



Narcotics Anonymous®

Nebraska Regional Service Committee

January 11, 2020

Giltner, NE

(3:00PM) Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.
Twelve Traditions: Read by Brenda D. **Twelve Concepts:** Read by Jeff

Executive Committee:

Chairperson: Monica T.

Vice Chair: Diane K.

Treasurer: Dean B.

Vice-Treasurer: Brent D.

Secretary: Kendra D.

RD: Brian S.

Alt RD: Brenda D.

Area RCM's:

Columbus: Absent

Central: John G.

Eastern: Diana B.

Elkhorn Valley: Casey C. **Alt.** Chelsea

Fremont: Harry T.

Great Plains: Brian P.

Southeastern: Kimberly **Alt.** John H.

South East Survivors: Absent

Sub- Committees:

NRCNA 36: Dawn B.

NRCNA 37: Donald P.

General Assembly: Brian P.

Outreach: Donald P.

Policy: Seth R.

P.I.: Christine F.

I.T.: Sam S.

H&I: Tara N.

Archives: Dick T.

SBTW Liaison: Tommy N.

Visitors: John, Jeff, Beth, Rhett, Cari, Derrick, Marci, Bill, Mannie, April, Tammy, Cassy, Jasmine, Shantel, Oscar, Franklin, Jessie, Brian, Britt.

Proposal to accept October Minutes: Passed By Consensus (6-0)

Treasurer's Report (3:10 PM):

RSC Meeting Date:	1/11/2020	RSC Meeting Beginning Balance:	\$5,422.87
		Prudent Reserve:	\$6,360.00

Donations		Expenses		
Area, Group, or Other	Amount	Chk #	Written To - Description/Purpose	Amount
CNASC	\$50.00	1318	Donald Pass Sr. (Outeach)	\$200.00
Aurora Steptakers	\$50.00	1319	Brian Sanders (RD)	\$3,800.00
ENNA	\$704.66	1320	Central Nebraska (rent)	\$50.00
P.I.	\$100.00	1321	Kendra Dike (secretary)	\$50.00
Hope Group	\$100.00	1322	Tera Newcombe (H&I)	\$599.38
Day by Day Group	\$40.00	1323	Christine Fuhrman (PI)	\$200.00
Ties That Bind Group	\$79.76	1324	NRCNA 37	\$2,000.00
Great Plains Area	\$115.16			
NRCNA 36	\$9,232.62			
			EXPENSES SUBTOTAL:	\$6,899.38

		NAWS (WORLD) DONATION:	\$2,635.69
TOTAL DONATIONS:	\$10,472.20	TOTAL EXPENSES:	\$9,535.07

RSC MEETING SUMMARY REPORT		Notes:	
BEGINNING BALANCE:	\$5,422.87		
TOTAL DONATIONS:	\$10,472.20		
TOTAL EXPENSES:	-\$9,535.07		
ENDING BALANCE:	\$6,360.00		

Area Reports (3:11 PM):

Columbus: Absent; no report.

Central: Hello family. Central Area is alive and well. We are a growing area with a couple of new meetings starting. One in St. Paul on Monday at 8:00 PM, at 1316 4th St (Use Backdoor). There is also a Men's meeting at Unity Hall at 10 AM on Saturday. The Central Area has also had a New Year's Eve Dance in Hastings that was a success. We have a lot of new people in our area of service, including myself as RCM and Ali A, as Vice-Chair. Michelle M, Treasurer, Sue H., Policy, Lori D. Activities; Cassie H. & Chantel O. are Policy; and we are looking to update. We also will be abstaining from all Region vote due to the fact that our last Area Meeting was November 10 and did not receive updated Region Minutes until November 11. Our next Area is Jan 12. Also we are finding unapproved NA Literature in our detox and some in the treatment facility. We bring a \$50.00 donation to Region and a \$50.00 donation from the Aurora Step Takers. In Loving Service, John D.

