



Narcotics Anonymous®

Nebraska Regional Service Committee

October 12, 2019

Norfolk, NE

(3:00PM) Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

Twelve Traditions: Seth R.. **Twelve Concepts:** Brenda D.

Executive Committee:

Chairperson: Monica T.

Vice Chair: Diane K.

Treasurer: Dean B.

Vice-Treasurer: Brent D.

Secretary: Kendra D.

RD: Absent

Alt RD: Brenda D.

Area RCM's:

Columbus: Cari Z.

Central: John G.

Eastern: Diana B.

Elkhorn Valley: Seth R.; Proxy

Fremont: Harry T. Alt RCM: Mike

Great Plains: Alt. RCM Brian P.; Proxy

Platte Valley: Absent

Southeastern: John H.

South East Survivors: Absent

Sub- Committees:

NRCNA 36: Dawn B.

NRCNA 37: Donald P.

General Assembly: Brenda D.

Outreach: Donald P.

Policy: Seth R.

P.I.: Tommy N.

I.T.: Sam S.

H&I: Tara N.

Archives: Dick T.

SBTW Liaison: Tommy N.

Visitors: Tony, Britt, Matt, Jeff, Kathy, Sarah, Mark H.

Proposal to accept April Minutes: Passed By Consensus (7-0)

Treasurer's Report (3:09PM):

RSC Meeting Date: 10/12/2019		RSC Meeting Date: 10/13/2019		RSC Meeting Date:	
Donations		Donations		Donations	
Area, Group, or Other	Amount	Area, Group, or Other	Amount	Area, Group, or Other	
Insurance Policy overpaid	\$45.00	Insurance Policy overpaid	\$46.00	Insurance Policy overpaid	
SENANA	\$1,000.00	SENANA	\$1,001.00	SENANA	
RSC Meeting Date: 10/13/2019		RSC Meeting Date: 10/14/2019		RSC Meeting Date:	
Donations		Donations		Donations	

Area, Group, or Other	Amount	Area, Group, or Other	Amount	Area, Group, or Other
Insurance Policy overpaid	\$1,955.00	Insurance Policy overpaid	\$1,956.00	Insurance Policy overpaid
SENANA	\$2,910.00	SENANA	\$2,911.00	SENANA
RSC Meeting Date:	10/14/2019	RSC Meeting Date:	10/15/2019	RSC Meeting Date:
Donations		Donations		Donations
Area, Group, or Other	Amount	Area, Group, or Other	Amount	Area, Group, or Other
Insurance Policy overpaid	\$3,865.00	Insurance Policy overpaid	\$3,866.00	Insurance Policy overpaid
SENANA	\$4,820.00	SENANA	\$4,821.00	SENANA
RSC Meeting Date:	10/15/2019	RSC Meeting Date:	10/16/2019	RSC Meeting Date:
RSC Meeting Date:	10/13/2019	RSC Meeting Date:	10/14/2019	RSC Meeting Date:
Donations		Donations		Donations
Area, Group, or Other	Amount	Area, Group, or Other	Amount	Area, Group, or Other
Insurance Policy overpaid	\$1,955.00	Insurance Policy overpaid	\$1,956.00	Insurance Policy overpaid
SENANA	\$2,910.00	SENANA	\$2,911.00	SENANA
RSC Meeting Date:	10/14/2019	RSC Meeting Date:	10/15/2019	RSC Meeting Date:
Donations		Donations		Donations
Area, Group, or Other	Amount	Area, Group, or Other	Amount	Area, Group, or Other
Insurance Policy overpaid	\$3,865.00	Insurance Policy overpaid	\$3,866.00	Insurance Policy overpaid
SENANA	\$4,820.00	SENANA	\$4,821.00	SENANA
RSC Meeting Date:	10/15/2019	RSC Meeting Date:	10/16/2019	RSC Meeting Date:
Donations		Donations		Donations
Area, Group, or Other	Amount	Area, Group, or Other	Amount	Area, Group, or Other
Insurance Policy overpaid	\$5,775.00	Insurance Policy overpaid	\$5,776.00	Insurance Policy overpaid
SENANA	\$6,730.00	SENANA	\$6,731.00	SENANA
RSC Meeting Date:	10/16/2019	RSC Meeting Date:	10/17/2019	RSC Meeting Date:
RSC Meeting Date:	10/14/2019	RSC Meeting Date:	10/15/2019	RSC Meeting Date:
Donations		Donations		Donations
Area, Group, or Other	Amount	Area, Group, or Other	Amount	Area, Group, or Other
Insurance Policy overpaid	\$3,865.00	Insurance Policy overpaid	\$3,866.00	Insurance Policy overpaid

