



Nebraska Regional Service Committee of Narcotics Anonymous

October 10, 2020

Norfolk, NE

(3:05 PM) Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

Twelve Traditions: Read by Brenda D. **Twelve Concepts:** Read by John D.

Executive Committee:

Chairperson: Monica T.
Vice-Chair: Diane K. **(Open)**
Treasurer: Dean B. **(Open)**
Vice-Treasurer: Brent D.
Secretary: Kendra D.
RD: Brenda D.
Alt RD: **Open**

Sub- Committees:

NRCNA 37: Donald P.
General Assembly: N/A
Outreach: Donald P.
Policy: Seth R.
P.I.: Christine F.
I.T.: Absent
H&I: Tera N.
Archives: Dick T.
SBTW Liaison: Tommy N.

Area RCM's:

Columbus: Paul H.
Central: John D.
Eastern: Hadrian C.
Elkhorn Valley: Chelsea N.
Fremont: Rocky R.
Great Plains: Brian P.
Platte Valley: Absent
Southeastern: John H.

Visitors: Dawn B., Mark, Steve, Jake L., Carlos S., Samantha, Carrie,

Consensus to Accept Last Meetings Minutes: Passed (Unanimously)

Treasurer's Report (3:11 PM):

NRSCNA Treasurer Report			
RSC Meeting Date:	10/10/2020	RSC Meeting Beginning Balance:	\$6,436.14
Donations		Prudent Reserve:	\$7,325.00
		Expenses	
Area, Group, or Other	Amount	Chk #	Written To - Description/Purpose
Amount			Amount
Fremont Area	\$350.00	1332	In Motion Hosting
Break The Cycle- Norfolk	\$100.00	1333	Dick Thomas (Storage)
CNASC	\$200.00	1334	Tera Newcombe (H&I)
Great Plains	\$439.87		Philadelphia Insurance
EVANA	\$150.00	1335	Kendra Dike (Secretary)
TOTAL DONATIONS:	\$1,239.87	1336	Rent
			\$121.33
			\$302.40
			\$599.38
			\$1,756.00
			\$50.00
			\$50.00

RSC MEETING SUMMARY REPORT	
BEGINNING BALANCE:	\$6,436.14
TOTAL DONATIONS:	\$1,239.87
TOTAL EXPENSES:	-\$2,879.11
ENDING BALANCE:	\$4,796.90

EXPENSES SUBTOTAL:	\$2,879.11
NAWS (WORLD) DONATION:	\$0.00
TOTAL EXPENSES:	\$2,879.11

Note: According to the policies, the prudent reserve is set at the highest amount in the quarterly budget which is \$7325 now.

Area Reports (3:13 PM):

Columbus: Hello NA Brothers and Sisters; we apologize for not having a report at the last region meeting. Assuredly related to the virus, we did not know Region was going on. We, unfortunately, did not receive any information during the quarantine. We now have an email submitted so we can receive reports and updates. We will check in on the website more often. This report will encompass the start of the virus. For many of us, we quarantined at home. We care for my mom who is 99, so not sure when we will ever be completely off modified lockdown. 😊 We know all of us to love planting seeds of hope. We discussed, researched, and are suggesting an immediate proposal that has been approved by NAW's for this meeting. When the virus started, several of our members opened the Clean Way Club for daily noon meetings and we went to four 8 PM meetings, utilizing our state's restrictions, these members that kept the doors open for recovering addicts and still suffering addicts were heroic. We offered our club to other groups not affiliated with the CWC. We started a zoom meeting and attended/ helped with other zoom meetings. NA members are the most amazing people as members donated for the rent to be paid when we were short, and donated supplies to keep the club open. Presently we have a weekly Saturday bonfire meeting; we have most of our meetings chaired and are continuing to support our area treatment center and jail. Thank you so much. Paul H. 402-270-4945

Voting on Region Proposals:

Proposal #1 – No opinion. One member asked what does plains States Zonal Forum does with the money? There were no attachments to answer this question, so we respectively could not vote on this at the present.

Proposal #2 – Money for Region meeting \$50 – Yes

Proposal #3 – New RD – Yes

Proposal #4 – Reschedule NRCNA convention for 2021 – Yes, we pray we have a cure for the virus by then.

We all spent our money; donated raffle items, many worked a hell of a lot harder than me for the 6000\$ + we have accumulated for the Nebraska region; we can donate to NAW's and still take care of our own State. Pray you will take the time to consider our request from Columbus maybe one of you would be understanding and submit our report, please at least check it out? Am not sure how in the hell we can ever give back what was so freely given to us? All our Love from our 2-horse town Paul H.

Central: Hello Family. I am so grateful to be of service. Central Area is alive and carrying the message of NA. We have sent a \$200.00 donation. We have had a lot of meeting updates and I hope I have them correctly for the meeting list. We are having a workshop on October 17, 2020, in Central City. The topic will be our Area Inventory and Meeting Etiquette that will be done by Sue H., Traditions by Joanie R., and training on group and area service body positions by Brenda D on October 31, 2020. The New Day Group will be having its annual Halloween Dance at Fonner Park at the 4-H building. Central Area also has asked that Proposal 4 be amended to include the 2020 location and Grand Island as the host. In Loving Service, John D.

