



Narcotics Anonymous®

NEBRASKA REGIONAL SERVICE COMMITTEE

January 9th, 2016
Giltner, NE

3:02 PM Dustin opened the meeting with a moment of silence followed by the Serenity Prayer.

Twelve Traditions: Ben C

Twelve Concepts: Jeff E

Purpose: Dustin S

Executive Committee:

Chairperson: Dustin S

Vice Chair: Kirby Z

Treasurer: Shane L

Secretary: Amber S

RD: Diane K

Alt. RD: Absent

Area RCM's:

Columbus: Bryce Proxy

Central: Jeff E

Eastern: Anita T

Elkhorn: Mark W

Fremont: Absent – 3rd Absence

Great Plains: Pat

Southeastern: Jake

Sub-Committees:

NRCNA 32: Donald P.

NRCNA 33: Dustin S Proxy

General Assembly:

Outreach: Paul

Policy: OPEN

P.I.: Tommy N.

I.T.: Diane K Proxy

H & I: Bre C Proxy

Archives: Kirby Z Proxy

Visitors: Vicki, Dave, Scott, Debra, Eric, Ben, Travis, Kim, Becca, Jeff, Sam, Tim, Debbie, Larry, Paula, Brandy, Tracy, Brian, Jorge, Simon, Tony, Sue, Joe, Chad

Motion to accept October minutes:

Motion by Anita T, 2nd by Jeff E – Passed

Treasurer's Report:

Register Report - RSC 1Q 2016 (January 9, 2016)								
Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
BEGINNING BALANCE:								\$6,690.00
1/9/2016	NRSCNA CHECKING	DEP	NRCNA 32	Partial conv donation	NRCNA 32			\$1,204.80
1/9/2016	NRSCNA CHECKING	DEP	Central NASC	1Q 2016	Area Donation	Central Area		\$250.00
1/9/2016	NRSCNA CHECKING	DEP	EVANA	1Q 2016	Area Donation			\$75.00
1/9/2016	NRSCNA CHECKING	DEP	Sunday Noon Group	1Q 2016	Group Donation			\$40.00
1/9/2016	NRSCNA CHECKING	DEP	Thursday Day By Day	1Q 2016	Area Donation			\$40.00
1/9/2016	NRSCNA CHECKING	DEP	Ties That Bind NA	1Q 2016	Group Donation			\$255.04
1/9/2016	NRSCNA CHECKING	DEP	Great Plains Area	1Q 2016	Area Donation			\$400.00
1/9/2016	NRSCNA CHECKING	1203	Central NASC	1Q 2016	RSC	Rent		-\$50.00
1/9/2016	NRSCNA CHECKING	1204	Tommy Newcomb	1Q 2016 - Mtg list print	PI			-\$100.00
1/9/2016	NRSCNA CHECKING	1205	Diane Krekovich	Budget+paying RD world (voted)	RD&RD Alt			-\$2,800.00
1/9/2016	NRSCNA CHECKING	1206	Dick Thomas	Banner (voted)	RSC			-\$250.00
1/9/2016	NRSCNA CHECKING	1207	U.S. Post Office	P.O. Box 2016	RSC			-\$45.00
1/9/2016	NRSCNA CHECKING	1208	Amber Smith	Starting budget (voted in)	Secretary			-\$150.00
1/9/2016	NRSCNA CHECKING	1209	Doug Phipps	1Q 2016	H&I			-\$500.00
1/9/2016	NRSCNA CHECKING	1210	Plains States Zonal Forum	Behind the Walls (voted)	Zoal Donation			-\$120.00
1/9/2016	NRSCNA CHECKING	NA	Outreach	No receipts or request for \$200 budget				\$0.00
1/9/2016	NRSCNA CHECKING	NA	NRCNA 34	No person/committee to give startup \$ to				\$0.00
1/15/2016	NRSCNA CHECKING	1209	VOID Doug PhipPs check	H&I budget amount incorrect	H&I			\$500.00
1/15/2016	NRSCNA CHECKING	1211	Doug Phipps	1Q 2016	H&I			-\$450.00
1/9/2016	NRSCNA CHECKING	DEP	Happy Havelock Group	1Q 2016	Group Donation			\$15.00
ENDING BALANCE:								\$5,004.84
TOTAL INFLOWS:								\$2,279.84
TOTAL OUTFLOWS:								-\$3,965.00
NET TOTAL:								-\$1,685.16

