



# Narcotics Anonymous®

## Nebraska Regional Service Committee

October 13th, 2018 Norfolk, NE

(3:01PM) Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

**Twelve Traditions:** Seth R.

**Twelve Concepts:** Diane K.

**Purpose:** Brenda D.

### Executive Committee:

**Chairperson:** Monica T.

**Vice Chair:** Dian K.

**Treasurer:** Dean B.

**Vice-Treasurer:** **Open**

**Secretary:** Kendra D. (Proxy)

**RD:** Absent

**Alt RD:** **Open**

### Area RCM's:

**Columbus:** Brent D.

**Central:** Tracy K. Alt RCM: Brenda D.

**Eastern:** Diana B. Alt RCM: Absent

**Elkhorn Valley:** Jake L. (ALT RCM)

**Fremont:** Tammy B. Alt RCM: Harry T.

**Great Plains:** Deborah T. Alt RCM: Kendra D.

**Platte Valley:** Absent

**Southeastern:** Proxy; Shelly H.

### Sub-Committees:

**NRCNA 35:** Deborah T.

**NRCNA 36:** Dawn B.

**NRCNA 37:** Tracy K.

**General Assembly:** Diane K.

**Outreach:** **Open**

**Policy:** Diane K. (Acting) **Open**

**P.I.:** Tommy N.

**I.T.:** Proxy; Kendra D.

**H&I:** Tara N.

**Archives:** Dick T

**Visitors:** Anita T., Seth R., Gerardo

**Proposal to accept April Minutes:** Vice Treasurer position was voted into existence in July 2016. This has been missed in our meeting minutes and will be added onto the meeting minutes.

### **Treasurer's Report:**

<b>RSC Beginning Balance</b>		\$6,360.00		
<b>Prudent Reserve:</b>		\$6,360.00		
<b>Donations</b>		<b>Expenses</b>		
<b>Area, Group, or Other</b>	<b>Amount</b>	<b>Chk#</b>	<b>Written To - Description/Purpose</b>	<b>Amount</b>
NRSCNA Convention	\$9,248.82	1281	In Motion Hosting (website)	\$121.33
Great Plains Area	\$428.88	1282	University Storage (Region Storage Unit)	\$302.40

		1283	Philadelphia Ins (Region Insurance)	\$1,662.00
		1284	Terra Newcombe (H&I)	\$599.38
		1285	Tommy Newcombe( PI)	\$100.00
		1286	Rent	\$50.00
		1287	Kendra Dike (Secretary)	\$50.00
			<b>Expenses Subtotal:</b>	\$2,885.11
		1288	<b>Naws (World) Donation:</b>	\$6,792.59
<b>TOTAL DONATIONS:</b>	\$9,677.70		<b>TOTAL EXPENSES</b>	\$9,677.70

<b>RSC MEETING SUMMARY REPORT</b>		Notes:
<b>BEGINNING BALANCE:</b>	\$6360.00	
<b>TOTAL DONATIONS:</b>	\$9,677.70	
<b>TOTAL EXPENSES:</b>	-\$9,677.70	

### **Area Reports (3:16PM):**

**Columbus:** Hello family, I'm very excited to report unity is taking hold in the Columbus Area meetings!! A new home group has formed giving us a total of four separate home groups. Capture the Banner helped many of our newest members to get to their 1st out of town meeting and experience welcoming groups outside of Columbus, ready to lovingly receive any addict seeking recovery. An impromptu bowling night helped many of our members experience their 1st NA activity and fun in recovery. It is a stunning transformation though it's fresh, new, and fragile. The Columbus Area is evolving and we need your love and support. ILS, Brent D.

**Central:** Hello family, Central Area is doing well. Our meetings have been doing great with Crying the message. H&I is also staying busy with going into treatment facilities and detox. We have started a new youth meeting that is also doing great. We will be having a Halloween Dance on Oct. 27th @ Fonner Park 4-H building starting at 5:30pm. We have also got our convention committee started for NRCNA 37. Whoo hoo. We also did our Area inventory and have set some awesome goals. We also will be putting a bid in for January Region in Giltner. Also a huge shout out to NRCNA 35 for putting on a great convention. In Loving Service Tracy K.