Eastern: Hello family, I want to start by saying that as of last report, there are less than 50 rooms still available for the Close Encounters Convention, and 27 banquet tickets left. If you have not registered, you can go to www.ceck.omaha-na.org. You can also book your room, pre-order merchandise and get your banquet and comedian tickets there. The 2021 CECK committee is forming now and the position of Hospitality Chair is still open. The P3 Steak Feed will be on January 25 from 3-10 at the First Baptist Church located at 421 Park Ave in Omaha. The cost is \$15.00 per person and includes a ribeye steak, baked potato, salad or vegetable. There will be a speaker at 6, an auction and a raffle. 939 Basic Texts were mailed out in 2019. This far exceeds last years count of 679. So come and support this great cause. The billboard was taken down recently but will be going back up soon for the second round. Our Activities Committee is planning to host the CAR in March, possibly including a St. Patrick's Day celebration. More will be revealed. Our Alternate RCM position is still open. If you know anyone in the ENNA area that has not done service for a while, send them my direction. This position has allowed me to experience a different level of committee work, but I took a position on the CE 2021 committee that will require more of me eventually. I hope someone steps up soon. We hope to see you at the convention. In Loving Service, Diana B

Elkhorn Valley: Hello Family, EVANA Area is going strong. Meeting attendance is up and all H&I commitments are being held and well received. An H&I training was held January 5th with many members in attendance. There will be another H&I training on April 5th in Norfolk at 1208 West Norfolk Avenue at 3:00 PM. I look forward to serving in this position and learning from all of you. Thank you for letting me serve. The Hope Group home group is donating \$100.00 today, as well to Region. ILS Casey C.

Fremont: Hello Family. Fremont is doing good. The 33rd Annual Freeze is March 21 & 22nd at the Moses Merrill Camp. Pre-Registration is on the www.nebraskana.org website, under activities. We are also planning an activity on February 15 at 3:30 PM. Hope to see you all there. In loving service, Harry T.

Great Plains: Great Plains area is alive and well. We do have open service positions. But our meetings are going well, with good attendance. We have also been able to get meetings in to Lincoln county and Keith county jails although Buffalo county is on hold right now, due to a lack of members willing to carry them in. I have votes on the Regional Service Position nominations. I also have donations of \$40 from the Day By Day group, \$79.76 from the Ties That Bind group, and \$115.16 from our area for a total of \$234.92 Thank You for letting me be of service! Brian P.

Platte Valley: Absent; no report.

Southeastern: SENANA is rocking recovery into the New Year! There are a few new groups from York and Geneva, that showed up to our area, asking to be a part of. H&I carries the message into The Bridge, detox—Touchstone treatment center—Nebraska State Penn—and Lancaster County Corrections men and women..... Our last H&I training was in December and got a few more folks trained to carry the message to those who can't get out to the meetings!!

PI keeps the public informed where to find us via phone line, meeting lists, and websites! Activities is working in some fun events for the upcoming year!!! As we like to say "If you're bored in this program, It's your own damn fault!" In Loving Service, Kimberly

South East Survivors: Absent; no report.

RD Report: I gave my financial report to Dean that includes the cost for the tickets to go to Oklahoma. Brian S.

Alt RD Report: Dear NA Family, Happy New Year! I'm truly excited for all the recovery we will get to see this year! Since last region, a lot has been happening! In November, we received the Conference Agenda Report (CAR). It contains a total of 16 motions for us to discuss and vote on and a survey that we encourage everyone to fill out before the April 1, 2020 deadline. (www.na.org/survey) I also attended the conference participant Zoom meeting on December 7th. During that meeting we discussed how to be an effective delegate and a few questions regarding the CAR. The CAT (Conference Approval Track) will be available in February. And for addicts like me who didn't know the difference, The CAR (Conference Agenda Report) focuses on the motions being voted on that give our World Services new direction, changes policy, approves fellowship literature, and more. Motions in the CAR can only be voted on by Regional and Zonal Delegates. The CAT (Conference Approval Track) focuses on proposed project plans and budget for the next 2 years. Regional Delegates, Zonal Delegates, and World Board members all vote on proposals in the CAT.

In December, I sent out an input form (Thank you all for helping with this!!) to the RCM's to help gather information we will need to complete our Regional Report that we send into the WSC by February 15th. So, over the next few weeks, Brian and I will be compiling this information and submitting it. If I haven't received yours yet, please turn this into me during break or after the meeting today.

We also received the information on our registration and hotel information for the World Service Conference from April 25-May 3rd. The WSC will be in Woodland Hills CA and we found a good deal with round trip tickets for \$285 plus tax & fees (each). I started with a balance of \$1308.06 minus our Dallas flight \$260.20 (x2= \$520.40) with an ending balance of \$787.66.. We will be requesting our budgeted funds this quarter.