3:14 PM Area Reports:

Columbus: Hello NA Family, The Columbus Area of Narcotics Anonymous is making some steady progress. We are settling into our new meeting facility and all meeting schedules are up to date with Region and World. All trusted servant positions have been fulfilled with fellow addicts who are eager to serve in our fellowship. Meeting attendance is steady and recovery is taking place within the Area so come and be a part of Columbus NA. Bryan P, Proxy

Central: Central is alive and well. The message of recovery is strong and meetings are being supported. We have had great success with consensus base decision making and spiritual principles are evident. Since last Region we have had multiple functions: Halloween dance in Phillips, Gobble till you Wobble at RAN, and New Year's Eve dance in Phillips. Thank you to

all that supported these events and those that provided service. We have a check for Region that I forgot last Region. A consensus was arrived for all Regional motions. We encourage everyone to stick around after the business meeting for the speaker jam. There will be lots of experience, strength and hope. ILS Jeff E P.S. Our Area is doing an Area inventory in an effort to better serve our members. We are also going to have Diane assist us with the CAR & CAT on Feb 13th.

Eastern: Tons of meeting in the Omaha Metro Area and surrounding Areas are doing very well. We have 28 groups in our Area and 17 have attended the ASC since the last Region. We have no Regional donation at this time, however it will be mailed in after the next ASC as Decembers ASC was cancelled. The P-3 Committee is having a fundraiser on January 23rd 2016 at St. Matthews Church located at 60th & Walnut, starting at 4PM. There will be a steak dinner which costs \$15.00 apiece and comes with salad, a baked potato and various sides. We will have a presentation and a speaker. It will be a great time so don't miss out. Also, the last weekend in February 26,27,28, 2016 we have the Close Encounters of the Clean Kind Convention at 3321 S 72nd, Omaha NE 68124. You can register online @ our website: <http://www.ceck.omaha-na.org> flyers for the convention are on the website. The cost is \$55.00 for a full registration and \$25.00 for a basic. We also have breakfast banquet tickets \$10 each and reduced price Water Park tickets if you haven't gotten a hotel room yet, they are going fast so please do so soon. We also have T-shirts and mugs for sale for \$15 & \$10 respectively. Our Convention Committee's Registration Chair sent out 95 letters explaining about the Convention and a page with each letter they can copy to get in free to the convention is they are a new comer. If your facility that you are with did not receive a letter, please let me know. Also, we as a committee donated a full registration to the function this evenings raffle so, get your tickets. There are lots of things coming up in our Area this coming spring. Check us out Omaha-na.org ILS Anita T

Elkhorn Valley: Hi Family, all is well in the Elkhorn Valley Area of NA. This will be my last Regional Serve Committee as the RCM for EVANA. We will be welcoming many new members into Area service, which is exciting. We have a \$75 donation to Region for this Quarter. We have two function coming up: January 23rd- Hug-Up Speaker Jam, 10 AM at the Masonic Temple on Norfolk Ave between 9th & 10th St, February 13th – Valentine's Day, Noon, same location. Speaker at 4PM, Mark W. There will be phone line training and H&I training. Thank for allowing me to serve in this capacity. ILS Mark W P.S. Our meeting at some locations have moved to new locations and Tommy N said that they are up to date on the Regional link.

Fremont: No report was given.

