



Narcotics Anonymous®

Nebraska Regional Service Committee

Jan 12th, 2019 Giltner, NE

(3:05PM) Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

Twelve Traditions: Diane K. read the Twelve Traditions.

Twelve Concepts: Brenda D. read the Twelve Concepts.

Purpose:

Executive Committee:

Chairperson: Monica T.; present

Vice Chair: Diane K.; present

Treasurer: Absent Diane K. (Proxy)

Vice-Treasurer: **Open**

Secretary: Kendra D.; present

RD: Brian S.; present

Alt RD: **Open**

Area RCM's:

Columbus: Brent D.; present

Central: Tracy K.; present

Eastern: Absent; proxy Kendra D. (Report Received)

Elkhorn Valley: John G.; present

Fremont: Alt RCM: Harry T.; present

Great Plains: Deborah T.; present

Platte Valley: Absent

Southeastern: Absent; Proxy; Sam S.

****South East Survivors:** Susan S. RCM; present

Visitors: Kathy, Steve, April, Jennifer, Christine, Jess, Paul, Michelle, Brian P., Seth, Brenda D., Rita

**** New Area:** Must follow Region Guidelines and register with NAWS and Region, as well as, attend two consecutive Region meetings to hold a vote.

Sub- Committees:

NRCNA 36: Dawn B.; present

NRCNA 37: Tracy K.; present

General Assembly: Diane K.; present

Outreach: **Open**

Policy: Diane K.(Proxy) **Open**

P.I.: Tommy N.; present

I.T.: Sam S.; present

H&I: Tera N.; present

Archives: Dick T.; present

Proposal to accept April Minutes: Approval By Consensus: Passed

Treasurer's Report:

RSC Meeting Date:	1/20/2019		RSC Meeting Beginning Balance:	<u>\$6,360.00</u>
			Prudent Reserve:	\$6,360.00
Donations		Expenses		
Area, Group, or Other	Amount	Chk #	Written To - Description/Purpose	Amount
NRCNA Convention	\$1,123.99	1289	MZSS (Registration)	<u>\$50.00</u>

SENANA	\$1,200.00	1290	Hotel for region members at MZSS	\$224.52
Fremont Area	\$50.00	1291	Tera Newcombe (H&I)	\$599.38
NRCNA (Lincoln County)	\$100.00	1292	Tommy Newcombe (PI)	\$100.00
Back to Basics	\$200.00	1293	Kendra Dike (secretary)	\$50.00
ENNA	\$582.33	1294	NRCNA 37 (start up fund)	\$2,000.00
		1295	Central Nebraska (rent)	\$50.00
			EXPENSES SUBTOTAL:	\$3,073.90
		1296	NAWS (WORLD) DONATION:	\$182.42
TOTAL DONATIONS:	\$3,256.32		TOTAL EXPENSES:	\$3,256.32
<u>RSC MEETING SUMMARY REPORT</u>				
BEGINNING BALANCE:	\$6,360.00			
TOTAL DONATIONS:	\$3,256.32			
TOTAL EXPENSES:	-\$3,256.32			
ENDING BALANCE:	\$6,360.00			

Area Reports (3:13PM):

Columbus: Hello family, Columbus is hosting a chili feed, speaker jam on January 26th at the CWC 2402 13th St., 7th tradition from this event will go to support H&I efforts for the Tecumseh Prison. Thank you to everyone who came out to support the New Year's Eve event that took place in our area. We are all grateful for the big turnout from inside and outside Columbus. We have a home group that is trying to achieve more autonomy by managing its own 7th tradition. This home group's goal is to attain the ability to have NA approved literature and key tags available for sale, but is being told that there is no portion of rent that would make that acceptable and that home group would no longer be welcome at its current location or Area business meeting. Since the last region another home group has been told it will not be allowed to have a voice at the Columbus area group conscience, due to that home group not being in the same facility. Participation is on the rise in Columbus and more addicts are getting involved with group conscience. Attendance has been growing, caring, and sharing is being encouraged by all. More will be revealed. ILS, Brent D.

