

January 13th, 2018 Lincoln, NE

Kirby Z opened the meeting with a moment of silence followed by the Serenity Prayer.

Twelve Traditions: Diane K

Twelve Concepts: Sam S

Purpose: Kirby Z

Executive Committee:

Chairperson: Kirby Z harleyguykirby@gmail.com

Vice Chair: Monica T monicainkearney@gmail.com

Treasurer: Dean B dino8it2@gmail.com

Secretary: Amber S bizzlebeauty@gmail.com

RD: Brian S briansanders51@gmail.com

Alt. RD: Open

Area RCM's:

Columbus: Brent

Central: Brenda D

Eastern: Anita T

Elkhorn: John G

Fremont: Tammy

Great Plains: Deborah T Platte Valley: Absent

Southeastern: Chad J

Sub-Committees:

NRCNA 34: Tommy A

NRCNA 35: Deborah T

General Assembly: Amanda

Outreach: Open

Policy: Diane K, "Acting"

P.I.: John, Proxy

I.T.: Sam S

H & I: Jake, Proxy

Archives: Monica, Proxy

Visitors: Chris, Kevin, Paul, Becca, Jordan, Amber, Herman, Shelly, Amanda, Mark, Paula, Kimberly, Donald, Diane, Alisha

Proposal to accept October minutes: Anita, Proposal passed by consensus

Treasurer's Report:

Area Reports:

Columbus: I have nothing to report. Brent D

Central: Dear NA Family, Central is doing very well. We are carrying the message in all our meetings. Since our last Region we held an H&I training day on November 11th, which was a great success. We will be having another training day on Saturday, February 10th at 1:30pm in Hastings with a soup supper and speaker to follow. Our H&I subcommittee is also hosting a spaghetti supper and dance with Speaker on March 3rd at 4pm at the Grand Generations Center in Grand Island. We will be sending a flyer into the website. Freedom Seekers in Hastings is having a Speaker and Supper meeting every 3rd Saturday of the month starting at 7pm. Our Newcomer Ad-Hoc committee will begin meeting this month to start discussing the details of this new meeting. Finally – our Area will be submitting a Proposal to host convention for 2020 in Grand Island. ILS Brenda D

Eastern: Dear Region, Hello from the Eastern Area. This quarter there have been some exciting changes for our area and there are more to come. This past quarter saw the end of my term as RCM and the election of a New RCM. Please welcome Diana B as our new RCM. Alycia M. Put her name in to be alt Is here to watch how things are done. Our area has some exciting things in the near future that this region should be made aware of. The P3 annual fundraiser is coming up on the 27th of January. I brought a flyer for you to take back to your areas'. P3 has sent 572 books into jails and prisons in 2017 which exceeded their total for 2016. The fundraiser is a ribeve steak feed with salad, baked potato and a roll plus desert. Yes, they will be grilling in January in Nebraska. Dinner starts at 6pm. With a speaker and a raffle and auction to follow. Up for auction is one very special item this year a draft copy of the original 1st edition of the basic text. Yes, you heard that right an original draft copy that the fellowship voted on for the first edition of the basic text. This item is very rare and very special. Don't forget to be there. Also coming up the last weekend in February is our Close Encounters of the Clean Kind 31st Convention. This year we hope to break the all-time high for registrations as we have lowered the price to register for the convention it was \$10 dollars up until January 1st and now it is \$15 dollars until the first day of the convention. It is once again being held at the Coco Keys water resort and Hotel now known as the RL. It will be a weekend of speakers and workshops and marathon meetings and don't forget the banquet. There will be waterpark passes and Breakfast buffet tickets available at the convention. Also for the 2nd year in a row we will be live streaming the Saturday afternoon speaker to jails, institutions and treatment centers around our region because in Narcotics anonymous we believe "that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." Carrying the message of Narcotics Anonymous is the most important job we have as recovering addicts. If you have not registered you can still do so by going to ceck.omaha-na.org and clicking on the online registration link. If you need a flyer for the convention they are still available at the same web location online. Hope to see all of you there. Our area guidelines were revised the digital copy has been submitted to the area executive committee and we will review in January at our ASC. The final will be available at the February ASC. It has seen a lot of updates and small changes in both wording and verbiage so that we are keeping up with the times. Our area has completed the audit process for all the subcommittees and all is well within our area. We had some trouble with the check book for our H&I committee, due to a deposit not reaching the bank in time however that has been corrected and things are once again running smoothly. We have just one open position at our area level which we are hoping to fill otherwise things are going well in our ENNA area.