Eastern: Hello family. I just want to express my gratitude to the committee for their patience and love shown to me. To serve at this level has been a great experience. I did, however, ask to be relieved due to another now very busy position I also hold. So, in the spirit of rotation, Hadrian now holds the position. In Loving Service, Diana B.

ENNA Report to Region- 10/10/20 Good afternoon everybody, I was given a vote of confidence at the last ENNASC meeting to move from Alt RCM to RCM for our area and am grateful for the opportunity to be of service. CECK 2021 is currently on but may be subject to certain restrictions. As we get closer to the convention we will know more. Moving forward, the convention will have to file taxes due to complications in this tax season. A member had received tax forms from the IRS for the convention, their social security number had become attached to a PayPal account the convention was using. The Eastern Nebraska Area will need to begin filing taxes and will likely need to become incorporated to do so. More will be revealed about that. We currently are having H&I meetings in the Salvation Army and will soon begin doing H&I in person in Lasting Hope. We have been doing H&I via Zoom at Campus for Hope as well. P3 sent out 11 basic texts in the last month, which is a slight increase over the last couple of months. There have been 404 total basic texts sent out by P3 this year. October 24th, the Night Owls Group in Omaha will be having a fall picnic at Elmwood Park, featuring a speaker at 3pm. The picnic will begin at 12pm, ending at 6:30pm. In loving service, Hadrian C.

Elkhorn Valley: Hello Family! EVANA area is doing great. All meetings are open to the public. EVANA area votes are yes to proposal one and yes to proposal two. Attached is an updated meeting list, and their locations. The activities planning meeting is on October 24th at Perkins @ 6PM. Two new meetings opened in Wayne and Wakefield. Both will hopefully be joining our area soon. Thank you for letting EVANA host the meetings! Hope everyone has a good time! ILS, Chelsey F.

Fremont: (RCM Report) Hello Family, Fremont is doing well. The all men's speaker jam in Giltner did awesomely. Fremont area is donating \$231.00 for a grand total of \$831.00 to NRCNA 36. Fremont Area 33rd Annual freeze-Out fundraiser and a chili cook-off is November 2nd.

We'd like to see a lot of people there. Bring your chili! We do have a new meeting on Thursday, at 12 PM at the Salvation Army. It is struggling a bit. So, if anyone is in Fremont on a Thursday around noon, swing in. Fremont Area would like to donate \$278.00 to the region today. Hope to see you all on November 2nd. In Loving Service, Harry T.

(ALT RCM Report): Good afternoon family, On behalf of the Fremont Area, I would like to apologize for our recent silence. Of course, lots has changed for everyone since March, and the program has suffered across the board. That being said, I am happy to report that the Fremont Area, thanks to the drive and dedication of a few, stayed alive and well for those who were willing to attend garage meetings to remain active in the program. We are now able to hold meetings in person again at our regular meeting place. Care Corps meetings are held Tuesdays at 1PM, Saturdays at 8PM, and Sunday mornings at 10:30 AM. All other available meetings are still being held in a personal home's basement until further notice. We have a donation for Region and have high hopes for our near future. Happy to be here, and thankful for the service of all who make this possible. In Loving Service, Rocky.

Great Plains: Hello Family. I am very happy to get to physically see you all today! Great Plains Area is doing well. Although meeting attendance has varied, our meetings are open and being attended. Unfortunately, due to COVID, jail meetings are on hold. With that, we lost our H&I chair since she is moving to North Carolina. I am carrying votes for the proposals. Our Cruising In Recovery NRCNA fundraiser was a huge success! We were able to raise \$709.67 for the convention. As of our last area meeting, we are over our prudent reserve, so I have a donation of \$439.87 to Region. Thank You for letting me be of service. Brian P., RCM

Southeastern: Hello family. It is good to be able to see you all today. We are still functioning and holding meetings in our Area, but are down to a total of 14 meetings a week. This is of course because of COVID. Meeting locations are often closed and finding new locations is challenging. City mandates are also presenting hurdles to us. Finding a way to meet and uphold traditions at the same time have been testing our resourcefulness. Even so, we have at least one meeting every day and our online meeting list is kept current. Thank you for all you do for NA and thank you for being a part of my recovery. In loving service, John H.

Alt RD Report: Hello NA Family,

Lots have been happening since I saw you in July...