Central: Hello family, Central Area is doing great. We have had a couple of functions over the past 3 months that have been successful. We have a young Clean & Serene group that started in October that has been going well. As an Area we voted on the convention banner that is at unity hall to come back to Region. It is from the 3rd convention. We also now have a P.O. Box and updated our information with World. P.O. Box (P.O. Box 5668 Grand Island, NE 68802). Our information we took as an area, goals are being met at this time. February 9th at

Fonner Park will be a chili cook off and H&I training that starts at 3PM and will include a speaker and dance. In Loving Service Tracy K. RCM

Eastern: Hello everyone. Of course the Multi-Zonal Service Symposium happened shortly after our last meeting. Hosting this event was a great success, with so many helping in so many different ways. It really did go off without a hitch. As intended, so much information was shared in each workshop and presentation. The love of service was obviously the theme that weekend. As always, it was of great pleasure meeting new members, sharing our experience, strength and hope. The PR presentation was well attended and sparked a new interest of NA in our surrounding towns, cities, and communities. In attendance were probation and parole officers, the Nebraska Department of Corrections Substance Abuse Director, and health care professionals; to mention just a few. Continued efforts on the part of our PR committee and Chairperson, Mark B., will hopefully open doors that were once thought of as impossible. How exciting is this for future NA! Our RCM Alternate position is again open. There have been no nominations thus far. I agreed to stay on for another year since I was entered directly into the RCM position. The annual Project Primary Purpose (P3) steak feed fundraiser is scheduled for January 26th, at the church located at 421 Park Avenue, Omaha. Come and support getting our Basic Text into jails and prisons in Nebraska and surrounding regions and states. Close Encounters is just around the corner so get registered and book that room soon. You can register online of course at ceck.omaha-na.org
In Loving Service to Narcotics Anonymous, Diana B. RCM

Elkhorn Valley: Hello Family, Elkhorn Valley Area is going strong. We have several new members trained and ready to serve at our various H&I commitments. Our meetings continue to grow and spread a message of hope and recovery in Narcotics Anonymous. The noon meetings in Norfolk are now five days a week (Monday - Friday at 1208 West Norfolk Avenue in the Clubhouse in the back). We will be having a chili and soup cook-off fundraiser for Area Literature funding, on January 19, from 12PM to 6PM. The speaker will be Jordan H., from Lincoln, at 2PM and Shannon O., from Grand Island, at 4:30 PM with fun and fellowship throughout the day. There will also be an H&I training sometime in the next month. The NRCNA 36 committee did a walk through of the facility. Planning is on track and doing great. EVANA will be donating \$200 to Region. ILS, John G. EVANA RCM

Fremont: Hello family, All is well in Fremont. We are planning our 32nd Annual Freeze Out for March 23rd and 24th. Keep an eye for the Early Registration forms and the t-shirt design for this year. We had a fundraiser back on December 15th for the Freeze Out. Santa even showed up for the kids. We had a great turn out. We are also donating \$50.00 to Region today. Hope to see you all in March at the Freeze Out. In Loving Service Tamara B.

Great Plains: Hello family, I am an addict and my name is Deborah. Great Plains is doing well. We have 2 events coming up this summer that we are planning for, Mid-Summer Night and Cruzin in recovery. Our H&I is strong and have great turnouts. I would like to say a big thank you to Project Primary Purpose (P3). In the women's jail meeting yesterday, there was 5 books with the inmates. In Loving Service, Deborah T. RCM

Platte Valley: Absent

Southeastern: Things are going smooth with SENANA right now. Please accept Sam S. as our RCM Proxy. I have given him all the mail that I have collected. My term as RCM came open this month and April will be my last REgion. I am hopeful that we will elect someone for this position to keep continuity of service flowing and so, Region can continue to receive the mail. Our Area has recently re-evaluated our expenses and made some changes to our expenses which has allowed me to bring a check in the amount of \$1200.00 to you today. Sam S. - Proxy Chad J. -SENANA RCM

Regional Votes & Nominations are included below:

Proposal #1 - Yes (10-0)

Proposal #2 - Yes (10-0)

SBTW Liaison - Yes for Tommy N. (10-0)

Regional P.I. Chair - Yes for Seth R. (9-1)