Thank You for allowing me to serve in the capacity as RCM for as long as I have. It has been a very rewarding and exciting experience for me and hope to find another niche of service to climb into as I work to learn and grow in my own recovery. Welcome Diana and Alycia and have a great year everyone. ILS Anita T.

Elkhorn Valley: Hello family, I am an addict named John G. this is my first Region as RCM for the Elkhorn Valley Area. I am grateful and excited to have the opportunity to be of service to this body. All experience, strength and hope is welcomed as I learn this new position. Elkhorn Valley Area is going strong with good meeting attendance and several H&I commitments being kept. I need to announce that the noon meetings in Norfolk have been closed for the time being due to some need to restructure and better carry the message. Starting some new noon meetings is in the works. The next function is our Annual Heart of NA Beats, Valentine's Day Function, there will be activities, a speaker – Mark H from Lincoln, food and a dance. A flyer will be posted ASAP. This will be February 10th at Grace Community Church in Norfolk. EVANA has a donation to Region in the amount of \$175.23 today. ILS John G.

Fremont: Hello NA Family, all is well in Fremont. Area. If you are looking for something to do next weekend, come join us for the 31st Annual Freeze Out Chili Cook Off. Help us decide on the Chili Recipe we will use for the Freeze Out in March. Fremont's 31st Annual Freeze Out is March 24-25th at Moses Merrill Camp. This is where the 1st Annual Freeze Out was. You can find the forms on Facebook NA activities and soon to be on nebraskana.org. We added an extra raffle for all the early registrations this year. So, get them sent in. we are looking forward to seeing you all in March. With love, Tammy B – H&I Training on Saturday and CAR on Sunday.

Great Plains: Hello family I am an addict named Deborah. Great Plains Area is going strong. We currently take meetings into Buffalo and Lincoln county jails with a good turnout of those coming after jail. We do have 7 meetings a week in North Platter and 7 a week in Kearney. We have no upcoming events scheduled. The Ties that Bind Group in North Platter does have a monthly speaker meeting and a potluck with a very good turnout each month. We are bringing a donation of \$484.96 with \$40 coming from Day by Day in Kearney, \$30 coming from Chain Breaks, \$201 coming from The Ties that Bind group both in North Platte and \$213.96 coming from the Great Plains Area. Thank you for letting me be of service, Deborah T

Platte Valley: Absent

Southeastern: Over the last few months our Area has had some internal strife that has somewhat crippled our Area. We are working through it. Some things will work themselves out over time other things will require some step work on the parties responsible. We have some drastic changes to announce in our area. We have implemented our new help-line phone system. It is run by Grasshopper and does more than our old system ever could at a fraction of the price. Please direct any specific questions to Sam s or John R if you are curious about using this in your area. One of the main locations for a large percentage of our meetings is no longer available. The Unity Room here in Lincoln has closed its doors. Most of those meetings have moved to the City Impact Building at 1035 North 33rd Street. At our last area we added the towns of Nebraska City and Crete to our area service committee. We are very excited that NA continues to reach addicts in more communities. Our local meeting list is updated with all of this new information. We have local meeting lists available at any of the meetings here in town. The SENA-NA.NET website has the ability to be the most comprehensive and accurate way to find a meeting in our area. Committed to my commitment, Chad J Flyers can ALWAYS be found at sena-na.net, nebras-kana.org

RD Report: Hi, it is that time again the CAR report is out. Complete with 25 Regional motions, literature and IDT surveys. I will be available to do the CAR on the weekends Jan 28, Feb 17th, through April 21-22nd. March 25th will be a CAR workshop at the Freemont Freeze Out. I'd like to do a CAR at our next Region for the General Assembly. I have copies of the tally sheets for anyone who wants to do them with the CAR online at www.na.org/conference. There are links to background info on motions, power points and videos on the CAR. My best guess is it will take 3 -4 hours to do a CAR workshop. There has also been a request from a region to do an inspection of the (fipt)??. There is a lot of controversy over this! I am going to discuss this at the CAR workshops because there is too much to write in a report! I will probably need to know how the Region stands on this issue as I'm pretty sure it will be something dealt with at the conference. I wish I could tell you that I was doing online workshops and voting. The truth is I just don't possess the skills to do that. I am listing my number is anyone wants to schedule a car workshop or

has any questions. Call, 402-631-8442. The CAT should be here anytime as well! I will be going to Texas, Feb 2, 3, 4 for Zonal. The flight is \$489.39. Car rental \$100.64. and I bought an ink cartridge for my printer for \$38.51. Leaving a balance of \$2911.53, \$2174.18. and by the way the literature survey deadline is March 15th. I will be booking the flight and rooms for the WSC this week for April 19 through May 5th. I believe that I covered everything if I missed anything I'm sure it will be taken care of in CAR workshops! ILS Brian S. Do we want to switch Zonal with Iowa or count mzss at rotation? I also need about 5 minutes of each RCMs time to gather info for WSC report. I will be writing this week.