Your RD team will be going to Dallas for the Multi Zonal CAR/CAT January 24-26th. We will be attending our Zonal meeting in Glencoe, OK February 6th-9th. We were asked to hold a CAR workshop for the Fremont Freezeout on March 22nd and a SPAD workshop on the 21st. If your Area would like to host a CAR and/or CAT workshop, please contact Brian or I and we will be happy to help out! FYI... amendments to the CAR & CAT motions and regional responses to the CAR survey must be submitted by April 16th. Please let us know how you feel about these motions so we can carry your voice to the Conference.

Instead of listing everything in this report, I have handed out the Service Center Updates to all the RCM's... Please make copies for the GSR's to take back to the groups. (Or take a picture of it and email it to them) This contains all the information on the projects and workgroups for addicts to participate in if they want to. Another place they can get this information is of course on the na.org website, and now on the NA Meeting App! The new and improved NA app has a new menu interface, allowing for a more user-friendly functionality, a new button leading to surveys and other matters of interest to the NA Fellowship, ability to forward daily meditations via text or email, addition of main website meeting search as an option in Meeting Finder and buttons for NAWS News, NA Info, Contributions, Personal preferences, along with other minor cosmetic and functional changes. I think it's pretty cool... I hope you will take a minute and check it out!

Finally, I will have some information to pass along during General Discussion regarding an email most of us received. I want to again thank all of you for your dedication and service to Narcotics Anonymous. Our literature says "When we engage in creative action of the spirit, whether in our personal lives or in our service work, we may be surprised by the solutions that present themselves." – Guiding Principles,

The Spirit of Our Traditions, Introduction. I'm excited about the solutions we will find together. Thank you for letting me serve. In Loving Service, Brenda D, RDA

Sub- Committees (3:23PM)

NRCNA XXXVI: Hello Family, On behalf of the NRCNA 36 Convention, I want to thank you all for this great opportunity and privilege to be able to be the Chairperson this last year! We, the committee, all had a great time with and at the convention. It was a lot of work and many hours of dedication but, we feel like we had a huge success! We ended up having 478 registrations and 13 other states there. Wow! We had a huge success with a great Banquet, that we called the Fellowship Meal, with 69 tickets sold! The good addicts that we are, we went through 75 gallons of coffee! I am so excited to say that our raffle and

auction went really well! We ended up bringing in \$3,687.00! We once again had a great repore from Donna, the owner of Divots. She says, as always, we are so respectful and always welcomed back! We are always so grateful because the only expenses from the hotel is coffee and of course the banquet. We are blessed that Donna always comps all our meeting rooms and the convention area. So after all of our final expenses of everything are proud to say that today, we are submitting a check for \$9,232.62! ILS & FLMS, Dawn B.

NRCNA XXXVII: Hello Family. We are on schedule with the committee guidelines. We have a taper and vendor signed. We are still finalizing our speakers, TBA later. We have Colicchie for our entertainment on Saturday and a fire show on Friday night, and DJ. In Loving Service Donald P.

General Assembly: We went through the first 5 motions of the CAR. 17 people participated and we spent 2 hours to get through those motions. ILS Brian S.

H&I: Areas Present: EVANA, Great Plains, Central

EVANA is going well! Continuing to carry the message. Trainings are quarterly. Great Plains for the most part is going really well! Buffalo County is on hold through, due to needing more volunteers. Central H71 is going really well for the most part. Men's and Women's jail needs more volunteers who fulfill the qualifications. They have had trainings. This Regional H&I Chair will be doing an H&I trainings at the Fremont Freeze Out this coming March. Gratefully In Service, Tera N.

Outreach: Hello Family, Outreach is going well. I had two starter package donated. I donated one package to the new meeting in St. Paul that will be starting on January 14th at 8PM. One meeting in Coolridge Area is asking for a starting package as well. I've had a job change and now my schedule is slowing down. So, I will definitely be doing more Outreach in the future. In Loving Service, Donald P.