SENANA Functions - Flyers can always be found @ sena-na.net & nebraskana.org

South East Survivors: Hello fellow members of Nebraska, We'd like to announce that we have started a new rural area in the Southeast corner of Nebraska named the Southeast Survivors Narcotics Anonymous (SESNA). We currently include towns made up from Falls City, Auburn, Tecumseh, Syracuse, and NEbraska City. We have started many new meeting in the last six months and gone from four active meetings to nine active meetings. We have been working on establishing these and registering them with World as they become stable. All of them are on the State meeting list and we have an Area email at this time. We've had two Area meetings so far and meeting on the third Sunday of each month with a rotating location. Sorry we are not able to make it to Region this month, as we got more snow than expected this weekend; but will be asking to join the Region at the next quarterly business meeting. Since our Area is so large, we are also using the technology advances in the events we cannot meet like teleconferencing and zoom so no groups are left out of business meetings. We also have most of our positions filled in our Area. We've had a function for Thanksgiving in Tecumseh that was successful and have an upcoming speaker celebration in Falls City on January 26, 2019. We have a Professional's Panel for PR on February 1, 2019 in which we are getting a good response back from professionals so far and may be expecting a large turnout. Anyone interested in helping with this please contact Vicki S. prior to the event please. We are planning on doing H&I Training soon in our Area and starting to develop relationships with jails through PR. Our Area is growing fast with growing numbers since this Area started. It was much needed for outreach and development with meetings, PR, and H&I. We look forward to seeing you all at the next Region. In Loving Service, Vicki S. RCM

RD Report: Hi, Sorry I couldn't attend the last two Regions. The Zone has elected a Zonal Representative. It was a request from the last WSC. Barry B. from Iowa was elected. The web servant from the Zone has requested help from anyone in our Region that would be willing to volunteer for a work group to redesign the website. There is a lot of stuff that does not require high level of IT skills. The meetings will take place on Zoom. If you are interested, please contact me. I also have a request to provide our Zone with a contact person for PI. If it is okay, I'd like to give them our Regional P.I. chair's contact information. I have included a revised draft of the Guidelines & Policy for the Zonal Forum. I believe it will be voted on at the next Zone, which will be Sunday January 27th at 9:00 AM via Zoom. If anyone would like to attend, please contact me and I will get you the information on how to join in the zoom meeting. I think I got most things covered from the Zone.

Now, for what is happening with NAWS: there is a Spiritual Principles Day Book (SPAD) project going on the website. The website for this is www.na.org/SPAD, if you are interested in having any input on this literature project. The deadline for membership survey has been extended to February 9, 2019. Please go to www.na.org/survey and fill out the survey. It is important for NA to have this information to help in our PR efforts as this is our main way to see if NA is successful! The IDT's for this cycle are:

1. Carrying The NA Message and, making it attractive.
2. Attracting members to service.
3. Drug Replacement Therapy (DRT) and Medically Assisted Treatment (MAT) as it relates to NA

Visit www.na.org/IDT to download session profiles and powerpoints to help with any workshops and pass your input to the worldboard@na.org. You can also ask and I will be honored to help in anyway or put a workshop on for you. The Human Resource Panel has set the deadline for RBZ nominations for September 30, 2019. If you know anyone you would like to nominate for a world board member or co-facilitator at WSC. ILS, Brian S.

Alt RD Report: OPEN

Sub- Committees:

NRCNA XXXVI: Hello Family, on behalf of the the NRCNA 36 convention I am happy to announce that we are in track with our NRCNA guidelines timeline. Yesterday about 15 of us went and did a walk through at Divots to look at the facility and get a sundown of what Area we will be using. We have to say, we are very fortunate to get to use this place. It is gorgeous! Several people have listened to some speakers to get them approved and decided upon. Functions are going on all over the place for our NRCNA fundraisers. So just a note to tell everyone to help support as many of these as possible. Tomorrow we will be having our January NRCNA meeting and will be finalizing a lot of details. Our balance is \$2,757.73. Thanks for allowing me to serve. ILS, Dawn B.