Alt RD Report: None

Sub-Committees:

NRCNA XXXIIII: Good afternoon, what a great success NRCNA 34 was, none of this is possible without help from everybody who showed up. There were 20 different states that attended, 402 registrations with 2,439 years 3 months and 6 days of recovery. Norfolk donated back the banner they had purchased for one of the Lincoln's convention which will be put back into the archives. The committee would like to thank Dick and Monica for all the years that they have dedicated to the convention and for allowing us to use their truck to bring all the banners and supplies to Lincoln. I would like to thank NRCNA 34 committee once again for making my job so easy, with the help of the sub-committees and hard work they were able to pull it off with great success. Chad put his information from Merchandise on a USB chip to pass it on from convention to convention. I also have some other reports for archives and future committee to help out with what we did. We had our audit today and we are donating to Region a check for \$6,867.94. ILS Tommy A

NRCNA XXXV: Hello family I am an addict named Deborah T. Our committee meets monthly and we seem to be right on track with everything. As of today, we have 72 registrations with 59 of them including the luncheon. We are in the process of ordering hoodies to be sold at fundraising events for NRNCA 35. We are still in the process of setting up the online registration, hope to have that soon. We appreciate The Columbus Area inviting us to their speaker jam. We were able to sell some registrations and t shirts. I encourage anyone wanting to go to the convention to pre-register. Moe is still looking for speaker/workshop suggestions and needing some help, her contact info 408-440-6430. We are looking forward to attending any fundraisers so please let us know. Thank you for letting me be of service, Debora T.

General Assembly: We did a sponsor orientation for the Zonal SBTW project that we started a couple years ago. It has finally grown some wings. If you didn't make it today, there are flyers are the back table. It is writing letters with an inmate in prison. No physical contact. You must have atleast 3 years clean, have worked the steps and be willing to write letters. If that is something that is up your alley, we are open to do more workshops. If your Areas want to do that we can, also at the convention. Otherwise, we can do online trainings usually once or twice a month. January 31st at 7pm, February 17th at 11am, February 22nd at 7pm. The Plains States website have this linked. Trainings are done via Zoom, so you will need either a computer or a smart phone. Check online or a flyer to register 2 days before the workshops. Help spread the word in your Areas. It is a great way to serve. Amanda

H & I: The message of NA is being carried well in all areas that were discussed. The message is being carried into many different institutions. I tried to get the literature out to as many groups as possible, if you still need some please contact me. The Grand Island group is having an H&I training on Feb 10th in Hastings, starting at 1pm with a speaker and food to follow. The EVANA group is also planning to have a training at their Heart of NA Beats function. ILS Jake L

Outreach: Open

Policy: Open

PI: Hello Family, I am sorry I cannot be there in person. Thank you, John G for proxying for me. The PI subcommittee was set to meet today. There were no reports from Area. ILS John G, Proxy for Tommy

Nov 2-4th 2018 – Multizonal Service Symposium. There will be a PR presentation for professional held at the symposium. Information for professionals is asked for so they can be invited.

EVANA PR presentation to be made to probation tentative date is February 9th, 2018. This service body was contacted by a reporter from Omaha who is doing apiece on the Opioid crisis. I tried to call him back but have not spoken to him yet. A reminder to members our 11th Tradition states "Our public relations policy is based on attraction, not promotion. We must always maintain personal anonymity at the level of press, radio and films. Please, send any media requests to your group, area of public information chairperson. Thanks to Dick and Monica for updating and printing meeting lists. John G, Proxy

IT: Hello everyone, it has been a busy few months with web site. Due to some updates to our hosting site and the age of our site, there were some issues that caused the site to be down twice for no more than day and a half each time. To avoid these issues in the future our site will have to be rebuilt probably within next 6 months. Please continue to send all your flyers to activities@nebraskana.org and any meeting list changes for your area to meetinglist@nebraska.org In loving service Sam

Archives: Dick wanted to put out a big THANK YOU for those who stepped up to get materials up and back to the convention. That was greatly appreciated. Other than that, all is well. Monica T

Meeting List Report: None

Old Business:

Proposal 1: To see if our region would support zonal seating at the WSC (World Service Conference).

Intent: To form an opinion on where we stand as a region on Zonal seating

Financial Impact: Unknown

Submitted by Brian S

PROPOSAL PASSED BY CONSENSUS

Proposal 2: To see if our region would support Zonal policy or guidelines to budget funds for long term projects at the Zonal level.

