



Narcotics Anonymous®

Nebraska Regional Service Committee

July 11, 2020

(Held via Zoom)

(3:00PM) Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

Read: **Twelve Traditions:** Brenda D. **Twelve Concepts:** Hadrian C. **Purpose:** Monica T.

Executive Committee:

Chairperson: Monica T.

Vice Chair: Diane K.

Treasurer: Dean B.

Vice-Treasurer: Seth R.; proxy

Secretary: Kendra D.

RD: Absent

Alt RD: Brenda D.

Area RCM's:

Columbus: Absent

Central: John D.

South East: Proxy; Sam S.

Elkhorn Valley: Diana B. Alt. Hadrian C.

Fremont: Absent

Great Plains: Brian P.

Platte Valley: Absent

Sub- Committees:

NRCNA 36: Dawn B.

NRCNA 37: Tracy K.; proxy

General Assembly: Brenda D.

Outreach:

Policy: Seth R.

P.I.: Christine F.

I.T.: Sam S.

H&I: Tommy N.; proxy

Archives: Dick T

SBTW Liaison: Tommy N

Visitors: None

Proposal to accept May Minutes: Passed by Consensus

Treasurer's Report:

RSC Meeting Date:	7/11/2020	RSC Meeting Beginning Balance:	<u>\$6,360.00</u>
Prudent Reserve:		\$7,325.00	

Donations		Expenses		
Area, Group, or Other	Amount	Chk #	Written To - Description/Purpose	Amount
Ties that Bind	\$76.14			
			EXPENSES SUBTOTAL:	\$0.00
			NAWS (WORLD) DONATION:	\$0.00
TOTAL DONATIONS:	\$76.14		TOTAL EXPENSES:	\$0.00

<u>RSC MEETING SUMMARY REPORT</u>	
BEGINNING BALANCE:	<u>\$6,360.00</u>
TOTAL DONATIONS:	\$76.14
TOTAL EXPENSES:	\$0.00
ENDING BALANCE:	<u>\$6,436.14</u>

According to the policies, the prudent reserve is set at the highest amount in the quarterly budget which is \$7325 now.

Area Reports (3:11 PM):

Columbus: Absent

Central: Hello family! What a beautiful day to be clean! Well Central Area is alive and well we are having a speaker jam today in Hastings it's is going well. Things are slowly getting to we are we had them, and meeting are opening back up I have a list of meetings to give so they can be updated. There are some meetings that are struggling but it is coming together one of are meeting asked for help from are area and are area was able to help so we did. Central area is looking for a new Alt RCM. Hope everyone has a great summer stay safe. In loving service John D

ENNA: Several meetings open again. I have a list compiled. There is a meeting a day, at least every day. We have no meetings that are meeting online on Zoom. This has been updated on the website as well. ILS, Hadrian C.

Elkhorn Valley: Hello Family,

Meeting are going well. Grace Community Church/Connection Project has moved to 204 W. Madison Avenue.

Meeting locations that have changed:

- Hope Group – Fridays at 6:30pm open up for in-person meetings on 07/17/2020
- Getting the Man Right – Saturday at 8:00am has moved to the Link garage at 1001 W. Norfolk Avenue
- WHANA Stay Well – Sunday at 7:00pm temporarily meeting at 204 W. Madison Avenue
- Midnight Light Up – Friday & Saturday at midnight at 204 W. Madison Avenue

Events in our Area:

- Speaker Jam sponsored by the Break the Cycle group Sunday 07/19/2020 from 1:00-6:00
- Steppin' At The Lake Men's Campout: sponsored by EVANA July 24-26 at Lake Maskenthine in Stanton, NE
- Flow of Hope clean float sponsored by EVANA held August 21-23 in Sparks, NE (contact Doug P. for details)
- 11th Annual Midnight Light Up Campout: sponsored by the Midnight Light Up Group August 28-30 at Lake Maskenthine in Stanton, NE

In Loving Service,

Seth R. (proxy for Chelsey F.)

Fremont: Absent

Great Plains: Great Plains Area is alive and well. Meetings have opened back up. Meeting attendance has varied, and 7th tradition has been down, but groups have been able to make rent. The Ties That Bind group made a Regional donation of \$76.14 that I mailed to our treasurer. Currently we are over our prudent reserve and will make a regional donation after the Cruisin' In Recovery event next Saturday. I encourage everyone to come enjoy this NRCNA fundraiser as it is in a new venue this year that provides air conditioning! Thank you for letting me be of service. Brian P

Platte Valley: Absent

South Eastern: Absent

RD Report: Absent

Alt RD Report: Hello NA Family,

It is good to see you all today! Your delegate team has been busy since May!