Area Reports (3:10PM):

Columbus: Hi family, My name is Cari and I'm an addict. Columbus Area is doing well. The women started a Saturday 2PM meeting called L.I.F.T (Ladies In Fellowship Together)! The Columbus business meeting has been providing books for newcomers. Also have an activity planned for the 24th. The city of Columbus has a downtown Trick or Treat and, we are participating in handing out candy in front of our CLUB. It is more of a PI as we will have a table to the side w/ meeting lists

and little white booklets. If we are not handing the literature out but, providing it for the adults to take if they would like. We are hoping for changes to be happening with Columbus Area. In Loving Service Cari Z. RCM.

Central: Hello Family, Central Nebraska is alive. We have a few meetings that are in need of some help. The Monday & Wednesday Treatment Center at 8:00 PM, the Friday night Basic Meet, & the 9:30. Also the New Day group at 6:30pm. We have a lot of things going: The H&I Book Drive on October 19, 2019, the Hastings Halloween Fling on October 26. New Day will have their annual Halloween Dance at Fonner Park, Also Aurora Step Takers are having a get together on November 23rd in Giltner. You can find out more on our website. Wednesday, Thursday at the VA at 8:00PM-4th Floor. We want to have region in Giltner. Proposals 1&2 didn't pass. 3&4 passed. In loving service, John G.

Eastern: Hello family, it's good to be back in a Region meeting. All is good in the ENNA area. H&I is going strong. P3 continues to send books huge numbers. Our Activities Committee is on fire right now. They "presented" the first annual Clean & Crazy Frisbee Golf event in September (thanks to all who traveled to be a part of this), helped host a summer picnic, have a Halloween Bash scheduled for October 19th, and are planning the traditional Thanksgiving Day event. We're grateful to have a committee that is working so hard. What about that billboard! Talk about exciting! If you're in Omaha - drive by the intersection of Saddlecreek and Leavenworth streets. Thanks to the PR committee, the Close Encounters Convention committee AND to all that attend the Close Encounters conventions. Without you, this would not be possible. Speaking of Close Encounters, 2020 is just around the corner. If you haven't already, book your rooms to ensure the convention rate. Banquets are already half sold. Go to eastern-nebraska-na.org to book your room, register and order merchandise. It's going to be another amazing line-up as usual! Grateful to Serve, Diana B.

Elkhorn Valley: Hi family, EVANA are is going strong. We have good attendance at our meetings and our H&I is serving a lot of venues. We were blessed to host NRCNA last weekend and would like to thank everyone who came out to celebrate recovery with us. Please stay and enjoy our annual masquerade ball and NRCNA 37 fundraiser after this meeting. ILS, John G.

Fremont: Hello family, Fremont is doing well. The all men's speaker jam in Giltner did awesome. Fremont are to donate \$231.00 for a grand total of \$831 to NRCNA 36. Fremont Area 33rd Annual Freeze Out fundraiser (a chili cook off) on November 2nd. I'd like to see a lot of people there. Bring your chili. We do have a new meeting on Thursday at noon. At the Salvation Army. It is struggling a bit. So, if anyone is in Fremont on Thursdays around noon, swing in. Fremont Area would like to donate \$278.00 to Region today. Hope to see you all on November 2nd. In Loving Service, Harry T.

Great Plains: Deborah T has resigned as the area's RCM. I have been nominated for the position and the vote is out to the groups. Andy E has been nominated for the area chairperson and that vote is out to the groups as well. Overall meeting attendance has been good. We have a donation to region for the amount of \$308.43. We are currently looking for men and women to take meetings into the jail in Buffalo county. In Lincoln County, the women have been able to get meetings into the jail but have struggled with scheduling for the men. We did not hold our area meeting this month, due to the convention and then region being the following weekend. We will be back on schedule next month. Thank you for letting me be of service! Brian P.

Platte Valley: Absent

Southeastern: There is nothing much new to report at this time in SENANA. We are continuing to take the message into the jails and prisons in our area. Our activities committee has been busy with the planning of fall and winter activities. We have been blessed to be able to send a \$1000.00 donation to Region this quarter. In loving service John H.