NRCNA XXXVII: Hello NA Family, First of all we would like to thank the NRSC for allowing us, as an Area, to host the convention in 202. We are excited as a whole in CNANA. As of right now we have all service positions filled. We also voted on the venue. We decided on the Quality Inn and Conference Center. Tentative dates are October 2nd-4th, 2020. Also, we have put a flyer on the website in which we are looking for a logo design. Winner receives (1) Registration Badge (2) Main Event Ticket (3) Banquet Ticket. Entry deadline is January 22, 2019. Please make sure your name and phone number is on it. Once again, thank you for allowing us to host NRCNA 37. In Loving Service, Donald P.

General Assembly: Hi Family, 11 members were present to provide input on the NRCNA Guidelines today. We made good progress, and our hope is to wrap this up at the April 2019 General Assembly. God willing, we will have a draft document available by the July, 2019 NRSC, to be taken to the fellowship for a vote. ILS, Diane K. Vice Chair

H&I: Hello Family, Present at H&I subcommittee were Central, EVANA, Great Plains, SENANA, and Fremont. I did not receive reports from ENNA, Columbus, or Platte Valley. EVANA Area is doing awesome. Working on getting back into the juvenile center. Upcoming H&I trainings. Panels are strong. Great Plains is doing well. Panels go in once a week with a good turnout after release. Overall, all is well. Lots of P3 books in facilities! Central is carrying the message and doing good. Taking in lots of panels! H&I training/cookoff is February 9th at Fonner Park Cafe in Grand Island, NE. More will be revealed. SENANA is doing good. Currently not going into the prison, due to security conflicts on the prison's part. They are working towards beginning to go again. Fremont is going good and getting stronger in their H&I participation. Overall H&I appears to be going strong throughout the Region. Welcome South East Survivors Area! In Loving Service, Tera N.

Outreach: **OPEN**

Policy: **OPEN** Hi Family, All Policy changes since July 2017 have been incorporated into the Policies and an updated January 2019 version has been sent to the IT Chair to be added to the www.nebraskana.org website. I provided some training to our Policy Chair nominee, so he is ready for the task! ILS, Diane K.

PI: Fremont Area showed up for the PI sub-committee meeting today. In Fremont, Steve H. is the new PR/PI Chair-2 months ago. Congratulations to him. He has been getting pull tabs in various places. They are working on putting together a sub-committee so they can put together a presentation for professionals with a target timeline of sometime in the Spring of 2019. New meetings on Tuesdays at Lifehouse at 1:00PM (It Works How & Why) SENANA-Participated in Project Homeless Connect. They did a PR presentation to parole's relapse prevention group and will do more Cooperative venture with H&I at the Independence Center about possible ongoing presentations. There is a new 11:00 PM meeting on Saturdays at the Bridge in Lincoln. Center was also present. Central currently does not have a PI Chair. The new young, Clean, and Serene Group is going strong! 2,000 meeting

lists were printed. Your Area's lists are marked and in the box that Dick and Monica brought. Thank you Dick and Monica for your service. Please email updates to meetinglist@nebraskana.org. A newly formed Area, South East Survivors Area of Narcotics Anonymous will be moving towards being a part of this Region. They have a PR professional/presentation on February 1st at 10:00 Am in Falls City, NE at Prichard Auditorium, 312 West 17th Street. I.L.S. Tommy N.

IT: IT Committee report Jan 2019

- o Web site continues to function well.
 - o New revised policies have been placed on site
 - o NRCNA 35 and 36 have pages on site
 - o I created email address for new area Southeast Survivors
 - o As always please continue to send all activity flyers to activities@nebraskana.org
- In loving service Sam S

Archives: Dick T.

Old Business (3:40PM):

- Sponsorship Tommy: voted in for SBTW position

It was brought up that the nomination for Seth R. was submitted via email in between the Region Meetings. Nominations should have been kept open until the next Region and then taken back to the groups for voting. All Areas had a chance to take this back to the groups for voting however, this will need to be followed closer per our guidelines.

- Policy Chair Nomination: Seth R. was voted in for SBTW position.
- **Proposal 1:** To remove section II. C. B. 4. In the Policies of the NRSC.

Intent: This should be the individual Area's responsibility.

Financial Impact: \$0.00

Submitted By Kendra D.