Great Plains: Hello Region, I am an addict named Pat. I am the RCM for the Great Plains Region. Our Area attendance is not good and collections are down. We lost our Area Secretary and Treasurer in the last Area meeting. On a better note, we have added North Platte to the Great Plains Area – Ties that Bind Group! Welcome North Platte! I have turned in monies from: Sunday Nooner \$40, Day by Day \$40, Great Plains Area \$400, Ties that Bind \$255.04 – For a total of \$735.04 to Region and a donation of \$38.00 to P3 from Thursday Day by Day Group. ILS Pat

Southeastern: Hello, I'm Jake and I'm an addict. Recovery is strong in Southeast Nebraska! We currently have 33 meetings a week between Lincoln, York and Beatrice. H&I continues to take meetings into Treatment centers, Lancaster county jail, Women's prison in York and Nebraska State Penitentiary. Our PI committee continues getting our message to the public and the Activities Committee is still showing us how we have fun in NA! SENANA subcommittees continue to work together and with Region to further carry our message. On February 13th at 1:00 PM at Antlers, PI will host phone line training (there will be tamales) followed by the Sweet Treat Dance and Raffle at Berean Church. On March 5th Diane will be hosting at CAR workshop at 10:00AM followed by a soup competition and Speaker Jam! That event is at Lincoln Berean Church. On April 2nd we will be having our Spring into Recovery Dance (which is a NRCNA fundraiser) at the Bethany Park Shelter. And of course our Back to Basics camp out at Wildwood lake. Featuring a weenie roasts and booming bonfire meetings on April 16th. The rest of SENANA activities are on the attached sheet. ILS Jake V

Upcoming SENANA Activities through April 2016

January 16th – Bowling and Meeting/Hollywood Bowl 6PM meeting, 7PM Bowling

February 13th – Valentine's Dance and Sweet Treat Raffle, 6400 S 70th/Berean Church, Youth Complex (Lincoln, NE) Doors open at 5:30 PM, Speakers at 6 PM Dave R and Kimberly R

February 20th - Bowling and Meeting/Hollywood Bowl 6PM meeting, 7PM Bowling

March 5th – CAR Workshop, 10AM. Speaker Jam and Soup Cook-off following, Berean Church 6400 S 70th

March 12th - Bowling and Meeting/Hollywood Bowl 6PM meeting, 7PM Bowling

April 2nd – Sprint into Recovery – NRCNA Fundraiser, Bethany Shelter/Bethany Park, Lincoln NE

April 16th – Back to Basics Campout, Wildwood Lake (Lincoln, NE)

RD Report: Brian gives his regards. He had to be out of town today. Since the October NRSC meeting, I forwarded the Region's \$100 donation to the Multi Zonal Service Symposium, visited the Great Plains ASC meeting on December 6th, participated in a World Board webinar for Conference Participants on December 12th, and today I presented a Reporting Tips and Guidelines for GSR's, RCM's and RD's workshop during the General Assembly. Much time has been put into developing an online webinar, which will allow us to reach all Nebraska NA members, in presenting the Conference Agenda Report. Members must send me their email addresses, if they wish to participate. In addition, I have made early arrangements to attend the World Service Conference. By doing it myself, instead of using the WSC Travel Agent, I was able to get roundtrip airline tickets from North Platte to LA for only \$480.40. This will cut out costs for mileage, extra hotel costs, baggage fees and parking fees. At our last NRSC, my report advised that Nebraska is next in line to host the Fall, 2016 Plains States Zonal Forum. Have any Areas discussed hosting it? We need a city with at least a regional airport (Omaha, Lincoln, or Grand Island would be desirable). It's typically held in late August or early September. The Area finds the hotel and meeting space and coordinates with the Regional RD. If the Area wants to have a PR presentation for the local professional on that Friday, they are responsible for invitations to the professionals and making sure a meeting space is available (typically, hotels will offer a meeting room for free with so many night reservations from Zonal participants). Zonal RD's are typically willing to help with the PR presentation. Learning workshops are held

all day on Saturday for members, and generally presented by RD's and AD's in the Zone. There is usually a speaker meeting and raffle that evening. Net proceeds from the raffle and any free-will donations for food, are typically donated to the Zone to help further the work of the Zone. This is a great training opportunity for Area members, and other within driving distance.

From the Zone:

The Plains States Zonal Forum meets on the last week of this month (fliers are available). Brian and I are driving to Lawrence, KS. We each need separate motel rooms, so if anybody is interested in joining us, we can try to make room and share our motel rooms.