South East Survivors: Absent

RD Report: Absent

Alt RD Report: Dear NA Family, I am pleased to report that I have been busy since I last saw you all in July! I attended the Plain States Zonal Forum (PSZF) at the Mid-America Regional Service Assembly on July 26th through the 28th in Salina, Kansas. It was a full weekend of learning and meeting new friends! Some of the workshops that were held were Applying our Principles to Technology & Social Media, NA in Rural/Isolated Communities (co-facilitated), one of the IDT's, Attracting Members to Service, and Mentorship and Continuity. I felt that all of these have the opportunity to be utilized here in our Region. (So if any of these sound interesting for your Area's please let me know!) On Sunday, we attended the PSZF Business Meeting and I have a couple take-aways to pass on to your Areas....PSZF has their new website up and running! On it the new BMLT (Basic Meeting List Toolbox) is now online without issues (so far) for any area to access. It also has a place where we can upload any photos of your groups or events to be included in the slideshow they will be putting together for Zonal video at the WSC. (<https://pszfna.org/submit-pictures-zonal-video/>) Also, because the technology is allowing us all to communicate faster with each other, the Zone has created its own NA Geek Squad for anyone who is able to help with fairly easy tasks like managing the calendar, managing the resources page, etc. So if anyone in your Area is interested in this (it's a work on your own time type of thing) and would like to give back, please contact Barry B through the "contact us" tab on the zonal web page. (<https://pszfna.org/contact-us/>) We also had some great news from SBTW (Sponsorship Behind the Walls) that our Liaison will share with us. Other Regions in our Zone are doing well and it was great to meet and talk with them about how NA is going in different parts of the country. Our next Zonal meeting will be February 7-9, 2020 in Glencoe, OK.

I also attended a couple different webinars on Zoom... one for the workgroup on the Future of the WSC and one for online meetings (which was the most geographically diverse webinar to date) and one for FIPT (Fellowship Intellectual Property Trust).. I'm starting to try to get information out on the Nebraska Delegates Facebook page. Please add/invite addicts to this! Recently, I received the NAWs Annual Report.. I'm still reading through it and posted it on the Delegate News Facebook page. It is also available online at NA.org in a booklet or a folded page for the RCM's to pass along to their Areas and GSRs. It is located at <https://www.na.org/?ID=ar-2018>. On September 21st, our Zone participated in the first virtual meeting for the Zones, and from reading the meeting notes, it really opened up the initial discussion on ideas to collaborate zonal participation. The last webinar I attended was last Saturday during convention. In that webinar, they went over the recent Conference participants survey, an umbrella approach to project plans (IP's and service tools), Long-term goals for NAWs, the 2020 CAR contents, the NAWs Annual Report, Project Updates (Spiritual Principle a Day book, WSC of the Future, Mental Health/Illness IP, and recommendations from workgroup on the FIPT Operational Rules) and other ongoing topics (WSC seating, Delegates sharing, Local Service Tools, and Conventions & Events).

The starting balance of the bank account was \$715.83, a deposit of \$450 on 7/16, and expenses of \$406.97 for hotel (3 nights), \$25.75 and \$12.71 for meals, and \$28.91 and \$25.55 for gas, and \$42.88 for copies for general assembly workshop. This leaves an account balance of \$623.06. I turned in my expense report with receipts to Dean and we will be requesting our budgeted funds for this quarter.

Okay.. so that's what has been happening... now I want to share with you what's coming up!

All members are invited to join ongoing web meetings hosted by NA World Services. Some of the web meeting discussions have resulted in new service tools, such as:

- ✓ Public Relations: Phone line Basics [www.na.org/PR]
- ✓ Local Service Toolbox: Consensus-Based Decision Making (CBDM) Basics [www.na.org/toolbox]
- ✓ Conventions and Events: The Program Committee & Development of the Program [www.na.org/conventions]

And we're continuing to work on other tools and resources, so we invite your participation and input. Visit www.na.org/webinar for more information and to participate. We need your ideas and input!

*****We have some upcoming service information to take back to your Areas and groups...*****

CAR (Conference Agenda Report) will be available November 26th – so your delegate team will be available to start collecting input for the CAR the second weekend in December. The first weekend, December 7th, we have a web meeting to go over it. Right now, it looks like there will be 5 World Board motions, 11 Regional Motions, a list of Long term Goals, 3 FIPT motions and some questions on Adopting the IP on Mental Health, the CAR survey and other discussion topics. Please call Brian and I to schedule this, and we will go from there.

