# **Nebraska Regional Service Committee of Narcotics Anonymous**



# January 8, 2022

Giltner, NE

Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

Twelve Traditions: Read by Brenda D. Twelve Concepts: Read by Hadrian C.

# Executive Committee:

Chairperson: Monica T. Vice-Chair: Mark W. Treasurer: Dean B. Vice-Treasurer: (Open) Secretary: Mark W. (Proxy) RD: Brenda D. Alt RD: (Open)

# Sub- Committees: NRCNA 37: Tracy K. NRCNA 38: Tommy N. General Assembly: Brenda D. Outreach: (Open) Policy: Ariel W. (proxy) P.I.: Absent I.T.: Absent H&I: Tera N. Archives: Absent

SBTW Liaison: Tommy N. (Open)

Area RCM's:

Columbus: Paul H. Central: John D. Eastern: Zach M. Elkhorn Valley: Tommy N. (proxy) Fremont: Mike B. Great Plains: Brian P. Platte Valley: Absent Southeastern: John H. & Alt. Chris H

Visitors: Jordan B. Carmon G, Chris H. Tasha T. Paul H. Hadrian C., Michael R., Tracey K.

Consensus to Accept Last Meetings Minutes: Correction on Gen. Assembly time; Passed By Consensus

## Treasurer's Report:

# **NRSCNA** Treasurer Report

RSC Meeting Date	1/8/2022	_	RSC Meeting Beginning Balance: Prudent Reserve:	<b>\$7,325.00</b> \$7,325.00
Donations	Expenses			
Area, Group, or Other	Amount	Chk #	Written To - Description/Purpose	Amount
Elkhorn Valley	\$200.00	1355	Rent	\$50.00
Elkhorn Valley	\$167.00	1356	Brenda D (RD)	\$3,800.00
Elkhorn Valley	\$144.80	1357	Tera N (H&I)	\$600.00
NRCNA 37	\$1,893.85	1358	Plains State Zone 25%	\$240.06
Aurora	\$100.00			
CNASC	\$100.00			
ENNA	\$497.00			
ENNA	\$167.58			
ENNA	\$140.00			
Fremont	\$2,000.00		EXPENSES SUBTOTAL:	\$4,690.06
		1239	NAWS (WORLD) DONATION:	\$720.17
TOTAL DONATIONS:	\$5,410.23		TOTAL EXPENSES:	\$5,410.23
RSC MEETING SUMMARY REPORT				
BEGINNING BALANCE:	\$7,325.00			
TOTAL DONATIONS:	\$5,410.23			
TOTAL EXPENSES:	-\$5,410.23			
ENDING BALANCE:	\$7,325.00			

## Area Reports:

**Columbus:** Columbus Nebraska Region Report - Hello Brothers and Sisters, we have kept our PI & H&I commitments, SOS has been invaluable for our personal 12th step in Columbus. Our Jail is still not allowing volunteers in. We have struggled with covid here, our chairs getting it, it has been challenging, but have kept the club going with members communicating using messenger. Those with covid are encouraged to attend zoom meetings. Do we have a list from region of zoom meetings that areas are using? Love Paul H

**Central:** Hello Family & Happy New Year! Central Area is Alive. We are carrying a clean and clear message. Central area has a \$100.00 donation, also Aurora step taker has a \$100.00. In loving service John D