Passed By Consensus

- **Proposal 2:** Add to Policy section II. C.B. Will supply Proposal Slips at each NRSC business meeting.

Intent: This duty was inadvertently excluded in the responsibilities for the NRSC Secretary.

Financial Impact: \$0.00

Submitted By Diane K.

Passed By Consensus

General Discussion (Open Floor 3:50 PM):

- Illicit literature is being passed around in some groups in our Areas.

A discussion was held on removing the groups from the meeting lists, functions, and flyers. It was brought up that the Area's/Group's trusted servants are the ones who are responsible for following our Traditions and Concepts in service. These should be reinforced. If there is a problem, this should be dealt with within our Areas before escalating this to the Region level.

This discussion was brought up by Brent D. from Columbus, pertaining to several groups that have had this illicit literature present in home groups brought in by seasoned members of NA, not newcomers. Several options were suggested for action such as implementing policies at the Region level for how to deal with these situations, as they have been a long time, reoccurring issue that has come up in previous years. It was suggested that creating a policy for this would help future groups, members, and Areas to deal with this situation better.

- Brian S.: "I received some calls from a few people and attended an Area meeting to help guide and direct an Area for their business meetings and the issues that they are having to help resolve them. After the business meeting some unapproved literature "baby blues," were laying on the table in the meeting facility. I believe that we have had swept this under the rug and it has been discussed in previous business meetings. We have to, as a Region, discuss the illicit literature in our meetings being handed out. These are in direct violation of Tradition 6 and can be doing a lot of damage to our Region, meetings, and newcomers. We need to take a stand to follow our Traditions."

-Brent D. "It is disunifying to our groups when newcomers in the program, who do not know any better, come into our Area. We do not have solutions for this."

It was mentioned by several members that this is also copyright infringement being committed and is above and beyond us as a Region. This possibly should be brought to the attention of World. NAWS can be contacted to have a cease and desist order to be sent to the facilities that are receiving the illicit literature (as they have in the past) but, this may create situations that the facilities would not want to be involved in. They may not allow us into the facility afterwards.

-Monica T. stated, "We have to find a way to lovingly let the newcomers know what the NA program is and the difference between our program and this literature being presented. We also need to figure out if we are going to be putting these groups on the website or meeting lists."

"This was going on years ago when I got clean and a cease and desist order was given in the state of California at one time from NAWS. We cannot stop somebody from doing stuff illegally but, we do have the responsibility to not participate as a member of Narcotics Anonymous. Also to protect this for the next people that come in. We do not endorse the cause of these things. We can remove this from our meetings by moving it to the other room or have a conversation with someone about bringing this material in. In our concepts (#8), our service structure depends on the integrity and the effectiveness of our communications. We must have a clear message for the newcomers."

The only policy that pertains to this issue in our Guidelines is on page 10, Section VI "Resignations Or Removal Of Trusted Servants"(there is an error in our Guidelines; there are two section 'VII' resulting in the following sections to be misnumbered. It has been reported to the new policy chair).

- The seed money will be given to Donald P. today for the NRCNA XXXVII convention.
- Please make sure that all RCM, ALT RCM, members, or visitor's email addresses that would like the meeting minutes, are correct on the sign in sheet. We need to update this for current position contact information as some of these have changed.
- There are no proposals made for the next Regional location, this by default will come back to Giltner, NE on April 13th.
- An Area that wishes to join Region: Page 2 of our NRSC Guidelines, under 'Miscellaneous'; section C. "Areas must be registered with the WSO and the Nebraska Region, to have a vote at the RSC meeting. An Area receives voting rights at the second consecutive RSC attended, after stating it's intentions to become a part of the Nebraska Region.

Break (4:19PM)

New Business (4:32PM):

- **Proposal #1: Nominate Brenda D. for Alternate RD.**

Intent: Nomination

Financial Impact: \$0.00

Submitted By: Tracy K.

Please Take This Back To Your Groups For A Vote (Bio Below).

Nominations for Alternate RD are now closed.