Sponsorship Day is December 1st (I have a flyer for each area)

The second round of input will be ready to look at for the Spiritual Principle A Day Book at the end of October or early November, and the third round has been released to work on through February 2020. You can go online at www.na.org/spad to contribute ideas and drafts, and to review the materials they are creating.

We have written a new IP on Mental Health/ Illness. Find out more at www.na.org/mhmi

Issue Discussion Topics (IDTs) are available as workshops in your Area's and groups! All the input goes back to a workgroup, so your voice matters! They are:

- o Attracting Members to Service
- o Carrying the NA Message and Making NA Attractive
- o Drug Replacement Therapy (DRT)/ Medication Assisted Treatment (MAT) as It Relates to NA

Brian and I would be happy to facilitate any of these for you! NAWs web meetings are available (<https://www.na.org/?ID=webinar-main>). Those meetings include: Public Relations web meetings are a gathering of area & regional PR trusted servants who share their experiences and challenges with PR service; topics are identified by PR trusted servants. Write to pr@na.org for more information. H&I web meetings welcome individuals and trusted servants interested in discussing issues around H&I service. Write to handi@na.org for more information. Phone lines web meetings welcome individuals and trusted servants interested in discussing issues around Phone lines service. Write to pr@na.org for more information. There is a new Phone lines Basics available here: www.na.org/pr. Rural Service web meetings are intended for those serving in places where meetings are far apart or population is sparse. Come join us and share your experiences with others who can relate. Write to ruralservice@na.org for more information.

Plus the following projects:

Projects Daily Meditation Book Project FIPT Project Mental Health/Mental Illness IP Project Local Service Toolbox Project Convention and Events Tools Project Service System Project Future of the WSC Project

I know this is a lot of information to consume, and I truly appreciate your patience. In starting to learn more, I feel that it is important to pass this information on to you, so that we have the resources and the knowledge to help each other. Again, I would like to thank you all for your willingness and dedication to our service structure! Our literature reminds us that we must remember to work together, and what we do here helps provide services necessary for growth. I am grateful to be growing with all of you. In Loving Service, Brenda D. Alt RD

Sub- Committees (3:20PM)

NRCNA XXXVI: Hello family, We are so extremely excited on behalf of the NRCNA committee for a fantastic convention! Without getting into exact precise details with everything, as of now, our balance is \$12,491.19. We haven't received our final hotel bill yet; estimated at \$3500.00 for food and coffee! Everything has been paid for otherwise. We sold out of all our merchandise, yeah! Our leftover perishable food, water, creamer, etc mostly was bought back or donated back. We as a committee are getting all together next week for some finalizations and, so our next Region in January we will have exact numbers and anything that hasn't been turned over to NRCNA 37, it will be then! TFLMS -ILS, Gratefully blessed, Dawn B.

NRCNA XXXVII: Hello Family, Everything is going as scheduled. We are on schedule according to the timeline. We have a balance of \$2,345.41. I don't have a total of the pre-convention stuff yet. In Loving Service. Donald P.

General Assembly: Dear NA family, We had the SPAD (Spiritual Principle a Day) workshop during general assembly with 12 plus addicts contributing! I will be sending the results into The SPAD workgroup. This project will continue for the next two years, so if anyone wants to contribute and help write our literature, please go out to na.org/spad. Thank you again to everyone who attended! In Loving Service, Brenda RDA

H&I: Areas present include EVANA, Fremont, Great Plains, Central, ENNA, Columbus. In EVANA all is good. Struggling to get men into one jail but, in contact. One position for male panel leader open and working to fill. Columbus is struggling with

somen for the jail. Men are going in every other week. NA literature has been bought. ENNA has 9 H&I commitments and is doing great with plenty of volunteers. P3 is rocking it! Great Plains, Lincoln County has men going in again and women going strong. Buffalo County is on hold due to lack of people currently able to go in. Literature is going in. Central H&I is rockin! They have 4 panels a week and are becoming self supporting. Positions are filled. They are supplying books. A recent training has allowed 27 to be trained. They did a book drive and got lots of books for H&I commitments. There was lots of fun stuff! Some difficulty with the jail meetings. Fremont is doing good. Men & women go in at least once a month. Overall H&I is continuing to share our message! Gratefully In Service, Tera N.