**Eastern:** Hello, my name is Zach M, and I'm an addict. I am grateful to have been elected into the position of RCM for ENNA. This is a whole new arena for me to learn and grow in, and I appreciate the opportunity to serve. We in ENNA have some exciting things happening in our area. There is a new open meeting of NA that has been born. It's called the N.A.C.H.O. (Narcotics Anonymous Clean Honest Open-minded) Homegroup, and it meets every Wednesday at 7pm. On the 3rd Wednesday of the month nachos are served and a speaker shares their E,S, & H. Also at our No Name Group which is held on Tuesdays at 7pm they periodically have 'Taco Tuesday'. The Spiritual Breakfast meeting in Council Bluffs which is every Sunday at 11am has a monthly pancake breakfast (last Sunday of the month) served from 10am-11am. Our Night Owls group which meets at 8pm every Wednesday does a clean time celebration on the last weekend of every month where anyone celebrating clean time that month is welcome to come and celebrate with the group. We had a very successful and well attended New Year's Eve gathering. The unity in the room was beautiful. CECK 2022 is full steam ahead. We are very excited for our live convention as we had to go digital last year because of the pandemic. Just a reminder to get yourselves registered ahead of time if you plan to attend. Full registrations are no longer available as we've reached our maximum allotted banquet dinners. You can still order convention merchandise right from the registration website (ceck.omaha-na.org)

In loving service, Zach M ENNA RCM

**Eikhorn Valley:** Hello Family, I am grateful to be EVANA's new RCM! Things are going pretty well in EVANA. The Surgery of the Spirit group has a new meeting in Wayne on Saturdays at 11 AM. There is also a new group called Kick Start in Norfolk. They have meetings on Tuesday and Thursday at 8:15 AM and Saturday and Sunday at 9:30 AM, all at 204 W Madison Ave. If those groups have not already, they will update the regional meeting list through by email. EVANA will be putting on our annual "Heart of NA Beats" function on February 12th. There will be a flyer out and put on the regional website soon! EVANA and Fremont will be putting in a bid for NRCNA today! Hopefully it will be accepted and passed in April. Assuming we get the bid, the convention will be held at Divots Convention Center in Norfolk, October 14th – 16th, 2022! I.L.S. Tommy N.

## Fremont: No Written Report received for Jan. 2022 NRSC

## Great Plains: No Written Report received for Jan. 2022 NRSC

**Southeastern:** Hello again to my NA family. It is good to be able to see all of you again. We are alive and well with meetings still being held and attended. Our activities committee has been able to hold some dances celebrating the holidays and we will be having a valentines dance next month. Our H&I volunteers are continuing to spread experience, strength and hope in the facilities they can enter. Our area has been able to vote in a new secretary and alternate RCM. Thank you Chelsea B and Chris H. In loving service John H.

RD Report: Hello Everyone and Happy New Year,

It is good to see you all today. After our last meeting in October...

I attended the virtual Zonal Meeting on November 14, 2021. The US Zones information was reported. We also talked about the upcoming Interim CAR/CAT meeting in Grand Island Jan 28th-30th, 2022. The spring Zonal meeting is being planned the weekend of May 20th, 2022, in Rapid City SD. Let me know if you would like a copy of the zonal minutes. Our next business meeting will be on Sunday January 30th in Grand Island. I hope you all will be able to attend that weekend!

Speaking of that weekend, I sent out a survey on November 17th for ideas from you on the workshops. After working out the agenda, we had 3 slots for workshops that were chosen by you. All these workshops are interactive, and I'm excited for you to enjoy and participate in them. I sent the flyer for the event to our activities page on the Nebraska Region website and posted them out on the area social media sites. I also have flyers handed out to take back to each area.

The interim CAR/CAT was posted online on November 23rd. There are five motions in the ICC (Interim CAR/CAT). The approval draft of the new Spiritual Principle A Day book was posted. A hard copy is available at the na.org

webstore. For \$10.00. (Which when asked is basically the cost of paper and printing.) There are two addendums added to the first drafts... the table of spiritual principles was corrected along with the entries for Nov 2nd/ May 29th. If your Area would like to have an Interim CAR/CAT workshop, please let me know so we can schedule it together. Fremont is having one during their Freeze Out function, and I will tally those votes. I can also make those available electronically if that works better for your Area. Either way, please just let me know what you would like to do. I would like to have the all the votes tallied by April 1 so that I can have the results for you at our next meeting on April 9th, 2022. The virtual World Service Conference starts April 22nd -23rd, 29th – 30th

On December 11th, I emailed the Ties that Bind workshop results and posted them on Slack.