**Eastern:** Hello family, All is well in the Eastern Area. Not much to report here. This last month, nominations for RCM opened. Currently, there are no new nominations for the position or RCM-A. The nominations will go back to the groups to vote in December's Area (12/30/18 currently). The vote brought back to Area concerning the executive committee and some sub-committee chair's attendance of the MZSS passed. Our Area is bringing nomination for Anita T. for the regional SBTW Liaison and a carried vote for the secretary position. Registrations for MZSS is available at <https://mzssna.org/shop/registration/> MZSS will be held November 2nd - 4th in Bellevue, NE

Upcoming Events in ENNA:

3rd Annual Halloween Dance and Costume Contest:

Saturday 10/27/18 Unity Church Of Omaha - 3424 N. 90th St. Omaha, NE 68134

Doors open @ 6pm. Meeting at 7pm. Followed by Dance, Raffle, & Costume Contest. Wrap up by 10pm. \$5 suggested donation. Also, Close encounters 2019 is just around the corner. Registration is available online at <https://ceck.omaha-na.org>  
ILS, Diana B. & Alycia M.

**Elkhorn Valley:** Hello family, EVANA Area is going strong. We recently had a phone line training and our meetings are full of addicts seeking recovery. I'd like to invite everyone to stay for our first fundraiser for NRCNA 36, which will be held right here in Norfolk. There will be a speaker, food, fun, and fellowship following the business meeting. I'd like to take a minute to thank everyone involved with making NRCNA 35 a success. There was a great atmosphere of recovery and just an all around good time. A group in our Area is also having an Xmas Eve function. If you are interested in getting a flyer or know a treatment center or professional that may know people interested, please let me get your email address. In loving service, Jake L. proxy for John G.

**Fremont:** Hello family. All is well in Fremont. Our speaker jam in September was a great success. We had well over 50 family members come visit us. A special thank you to Dawn B., Brenda D., John L., Same S., & Brian W. for sharing. We are planning another 32nd Annual Freeze Out Fundraiser here soon. Watch for flyers. We are planning the 32nd Annual Freeze Out for March 23 & 24, 2019 at RiverCrest just south of Fremont. Mark your calendars and watch for early registration forms. Still in need of any NA t-shirts for a quilt that is being made by one of our family members here in Fremont for the Freeze Out. It will be auctioned off. So if you have some you would like to donate. Please bring them to our fundraiser or Jan Region. In Loving Service Tammy B.

**Great Plains:** Hello family, I am an addict named Deborah T. Our Area is doing well. We have not had any functions this quarter. Our Area really stepped up and helped out in the NRCNA hospitality room. They donated lots of time and food. Our H&I is strong in Lincoln and Buffalo Counties. We are seeing books coming into meetings from H&I. We are making a donation today of \$428.88 to Region. ILS Deborah T.

**Platte Valley:** Absent

**Southeastern:** Please accept John H. as proxy for SENANA. Things are going smooth with SENANA right now. There is not much to report at this time. I have given him the mail & Convention Banner that was donated some time ago from the Lincoln NRCNA II. John H. Chad J. -SENANA RCM.

Regional Votes & Nominations are included below.

Proposal #1: No (10-1)

Proposal #3: Yes (11-1)

SBTW Yes For Tommy N. (10-0)

Regional Secretary - Yes for Kendra D. (10-0)

SENANA Functions- Flyers can always be found @ [sena-na.net](mailto:sena-na.net) & [nebraskana.org](http://nebraskana.org)

**RD Report:** Absent

**Alt RD Report:** **OPEN**

**Sub- Committees:**

**NRCNA XXXV:** Hi Family, Wow! NRCNA 35 is history, and what an amazing experience! From the very beginning, the Committee was in consensus to 'keep it simple'. We invited speakers from Nebraska and the surrounding states to avoid expensive airline costs, kept our merchandise purchases limited, solicited hospitality room food, newcomer books, and raffle items from all the Regional groups. We found an amazing hotel that was more interested in drawing people to North Platte and getting future business, than making a huge profit on meeting room coffee, and room night quota charges. The best experience was a great Committee of people to work with, including all of those who helped us out with registration packets, selling raffle tickets, setting up and tearing down, hospitality room monitoring, welcome huggers, and the list goes on. All speakers and workshop presenters were amazing, attendees were able to fellowship freely in common areas without being disruptive to other hotel guests, newcomers were surrounded with love and attention, and we had one fo the best Hospitality Room eats that I've experienced in many years. The hotel manager reported that they were impressed with how the attendees conducted themselves and interacted with their staff. According to our calculations, there were 214 registrations, which includes 37 newcomer registrations, and a total of 1,479 years clean in attendance! At this time, our records show the net income from NRCNA 35 is approximately \$10,348.82. There are funds still being held by PayPal, and we anticipate a convention incentive payment from the Visitors Bureau. Today, on behalf of the NRCNA 35 Committee, we are presenting a check to Region in the amount of \$9,248.82. Thank you for letting us serve on this Committee and having such a blessed experience of working with each other and the many volunteers!