- On July 18th I attended the Plains States Zonal Forum virtually. At that meeting, elections were held, and the positions were all filled except co-facilitator. The following are serving the Zone- Cindi B – Facilitator, Co-facilitator – Open, Pam T – Secretary, Natalie S – Treasurer, Sam B – SBTW, Barry B – IT, Keith T – PR. We were also asked to send in a face to face meeting information (I sent out an email about it the next day) for the zonal Basic Meeting List Toolbox (BMLT). We met again on September 23rd and discussed current and upcoming business. I was part of an ad-hoc committee that updated some things in the Guidelines and Policies to reflect current practices. I will be asking for input about this in the open forum and new business. In 18 months, (Early spring of 2022), it will be Nebraska's rotation to hold/host the CAR/CAT. It will include a full weekend of workshops and fellowship with addicts around our Zone attending. The CAR/CAT will tentatively be presented by members of the World Board. The Rocky Mountain Zone has expressed interest in attending also. So, I'm going to be asking for your input with that! If anyone in your Areas or Groups are interested in helping, please have them get ahold of me!! I have a couple questions I will be asking during the Open Forum about this.
- On July 25th I attended the webinar for online meeting best practices, and it was a huge success! So much in fact that we maxed out the participants (at 1,000)! The information that was presented is out on the na.org webpage, and in summary, includes examples of what other groups and service bodies are doing and information on hybrid meetings (face to face and virtual).
- On August 1st I attended the orientation for decision-making processes that we would be using for the World Service Conference hosted by the Conference Facilitators. During that webinar, we discussed the proposed rules based on A Guide to World Services in NA with changes to accommodate a virtual platform. We also went through how the straw poll and consensus were measured. It was extremely helpful and instructive.
- On August 7-9th I attended the 2nd half of the virtual World Service Conference. We received an update on World Services. All offices are running on severely diminished resources. (Chatsworth office = 19 employees, Europe = 1 employee, Iran = 5 employees). NA World Services literature income dropped to approximately 14% of what it was previously – an 86% decline in literature income (comes out to roughly \$750,000). As a result, operations were forced to reduce accordingly. Because many of the largest contributors, primarily NA regions, have had to cancel events that are an important part of that income, a new contribution button has been added to the NA.org page that allows an addict to make recurring contributions. In Feb there were 50 recurring contributions... as of August 9, there were 402 recurring contributions. I personally am contributing double the amount of clean time that I have monthly. Please let the groups know that we still have a great need for personal contributions. After all, we are self-supporting through our own contributions. Going forward, all of the project plans, current, and future, will be completed based on changing circumstances and will only be worked on when and if the resources become available. In the upcoming

Conference cycle, we will be asked to give input on the project prioritization. A summary of consensus decisions for the World Service Conference (WSC) 2020 includes:

- o To approve the Spiritual Principle a Day project for inclusion in the 2020-2022 Narcotics Anonymous World Services, Inc. budget.
- o To approve the Revising Existing Recovery Information Pamphlets project plan.
- o To accept The Loner – IP #21 for the Revising existing recovery literature project.
- o To approve the Issue Discussion Topics (IDTs) project plan.
- o To approve the Local Service Toolbox project plan.
- o To accept two topics as our beginning focus for the Local Service Toolbox project – online meetings best practices and carrying the NA message effectively and virtually.
- o To approve the Role of Zones project plan.
- o To approve the Fellowship Intellectual Property Trust (FIPT) revision project plan.
- o To initiate the process to update the Fellowship Intellectual Property Trust (FIPT) to include zonal delegates.
- o Acting as the trustor, the delegates present at the virtual WSC 2020, are continuing the suspension of Article 5, Section 3 of the FIPT Operational Rules, while we make a decision about the future. This suspension will expire at the close of WSC 2022
- o To pause zonal seating by not considering seating requests from zones formed after WSC 2018 until after zonal seating criteria or a process for zonal seating is established by the WSC.
- o Approve the IP, “Mental Health in Recovery” as Fellowship-approved recovery literature
- o To instruct the World Board to develop a project plan to produce an informative video about Narcotics Anonymous for Public Relations services.
- o To create a new IP for women in recovery
- o To create a project plan to create a guide for online meetings
- o To seat the Minas Region
- o To seat the northwest Russia Region
- o Posting the results of the final e-poll on na.org will adjourn WSC 2020. With the maker’s permission, the remaining CAR motions from the 2020 cycle will be included in the 2022 CAR.
- o Elections: World Board- Danny G, Eduardo G, Jorge M, Michael B. Human Resource Panel- Arne H-G, Laura B
Cofacilitator- Mario T

Whew! Yes... it is a lot to take in...

Finally, NA World Services has launched an Instagram account – check it out! (www.instagram.com/narcoticsanonymous_naws) and the annual Sponsorship Day will be December 1st. The GSR Basics that we held during General Assembly earlier this year is completed and available online at na.org. Several projects are gathering input if any Member, Group, or Area would like to participate! (<https://www.na.org/?ID=projects>)

Next Saturday, Oct 17th, I will be attending the upcoming Conference Participant web meeting. We will be discussing whether we agree to choose Virtual Meetings as an initial focus for Issue Discussion Topics (IDTs). We will also be finding out about the plan for the cycle’s work, a financial update, and review the survey draft. Also, the draft of *A Guide to World Services in NA* is posted for a 90-day delegate review. Any input needs to be back by January 9th, 2021 (so if you’d like to look that over, let me know and I will be happy to email it to you! Also, next Saturday, I’m facilitating a Group Service Roundtable presentation in/at the MCAC Building located at 1304 16th Street in Central City for Central Nebraska Area. It starts at 3pm – Area Inventory, 4pm - Meeting Etiquette Education, 5pm – 12 Traditions Education, 6pm – Food and Fellowship, and 7pm – Group Service Roundtable... 8pm-Fellowship and dancing to follow.