From the World:

- 2016 Conference Agenda Report (CAR) is available at www.na.org/conference, or may be ordered from WSO, at the cost of \$15, including tax and shipping.
- The approval form of the Traditions workbook, "Guiding Principles – The Spirit of Our Traditions" is available as part of the CAR, as Addendum A. It can also be downloaded from the www.na.org/conference page, but must then be saved to a .pdf file before you can read it.
- There is a survey, as part of the CAR, that will be used to gather information from the Fellowship on what recovery literature and service material is wanted. Members may complete it online at www.na.org/conference
- The CAR also covers an issue on Planning Our Future, which is in the discussion phase. Materials are available at www.na.org/future, or by a link on the www.na.org/conference page
- A PR Pamphlet draft, focusing on providing information for professionals regarding the medicalization of addiction treatment and the NA 3rd Tradition, will be available in the next couple of months for a 90-day review by Conference Participants
- If any member would like to participate in NAWS Web Meetings, to discuss issues and solution in service efforts, please sent them your name, trusted servant position, and Region or Area, to events@na.org for Conventions; to HandI@na.org for H&I and Inmate Step Writing committees; PR@na.org for PR/PI trusted servants; and to servicesystem@na.org for Service System.
- Fellowship contributions exceeded \$1 Million in the fiscal year ending June 30th, 2015, for the first time in our history. NAWS continues to encourage members to participate in the work of NA World Services, to make recovery available to addicts globally, by contributing financially through their portal at www.na.org/contribute

Upcoming Events:

- CAR Webinars** in Nebraska, from 1:30-4:00PM on January 10th, 17th, and 24th. To participate, members must send their email addresses to me at dbrayant@gmail.com, or text me at 402-910-1061
- Plains States Zonal Forum** on January 29th, 30th, 31st, at the First United Methodist Church, 946 Vermont St., Lawrence KS. Contact Brian and/or Diane if you wish to car pool and share a room.
- CAR Workshop at Giltner**, NE Community Center, at 10:00 AM on February 13th 2016
- CAR Workshop at Lincoln**, NE Berean Church, S 70th Street and Hwy 2, at 10:00 AM on March 5th 2016

-Online Literature Survey deadline is March 15th, 2016

-Area Conscience on Literature Survey deadline is March 15th 2016; results must be sent to dbrayant@gmail.com

-2016 World Service Conference, April 23rd-29th, 2016 in Woodland Hills, CA
ILS

Diane K and Brian S, Nebraska Delegate Team

Alt. RD Report: No report was given.

3:40 PM Sub-Committees:

NRCNA XXXII: Hello Family, we have all our accounts paid and we are giving a final donation of \$1204.80. Then we will have our banking account closed once this check is passed through. Thank you again for allowing CNNA Region to host NRCNA 32 and me to serve as chairperson.
ILS Donald P

Final Minutes of NRCNA 32

Beginning Total:	\$8274.65
Expense: Brad Stewart, Comedian	-\$300.00
Expense: Susan Burkhardt, DJ	-\$350.00
Expense: Monte F, Supplies	-\$150.00
Taper:	-\$150.00
Larry R, Supplies	-\$28.83
Total Amount Deposited:	\$7360.82

Of that \$8274.65, \$500 had been taken out of the bank for startup cash, as needed, so total pulled in from the convention was \$7774.65.

2 Checks were written to NRSCNA for \$2000 and \$3000, and we had issues with our speaker Pam from CA. She did not think she had a flight out the day of Houston, so our committee made the decision to put her up for a night and pay for a flight home. I was reimbursed the money for each, the total being \$326.65, which I had paid for out of my money.

We did try to get reimbursed from Gannon travel agency for these, as we were led to believe it was their issue, but later learned it was not, so we did not get reimbursed from the. We did, however get reimbursed \$62.29 of a flight for speaker Gilbert Z, and along with a refund from the Post Office of \$16+, of which I rounded to \$20, leaving us with the amount of \$1204.80, which is written out to NRSCNA today.

As soon as this check clears the bank, we will close the account and turn over all bank records.

Enclosed are all income and expense receipts from the convention, leading up to now. I am available at any time, if there are any questions. Feel free to contact me at 308-379-4437.