Policy: Hello Family, I have completed all updates to the 2020 Policies of the Nebraska Regional Service Committee of Narcotics Anonymous. I have forwarded the revised document to the IT Chairperson to post on the NRSC website with the following changes:

- 01/12/2019 Proposal #1 Remove from guidelines: II. C. b. 4. Once a year, in April, all groups not represented by an Area, but who are registered with World, will be sent an invitation and schedule of tentative dates and locations of the RSC meetings for the year. If such groups would like to receive minutes, they will notify us by mail. This will be the responsibility of each individual Area.
- 01/12/2019 Proposal #2 Add to guidelines: II. C. b. 4. Will supply Proposal Slips at each NRSC business meeting.
- 01/12/2019 Update Change numbering for Section VI. Resignation Or Removal Of Trusted Servants to Section VII to match the Table of Contents
- 04/13/2019 Update Remove from guidelines: Addendum B > Schedule Timeline for Nebraska Regional Guidelines > 2nd Quarter (April) *invitation to groups not represented by an area (see page 2 Secretary) This update was to maintain consistency with removal of information from II. C. b. 4.
- 10/12/2019 Proposal #2 Add to guidelines: MISCELLANEOUS d. d. Guidelines on Non-Fellowship Approved Literature 1. Any member of Narcotics Anonymous may submit a proposal to the NRSC to have a group/meeting that distributes and/or makes available non-fellowship approved literature will be subject to the following (04/19): a) Removal from the Nebraska Regional Meeting List. b) Revocation of Nebraska Regional Service Committee website privileges. 2. Prior to removal from meeting list and/or revocation of website privileges, the following steps should be taken: a) Member concerns are presented at Regional Business Meeting. b) Regional Delegate and another member of the executive committee should follow-up on presented concerns with group/meeting at their group business meeting for the purpose of communicating information contained in the Regional Policy. c) Following RD communication, the group/meeting will be given a period of 30 days to review Regional Policy information. After this period, if the group/meeting has chosen to continue to distribute and/or make available non-fellowship approved literature, the RD will then make a proposal to the RSC to enforce the current policy guidelines. After the review period stated in 2c., the RSC may then decide if a cease and desist letter from the Narcotics Anonymous World Services is necessary.
- 10/12/19 Proposal #3 Add to guidelines: Replace Addendum D of Region Policies with the Draft NRCNA Guidelines and timelines prepared by the NRCNA Ad Hoc Committee.
- 10/12/19 Proposal #4 Add to guidelines: Miscellaneous e. (in addition to the existing guideline) e. ...every two weeks. The mail that is picked up will be sent by electronic means or regular mail to the appropriate committee member as determined by the RCM or person delegated.

ILS, Seth R.

PI: Hello everyone. Thanks for letting me be of service in this body. SENANA and Central Areas were present today. ENNA, EVANA, Columbus, Fremont, and Great Plains were not present during the P.I. subcommittee meeting. SENANA has been working on getting a public service announcement going on the radio There has been a struggle with it because there was a change in management, which has kind of stonewalled it. Also, there has been a struggle with a facility that holds a lot of our meetings. We are working on getting groups to adhere to the rules of the facilities we meet in. Central has been going into different treatment centers, schools, and probation offices. We have also been taking up to date meeting lists in and provided info to the facilities that is needed. We provided to Grand Island, independent meeting lists as well. We have been in contact with schools and with the staff to provide information about the Young, Clean, and Serene meeting . So that if any students struggle with addiction, they are aware there is somewhere to go. Don't forget to grab your meeting lists! Thanks again for letting me serve. In Loving Service, Christine F.

IT: Web site was shut down temporarily this quarter due to our file system being corrupted by an outside source. All issues have been addressed and site is back up.

- New revised policies have been placed on site
- Make sure all activity flyers have all important info needed (town and contact phone number on the flyer).
- Reminder only use NRCNA email for NRCNA business

In loving service Sam S

Archives: Hello family. I'm an Dick T. and, I'm an addict. We bought a new shelf for the storage unit, \$50.00 cost, due to more archives being found and given to are region. In loving service, Dick T.

SBTW: Nothing new for the SBTW. We will be setting online orientation dates soon. I will get a flyer on the website and Facebook pages when I have it. The workgroup meets each month on the 2nd Wednesday, so I will have those dates around February 12th. If any Areas or Groups would like an in-person orientation, please let me know. ILS, Tommy N.