If any of the Groups or Areas would like to do any education/training or information on anything, please let me know! I would be happy to help out! We have so many resources available to us...

Thank you all for your service efforts to Narcotics Anonymous! “All of our service efforts come back to our primary purpose, creating opportunities for addicts to freely help on another.”- *Guiding Principles: The Spirit of Our Traditions*.

Thank you for letting me serve you,

Brenda D
Alt RD

Sub- Committees (3:34 PM)

NRCNA XXXVII: Hello Family, Thank you for your understanding, patience, and support through this uncharted process for our committee. If there are any questions, please feel free to ask me or any convention committee member. As of right now, we have a tentative date of October 1-3, 2021. We have an account balance of \$5,241.00 presently. We are also in the process of contacting everyone about their pre-registration. We have an email address if you have any further questions (nrcna37@nebraskana.org). In Loving Service, Donald P.

H&I: Area's present included Central, EVANA, ENNA, and Great Plains. Central H&I is doing well, carrying the message in a couple of places, however, still unable to go into a few. EVANA has been going into a few and working towards more. Still waiting for a few. Holt county's position is open. We could use more women volunteers. October 4th was H&I training. Next is the 1st Sunday in January. ENNA has two in-person H&I meetings and 1 via zoom. Great Plains H&I Chair is open. Buffalo County is on lockdown but wants literature. Making sure the message stays NA. Lincoln County and Ogallala (Keith County), I am unsure of their status. H&I handed out two orders worth of H&I literature to the Area's present and has some left for if any other Areas show up. Let me know. Also, H&I donated a basic text to Outreach. We received a few jail letters. I want to work towards doing my part with these as soon as possible. To best accommodate this, I plan to work towards being able to receive these as soon as possible, if possible. =) Most want literature or a sponsor. Gratefully In Service, Tera N.

Outreach: Dear Family, Outreach isn't doing a lot since COVID. I do have some starter packages to hand out to PI's in your area if you have any new group starting up. In Loving Service, Donald P.

Policy: Hello Family, Nothing new to report. ILS, Seth R

PI: Hello Family, We had P.I. today and combined with H&I due to the number of people attending. Carlos S. from EVANA was present and gave a report regarding how the P.I. has been striving to share the message of Narcotics Anonymous around EVANA. I'm not sure who the P.I. Chair is for every other Area in the Region. If you could let me know, RCMs? That would be great. I know some areas are struggling, so if you would like to be of service, reach out to your RCM's or myself and we can help you find a place to be of service. ILS, Christine F.

IT: Absent

Archives: All is well, except that we are out of space. We have collected so many Archives this last year that we are going to need to double the space. If we double the space, we can get the second one of the same sizes for \$28.00/ month - 10%. We receive a 10% discount for paying in full for the annual rate, or if we go to a 5x10 with \$60.00/ month - 10% for paying the annual amount upfront in full.

SBTW: Hello family, Things are going well with SBTW and the zonal workgroup has new officers! There are two upcoming online orientation opportunities in October. They are Monday 10/19 at 7:00 PM and Saturday 10/24 at 11:00 AM. Orientation lasts about 1 to 1.5 hours and is one of the requirements to be a sponsor through SBTW. You can register for the orientation by going to <https://pszfna.org/sponsorship-behind-the-walls/>. ILS, Tommy N.

Old Business (3:47 PM):

Proposal 1: (1 Abstain – 1 No – 4 Yes) Passed by Consensus

Proposal 3: Passed by Consensus (Unanimously)

Proposal 4: (1 Abstain – 6 For) Passed by Consensus

Break (3:55 PM)

Open Floor (3:57PM):

- A discussion was held on several topics, such as the wording of Proposal #4, which was passed, to move the NRCNA convention to October 1-3, 2021, and the location where it will take place.
- Clarification was provided on the reason for the ENNA area's vote for no on Proposal 1.
- A discussion was also held on the proposal to

The following are the details of these discussions:

Hadrian C. - We voted no on Proposal 1 due to the percentages that were given. We did not think that the percentages that we had. We were also concerned that the Zone would not pass along the funds as quickly to World Services as our Region does.

John D – Proposal 4. Our Area would like this amended to include the location and the of proposal 4 for the movement of NRCNA.