Deborah T. - Chair; Diane K.- Vice Chair; Monica T. - Treasurer; Kendra D. - Secretary; Moe M. - Programming; Todd K.- Hotel; Travis B.- Registration; Kris K.- Hospitality; Brenda D.- Fundraising & Entertainment; Brian P.- Merchandising; Dick T.- Memorial Wall

**NRCNA XXXVI:** Hello family. The NRCNA Convention 36 Committee is going well. We had ordered 155 pre-shirts to give away with the pre-registrations. So 112 pre-registrations with shirts were sold! We are excited to get moving on our 36 Convention and are on the ball with our timeline. Today I received the budget itenerary from Monica T., the treasurer of the NRCNA 35 Committee, which will be nice to have for budgeting for our 36 convention here in the EVANA Area! ILS, Dawn B.

**NRCNA XXXVII:** We have met two times and voted on our committee members. They are as follows.

Donald P.- Chair	Tracy K.- Vice Chair	Elizabeth B.- Secretary
Jarod E.- Treasurer	Sue H.- Hospitality & Hotels	Branda D.- Registration
Mark J. - Programming	Sannon O. - Fundraising	Manny R. - Merchandising

We will be doing a walk through of the Hotel on Monday, October 15th. In Loving Service, Tracy K.

**General Assembly:** There were 8 members present to work on the NRCNA Convention Guidelines. We were able to work through the job description of Hotel Chair. We still have much more work to do. Thank you, Diane K. Vice Chair

**H&I:** Hey family. Overall, H&I throughout our REgion is going well. However, with that said, all Areas could always use more people who are willing and ready to do H&I work in their facilities. Areas represented at today's H&I subcommittee were Central, Great Plains, ENNA, & EVANA. H&I literature was and is in the process of being handed out. Central will be having an upcoming H&I training in December. More will be reavealed. Gratefully In Service, Tera N.

Note: Pioneer Plaza 10:30 AM H&I Training and a speaker at 11AM in Columbus.

**Outreach:** **OPEN**

**Policy:** Hi Family. A list of updates to the NRSC Policies has been added to the nebraskana.org website, under NRSC/NA Literature & Resources. These updates will be officially incorporated into the Policies in time for the January, 2019 NRSCNA business meeting, per the Policy Chair responsibilities. Just a reminder, if you are making a Proposal that will affect policy, you need to identify the section and subsections of the Policy that will be affected. For 2 years, I have been acting as the unofficial Policy Chair. I appreciate the NRSC's confidence and support that has been extended to me, but I have accepted the position of Regional Vice-Chair, and it is time for a member to step up and accept a nomination to fill this Policy Chair position. The Policies are up to date, and I will be happy to work with whomever is willing and has the resources (computer and internet access) to keep it updated. Thank you for letting me serve, Diane K.

**PI:** Hello family, there was not much of a PI subcommittee meeting today, but I did get a report from Central Area. They have a new young people's meeting that met for the first time on October 1st with 12 addicts attending. Shannon is holding off on public outreach until after the MZSS. Central will be planning a Learning Day function hopefully during the first part of December. Central also has a new Vice Chair, congratulations to Jay W.

EVANA also gave a report. They are speaking with schools about doing presentations. The EVANA PI subcommittee also worked with a homegroup to make sure a local treatment center has NA literature. They also held a phone line training on Sept. 30th. Don't forget about the MZSS in Bellevue, NE on Nov. 2nd-4th. Register Soon! ILS Tommy N.