- We attended the Conference Participants webinar on June 27th. During that meeting we discussed what the 2nd half of the virtual World Service Conference 2020 would look like. The 2nd half will be convening on August 7-9, 2020 and if all business is not completed by then, August 28 – 30, 2020. Consensus e-polls were taken, and we will be discussing 13 of the 34 motions. The rest of the motions will be decided in 2022. Also, there is a survey out on the

na.org page. This survey was created by researchers and we are pleased to be able to cooperate with them in the hopes of furthering our primary purpose. Please consider participating.

<https://www.surveymonkey.com/r/Covid19-NA> (it's also out on the NA meeting app)

- ⊗ There is a new scientific study published about Narcotics Anonymous, called "We Do Recover". It was authored by four prestigious researchers and has a lot of good information in it to utilize in PR presentations and any fellowship development committees. Formal scientific studies of NA first appeared in the 1950s and early 1960s. Rigorous studies of NA began in the 1980s. If you would like more information, I would be happy to email that out to you.
- ⊗ Plains States Zonal Forum will be meeting virtually on July 18th at 3pm. This meeting will meet on zoom (mtg id is 921 626 3087) Everyone is welcome to attend! We will be discussing budget and elections. Also, PSZF's 25th Anniversary is coming up! We were formed at the WSC in 1995 and our first meeting was September 23, 1995!
- ⊗ GSR Basics has been drafted and is out for review for 90 days. The draft can be found out on www.na.org/toolbox and click on GSR Basics for the full document. They have also created two templates for GSR reports. Check it out and let us know what you think! We did a workshop on this today during General Assembly – thank you for those that participated! The delegate review is due back before the end of August.
- ⊗ Online Best Meeting Practices and Spiritual Principle A Day are still being shaped on na.org... if any of you would like to help with that! There will be a webinar on July 25th at 1:00pm – 3:00pm CST open to all interested members on the topic of next steps for online meetings. The room opens at noon and will have simultaneous translation so that English, Spanish and Portuguese speaking members can all meet. The meeting id : 976 6377 1180 Password: 07252020 and can also be found at www.na.org/webinar.
- ⊗ New Proposal for fund flow... I submitted a proposal in May to amend our fund flow to include the Plains States Zonal Forum. Right now, 100% over our prudent reserve goes on to World Services. I am proposing we split that, since the Nebraska Region is utilizing and benefits from some of the Zonal services. These services include being able to utilize the virtual platform, various workshops, and the Sponsorship Behind the Walls program... which is now for the first time in every prison in Nebraska! For clarity, the Plains States Zonal Forum does exactly what we do... everything above prudent reserve goes on to World Services. I would like to see our Region offer our support to them.
- ⊗ Multi Zonal Service Symposium (MZSS) has been moved to August 26-29, 2021 in San Antonio. I will have more details of this as I receive them!

I would like to encourage all the RCM's and their GSR's to go out to www.na.org and sign up for the periodicals, service center updates and other publications that World Services sends out if they haven't already. Right now, all the electronic publications are still going out. If you need help with this, please get ahold of me, and I will be happy to help you through this.

Now that I have relayed the information, I have to you, I would like to gather some from you... so I had some questions that I emailed the RCM's :

- ⊗ Did any of your groups hold virtual service meetings? If so, how did it go, and if not, why not?
- ⊗ What is working for your groups right now?
- ⊗ How are the groups supporting the Fellowship in carrying the message?
- ⊗ Are your groups still having virtual meetings? Are there any hybrid meetings? Are they back to face-to-face meetings?
- ⊗ Did all the groups go back to the same day/time in-person meetings or was there some restructuring?
- ⊗ How is meeting information being handled by the groups?
- ⊗ Is there any local disunity between members who are attending in person meetings and members who still want to attend virtually?
- ⊗ Does anyone have some ESH for PR or H&I running virtually?
- ⊗ Are the rules of the facility being followed? Is there any difficulty in following local regulations? How are they approaching members who are not following the rules of the facility or state?
- ⊗ How is the group's 7th tradition going? Are they having difficulty with being self-supporting? Has there been financial implications or consequences?
- ⊗ Is there anything that this service body can help the groups with?