Paul H. – I spoke with Nick Ellis at NAWS a long time ago. Our group primarily donates stuff for the raffle. The step working guide is an amazing piece of literature. It cost NAWS \$1.00 to make our Step Working Guide in China. There is always postage involved, however, if we were to spend A lot of times, we don't take time to consider that we have 10 state prisons in Nebraska. In each county in Nebraska, there are like 90 jails. In Tecumseh, the guys would like some step working guides. If we had 400 step working guides to hand out, we could support P3 and our region. We would be supporting NAWS and giving books to donate to keep our jail libraries stocked to give out. Before the virus, we have inmates who are doing up to a year in jail, they get \$386 a day because the prisons are full. We have guys who work steps over this time, and we can discuss them in meetings. The Clean Way Club is not asking or proposing, we are begging our Region to consider this. It would be awfully nice to give something to our jails. We're doing a good job on the basic text, but it would also be nice to have those step working guides. If anyone has any questions, I'd be happy to entertain them.

Diane K had questions about how the distribution of the books into the jails. Would it be sent out via P3 to inmates who write in and request one? Paul clarified that they should be divided up evenly and donated to each jail for their libraries.

Tera N. I would be willing to help with this.

Paul. The jails here, the most of that we called, they have never heard of NA. Each one states that they have the worst meth problem in America. This literature would be of huge assistance with this problem.

Donald P – Requested to know if the Step Working Guide would be printed as the baby blue version or the approved version.

Brenda D. – I truly appreciate the love behind the motion. Our literature states that we work steps with a sponsor. We already have the sponsorship behind the walls and approved the step guide to be implemented into every jail in Nebraska. This is for people who want it or need it. If they do want to work on it, they need to write in to receive a step working guide and basic text. This program is an attraction and not a promotion.

Tommy N. - SBTW is available to persons who are only sentenced to 1 year or more of time. This does not touch a majority of any of the county jail populations.

Tera N. I don't know if we could make a flyer for the SBTW address and information out there more? It's not the easiest information to find. Maybe there is a solution in there that would be helpful.

Paul H. - I was blessed to be able to help put together the SBTW. When we go to Tecumseh, the guys have never heard of SBTW, they stated they would be willing to Donate literature and then stepped back, which was no problem, but the inmates are not knowing about the computer information available but we are trying to make them aware. If they were in the prison, having access to a step working guide immediately instead of having to wait would be helpful to the inmates.

Brent D. - I have a flyer for P3 to have a package sent to an inmate.

Kendra D. – We have individuals in the prison systems who are incarcerated for the length of time that do have clean time. Having a step study guide available for these individuals to work steps with a sponsor within the prisons would be helpful.

Tommy N. – Wanted to know what the prudent reserve was and the current balance.

Dick T. – We used to work steps out of the book and even the white book. In my opinion, if we were to be putting out literature, I think that the white booklets and textbooks in the prisons would help. If you write to P3 you have to be in there for 30 days and you can get a free book. They gave out hundreds of them last year that would make more sense. Who are they going to work steps within there?

Paul H. - When I did my jail time there were plenty of opportunities to work steps with another inmate. The prison system in Nebraska every year goes up. Our dream has been to get NA into the jail to lifers. These people are locked down with other addicts. There is a great opportunity to get this literature into these individuals to work steps. \$3600 includes the postage. We'd still be donating \$3200 above our prudent reserve.

Donald P. – I can only share my ESH. I have been incarcerated at times. There are always ways and means to get things into the prison systems. They had step working guides and basic text in the Tecumseh library when I went to speak there, and I did see it. The thing that caught my attention with this, if we get that seed, can we send it in the right direction there is a possibility that it could grow. You must have a starting point with it because they do need help. We need to give back because when I was locked up, I didn't have that type of opportunity to get any literature. It is about how the prison systems work. With I'll take another 24.

Monica T. – Not to take away. Our H&I committee at making sure that little white, basic text, and step working guides. If Area's don't show up to say, "Hey we need this, it is up to the Area's that even though we can't get into the Jails right now, to say we need literature or assistance." Having that communication with our local jail people to let them know that we can be of service. Our Region H&I committee is getting out there with what we can do. Because I'm older, the little white book got me clean and kept me clean until other literature was printed. It does work. Thank God that we have that now. If the funds are there, wonderful, if not, we can order white booklets, etc. and not spend a whole lot of money.

Tera N. - Does anyone have a problem with Regional H&I, if prisons use part of their funding to put step working guides into the 10 state prisons.

New Business (4:32 PM):

Proposal 1: To approve the Revised Guidelines and Policy for the Plains State Zonal Forum.

Intent: to approve these for use at the Plains State Zonal Forum

Financial Impact: \$0.00

Submitted By: Brenda D

- There were some things left out of the guidelines on where we met and the duties of positions. Everything that we changed is in red and will be sent out with the minutes. You can see what we are wanting to change. Ultimately, it goes back to the groups because they are the ultimate authority. (Consensus with this moving forward)

Please take this back to your groups for a vote.

Proposal 2: To use our Region money to buy 400 step working guides from NAWS for around \$4000.00. They cost NAWS \$1.00 to produce. So, it would only cost them \$400.00 out of pocket. So, their \$3600 in profit would be the same as our donation to them. $\$4000.00 - \$400.00 = \$3600.00$. This proposal was approved by Nick Ellison, an employee of NAWS. (Graphs and information were turned in, listing each of the State Prisons, Jails, and mention of Treatment Centers these step working guides would be distributed to within the state of NE).