Old Business (3:41 PM):

Nominations:

- Chair** - Monica T. was voted to remain seated. (5-1)
- Vice- Chair:** **This position will remain open for nominations.**
- Secretary:** Kendra D. was voted to remain seated. (5-1)
- Treasurer:** **This position will remain open for nominations.**
- Vice-Treasurer:** Brent D. was voted as the Vice-Treasurer. (5-1)
- H&I:** Tara was voted to remain seated. (5-1)
- PI:** Christine F. was voted as the PI Chair. (5-1)
- Policy:** Seth R. has been voted to remain seated. (5-1)
- IT:** Sam S. has been voted to remain seated. (5-1)
- Outreach:** Donald P. has been voted to remain seated. (5-1)
- Archives:** Dick T. has been voted to remain seated. (5-1)
- SBTW:** Tommy N. has been voted to remain seated. (5-1)

Break (3:55 PM)

General Discussion - Open Floor (4:10 PM)

- Sam S.: The southeast survivors area is done. Some of the individuals that were initially involved have left the state and there has been nobody to continue. The meetings that were a part of that Area are still meeting. There has been a number of new meetings that were created and some of them showed up to the SENANA meeting, wanting to be a part of the Area.
- Brian S.: We have an RD and RDA team that does not know how to get Area's to participate in the CAR and to get votes from Areas. We have had little participation for this. We have not had enough information to take back. What can we do to help get votes from Areas to take.
 - Brenda D stated she would be happy to send out a flyer with information about what the car is, the current motions, and the upcoming trainings that are taking place.
 - There is a Nebraska Delegate's News page on Facebook. If you are not on it, please get your name to Brenda D. so she can add you as a member. It is a private group and Brenda puts a lot of information on there for members.
 - There could be a group that meets at the 2 PM sub-committee hour during the January Region that is taking place that could have more of a one-on-one interaction with the RCMs and the RD/ARD to present the information on current motions and topics that need addressed by the groups.
 - As a trusted servant and RCM, we would have a decision to request trainings from the RD/ARD during the even years (October) time frame that would allow groups to be prepared for when the CAR comes out.

- Referring to the Conference Agenda Report, instead of just stating 'the CAR report' may be helpful in generating participation. Most people don't know what the CAR report is and won't ask when it goes above their head.
- The way this was brought to an that Area was to create excitement about the fact that this only happens every 2 years, that it is how we get to have a vote and say in what goes on and what literature comes out etc. It made people want to get involved.
- The Central Area stated that there were baby blue's in a detox facility that specified what group that they came from. Also, there was a sponsee that ended up with a step study guide that was provided to him by a group that was printed on it, from treatment.
- Approaching the facility and letting them know may be helpful in preventing unapproved literature from being spread throughout the facilities.
- We've talked in our area about approaching the facilities. The facility may not want to be involved in any of it and request that both parties not bring anything or be welcome. Some opinions as far as, treatment or detox centers go, we are not sure what to do.
- Another solution is that we have built a rapport with the contact person in the facility. It is helpful to be able to speak to that person and let them know about unapproved literature. Obviously not every employee is going to know however, having their assistance in monitoring this can be helpful.
- If we want good literature to go out instead of bad literature, we need to make sure that facilities have access to our literature and information.
- A discussion was held on whether there should be a tally on every vote that is sent in, which would allow the RD and ARD to utilize that information to take to World. A vote was taken, which passed by consensus.
- Bids for the Next Convention Location are also still open.
- Although minutes were out below the 30 day timeline, the dates when the various Areas hold their business meetings don't allow for votes to get back to the groups in time. It is important that we have the meeting minutes out as soon as possible in order to allow all Areas and Groups to have a vote. According to policy, nominee's should submit a bio before they leave Region. This would solve the issue with this specific scenario, not having bios submitted to send out minutes.
- The annual budget for Policy is \$50.00. Since there is nothing in print at this time, it was proposed to have the \$50.00 removed from the policy. It was stated that if in the future, this would be needed, it would be wise to have in place. If the amount is not needed, do not accept the funds.

Open Positions:

Vice-Chair

Treasurer

Next Region will be in Giltner, NE on April 11th, 2020. General Assembly will be at 11:00 AM. The topic is the Conference Agenda Report (CAR). Gathering ideas for the CAT will also take place if time allows.

Proposal To Close (5:03PM)