On December 18th, I attended the Conference Participant Webinar, and we went over the Interim CAR/CAT 2022. There is also a survey for you to start discussing how you would like to go forward with the Conference Cycle. (I talked about this during General Assembly) These questions are available on the survey at Projects (na.org) until January 31, 2022.

For Christmas, I received a summons for jury duty from March 7th to June 3rd, 2022. Of course, this lands during the time to present the Interim CAR/CAT to the Areas and during World Service Conference. I sent them a request for some flexibility but as of this report have not heard anything back. So, it seems the perfect time to again reiterate that I would LOVE someone to put their bio in for the Alternate Delegate position. Other things to share with your Area's are...

Virtual Meetings Best Practices - will be published shortly and available at na.org.

Service Day is May 1st

At the Zonal Weekend in Grand Island, you are encouraged to bring merchandise and registrations for things going on... I encourage all service positions and all home group members to attend.

Start discussing "Where is NA not in our rural communities?"

Please let me know if there is anything I can help with! Thank you for letting me serve.

In grateful loving service,

Brenda

# Sub-Committees

**NRCNA XXXVII**: Hello Family. The convention was a great success! We estimated around 475 addicts in attendance with many newcomers. We have paid all our expenses including the hotel. We presented a check for \$21,000 at last region! Additionally, we still have \$1893.85 in the bank which a check was given to Region today to close out our account. We sold all but four shirts which were placed on the silent auction. We had a large amount of unused paper products including cups, plates and silverware, which was turned over to Dick T. for storage to be used for next convention. We also had some raffle items and aprox. 100 blue NA cinch bags for next NRCNA committee to use if they choose, in storage. The pre-registration for next year, we were able to get 48 early bird registrations with 9 of those blank for newcomers. Total cash collected was \$720. All registration were scanned not a google doc and are available from kendrah.ne@gmail.com. Hard copies were also kept and will be given to NRCNA 38 committee. We have brought all our documents and receipts for archives. ILS, Tracy K & NRCNA 37 committee

# **General Assembly:**

Dear NA Family,

During General Assembly, we talked about the Motions for the Interim CAR/CAT 2022. They are as follows...

CAR (Conference Agenda Report) Motions

Motion #1 Maker: World Board Acting as the trustor, the delegates present at the virtual WSC 2022, are continuing the suspension of Article 5, Section 3 of the FIPT Operational Rules, while we make a decision about the future. This suspension will expire at the close of WSC 2023.

Motion #2 Maker: World Board To extend the terms of the WSC elected positions for the two Human Resource Panel Members and one WSC Cofacilitator, currently set to expire in 2022 to 2023.

Motion #3 Maker: World Board To extend the terms of the three WSC elected positions on the World Board currently set to expire in 2022 to 2023.

Motion #4 Maker: World Board To approve the book contained in Addendum B, "A

Spiritual Principle a Day" as Fellowship-approved recovery literature.

CAT (Conference Approval Track) Motion

Motion #5 Maker: World Board To approve the Narcotics Anonymous World Services, Inc. budget for 2022 - 2023.

We also discussed topics from the WSC (World Service Conference) of the Future Brainstorming questions. Again the survey on this will be available until Jan 31, 2022 at na.org/survey. Please have your Area's discuss this, so that your voice's are heard. In loving service, Brenda

**H&I:** Hey, H&I has reviewed the mail received from the last regional business meeting Four facilities requested literature from when H&I had sent the prisons literature before H&I has used a portion of this quarters H&I funds to send them asked for and needed literature. Fremont has had positive experiences this quarter with H&I. Great Plains L.C.same, Buffalo County on lockdown but liter given and schedules for meetings put out. Evanas is same. Central is currently on lockdown for one facility but still doing H&I with others. Looking into zoom. Senana same in general as Central, and continuing to find other H&I opportunities also Enna has been doing well. ILS, Tera N.