Thank you for allowing me to be of service for Narcotics Anonymous. It has been an honor.
Sue H

NRCNA XXXIII: Report read by Dustin S Proxy

General Assembly: Kimberly R volunteered to assist me. The topic was “Guidelines and Reporting Tips for GSR’s/RCM’s/RD’s.” Approximately 20 members attended and there was good feedback and questions. Diane K

H & I: Dear NA Family, there are 2 trainings coming up. June 2016 in Lincoln. And February 13th in Norfolk. Also, on January 23rd a P3 event in Omaha on 60th & Walnut. Senana is getting an email address that will be used for all contact for facilities. For more info, contact Doug P. ILS Bre C

Outreach: I talked to the GSR at the Scottsbluff meeting this morning and it sounds like Scottsbluff has decided to stay in Wyobraska Region. However, I am aware that there are other meetings other than Scottsbluff. I will try to make contact with those meetings by Next Region in April. ILS Paul W

Policy: OPEN

PI: Hello Family, the PI subcommittee met today. We had pretty good attendance with 4 Areas represented. They were Eastern, Southeast, Central and Elkhorn Valley. In Central they have changed the date of their Professional Presentation. It will now be sometime in April. They are currently working to get IPs and meeting lists out to the public. Central’s PI chair will be attending the Zonal Forum in Lawrence KS for the PR presentation there. IN SENANA PI is still going strong. The PI subcommittee meetings in SENANA have increased attendance. They are held on the Saturday before the 1st Sunday of the month at noon. The Area has updated their website. They will be hosting a phone line training at Antlers in Lincoln at 2501 South Street. The main focus for SENANA PI has been getting literature out to professionals and putting up tear off fliers. ENNA PR is also going strong. They are having an event on January 23rd at 4:00PM to support p3. It will be at St. Matthews Church at 60th and Walnut in Omaha. They will also have a PR event with PI, H&I and phone line training. In EVANA there is a new PI Chair. Daphyne A. They have been focused on getting new meetings list with the new meeting locations made and out there. They will be working to put together some professional presentations. EVANA is trying to get more members interested in PI. There will be H&I and phone line training on February 13th at noon at the Masonic Temple, 10th & Norfolk Ave. We also talked about working as a regional group to do a PR Presentation is we have a Zonal Forum in NE. ILS Tommy

IT: Brief oral report given by Diane K. Jeff would like to resign, he has been sick and has many other obligations. Also - There is enough room on NA.org website that Areas may add their domain.

Archives: Hello Family, my name is Dick T and I am an addict. We have moved all the stuff out of the storage unit in Alda and moved it to Kearney. A climate controlled storage unit. We have returned the key and our Treasurer Shane has paid the rent. We have purchased two more storage containers and are slowly trying to get the rest of the archives into the storage unit. At this point, if anybody needs into the storage unit they can contact me at 308-440-8587. At the

next Region, I will bring the security code and 2 extra keys. Thank you for letting me serve. ILS Dick T in Kearney. –Report read by Kirby Z

Meeting List Report: Hello Family, my name is Dick T and I'm an addict. We printed 1000 meeting lists and we have had several changes. We haven't had any changes in the Lincoln and Omaha area. I was wondering if the RCMs could check the meeting list to make sure its correct. It's simple to have a change done just by emailing, meetinglist@nebraskana.org

Old Business:

Motion 1: To have a standing committee for NRCNA Conventions

Intent: To better serve our Region

Financial Impact: 0

Submitted by: Donald P

Seconded by: Bryce P

MOTION PASSED

Motion 3: For the Region to purchase the banner holder that was made for NRCNA 32 since the motel would not let any banners hang in the speaker room. This is 140' long, easy to hang and less time consuming. Dick made it for \$450 parts and labor and we would reimburse him \$250.00. This would be a great investment for future conventions

Financial Impact: \$250.00

Submitted by: Pat

Seconded by: Mark W

MOTION PASSED

Amber S was voted in as Secretary.

4:01 PM BREAK

4:19PM General Discussion:

Discussion was held concerning changes needed to be made to the Regional list on World's website. Coinciding with that discussion was the talk of outdated policy in regards to clean time requirements, especially concerning the IT position. Deep concerns about poor upkeep of the Region's website were expressed. An explanation of NRCNA's "standing committee" was given. Also, Areas were asked if they'd consider hosting the Plain State Zonal Forum. It was briefly mentioned that Consensus Based Decision making might be a wonderful addition to the Region's business matters.