Bio for Brenda D.: Hello NA Family, My name is Brenda and I'm a grateful recovering addict. I have been clean since February 24, 2005. I have and use a sponsor and I work my steps with her and a group of fellow recovering women. I attend my homegroup and other meetings in my Area on a regular basis. I have a working knowledge of the 12 Steps, 12 Traditions, and 12 Concepts. I also sponsor other women in recovery. I am a trusted servant to the Central Nebraska Area and have served on several group and Area sub-committees. I was previously the Fundraising & Entertainment Chair for NRCNA 35. I am active in our Area H&I (service and business levels) and participated with the Multi-Zonal Service Symposium held in Bellevue in 2018. I served as Alt. RCM for my Area. I have facilitated workshops and feel my communication skills would be an asset to this position. I would be honored to serve as ALt. RD to help carry the message back to our Region. I feel that with my willingness to learn and my experience and familiarity of Region business meetings, will be an asset to this position. In Loving Service, Brenda D.

- **Proposal #2:** Any meeting that distributes and/or makes available non- NA approved literature will be removed from the Regional Meeting list. In addition, any groups identified by the criteria listed above, will not be allowed to list any activities/functions on the Regional website. This change should be reflected in the Regional Policy.

Intent: To support the 12 Traditions & 12 Concepts of NA Service.

Financial Impact: \$0.00

Submitted By: Seth R. (EVANA)

Please Take This Back To Your Groups For A Vote.

- **Proposal #3:** Passed down from Zonal on January 27th, 2019. To have the next Zonal meeting in Dallas, TX on January 24-27, 2020.

Intent: To collaborate with two other zones in Dallas and will include a CAR and CAT workshop.

Financial Impact:

Submitted By: Brian S. (RD)

Please Take This Back To Your Groups For A Vote.

- **Proposal #4:** Approval of the Revised Guidelines and Policy for the Plains State Zonal Forum.

Intent: To approve these for use at the Plains State Zonal Forum.

Financial Impact: \$0.00

Submitted By: Brian S. (RD)

Please Take This Back To Your Groups For A Vote.

Regional Nominations Are Still Open For The Following:

Outreach

Regional Delegate

Vice Treasurer

Proposal To Close (5:12PM)

**NEXT REGION WILL BE APRIL 13TH 2019 IN GILTNER, NE. GENERAL
ASSEMBLY STARTS AT 11:00 A.M.**

PLAINS STATES ZONAL FORUM



GUIDELINES AND POLICY

Revised Draft 2018

Purpose: The Plains States Zonal Forum provides access and avenue for communication between member Regions, other Zonal Forums and Narcotics Anonymous World Services. Providing services to our member Regions, we share best practices, experience, and resources with each other in furtherance of carrying the message of Narcotics Anonymous. We can do together what we cannot do alone.

1. **SPIRITUAL GUIDANCE FROM: ARTICLE ONE**

- a. A loving higher power
- b. 12 Traditions of Narcotics Anonymous
- c. 12 Concepts of Narcotics Anonymous
- d. PSZF guidelines and policy
- e. A Guide to World Services in Narcotics Anonymous
- f. A Guide to Local Service in Narcotics Anonymous
- g. Appropriate Workgroup handbooks or guidelines that are conference approved and current

2. **MEETINGS: ARTICLE TWO**

- a. There shall be a minimum of two meetings per year
 - i. Workshops and projects on Saturday
 - ii. General business and reports on Sunday – if possible
- b. Host region's delegate or alternate will facilitate – this will include acquisition of meeting space, entertainment, food and supplies deemed necessary for the event to be self-supporting and meet the needs of that particular function
- c. If a need arises, additional meetings may occur
- d. All meetings are non-smoking

3. **MEMBERSHIP: ARTICLE THREE**

- a. Any member of NA may attend and participate in discussions
- b. Any member may introduce business by way of the facilitator
- c. Any member may participate in the decision making process (This is at the discretion of the member regional delegates)
- d. Member Regions, (see GLS pg.vii) are the Narcotics Anonymous service

bodies that comprise membership in the Plains States Zonal Forum. A Narcotics Anonymous Regional service body may request membership by sending a representative(s) to the PSZF .

Regions requesting membership will be accepted/rejected/recognized by a vote of the current member Regions.