Intent: To further our 5th tradition and donate to NAWS for \$3600.00, while also being able to provide for Nebraska's 10 State Prisons and more than 90 county jails. Supplementing P3. Please review the chart and graphs of the Columbus Area Report for our Region. Email me at marineblue@live.com for a copy.

Financial Impact: \$4000.00 the same money that was going to be donated to NAWS - \$400.00

Submitted By: Paul H. Columbus Area Secretary - RCM Proxy

- The question made by Diana B. on this was how to pass this if we are under prudent reserve and do not have the funds currently.
- **This proposal failed as written at this time, due to being below prudent reserve financially. (Unanimous)**
- Suggestion to Tera N. (H&I Chair) that it would not stop H&I from assisting or asking for more funding during any of the upcoming quarters.

Proposal #3: To double our storage by renting a second unit that is the same size as the one that we have for Archives.

Intent: To preserve our history.

Financial Impact: \$300 per year for one storage unit. The total for storage would be \$600 a year for both.

Submitted By: Brenda D.

- Questions: Is Dick T. going to continue to hold the Archives chair when the position comes up next. If this must move, then we would need to move it.
- Dick T. – Yes, I would be willing to do this. There was one storage open right now when I talked to him but, this has to go out for a vote, and it would be during January that we would have a decision on this.
- We store this stuff for the convention as well. Not all items (paper goods etc.) do not have to be in a climate-controlled area.
- Diane B. – Climate controlled are more secure for weather conditions and pests. What about food etc.?
- Monica T. – Archives guidelines state that no food items go into storage.
- Brenda D. – We only have that stuff to preserve our Nebraska History. Boxes etc. will not stand up to the climate conditions. I think climate control is worth the cost.
- Passes by Consensus to go back to groups.
- **Please take this back to your groups for a vote.**

Diane H. - Due to COVID, the flu, snow, etc. I would like to have people participate via Zoom and work to have this ready. Giltner is the default location for the next Region due to no Area proposals being submitted to be able to host Region in January.

Proposal #4: To have the January Region at the Giltner Community Center on January 9, 2020. To have the Location Service Toolbox (LSTP) Project be the topic for the General Assembly.

Intent: To conduct our Region Business Meeting.

Financial Impact: \$50.00

Submitted By: Monica T.

- **A vote was held and passed by consensus.**

Open Positions:

Alternate RD

Treasurer: Dean has agreed to stay seated until the Treasurer Position can be filled.

Vice-Chair: Diane has agreed to remain seated until we have a new vice-chair.

The Next Region will be held at the Giltner Community Center at 4021 N. Commercial Ave, Giltner, NE on January 11, 2020.

***The Zoom Platform is being considered for use for those who may not be able to attend. More will be revealed.**

Proposal To Close (5:00 PM)

- Treasurer's Report has a correct due to a check being submitted once the treasurer's report was emailed. The report will need a correction. Financial Expense Reports will be emailed out in the secretary minutes to have it available for subcommittees to submit to the treasurer.
- Monica T picked up books from our Regional H&I committee. If the jail is wanting either some literature books, white books, and blue and whites and basic texts, let Monica T. know and she can bring them to the next Area.

PLAINS STATES ZONAL FORUM



**GUIDELINES
AND
POLICY**

~~Approved Draft~~
~~April~~
2019 Proposed
Draft

September
2020

Plains States Zonal Forum of Narcotics Anonymous
Policy and Guidelines

Contents

Purpose	3
Article One – Spiritual Guidance From	3
Article Two – Meetings	3
Article Three – Membership	3
Article Four – Officers	3
Article Five – Elections	4
Article Six – Business Conduct	4
Article Seven – Funds	4
Article Eight – Zonal Meeting, Function, and Funds	5
Article Nine – Workgroups	5
Article Ten – Decision Making	6
Article Eleven – Zonal Nominations to the World Service Conference	6

Plains States Zonal Forum of Narcotics Anonymous
Policy and Guidelines

Purpose

- The Plains States Zonal Forum provides access and avenue for communication between member Regions, other Zonal Forums and Narcotics Anonymous World Services. Providing services to our member Regions, we share best practices, experience, and resources with each other in furtherance of carrying the message of Narcotics Anonymous. We can do together what we cannot do alone.