"Inside or outside NA, being of service helps us find value in our lives when we can't see our value for ourselves." – *Living Clean, the Journey Continues*. I deeply appreciate all of you and your efforts to Narcotics Anonymous. Thank you for letting me serve. In loving and grateful service, Brenda D. Alt. RD

Sub- Committees (3:25):

NRCNA XXXVII: Hello family, NRCNA 37 is right on track. We have our speakers all lined up and so far, they are all still planning on coming. We have 2 fundraisers coming up, July 18th in Kearney and August 8th in Fremont. Please pass on to home groups that we would love for them to have any functions/fundraisers before October. We are also needing groups to host hospitality room. Thank you in loving service. Tracy K. NRCNA 37 Vice-Chair

General Assembly: Dear Family, During General Assembly today, we went over the new GSR Basics pamphlet. Thank you for those that attended. It is out for Delegate Review and Draft until the beginning of August, and at that point we send in the input we received from you. If you would like to look it over, it is out on the na.org/toolbox webpage under GSR Basics. Thank you for letting me serve, Brenda D RDA

H&I: Hello Family!

The H&I subcommittee kind of met today. EVANA and CNNA were present and gave reports.

EVANA: Just had two H&I trainings around the end of June and beginning of July. Going to work on compiling those names into the approved H&I trainings list.

CNNA: H&I is alive we are doing ok were are doing zoom meeting at the treatment center in grand island every Saturday at 1100 am also the bridge is doing meeting not sure of the dates we are also having a H&I training day August 8 in GI more will be revealed.

Other than that, I know some H&I meetings are resuming in person and some are being held by Zoom and some are not happening at all.

If your area needs H&I materials like intro guides or white books or whatever we are doing now, please let Tera N. know. ILS, Tommy proxy for Tera

Outreach: Absent

Policy: Hello Family, Nothing new to report. ILS, Seth R.

PI: Hello family, I did not meet with anyone for P.I., but I was able to get some good information to fulfill my position a little farther.

Sam S. and Carlos S. Sent me reports, but P.I. from Central, Enna, Columbus and Fremont were absent, Great Plains is still open. Only thing new for SENANA PI is we printed new updated meeting list for 1st time since COVID stuff started we have 11 mtgs in person and 3 mtgs via zoom now happening. Sam S.

EVANA does not have anything to report. Carlos S.

Any updates of mtgs updates/changes please send them to meetinglist@nebraskana.org.

Thank you for letting me be of service,

Christine F. Regional P.I. Chair

IT: Hello all,

1) Reminder to email regular meeting updates to meetinglist@nebraskana.org,

2) Zoom meeting changes to it_committee@nebraskana.org,

3) Activity flyers to activities@nebraskana.org

Loving service Sam

Archives: All is well. ILS Dick T.

SBTW: Hello Family, Things are going well with Sponsorship Behind the Walls. We are still in need of sponsors! If you want to get involved, let me know and I will help you get registered for an orientation session to get trained. The requirements for SBTW sponsors are 3 years clean, worked all 12 steps in Narcotics Anonymous, and have experience sponsoring others in Narcotics Anonymous. All SBTW workgroup positions are open! SBTW is a workgroup of the Plain States Zonal Forum. The

workgroup meets the second Wednesday of each month via Zoom at 7:30 PM. Elections will happen at the next workgroup meeting on August 12th.

◆ Elected workgroup positions:

- Facilitator (to be elected at Zonal meeting July 18th)
- Co-Facilitator
- Secretary
- Sponsor Communications Coordinator
- Sponsor Communications Co-Coordinator
- Postal Coordinator
- Postal Co-Coordinator

Please let me know if you are interested in being of service with SBTW and I will get you connected! ILS, Tommy

Old Business (3:36 PM):

No Old Business

General Discussion (Open Floor 3:38 PM):

Sam S. - Anything that pertains to the Zoom meetings, need to be sent to Sam so he can update the website. Anything that pertains to in person meetings that need to be updated on the meeting lists that are sent out, need to be sent to meetinglist@nebraskana.org so we can get them updated.

Brenda D. – Brian S. is going to be stepping down as RD. That position has been opened at this service body for a while. I just had a question on when those votes open.

Monica T. - Regional guidelines say that in April nominations for RD & Alt. RD open in the first quarter of every even year, close in the second quarter, and vote in the third quarter. If you are wanting to do another full term as Alt. RD. that is what you will put in for. The RD would not be seated until the fourth quarter.

Discussion was held on the positions that are open for this year's Regional positions. Can some of these be opened for nominations and then closed this quarter so we can be back on track.