Intent: To allow zone to continue ongoing projects approved by the regions.

Financial Impact: Unknown

Submitted by Brian S

PROPOSAL PASSED BY CONSENSUS

Proposal 3: To increase the H&I budget from \$450 quarterly to \$600 quarterly.

Intent: To be able to make best use of H&I funds by cutting shipping and handling. To be able to effectively provide areas with literature for H&I

Financial Impact: \$150 quarterly

Submitted by Terra N

PROPOSAL PASSED BY CONSENSUS

4:10 General Discussion: Amanda shared about the Multi-Zonal Service Symposium in Omaha November 2-4th, 2018. Website is located on the fliers circulating. Online registration will be available soon. She will be doing a workshop at Close Encounters talking about it. Amanda is the host coordinator. Host committee meetings will begin sometime soon (possibly the Friday at noon during Close Encounters, February 23rd).

Mark added that during the MZSS there will be a PR presentation. They will be collecting contact information for persons who work with addicts to invite and inform them. Mark also stated that he has an issue with the convention committee. He expressed that he is not angry, nor believes anyone did anything wrong. But the past convention committee invited a vendor outside of Narcotics Anonymous. This vendor was for-profit. He would like to build a proposal to prevent this from happening again. All of the money that was spent on this vender left Narcotics Anonymous. NRSC Policy does not address outside vendors. He asks that this information is taken back to each Area and discussed.

Proposal to extend General Discussion passed by consensus.

Barry shared his experience with this vendor at Close Encounters. They later decided against it in hopes to further support local groups.

Brian shared that he feels uncomfortable if the money being spent isn't supporting local groups.

Tommy inserted that guidelines are very vague for conventions. There is so much room for error. He regards business with the vendor as a learning experience. It was simply a decision made by the group.

Brent emphasized the importance of the limited dollars which support our "homegrown" projects.

Diane encouraged RCMs to take this information back to their Areas. She suggested that the following General Assemblies focus on updating Convention Guidelines for Policy.

New Business:

Proposal 1: For the Great Plains Area to host the April 2018 NRSCNA meeting at the Masonic Lodge in North Platte, NE.

Intent: To promote Regional Unity with Western Nebraska areas and to garner support for a NRCNA Fundraiser to be held that evening.

Financial Impact: \$50

Submitted by: Deborah T

Proposal Passed by Consensus

Proposal 2: To host the NRCNA Convention 2020 in Grand Island at the Grand Hotel (previously the Mid-town Holiday Inn) on October 16-18, 2020, with Donald P as Chair (Bio Included).

Intent: To sponsor an event to bring our fellowship together to celebrate recovery from the disease of addiction.

Financial Impact: Unknown at this time

Submitted by: Donald P, Brenda D

BIO – 10 years clean, 1 year GSR New Day Group, 2 years Area Chair, 2 years Merchandise Chair, 1 year Convention Chair, 1 year ALT RCM – CNSA, 1 year RCM- CNSA, 4 year H&I Chair – CNSA. Have a sponsor, has worked the steps several times and actively involved in my recovery daily, and try to live it to the best of my abilities. Served on 3 convention committees in Nebraska. ILS Donald P

Proposal tabled to follow quarter guidelines

Proposal 3: To remove "Seconded By" line from the NRSC Proposal Slip

Intent: In CBDM, there is no "2nd". The Proposal is made, the Maker speaks to the proposal, then an initial straw poll is taken.

Financial Impact: 0

Submitted by: Diane K

Proposal Withdrawn, Sam will update the slip

Proposal 4: To have the Regional secretary include pertinent discussion that follows each proposal. Either by dictation, recording, or any other way that ensures that the discussion following the proposal is included in the minutes. To be included in the duties of Regional Secretary in the Regional Guidelines/Policy.

Intent: To avoid unwanted confusion when proposals are delivered to the groups. To help clarify and answer as many questions as possible that could arise at a group conscience. To offer aid when either the proposer or the Area's RCM/Alternate is not easily contacted.

Submitted by: Chad J

Proposal to be taken back to groups

Proposal 5: To include in the convention guidelines that we do not allow any vendors not connected to an NA service body except for the taper/audio people.

Intent: To not allow outside entities to sell at our Regional Conventions.

Financial Impact: 0

Submitted by: Mark B

Proposal to be taken back to groups

Be sure to check Second/Third Quarter scheduled timeline for Nebraska regional guidelines

ALL REGIONAL POSITIONS ARE OPEN FOR NOMINATIONS

Next NRSC April 14th, 2018 1600 West B North Platte, NE 69101

Brian S will give the CAR Report at General Assembly. It will begin at 11am