Outreach: Position open...no report given.

**Policy:** Hello Family, since October at Region, there have been no Policy updates reported that have affected out guidelines. Final confirmation is still needed regarding change in cost for the proposal related to out storage unit which passed by consensus last January 2021. Once this information is received, I will get the policy updated accordingly. ILS, Ariel W. proxy for Seth R.

PI: No Report

IT: Sam S. was not present but remained available by phone.

Archives: Still waiting for storage unit to be available, we are on their list.

Sue H. from Grand Island has joined this committee to take care of memory wall. Gave her the box today to review & update. Please tell next convention committee there is a lot of paper goods left. Don't buy any until you get a list of what is there. ILS, Dick T.

SBTW: No Report.

## Old Business:

## • Proposal #4: Seth R. nominated Ariel W. for Regional Policy Chairperson.

Intent: not stated Financial Impact: \$0.00 Submitted By: Seth R. (Regional Policy Chairperson)

Passed by groups- Ariel W. voted in as Policy Chair.

Proposal #5: Sam S. proposed to remain seated as the Regional Information Technology Chairperson.
 Intent: not stated
 Financial Impact: \$0.00
 Submitted By: Sam S. (Regional Information Technology Chairperson)

Passed by groups- Sam S. voted in as IT Chair

 Proposal #6: Tommy N. nominated Tera N. for Regional Treasurer. Intent: not stated
 Financial Impact: \$0.00
 Submitted By: Tommy N. (Regional Sponsorship Behind the Walls Liaison) Proposal #2: To allow the P3 Committee to sell merchandise after the main speaker on Saturday night at all NRCNA conventions from her forward.
 Intent: To add to the NRCNA guidelines a section concerning P3 specifically. P3 is a Nebraska based project that serves our entire zone and doesn't fall into the traditional "Alternative Merchandise" category.
 Financial Impact: \$0.00
 Submitted By: Dick T.

## Passed by groups

Proposal #4: Tera N. nominated Tracy K. for NRSC H&I Chairperson.
 Intent: To be of service to Narcotics Anonymous and carry the message to hospitals and institutions.
 Financial Impact: \$0.00
 Submitted By: Tera N.

Passed by groups-Tracy K. voted in as H&I Chair

## **Open Floor:**

- Paul H.- brought info to share about wanting to utilize more funds to provided NA Lit. to rural jails prior to handing over large donations to NAWS and Zonal. Info also discussed to provide zoom meetings to jails and prisons.
- Tommy N.- pointed out corrections needed in the info that Paul handed out regarding counties that don't actually have jails and utilized other county jails for their county.
- Brenda D.- discussed Attraction not Promotion in regards to sending out non-requested literature and how it could jeopardize PR relations, promote introductions and utilize H&I to foster building good relations. NAWS donates \$440,000 in literature for free
- Tera N.- We are blessed and that NAWS does world outreach, rural NA transportation issues. Spoke of sending out an outreach
  letter to rural jails where an H&I and PR doesn't cover that area in regards to literature. Discussed a compromise % over prudent
  reserve to go to Literature to send out. Willingness to change behaviors, compromise, morals and traditions. Stop pushing nonapproved literature to reduce conflict in ability to best help addicts. Look at jail list to send remote proposal and what
  percentages.
- Paul H.- Techumsa has a nice lit. selections, be open-minded and work as a team on jail lit. also asked how many have signed up as state volunteers for Pen service
- Monica T- H&I and PI have substantial budgets in Policy, personal responsibility regarding new policy and budget proposals
- Rocky- P3 has done a great job, maybe others could follow their example and work on this as this has been brought to Region for the past 3 years.
- Rob- a lot of jails/prisons have Lit. but when he was there you couldn't take it with you

## New Business: Proposals and Nominations:

**#1**- Evana and Fremont Areas would like to Host NRCNA 38 in Norfolk at Divots Convention Center , Norfolk Lodge and Suites October 14<sup>th</sup> -16<sup>th</sup>.