Brett D. stated that he has not been able to view much of the material for Treasurer. Requested that he wait before putting in a nomination for the treasurer position.

Break (4:11 PM)

New Business (4:35PM):

- **Proposal #1:** To Amend to policy that VIII. Finances, C. Prudent Reserve, b. Any Quarter out of balance which is in excess of this amount will be donated to World., will be amended to say VIII. Finances, C. Prudent Reserve, b. Any Quarter out of balance is excess of this amount, will be divided by a percentage of 25/75 and donated respectively to Plains States Zonal Forum and to World.

Intent: To support ourselves and our service structure by updating the current fund flow to include the Plain States Zonal Forum.

Financial Impact: None

Submitted By: Brenda D, RDA

This goes back to groups for a vote.

Discussion was held on the percentage amount (25%) of funds that would be split being increased/decreased, or what this should look like. Discussion was also held on if a percentage should also be donated to P3. All Regions in our Zone are already donating to our Zone. We are one of the only Regions that are not donating to this area.

(Straw Poll: 12-0)

- **Proposal #2:** Survivors Group of NA proposes to host the NRSC meeting on October 10th, 2020. The meeting location will be 204 W Madison Ave, Norfolk, Nebraska.
Intent: To host the next Regional Service Meeting in Norfolk.
Financial impact: \$50.00
Submitted By: Tommy N.
Passed By Consensus (Straw Poll 6-0).

- **Proposal #3:** To nominate Brenda D. for the Regional Delegate Position.
Intent: To fulfill the position of Regional Delegate for the Nebraska Region.
Financial Impact: None
Submitted By: Kendra D.

This goes back to groups for a vote.

Bio for Brenda D.: Hello NA Family,

My name is Brenda and I am a grateful recovering addict. I have been clean since February 24, 2005. I have and use a sponsor and I work my steps with her and a group of fellow recovering women. I attend my homegroup and other meetings in my area on a regular basis. I have a working knowledge of the 12 Steps, 12 Traditions and 12 Concepts. I also sponsor other women in recovery. I am a trusted servant to the Central Nebraska Area, and have served on several group and area sub-committees previously. I have been a GSR, secretary, treasurer and have helped and served on several convention committees. I was previously the Fundraising & Entertainment chair for NRCNA 35. I am active in our Area H & I (service and business levels) and participated with the Multi-zonal Symposium held in Bellevue in 2018 and served as Alt. RCM for my Area. I have facilitated workshops and feel my communication skills would be an asset to this position. I have served as Alt RD since April of 2019 to present. I also serve on the Zonal IT subcommittee for virtual meeting help. I would be honored to serve as RD to help carry the message back to our Region. I feel that with my willingness to learn and my experience and familiarity of Region business meetings will be an asset to this position. In Loving Service, Brenda D

- **Proposal #4:** To reschedule NRCNA 37 for October 1st – 3rd of 2021.
Intent: To allow for members to be present for the convention without restrictions due to COVID-19.
Financial Impact: \$0.00
Submitted By: Amy Case
This goes back to groups for a vote.
- The hotel is only allowed to be at 50% capacity. This means that only 150 people would be allowed in the conference room for main events, while smaller rooms would only be allowed 8 people, including the hospitality room. Social distancing guidelines of 8 six feet apart would be required, making requirements for seating to be arranged in a theatre style. The NRCNA 37 committee has come to a decision that they would like to reschedule the convention for October 1-3rd of 2021. The hotel has the dates available and would allow the same contract to be kept, as well as anyone who has booked a room would be able to roll over with the new dates or their money can be refunded. The contract will be included with the minutes. These are extenuating circumstances. Discussion is likely to follow at October Region, however, this needs to go back to groups for a vote.
- **We do not have any bids for NRCNA VIII currently.**

Regional Nominations Are Still Open For The Following:

- Regional Delegate
- Alternate Regional Delegate
- Treasurer
- Vice-Chair

NEXT REGION WILL BE HELD IN NORFOLK, NE ON OCTOBER 10, 2020.

General Assembly will be an Ice Cream Social held at 1 PM for a discussion topic.

Proposal To Close (5:21PM)

NRCNA 37

Charge Routing

Guests are responsible for all charges.

Contract Terms

Guarantee Policy

Your Reservation has been placed on a 4 PM hold.

Cancellation Policy

Please cancel any group room reservations by 4 PM local hotel time on the day of arrival to avoid a cancellation penalty

Cancellation Penalty Notes

Additional Information

Guest Signature

Date

Hotel Representative

Date