Outreach: Hello family, We held our first outreach meeting today. I'm in the early stages of setting up Outreach Committee in the different areas in our region. I'm in the early stages, so bear with us. I'll be working with our ALT RD, Brenda, on an Outreach presentation in the future. ILS, Donald P.

Policy: Hello family, Just waiting on the results of any proposals involving policy changes to begin finalization of the 2020 policy manual. ILS, Seth R.

PI: The PI subcommittee met today and had representatives from SENANA, Columbus, ENNA, and Central! SENANA participated in Project Connect in Lincoln in September and had many people and agencies to visit their booth. They gave out around 700 meeting lists at that event! Also in September, SENANA had a service learning day with phone line training. That training was a success and they now have much needed females trained to answer the helpline phone. They are also in discussion about putting together for requirements to remove meetings from their meeting lists. Columbus is going to be participating in the Downtown Trick Or Treat event. They will have a table to hand out candy, white books, IPs, and meeting lists. Columbus is also working on making sure there are meeting list flyers in probation offices, laundromats, and stores. ENNA has a billboard in Omaha that has been up for 3 months and will remain up until someone else rent the space! It simply asks if you have a drug problem and lists the phone number and website. They got the billboard set up, installation, and time for the cost of \$1050.00, which includes a PSA discount. P3 is doing great and has given out 638 Basic Texts so far this year, with more than 40 of those being this month! ENNA's H&I is also going strong. Central has a new PR chair, Bill S! He has started reaching out to probation to form relationships. He has also been active at the PR subcommittee meetings as he gets his feet under him in the new position. They are also looking at getting a phone line system in place. Thanks for letting me serve! Tommy N.

IT: Not much to report this quarter. All is well. We have had 48,294 visits to our web site since the 1st of the year, with Sept being the busiest month. I can only assume this would be due to people looking for convention information. Loving service Sam

Archives: Hello family, my name is Dick t I'm an addict. I would like to thank the people who stepped up and hang the banners at N.R.C.N.A 36 do to back pain I was not able to help much. We also plan on getting some new banners Made this year do to their size and wear and tear. I'm turning in a rent receipt for 1 year of storage for \$302.40. Also N.R.C.N.A. 36 has turned over 2 shirts 2 cups and a set of speaker cd's to archives but we have not received their paperwork yet. I.L.S Dick T.

SBTW: Sponsorship Behind The Walls is really picking up! We are very much in need of men and women sponsors. We have people in prison waiting to be assigned a sponsor, but not enough sponsors to assign yet. Amanda and I did an orientation workshop at NRCNA last weekend and it went great. If you attended that orientation and can help with sponsoring, please turn in your correspondence only agreement and questionnaire. You can just get it to me in person or by email at sbtw@nebraskana.org. There are several online orientation opportunities coming up! I have flyers! The next one is next Saturday, October 19th at 11AM. Please join if you are interested! Requirements for sponsoring are three years clean, working an NA program, and have worked all 12 steps in Narcotics Anonymous. Talk to me if you have questions! I.L.S. Tommy N.

Old Business (3:45PM):

- Nominations for Region Chair, Vice Chair, Secretary, Treasurer, and Sub-Committee Chairs are now open. They will close next quarter. If you are going to stay and serve another term, you would need to submit a bio or if there are any

additional bio's for members that are interested, these need to be submitted by October Region, as they take office every even year.

- Brian S.: It is in our policy that we attend a South Eastern Multi-Zonal workshop. We wanted to let this service body know, that we are wanting to do this. It will be about \$800.00 a person to do this. It is an invitation that will include 38-40 regions. This is the first time that this has been done outside of a World Service agency for CAR/CAT. There is a link on the Plains State Zonal Forum minutes and website for the South Eastern Multi-Zonal.

Note: Information for this can be found in the Plains State Zonal Forum Business Meeting Minutes on Page 8 & 9 at this link: <https://www.pszfna.org/sites/default/files/minutes-PSZF-2019-01.pdf>

The link for the SouthEastern Zonal Forum flyer is as follows: https://szfna.org/my-calendar/?mc_id=25

Proposal #1: To amend Proposal #2 that was accepted on 04/13/2019. The original proposal uses the phrase “non-NA approved literature.” This phrase should be changed to “non-fellowship approved literature.” The proposal will read as follows: Any meeting that distributes and/or makes available non-fellowship approved literature will be removed from the Regional Meeting list. In addition, any groups identified by the criteria listed above, will not be allowed to list any activities/functions on the Regional website. This change should be reflected in the Regional Policy.