Intent- To host a "Kickass Convention" Financial Impact- \$2000 seed money

Submitted by Tommy N.- Co-chairs- Thomas Newcombe & Samantha Bohanan, Co-Treasures- Michael Rockwood & Tera Newcombe and They were instructed to open Convention 38 Bank Account with Region Tax ID 47-0748971

RCM's voted to pass this on consensus due to time line constraints

**#2**- Nominate Hadrian C. as Alt. IT Chair Intent- To further mentorship and continuity Financial Impact- none Submitted by John D.

Hadrian C Service Bio- Clean Date: 5-28-2015 Prior Group Service Positions: -Meeting Chair/Keyholder at the Phoenix Group in Salina, KS -Operations/Supplies at the Phoenix Group in Salina, KS -Secretary/Keyholder of Night Owls Group -GSR of Night Owls Group Prior Area Service Positions: -Alt RCM & RCM of ENNA -H&I Panel Member Current Service Positions: -Secretary of ENNA I work steps with my NA sponsor and sponsor other NA member

I work steps with my NA sponsor and sponsor other NA members. I believe in maintaining commitments to the fellowship so that I might remain centered in my recovery and help carry the message to the still suffering addict.

#### **BACK To GROUPS**

**#3**- To change PI to P.R. (Public Relations) Intent- To keep out language and terms consistent with other service bodies within and outside of our Region This is a word change only Financial Impact- none Submitted by Brenda D. Policy Change-

#### **BACK To Groups**

#### Additional info

- Discussion on H&I research towards jails and donations of additional funds if needed
- Notation of info from Paul H. and handing it off to H&I for research purposes
- Permission given to NRCNA 38 for use of Tax ID to set up bank account and Pal Pay use the Tax ID# (not individual)
- CAR/CAT Area workshops offered by RD
- Zone in Grand Island in 2 weeks, into offered by RD and reminded people to attend for this great experience.

#### Nominations Review from last Region in October

- Chairperson: Monica T. resubmitted a nomination for her to remain seated for one more term
- Vice-Chairperson: Mark W. has been recently seated and will continue in this position
- Treasurer: Tommy N. nominated Tera N. Passed by groups
- Policy Chairperson: Seth R. nominated Ariel W.- Passed by groups
- PI Chairperson: Tommy N. will check with Christine F. on whether or not she will remain seated
- IT Chairperson: Sam S. proposed to remain seated Passed by groups
- IT Vice Chair- John D. nominated Hadrian C.- nomination accepted
- H&I Chairperson: Tera N. nominated Tracy K. Passed by groups
- Archives Chairperson: Dick T. proposed to remain seated (a bio was not provided prior to completion of these minutes)
- Sponsorship Behind the Walls Liaison: Tommy N. will not accept a nomination, but will continue in that position and mentor incoming trusted servant

convention.

• Monica T. discussed items for next RSC business meeting based on Addendum

Open Positions: Alternate Regional Delegate (Alt. RD) Secretary (Sue H. will fill in at April NRSC Business Meeting) SWBTW liaison Vice Treasurer Outreach

## **ONGOING REMINDERS:**

- Please send any updated in-person or Zoom Meeting information to meetinglist@nebraskana.org and it\_committee@nebraskana.org
- Send flyers for NA activities to activities@nebraskana.org

# The Next Region will be held at the

# Giltner Community Center at 4021 N. Commercial Ave, Giltner, NE on April 9, 2022

- General Assembly: Brenda D. writing workshop on Recovery/Faith/Commitment/Action at 1 PM.
- Sub-Committees: 2 PM CST
- Region Business: 3 PM CST

**Proposal To Close**