New Business:

Motion 1: To obtain group votes on each section of the Literature Survey, picking the top 2 priorities in each of the 4 sections. RCM's must have the Area Results back to the RD (dbrayant@gmail.com) by 3/15/2016.

Intent: The World Board needs the Regional tally results before the next NRSC. Individuals will also be asked to take an online survey for comparison.

Financial Impact: 0

Submitted by: Diane K, RD

Seconded by: Jeff E

MOTION PASSED

Motion 3: To suspend Regional Policy, regarding motions, to allow Regional Delegate team to gather and tally as many individual members votes as possible on WSC Motions

Intent: RCM's and GSR's have not historically been taking World Motions back to Groups for a vote. More members can be reached through CAR Webinars and Workshops

Financial Impact: 0

Submitted by: Diane K, RD

Seconded by: Jeff E

MOTION PASSED

Motion 5: To have a CAT Workshop at the next NRSC in lieu of General Assembly, beginning at 11:00 AM

Intent: This is the only CAT workshop in the Region prior to the 2016 World Service Conference. We need input from Officers, Committees and RCM's on future of WSC.

Financial Impact: 0

Submitted by: Diane K, RD

Seconded by: Jeff E

MOTION PASSED

Motion 6: For Columbus Area of NA to host next Region on April 9, 2016 at the Clean Way Club 2402 13th St Columbus NE. Pioneer plaza – basement North Entrance, back door

Intent: To secure location for Next Regional Business meeting

Financial Impact: 0

Submitted by: Bryce P

Seconded by: Mark W

MOTION PASSED

Motion 7: Nomination Sam S IT Chair

Intent: Vote of confidence concerning clean time, 18 months

Financial Impact: 0

Submitted by: Jake V

Seconded by: Mark W

MOTION TO BE TAKEN BACK TO GROUPS

Bio: Sam S

1. Clean date is July 14th 2014

2. Currently Secretary of my Home group
3. Currently Web Administrator for SENANA website
4. I currently work in IT Field
5. Have strong desire to help carry the message to all addicts via the website
6. I believe if we provide a website it needs to be accurate and up to date so that no addict need suffer due to misinformation.

Be sure to check First/Second Quarter scheduled timeline for Nebraska regional guidelines

Next NRSC April 9th, 2016
Columbus

Motion to close Mark W. 2nd by Anita T. Voted and passed. Closed in usual manner.

AMENDMENT TO THE MINUTES 1/19/2016

NOMINATION ARE OPEN for:

NRSC Chair (3 yrs. clean); Vice-Chair (2 yrs. clean); Treasurer (3 yrs. clean); Regional Delegate (8 yrs. clean); Alternate Delegate (6 yrs. clean); H&I Chair (3 yrs. clean); PI/PR Chair (3 yrs. clean); IT Chair (4 yrs. clean) I don't think Sam should be voted on until nominations are closed in April, as there may be more interested members; Policy Chair (4 yrs. clean); Archives Chair ; Outreach Chair (2 yrs. clean);
and General Assembly Chair

Also, it should be announced the General Assembly on 4/9/2016, will begin at 11:00 a.m., for the
CAR/CAT Workshop.

THIS IS FOR EVERYONE RECEIVING A COPY OF THIS EMAIL:

The clean date requirements are according to our Policies, as revised or amended. Also, in the outdated Policy we have to use right now, the Quarterly schedule is incorrect. The terms for the RD and AD were changed back to 2-year terms in October 2010. The "First Quarter Additions" should read "Nominations for RD and Alt RD open every EVEN year (or every 2 years); The "Second Quarter (April)" should read "Nominations for RD and Alt RD close every EVEN year (Or every 2 years); The "Third Quarter Additions" should read that "Vote on RD and Alt RD every EVEN year (or every 2 years); and the "Fourth Quarter Additions" should read "Newly elected RD and Alt RD take office the 4th Quarter of every EVEN year (or every 2 years). This puts everything in line for the RD & Alt RD to complete a 2-year Conference Cycle.