Article One – Spiritual Guidance From

- A. A loving higher power
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts of Narcotics Anonymous
- D. PSZF Guidelines and Policy
- E. A Guide to World Services in Narcotics Anonymous
- F. A Guide to Local Service in Narcotics Anonymous
- G. Appropriate Workgroup handbooks or guidelines

Article Two – Meetings

- A. There shall be a minimum of two zoom meetings per year.
- B. B. There shall be a minimum of two face to face meetings per year as circumstances allow
 1. Workshops, ~~and~~ projects, meeting, and possible auction -on Saturday
 2. General business and reports on Sunday – if possible
- C. Host region's delegate or alternate will coordinate – this will include acquisition of meeting space, entertainment, food and supplies deemed necessary for the event to be self-supporting and meet the needs of that particular function
- D. If a need arises, additional meetings may occur
- E. All meetings are non-smoking

Article Three – Membership

- A. Any member of NA may attend and participate in discussions
- B. Any member may introduce business by way of the facilitator
- C. Decisions are made by the member Regional Delegates.
- D. Member Regions, (see GLS pg.vii) are the Narcotics Anonymous service bodies that comprise membership in the Plains States Zonal Forum. A Narcotics Anonymous Regional service body may request membership by sending a representative(s) to the PSZF. Regions requesting membership will be accepted/rejected/recognized by a vote of the current member Regions.

Article Four – Officers

- *Officers and Standing Workgroup Coordinators shall be elected every two years.*
 - A. Facilitator – conduct general business meeting, assign members and be point of contact for ad hoc Workgroups
 - B. Co-Facilitator – assists the Facilitator in conducting the Zonal Forum. Facilitates the Zone in the Facilitator's absence.
 - C. Secretary – will record and distribute minutes and will receive and distribute all correspondence to the participant list and be responsible for sending out material to those outside of our zone (e.g. NAWS, other zones, and regions)
 - D. Treasurer – maintains finances

Plains States Zonal Forum of Narcotics Anonymous
Policy and Guidelines

Article Five – Elections

- A. A. All Elections will be held in the Summer meeting of even years.
- B. Vacant positions shall be taken back to Groups, Areas, and Regions when possible
- C. All candidates should have the following:
 1. A working knowledge of the Twelve Steps, Twelve Traditions, and Twelve Concepts of NA
 2. Willingness to serve
 3. Willingness to give time and resources necessary to fulfill duties required
 4. Previous Zonal participation (may be waived)
- D. In addition, the following requirements are needed:
 1. Facilitator – (5 years clean time)
 2. Co-Facilitator – (5 years clean time)
 3. Secretary – (3 years clean time)
 4. Treasurer – (5 years clean time)
 5. Workgroup Coordinators – (3 to 5 years clean time)
- E. Duty related skills may be appropriate (e.g. Secretary, Treasurer)

Article Six – Business Conduct

- A. To aid Groups, Areas, and Regions in their primary purpose to carry the message of Narcotics Anonymous
- B. That all points of view be heard
- C. That spiritual, financial, and duty related accountability be reported each Zonal business meeting
- D. To accomplish an expeditious forum, an agenda must be followed
 - Roll, Reports (Secretary, Treasurer, Workgroup Coord, Old Business, Open Forum, New Business
- E. Identification of topics, discussion, and solutions or decisions must be handled in a timely fashion
- F. Elections and financial issues will be in old business (why not add a spot in Agenda for elections and treasurer report?)
- G. There will be a quorum of $\frac{2}{3}$ of the member Regions in order to conduct business
- H. Failure to attend 2 consecutive meetings by any elected officer or Coordinator will necessitate their replacement. Officers and Coordinators serve at the pleasure of the member Regions and may be removed from position by consensus of the Regional Delegates.
- I. To encourage responsible behavior at each event

Article Seven – Funds

- A. The Zone is self-supporting
- B. Only Donations from Narcotics Anonymous members, groups, areas, and regions will be accepted
- C. The Zone shall maintain a prudent reserve of 20% of the approved budget
- D. The New Treasurer will open an account in a local bank, with the least amount of fees, within 30 days of their incumbency. Signers on the bank account will include Treasurer, Facilitator, and Co-Facilitator
- E. The Zonal Treasurer is accountable for the receiving of monies and expenditures of the Zone
- F. The checking account is maintained, and all fund processed through this account
- G. In the summer of even years, a budget of all expenses shall be produced by the Treasurer for a two-year cycle and approved by the member Regions
- H. At the end of business all funds over the prudent reserve shall be passed to NAWS

Plains States Zonal Forum of Narcotics Anonymous
Policy and Guidelines

I. A donation will be made to NAWS via the debit card within one week of a Zonal meeting

Article Seven—Funds

- A. ~~The Zonal Treasurer is accountable for the receiving of monies and expenditures of the Zone~~
- B. ~~New Treasurer will open account in local bank, with the least amount of fees, within 30 days of their incumbency~~
- C. ~~The Zone is self-supporting~~
- D. ~~The checking account is maintained and all funds be processed through this account~~
- E. ~~A budget of all expenses shall be produced every two years for a two-year cycle and approved by our member regions~~
- F. ~~The Zone shall maintain a prudent reserve of 20% of the approved budget~~
- G. ~~At the end of business all funds over the prudent reserve shall be passed on to NAWS~~
- H. ~~A donation will be made to NAWS via the debit card within one week of a Zonal meeting~~
- I. ~~Only donations from Narcotics Anonymous members, groups, areas, and regions will be accepted~~
- J.