Intent: To ensure that the proper terminology in order to avoid misinterpretation of the intent of the policy.

Financial Impact: \$0.00

Submitted By: Seth R.

4- Yes 2-No 1-Abstain

Passed by Consensus.

Proposal #2: To add the following guidelines to the Policies of the Regional Service Committee of Narcotics Anonymous in the section labeled MISCELLANEOUS (page 2):

d. Guidelines on Non-Fellowship Approved Literature

1. Any member of Narcotics Anonymous may submit a proposal to the NRSC to have a group/meeting that distributes and/or makes available non-fellowship approved literature will be subject to the following (04/19):

a) Removal from the Nebraska Regional Meeting List.

b) Revocation of Nebraska Regional Service Committee website privileges.

2. Prior to removal from meeting list and/or revocation of website privileges, the following steps should be taken:

a) Member concerns are presented at Regional Business Meeting.

b) Regional Delegate and another member of the executive committee should follow-up on presented concerns with group/meeting at their group business meeting for the purpose of communicating information contained in the Regional Policy.

c) Following RD communication, the group/meeting will be given a period of 30 days to review Regional Policy information. After this period, if the group/meeting has chosen to continue to distribute and/or make available non-fellowship approved literature, the RD will then make a proposal to the RSC to enforce the current policy guidelines. d) After the review period stated in 2c., the RSC may then decide if a cease and desist letter from the Narcotics Anonymous World Services is necessary.

Intent: To provide guidelines allowing implementation of the policy listed above. To uphold the 12 Traditions and 12 Concepts of NA Service.

Financial Impact: \$0.00

Submitted By: Ad-Hoc Policy Subcommittee

Passed by Consensus (4- Yes 2-No 1-Abstain)

Proposal #3: To replace Addendum D of Region Policies, with the Draft NRCNA Guidelines and timelines prepared by the NRCNA Ad-Hoc Committee.

Intent: This Ad-Hoc Committee was tasked to update the NRCNA Guidelines for clarity and to better conform to current use of CBDM issues that were outdated, improve formatting, and add job descriptions for additional sub-committees that are commonly formed.

Financial Impact: \$0.00

Submitted By: Diane K., Ad-Hoc Chair- Convention Guidelines.

Passed By Consensus (5- Yes 1-No 1-Abstain)

Proposal #4: To add to NRSCNA Policy under Misc; section d: "The mail that is picked up, will be sent by electronic means or regular mail to the appropriate committee member as determined by the RCM or person delegated."

Intent: To clarify what to do with mail to be more efficient in obtaining and dispersing the mail.

Financial Impact: \$0.00

Submitted By: Kimberly R.

Passed By Consensus (7-0)

Proposal #5: For the Survivors Group to host Region in October in Norfolk, NE on October 12, 2019 at 321 W. Norfolk Avenue.

Financial Impact: \$50.00

Submitted By: Tommy N.

Passed By Consensus 5-1 (abstained)

General Discussion (Open Floor 4:18 PM):

Diane K. - Platte Valley & Southeast Survivors have not been to Region in quite a while.

It was decided to send a letter to each Area to see what is going on and if they would still like to participate in Region. We print meeting lists for those areas. If they are not going to show up we can at least take them off the roll call so that we are not printing extra meetings lists that are not going to their areas. We want to make NA available everywhere but, if we can mail them a Regional Meeting Schedule. If we could support them as a Region and provide them with meeting lists. H&I stuff could also be mailed to them. Platte Valley does have a website for their meetings with contact numbers on the bottom of the website. We would like to make sure that this is up to date with our information.

- Social Media:

Sam S. can put a website link to the Facebook page.

Brenda D. - Social media and technology: The Facebook page is private. This is the way it should be so there is not a conflict to any public entities. We are able to link our website to the page but, the group has to be private.

We have an email to our RD on our website. Anyone that wants to make contact, we have email addresses on our website to the Treasurer, IT, RD, Outreach, etc. You can reach our contact lists.

- A discussion was held on the forwarding email addresses and how they work with forwarding email to the seated person's personal email address. Reiteration of using the contact list from the website.
- Tommy stated that we are working on a new meeting list system. We would really appreciate some contact information for every meeting/ group. Please email contact information and group name to meetinglist@nebraskana.org.

Break (4:25 PM)

Regional Nominations:

Bios follow nominations. Please Take All Of The Following Back To Your Groups For A Vote:

Chair - Monica was nominated to remain seated.