**IT:** Hello all! Sorry I was unable to attend today. Please address any specific web site concerns to Dick T. Not much to report this month. After this weekend, I will be removing NRCNA 35 stuff from the web site. I will move NRCNA 36 to main convention location and add NRCNA 37 to the page. Any convention info can be sent to [IT\\_Committee@nebraskana.org](mailto:IT_Committee@nebraskana.org) or [activities@nebraskana.org](mailto:activities@nebraskana.org) or [ssherman@inebraska.org](mailto:ssherman@inebraska.org) or NRSC Policy updates since October 2017 have been added to the web site for viewing prior to inclusion in policies. They are located on the page under NrSC/NA Literature & Resources then under current policy link. In Loving Service, Sam S.

**Archives:** Hello family. I'm Dick T. I apologize for not having all the banners up at the convention this year. I accidentally left one behind and we did not have enough banner rail to put up three more, this should not happen again. I have added 60 more feet of banner holder at no cost to Region. We are also going to try to have 2 or 3 more banners replaced due to wear and tear. We got NRCNA banner I back from Lincoln and put it up for the first time in many years at NRCNA 35. I am also happy to report that the NRCNA II banner from 1985 Convention in Lincoln was given back to Archives today. Thank you for letting me serve. Dick T.

### **Old Business (3:31PM):**

**Proposal #1:** For Region to pay for Regional Treasurer, Secretary, Chair, and Sub-Committee Chair to attend the 2018 Multi-Zonal Service Symposium, November 2-4th, 2018.

**Intent:** To take advantage of training and networking opportunity. Region will pay basic registration and purchase of 2 hotel rooms (1 male/ 1 female).

**Financial Impact:** \$600.00

**Submitted By** Diane K.

**Passed By** Consensus

**Proposal #2:** To have EVANA host the next regional business meeting in Norfolk on October 13th at the Grace Community Church, 321 West Norfolk Avenue.

**Intent:** To host the Regional business meeting and have a NRCNA fundraiser.

**Financial Impact:** \$50.00 for rent

Submitted By John G.

**Passed By Consensus**

**Nominations for S.B.T.W. are closed. These will be taken back to groups to vote. RCM's voted to table the votes until next Region..**

Kendra D. was voted as Region Secretary.

**Nominations:**

For clarification due to some confusion, nominations for Anita T. and Tommy N. for S.B.T.W. Position still need to be taken back to your groups for voting.

**BIOS:**

**SBTW Chair:**

Tommy N. was nominated by Tera N. for the SBTW Region position.

**Tommy N.:** My Clean Date is 10-5-12. I have a sponsor in NA and have worked all 12 steps. I sponsor men in Narcotics Anonymous. I was the GSR for the Survivor's Group from 2014-2017, EVANA H&I Chair from 2013-2015, Panel leader for lots of H&I panels over many years, and the PI Chair for NRSCNA since 2013. ILS. Tommy N.

Anita T. was nominated by Alycia M. for the SBTW Region Liaison position.

**Anita T.:** Clean date May 24th 2001. Service positions held:

I lived in northern Minnesota until 2006 where there wasn't any NA meetings or service I could do. I then moved to Council Bluffs, Iowa in 2006.

I was secretary of SWINA area in 2006-2007 as both acting secretary and vice secretary because I had to learn the position.

2007 - 2008 Chairperson at miracles group/ GSR for miracles group/ secretary. At one point, I was treasurer for the group and held all positions separately at different times.

I opened a meeting called the Rebellion in Council Bluffs at the Lighthouse which ran 7 days a week at 9 pm. I ran that meeting from 2009 to summer of 2010.

2011 I was the GSR for primetime. 2012 I was the Treasurer for primetime. 2013 I was the secretary for primetime. I was chairperson for miracles group in 2012 after, they moved back to Omaha until they got other willing bodies. I was the secretary for the CECK 2015 convention committee. I was the hugger chair for the CECK 2015 convention committee until that position was filled later in the year. I was the vice chair of registration 2015 while I was the secretary because they couldn't find a secretary. I was the registration chair for the CECK 2016 convention committee. I was secretary and backup secretary for most of the 2016 convention committee. I was Alt. RCM for the first part of this term and then took on the RCM position. I have been in this position for 1 1/2 terms and my term is up in December. I am the women's panel leader for the Douglas County Jail here in Omaha and have been in this position for 1 year now. I have a sponsor who has a sponsor who has a sponsor ....etc...etc.....and a whole sponsorship family. I

have worked the 12 steps 3 times now and am on step 8 in my 4th set. I have sponsored many many women over my 16 years clean.