Plains States Zonal Forum of Narcotics Anonymous
Policy and Guidelines

Article Eight – Zonal Meeting, Function, and Funds

- A. Start-up funds for PSZF event will be determined by the amount approved in the budget
- B. Funds over and above the allowed budget will need approval from the PSZF body
- C. PSZF event schedule shall include:
 - 1. Friday morning/afternoon – PR event planned by the hosting Region is optional
 - 2. Friday evening – recovery meeting
 - 3. Saturday – 3-4 workshops
 - 4. Saturday evening – speaker meeting and auction/raffle
 - 5. Sunday morning – PSZF business meeting
 - 6. The CAR and CAT report will need to be workshopped when applicable.
- D. Workshop topics will be selected by the hosting Region. Workshop presenters will be chosen at the PSZF meeting prior to the current event
- E. Unused start-up funds will be returned by hosting Region to PSZF
- F. Non-PSZF merchandise may be sold after all PSZF fundraising is complete

Article Nine – Workgroups

- A. Overview
 - 1. The Zone may form Workgroups to help accomplish tasks assigned by the Zone
 - 2. Workgroups shall perform duties in accordance with Zonal policies and the spiritual guidelines outlined in Article One.
 - 3. Standing Workgroups shall include Public Relations (PR), Information Technology (IT), and Sponsorship Behind the Walls (SBTW)
 - 4. Ad-hoc Workgroups may also be formed at the discretion of the Zonal members and monitored or coordinated by the PSZF Facilitator
- B. Specifics
 - 1. Requirements for all Workgroup Coordinator Positions:
 - a. Coordinators must attend the PSZF in person or virtually
 - b. Must submit a written report to PSZF at every Zonal. Failure to submit a report to any two consecutive PSZF meetings would necessitate a replacement.
 - 2. Requirements for the Public Relations (PR) Coordinator position:
 - a. To research and maintain a list of upcoming professional conferences with in the Zone
 - b. Collaborate with other service bodies to provide resources for PR booths and/or presentations at professional conferences within the Zone
 - c. Maintain a list of current human resources within the Zone
 - d. Act as a liaison between NA World Services PR and the PSZF body
 - 3. Requirements for the Information Technology (IT) Coordinator position:
 - a. Maintain and schedule the conference call account for the zone
 - b. Keep website updated with:
 - i. Archive Minutes
 - ii. Calendar of Events, location of events, Zonal Forum functions
 - iii. Regional Events
 - iv. Guidelines
 - v. Trusted servant password protected area
 - vi. Workshop information from individuals within our Zone and “Locally Developed Resources”
 - 4. Requirements for Sponsorship Behind the Walls (SBTW) Coordinator position:
 - Develop, coordinate, and maintain Sponsorship Behind the Walls (SBTW) step writing program

Plains States Zonal Forum of Narcotics Anonymous
Policy and Guidelines

- a. [a. Defer to Sponsorship Behind the Walls guidelines located on pszfna.com for additional information](#)

b.

Article Ten – Decision Making

A. Definition: Consensus Based Decision Making

- Consensus is defined as the decision making process used by the PSZF in which discussion and compromise are used to reach agreement. For example, if a proposal / topic is introduced to change, or create a practice of the Plains States Zonal Forum and consensus is not reached, the practice will continue as it currently stands or will not be implemented.

B. Procedure: Consensus Based Decision Making

1. Proposal / Topic is introduced
2. The facilitator opens the dialogue. Begin with the maker of the proposal / topic.
3. Clarifying questions are taken. This is when questions are asked to ensure that all participants understand the proposal / topic. This is not the time for general discussion.
4. Facilitator asks for concerns or reservations (General Discussion). This is when modifications may be made to the proposal / topic in an effort to address expressed reservations or concerns.
5. Facilitator asks for Consensus
 - a. There are three (3) positions an RD may take on a proposal / topic.
 - i. Assent: Agree with proposal / topic
 - ii. Assent with Reservation: Although there are reservations or concerns, the individual will trust and go along with the body's decision.
 - iii. Stand Aside: Based in strong personal reservations which prevents support for the proposal / topic.
 - b. Consensus is reached when 80% of the RDs Assent or Assent with Reservation. The number which represents 80% shall be determined based on the number of RDs present at the start of old business

Article Eleven – Zonal Nominations to the World Service Conference

- A. Any nominees for WSC Co-Facilitator, Human Resource Panel Member or World Board Member must:
 1. Meet the qualifications of position as outlined in the current Guide to World Services
 2. Have completed a current World Pool Information Form
 3. Understand the qualifications, terms and duties of each position
- B. Potential candidates must be added to the agenda of the Plains State Zonal Forum business meeting
- C. Potential candidates must be nominated by a current RD of the Plains State Zone
- D. Potential candidates must submit a service resume to the PSZF
- E. Service resume of nominees will be made available to all regions for review
- F. Nominee must be available to answer questions by phone and/or email by members of any region
- G. All nominees must be elected by 80% of those present and voting
- H. PSZF will submit nomination(s) to the World Human Resource Panel prior to the required submission date with required forms and/or a zonal letter of recommendation