (~\$100)
- Potential forwarding postage would be paid by PSZF (\$25-500)
- Scanner (purchase paid by PSZF) (\$120)
- Workgroup sponsors would pay for their own envelopes, paper, and postage (sponsees would get their supplies through their institutions)
- Getting NA step writing literature would be the responsibility of the sponsors initially, with funding from PSZF for NA literature being a possibility in the future if need or desire and ability arises

Purpose:

To carry the message of recovery to the addict who still suffers behind the walls and allow them to experience the miracle of recovery and a new way to live through the 12 steps of NA, despite their limited access to Narcotics Anonymous and sponsorship while incarcerated. To efficiently utilize limited human resources within region members and provide a wider range of service opportunities to members of PSZF regions.

DETAILS

Who:

PSZF Sponsorship Behind the Walls Workgroup will:

- further research existing step writing sponsorship for long-term incarcerated recovering addicts to incorporate existing successful processes into our implementation;
- prepare draft guidelines outlining suggested procedures for implementation and process;
- Assess financial requirements/impacts to PSZF and member regions and create an annual budget; and
- Coordinate and maintain zonal SBTW resources, through initial contact with prisons and NA sponsor follow-up with inmate sponsees.

Workgroup may consist of:

- PSZF SBTW Coordinator (single point of accountability for zone and facilitate workgroup)
- Mail Coordinator (check/receive mail on a weekly basis and electronically forward sponsee letters to sponsor)
- Facility Coordinator (point of contact with correctional institutions, if necessary)

- Regional SBTW liaison (possibly a SBTW sponsor within each region to help coordinate efforts with zone, via technology not travel, and train volunteers within their regions)
- Step-writing sponsors

How it may work:

- Workgroup utilizes single post office box address for incoming mail from incarcerated members requesting step writing sponsorship.
- Post office box checked minimum once weekly.
- In the event the mail coordinator is not located in the same town as the fixed P.O. Box, it may be necessary to forward mail from the P.O. Box to the coordinator's location.
- Incoming correspondence from sponsee would be scanned and e-mailed to assigned sponsor to minimize time lag (snail mail).
- Workgroup maintains list of sponsors and sponsees, as well as tracks incoming and outgoing mail.
- Sponsor members use pen name and post office box identification only.
- Sponsor is responsible for mailing correspondence to sponsee in facility, utilizing NA P.O. box as return address. Sponsor also responsible for providing their own stationery and stamps.
- Sponsors may be assigned sponsees from any facility within Plain States Zone.

Potential Guidelines:

- Incarcerated sponsees must have at least one year left on their sentence at the time of requesting a sponsor.
- Sponsors who also have H&I commitments in their area must inform the workgroup so that they will not be assigned a sponsee from that facility. Workgroup member sponsors would be able to fulfill their H&I commitments locally, while sponsoring addicts behind the walls in other institutions further away and not compromise either program or anonymity.
- NA members would meet a specified criteria (clean time, worked some steps, agree to using pen name, etc.) to be workgroup sponsors, as well as receive orientation with guidelines and training through a workgroup member or webinar-type online training.
- Flyers and letters of introduction and availability to be distributed to facilities within zonal regions.

For More Information:

Go to: www.pszfna.org/sbtw

Email: sbtw@pszfna.org

Motion 2: To support a 2nd Multi- Zonal Service Symposium, by donating \$100, as a member of the Plains State Zonal Forum.

Intent: This information symposium was very successful, and all workshops and audio are available to all members who were unable to attend.

Financial Impact: \$100

Submitted by: Diane K. RD

Seconded by: Doug P. & Mark W. EVANA RCM

TAKE BACK TO AREAS/GROUPS

Motion 3: For this Region to pay for the RD's travel expenses to attend the 2016 World Service Conference.

Intent: Additional funds were received from the Close Encounters event and this would demonstrate our Region's willingness to be self supporting when we can.

Financial Impact: \$2,000

Submitted by: Diane K. RD

Seconded by: Doug P. & Mark W. EVANA RCM

TAKE BACK TO AREAS/GROUPS

Motion 4: To cease service with the current server for the Regional website, and have it hosted by the server for Plains State Zonal Forum. They will share their server service with us for free, but will accept donations.

Intent: Although we would still have annual costs to maintain our URL (www.nebraskana.org), this will be a cost savings to our Region. Our URL will be patched into the PSZF server and still maintain our web address and require a web servant to maintain it.

Financial Impact: Savings of our current server costs.

Submitted by: Diane K. RD

Seconded by: Mark W. EVANA RCM

VOTED AND PASSED UNANIMOUSLY

Motion 5: To give our Region's blessing for the next Multi Zonal Service Symposium to be held in Omaha, NE.

Intent: In the spirit of unity, the Plains State Zonal Forum is requesting our Region's blessings. Having the event in Omaha will give our members an opportunity to attend and reduce costs for our Delegates to attend.

Financial Impact: \$0

Submitted by: Diane K. RD

Seconded by: Mark W. EVANA RCM

VOTED AND PASSED UNANIMOUSLY

Motion 6: For Norfolk to host the October 2015 Regional Business Meeting (NRSCNA) at Masonic Temple 907 W. Norfolk Ave.

Intent: To raise awareness about NRSCNA to many new NA members.

Financial Impact: \$50

Submitted by: Mark W. EVANA RCM

Seconded by: Pat R. Great Plains RCM

VOTED AND PASSED UNANIMOUSLY

Motion 7: To have NRSC Secretary present ALL receipts for secretarial expenses during his full term to account for moneys received.

Intent: To be financially accountable to our Region for its funds.

Financial Impact: \$0

Submitted by: Susan S.

Seconded by: Jeff E. Central RCM

VOTED AND PASSED UNANIMOUSLY

Motion 8: To pay Dick \$50 quarterly for meeting lists he is printing (he is emailing me receipts for paper, but toner is over lifetime of printer, which isw not owned or exclusively used by Region).

Intent: To get vote of confidence from body for reimbursement of meeting lists already printed, in absence of PI committee.

Financial Impact: Saving \$150 vs. PI quarterly budget of \$200

Submitted by: Shane L. Treasurer

Seconded by: Pat R. Great Plains RCM

VOTED AND PASSED UNANIMOUSLY

{{Next NRSCNA meeting October 10th, 2015 in Norfolk @ The Masonic Temple, located at 907 W. Norfolk Ave, Norfolk, NE}}

Motioned to close. 2nd. Voted and passed. Closed in usual manner.