4. **OFFICERS: ARTICLE FOUR**

- a. Facilitator - conduct general business meeting, assign members and be point of contact for ad hoc Workgroups
- b. Secretary - will record and distribute minutes and will receive and distribute all correspondence to the participant list and be responsible for sending out material to those outside of our zone (e.g. NAWS, other zones and regions)
- d. Treasurer – maintain finances

Note: Officers and Standing Workgroup Coordinators shall be elected every two years. **Officers and Workgroup Coordinators are required to attend each PSZF meeting.**

5. **ELECTIONS: ARTICLE FIVE**

- a. Vacant positions shall be taken back to Groups, Areas, and Regions when possible
- b. All candidates should have the following:
 - i. A working knowledge of the Twelve Steps, Twelve Traditions and Twelve Concepts of
 - Narcotics
 - Anonymous
 - ii. Willingness to serve
 - iii. Willingness to give time and resources necessary to fulfill duties required
 - iv. Previous Zonal participation (may be waived)
- c. In addition the following requirements are needed:
 - i. Facilitator – (5 years clean time)
 - ii. Secretary (3 years clean time)
 - iii. Treasurer (5 years clean time)
 - iv. Workgroup Coordinators (3 years clean time)
- d. Duty related skills may be appropriate. (e.g. Secretary, Treasurer)
- e. Removal of officers, coordinators: See Section 7 “Business Conduct”

6. **Workgroups: ARTICLE SIX**

- a. The Zone may form Workgroups to help accomplish tasks assigned by the Zone
- b. Workgroups shall perform duties in accordance with Zonal policies and the spiritual guidelines outlined in Section 1 “Spiritual Guidance”
- c. Standing Workgroups shall include (if necessary) Public Relations and Sponsorship Behind the Walls.

- d. Ad-hoc Workgroups may also be formed at the discretion of the Zonal members and monitored or coordinated by the PSZF Facilitator.
- e. Specific duties for the committees and their specific requirements: (See Section 10 “Workgroup Guidelines”)

7. BUSINESS CONDUCT: ARTICLE SEVEN

- a. To aid Groups, Areas, and Regions in their primary purpose to carry the message of Narcotics Anonymous
- b. That all points of view be heard
- c. That spiritual, financial and duty related accountability be reported each Zonal business meeting.
- d. To accomplish an expeditious forum, an agenda must be followed
- e. Identification of topics, discussion and solutions or decisions must be handled in a timely fashion
- f. All business is done in a consensus based decision making process (See Section 12 “Decision Making”)
- g. Elections and financial issues will be in old business
- h. There will be a quorum of $\frac{2}{3}$ member Regions in order to conduct business
- i. Failure to attend 2 consecutive meetings by any elected officer or Coordinator will necessitate their replacement. Officers and Coordinators serve at the pleasure of the member Regions and may be removed from position by consensus of the Regional Delegates.
- j. To encourage responsible behavior at each event

8. FUNDS: ARTICLE EIGHT

- a. The Zonal Treasurer is accountable for the receiving of monies and expenditures of the Zone
- b. New Treasurer will open account in local bank, with the least amount of fees, within 30 days of their incumbency
- c. The Zone is self-supporting
- d. The checking account is maintained and all funds be processed through this account.
- e. A budget of all expenses shall be produced every two years for a two year cycle and approved by our member regions.
- f. The Zone shall maintain a prudent reserve of 20% of the approved budget.
- g. At the end of business all funds over the prudent reserve shall be passed to NAWS.

- h. A donation will be made to NAWA via the debit card within one week of a Zonal meeting.
- i. Only donations from Narcotics Anonymous members, groups, areas, and regions will be accepted.