Bio Monica T., Kearney NE Clean date 2-5-1984 Currently am the region chair, and would like to be considered to serve 2 nd term. Am GSR for my home group, do jail meetings at Buffalo County and am the Jail Liaison. Am working with our regional meeting list committee. I talk to my sponsor regularly, have worked & am working the steps, I sponsor, support my home group and attend 2-3 meetings a week. I have working knowledge of our traditions, our concepts and our regional policy. Previously served as region vice chair and with my home group and Area as Secretary, Treasurer, Literature, Meeting Chair, Interim

Treasure, and with the committee that formed Great Plains Area. Have been honored to serve with NRCNA 30 as chair, with NRCNA 24 as Registration Chair & helped on merchandise committee. Served with many event committees throughout my recovery. I started doing service work in early recovery, in Colorado, at Group & Area levels; setting up for meetings, starting new meetings, secretary, treasurer, H&I, Literature, with the committee that formed Pikes Peak Area and helped with CRCNA 1 and various other events there. Thank you for service & keeping NA strong.

Vice- Chair: This position will remain open for nominations.

Secretary: Kendra D. was nominated to remain seated.

Hello family,

- Clean date is 2/23/16.

-Served as a chairperson for the TTB/3 mo & Chain Breakers Group 1.5 years (2 nights a week) (N.Platte).

-Helped form Chain Breakers meeting in North Platte, NE 07/2016.

-Served as GSR for homegroup from 07/2016 - 09/2017.

-Served as Great Plains Area Secretary from 10/2016 - 10/2018.

-NRCNA 35 Committee Secretary.

-Great Plains Area Alt. RCM - 11/2016 - 11/2018.

-Currently, serve as my home group's treasurer (1.5 yrs) and acting secretary (2.5 yrs).

-Currently, activities secretary (2 mo) which we have a nomination for and will be stepping down.

-Building keyholder for 2.5 yrs (current).

- Filled in for NRSC Secretary during 2018 as needed.

- Officially the NRSC Secretary from January 2019-Current.

-Worked all 12 steps. Currently have a sponsor & work steps, as well as work steps with sponsees. Thank you for your consideration. I am grateful to be of service and honored to help carry the message of NA. ILS, Kendra D.

Treasurer: This position will remain open for nominations.

Vice-Treasurer: Brett D. has been nominated to remain seated. No bio is needed due to being voted in recently.

H&I: Tara was nominated to remain seated.

I have an NA sponsor and I sponsor other women in the NA program. I have and still do work the 12 Steps of NA. I have an understanding of the 12 Traditions of NA. I have held many service positions throughout my involvement with NA. My clean date is 7-30-2012. My service within NA has included being GSR for my previous homegroup for approximately 2 years, being Treasurer for my previous homegroup for approximately 3 years, being an H&I Panel Leader for one EVANA panel for approximately 2.5 years, being an H&I Panel Leader for other EVANA panels for approximately 1 year or so, being Entertainment Chair for NRCNA 31, being Raffle Chair for NRCNA 36, being H&I Chair for my Area for approximately 2 years, being H&I Chair at Region for approximately 2 years. I get the opportunity to do other service through participation in EVANA Area Activities, Trainings, Phone Line, PI, etc. I am willing and grateful to continue my H&I Chair position at the Regional level for another term.

Gratefully in Service, Tera N.

PI: Christine was nominated for PI. by Tara N.

Hello family my name is Christine F. I'm from the EVANA Area. My clean date is 12/10/2013. I had a GSR position in early 2013 with my first homegroup, but am unsure of the time. I have held a GSR position for my current homegroup, over all probably 3 years off and on. I've been the treasurer for my homegroup for 4 years. I was PR and Area Secretary for 2 years. I have held the H&I chair/PR chair for a little over a year. I will be learning the process of Phone Line for our Area soon to continue sharing the opportunity with newcomers that call. Also I will begin learning the process for Area Treasurer soon which I was just voted in last month. I've worked through the 12 steps of Narcotics Anonymous and am currently working through the 12 traditions of Narcotics Anonymous with my sponsor who has knowledge and experience of working the 12 steps and 12 traditions. I'm really excited to be of service on the regional level. Thank you for the opportunity and continuing knowledge that is to come. I.L.S. Christine F.

Policy: Seth R. has been nominated to remain seated.