### **Policy Chair:**

Tommy N. nominates Seth R. for Policy Chair.

**Seth R.:** Seth has been clean since 7/5/15 and is currently a home group member of the Hope Group in Norfolk, NE. He attends regular meetings each week and consistently works the 12 Steps with his sponsor. Seth has had the opportunity, through his Higher Power's will to serve Narcotics Anonymous in a variety of service positions which are listed below.

Fulfilled Service Commitments:

1. Group Service Representative - Vision of Hope Group (Norfolk, NE): 1/16-01/17
2. Vice-Chairperson - EVANA ASC (Norfolk, NE): 01/17- 12/17
3. Alternate treasurer - EVANA Steppin' At The Lake Men's Campout Subcommittee (Norfolk, NE): 03/17-01/18

Current Service Positions:

1. H&I Participant: 08/16-present
2. Secretary- EVANA ASC Ad Hoc Policy Revision Subcommittee (Norfolk, NE): 08/16-present
3. H&I Panel Leader- Seekers of Serenity (Columbus, NE): 07/17-present
4. Merchandising Subcommittee Chairperson - NRCNA 36 (Norfolk, NE): 12/17-present
5. Chairperson - EVANA ASC (Norfolk, NE): 01/18-present
6. Treasurer - EVANA Steppin' At The Lake Men's Campout Subcommittee (Norfolk, NE): 03/18-present

Seth has a working knowledge of the 12 Steps and 12 Traditions that he applies in his life and through step work with his sponsees. He looks forward to future opportunities to serve the Narcotics Anonymous fellowship.

**PLEASE TAKE THESE BACK TO YOUR GROUPS FOR A VOTE.**

### **General Discussion (Open Floor 3:42 PM):**

Meeting List: Hello family. My name is Dick T. We have printed 2000 meeting list. We had several meeting list changes. This means that our Areas are doing a great job getting the meeting list out. Tommy our P.I. has paid \$100 cash and I have given him a receipt. Thank you for letting me serve. Dick T.

Any Committee Chair that would like to register and go to the MZSS, the Region will be paying for this. Please sign up and submit your expense report to Dean B. for reimbursement of the registration cost. For questions, please speak to Diane K.

A reminder that if you are a Regional Committee Chair and you are getting a quarterly budget amount, an expense report is supposed to be submitted to Dean B. with your receipts. Please submit these to Dean B.

A reminder, read the meeting list for your particular Area to make sure that everything is correct. The Area that the city belongs to is on the Meeting list so that the Area can be contacted for members who may need.



The Hug Up Group submitted a change at the last minute for the address. The address was printed incorrectly on approximately 1,000 of these lists. The address is 321 W. Norfolk Avenue. To submit new information on the meeting lists, please email this information to [meetinglist@nebraskana.org](mailto:meetinglist@nebraskana.org). Please update your information on the NAWS website as well.

**Break ( 3:53PM)**

**New Business (4:11PM):**

**Proposal 1:** To remove section II. C. B. 4. In the Policies of the NRSC.

**Intent:** This should be the individual Area's responsibility.

**Financial Impact:** \$0.00

**Submitted By Kendra D.**

**Please Take This Back To Your Groups For A Vote**

**Proposal 2:** Add to Policy section II. C.B. Will supply Proposal Slips at each NRSC business meeting.

**Intent:** This duty was inadvertently excluded in the responsibilities for the NRSC Secretary.

**Financial Impact:** \$0.00

**Submitted By Diane K.**

**Please Take Back To Your Groups For A Vote**

**Proposal 3:** Central Area to host the January Region in Giltner.

**Intent:** To facilitate Region

**Financial Impact:** \$50.00

**Submitted By Tracey K. RCM-Central**

**Passed By Consensus**

**Next Region will be at the Giltner Community Center in Giltner, NE. General Assembly will be at 11AM to continue working on updating the NRCNA Guidelines.**

**Regional Nominations Are Still Open For The Following:**

Outreach

Alternate RD

Vice Treasurer

Policy

**Proposal To Close (4:30PM)**