9. ZONAL MEETING, FUNCTION, FUNDS GUIDELINES: ARTICLE NINE

- a. Start-up funds for PSZF event will be determined by the amount approved in the budget.
- b. Funds over and above the allowed budget will need approval from the PSZF body.
- c. PSZF event schedule shall include:
 - i. Friday pm - recovery meeting
 - ii. Saturday – 3-4 workshops
 - iii. Saturday pm - speaker meeting and auction/raffle
 - iv. Sunday am – PSZF business meeting
 - v. Friday morning/afternoon PR event planned by the hosting Region is optional
- d. Workshop topics will be selected by the hosting Region. Workshop presenters will be chosen at the PSZF meeting prior to the current event.
- e. Unused start-up funds will be returned by hosting Region to PSZF.
- f. Non-PSZF merchandise may be sold after all PSZF fundraising is complete

10. Workgroup GUIDELINES: ARTICLE TEN

A. Requirements for all Workgroup Coordinator Positions:

- i. Follow requirements listed under Section 5 “Elections”, Part b., Items i. through iv. & Part c., Item v.
- ii. Coordinators must attend the PSZF in person or virtually.
- iii. Must submit a written report to PSZF at every Zonal. Failure to submit a report to any two consecutive PSZF meetings would necessitate a replacement.

B. Requirements for the Public Relations Coordinator position:

- i. To research and maintain a list of upcoming professional conferences within the Zone
- ii. Collaborate with other service bodies to provide resources for PR booths and/or presentations at professional conferences within the Zone.
- iii. Maintain a list of current human resources within the Zone.
- iv. Act as liaison between NA World Services PR and PSZF body.

C. Requirements for the Information Technology Coordinator position:

A. Maintain and schedule the conference call account for the zone.

B. Keep website updated with:

1. Archive Minutes
2. Calendar of Events, location of events, Zonal Forum functions
3. Regional Events
4. Guidelines
5. Trusted servant password protected area
6. Workshop information from individuals within our Zone and “Locally Developed Resources”

11. DECISION MAKING ARTICLE ELEVEN

a. **Definition: Consensus Based Decision Making**

- i. Consensus is defined as the decision making process used by the PSZF in which discussion and compromise are used to reach agreement.

b. **Procedure: Consensus Based Decision Making**

- i. Proposal / Topic is introduced
- ii. The dialogue begins with the maker of the proposal / topic.
- iii. Facilitator asks for clarifying questions to ensure all participants understand the proposal/topic (not general discussion)
- iv. Facilitator asks for concerns or reservations. This is the time for general discussion and modifications to the topic/proposal.

- v. Facilitator may determine that consensus has been reached or ask the body for consensus
 - 1. There are four (4) positions an RD may take on a proposal / topic.
 - a. **ASSENT:** Agree with proposal / topic.
 - b. **ASSENT with RESERVATION:** Although there are reservations or concerns, the individual will trust and go along with the body's decision.
 - c. **STAND ASIDE:** Based in strong personal reservations which prevents support for the proposal / topic.
 - d. **BLOCK:** (NO) Based on spiritual principles expressed in our Traditions or Concepts. A block must be followed by speaking to the specific Tradition or Concept, which would be violated. A block will prevent a proposal / topic from being adopted.
 - A block may be overridden by the body: If the validity of a block is not questioned, the block will stand and the proposal / topic is not adopted. If the validity of a block is not questioned, the body must then reach consensus on whether the block should stand. The same process is used for this as for reaching consensus on the proposal / topic. If the block is overridden, the facilitator will again ask for consensus on the proposal / topic.
 - 2. **CONSENSUS** is reached when 80% of the RDs Assent or Assent with Reservation. The number which represents 80% shall be determined based on the number of RDs present at the start of old business

12. ZONAL NOMINATIONS TO THE WORLD SERVICE CONFERENCE ARTICLE TWELVE

- a. Any nominees for WSC Co-Facilitator, Human Resource Panel Member or World Board Member must:
 - i. Meet the qualifications of position as outlined in the current Guide to World Services
 - ii. Have completed a current World Pool Information Form
 - iii. Understand the qualifications, terms and duties of each position.
- b. Potential candidates must be added to the agenda of the Plains State Zonal Forum business meeting.
- c. Potential candidates must be nominated by a current RD of the Plains State Zone.
- d. Potential candidates must submit a service resume to the PSZF.

- e. Service resume of nominees will be made available to all regions for review.
- f. Nominee must be available to answer questions by phone and/or email by members of any region.
- g. All nominees must be elected by 80% of those present and voting.
- h. PSZF will submit nomination(s) to the World Human Resource Panel prior to the required submission date with required forms and/or a zonal letter of recommendation.