- Clean since 07/05/15
- Policy Chairperson: NRSC (current)
- Chairperson: EVANA ASC (current)
- Secretary: EVANA ASC Ad Hoc Policy Subcommittee (current)
- H&I Panel Leader: Seekers of Serenity, Columbus, NE (current)
- Merchandise Chairperson: NRCNA 36 (2017-2019)
- Chairperson: Steppin' At The Lake Men's Campout Subcommittee (2018)
- Vice-Chairperson: EVANA ASC (2018)
- Steppin' At The Lake Men's Campout Subcommittee member (2017)
- GSR: Vision of Hope Group (2016)
- Home group: Hope Group, Friday 6:30, Norfolk, NE
- Sponsor 5 men
- Regular attendance at EVANA ASC and EVANA PR business meetings
- Active in H&I
- Working knowledge of the 12 Steps and 12 Traditions
- Fulfilled all service commitments to the end of term

IT: Sam S. has been nominated to remain seated by John H.

Service Bio Sam Sherman

Ø clean date July 14 2014

Ø Very active member of NA with an NA Home Group

Ø working knowledge of NA 12 steps, 12 traditions, 12 concepts, Guide to local service, Area guidelines, and Region guidelines

Ø I have a NA sponsor, who has an NA sponsor, who has an NA sponsor and so on.

Ø I am currently Public Information chair for SENANA and have been for 1 and a half terms

Ø Currently Information Tech chair for region and have been for about 3+ years

Ø Web site administrator for SENA-NA.net and NEBRASKANA.org web sites

Ø Have been responsible for updating and printing SENANA meeting list for 2+ years

Ø Have been GSR, Secretary and Treasurer of NA group

Ø I do H & I work in Jail, prison, detox and treatment centers

Ø Have a willingness to serve NA.

Outreach: Donald P. has been nominated to remain seated. No bio is needed due to being voted in recently.

Archives: Dick T. has been nominated to remain seated.

Hello family

My name is Dick Thomas from Kearney.

I have been clean since Aug 20 1992.

I have been archives chair for the past 5 years. I have been gsr for a few different meetings.

I attend conventions and other functions yearly. I have attended NRSCNA the last five years. I'm around people from the program daily. Have a working knowledge of the traditions and Concepts volunteered for the past 21 years to help with the Midsummer Night's camp out. did jail meeting for 4 plus years. Help with NRCNA 24, 30, and 35 , merchandise chair for nrcna 30 -merchandise vice-chair for nrcna 35 I work steps sponsor others and would be honored to be the archives chair for the next 5 years. Thank you for letting me serve.

Dick T. Kearney 308 440 8587

SBTW: Tommy N. has been nominated to remain seated.

My Clean Date is 10-5-12. I have a sponsor in NA and have worked all 12 steps. I sponsor men in Narcotics Anonymous. I was the GSR for the Survivor's Group from 2014-2017, EVANA H&I Chair from 2013-2015, Panel leader for lots of H&I panels over many years, and the PI Chair for NRSCNA since 2013 until the next Regional meeting in January 2020. I was the Memorial Wall chair for NRCNA 31. I am just finishing my term as NRCNA 36 Treasurer. I was the treasurer for EVANA from 2014 until 2017. I am the treasurer for the Survivors Group, and have been for the last few years. I have been the SBTW Liaison for Nebraska since

January of 2019. I believe that pretty much covers it. Any omissions or errors in dates are just due to memory lapses. I. L. S.,
Tommy N.

New Business (4:42PM):

Proposal #1: To disband the Ad Hoc Policy Subcommittee whose purpose was to draft guidelines for implementation of the literature proposal accepted on 4/13/19. Following the acceptance of the guidelines surrounding this new policy. The subcommittee has fulfilled its purpose.

Intent: To adhere to the spirit in which the subcommittee was formed based on the completion of its purpose.

Financial Impact: \$0.00

Submitted By: Seth R.

Passed By Consensus: 6-1 Abstain

Proposal #2: To host the next Region meeting in Giltner, NE on January 11, 2020 (Central). General Assembly would be at 11AM. The topic would be possibly be the CAR (Conference Agenda Report).

Intent: To host Region and promote unity.

Submitted By: John D.

Passed By Consensus 7-0

Next Region will be in Giltner, NE on January 11, 2020. General Assembly will be at 11AM. The topic will be the CAR. Please bring members, GSRs, sponsees. We need people present to carry a vote from Nebraska.

Proposal To Close (4:56PM)