



Nebraska Regional Service Committee of Narcotics Anonymous

1/14/2023 Giltner, Ne.

Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

Purpose Statement Read by Monica T. Twelve Traditions: Read by Brenda D. Twelve Concepts: Read by Tommy N.

Roll Call

<u>Executive</u>		<u>RCMs</u>		<u>SubCommittees</u>	
Chair:	Monica T	Columbus:	Wes	NRCNA 38	Tommy N
Vchair:	Mark W	Central Nebraska:	John H / Sue H	NRCNA 39	Tracy K
Treasurer	Tera N	Eastern Nebraska:	Morgaine D / Steve H	General Assembly:	Tommy N- Proxy
Vtreasure	Open	Elkhorn Valley:	Tommy N	Outreach:	Open
Secretary	Kora C	Fremont:	Rocky	Policy:	Ariel
RD:	Brenda D	Great Plains:	Dick	PR	Open
Alt RD:	Tommy N	Platte Valley:	Absent	IT:	Haidrian C
		Souteast Nebraska:	John H / Chris	H&I:	Tracy K
				Archives:	Dick
				SBTW Liaison:	Open
				Memorial Wall	Sue H

Visitors:

Set B, Bre C, Jamon C, Bart W, Michelle B, Barry B, Mike V, Paul V

Consensus to Accept Last Meetings Minutes: Error was corrected, then Passed By Consensus

Treasurer's Report:

**NRSCNA Treasurer Report
NRSCNA Treasurer Report**

RSC Meeting Date 1/14/2023

RSC Meeting Beginning
Balance: \$2,867.68
Prudent Reserve: \$7,325.00

Donations		Expenses		
Area, Group, or Other	Amount	Chk #	Written To - Description/Purpose	Amount
NRCNA 38	\$18,133.03		Rent - NRCNA 39	\$50.00
ENNA	\$622.24		RD - Brenda Dobson	\$400.00
Fremont	\$250.00		Alt. RD - Tommy Newcombe	\$400.00
EVANA	\$75.00		Treasurer - Tera Newcombe	\$100.00
Central	\$200.00		Policy - Ariel Widhalm	\$50.00
			H&I -Tracy Karr	\$539.98
			PR(Mtng.ListPrinting)Dick&MonicaThomas	\$225.00
			NextNRCNA-SetAside	\$4,000.00
			RD&Alt.RD-SetAside	\$3,200.00
			to Reach Prudent Reserve	\$4,407.32
			Zonal 25%	\$1,476.99
			EXPENSES SUBTOTAL:	\$14,849.29
			NAWS (WORLD) DONATION:	\$4,430.47
TOTAL DONATIONS:	\$19,280.27		TOTAL EXPENSES:	\$19,279.76

RSC MEETING SUMMARY REPORT	
BEGINNING BALANCE:	\$2,867.68
TOTAL DONATIONS:	\$19,280.27
	-
TOTAL EXPENSES:	\$19,279.76
ENDING BALANCE:	\$7,325.00

Set Aside NRCNA & RD/AltRD Monies \$7,200.00

Area Reports:

Columbus: Wes

Thank you so much for all your do ... Brother Wes will be our RCM for Columbus .. Please help him fill out our motions we approved... God Bless Paul H.

Columbus NE Region report for 1/14/2023

Meetings going well in Columbus doing PI and H&I in the area. We now have a 2 men's and 1 women's halfway house in Columbus. Also we have been given permission to have NA meetings in the David City Jail. We are very grateful to the Lincoln group for attempting to have a NA PI display on the buses and pray that finally catches on in Nebraska which could include taxis and Bill boards like other States have been doing.

Motions approved through group conscience.

1. Please have Zonal supply a treasure report and current H&I and PI projects. Including SPBTW. Do the inmates sponsor still buy the literate for their sponsee?

Cost 0. Purpose - we have been asked many times what does zonal do and why do they need so much money?

2. Please take it to the groups if they would like to use Nebraska's Region funds for Nebraska H&I and PI? Not all our money going to NAWS and Zonal using large percentages?

Cost 0. Purpose - We have been asking for region to spend more of our funds in Nebraska.

3. Please donate 5000\$ the next time we get a Convention wind fall of money to the PI committee of Lincoln SNS Sunday night solutions group for the BUS PI. After the SNS shows the amount, it will cost for several years. And they will provide all the information; region can donate the money directly to the bus company if voted that way.

Cost 5000\$ Purpose to save still suffering addicts' lives in Nebraska.

Central: John D

Hello Family! Central Area is alive! We do have some group that could use some support so if your in the area please show your support. The Wednesday men's meeting at 6:30 also the Friday and Saturday midnight meetings. Central Area has a full area service body. With that being said let's welcome Sue H to this service body as alternative RCM. I am including a flyer about the Multiple -Zone workshop in Grand Island February 3-5, 2023 Central made a \$200 donation. In loving Service. John D

Eastern: Morgaine D

Donation of 622.24

Close encounters coming up main hotel full. Overflow hotels are available. If you want merch order now pre order ends January 31st. come join us.

Hawaiian luau, the 28th. [Flyer is on the Nebraska website](#)

We had meetings close in Nebraska city, that has been updated.

Asking Brenda to come out in March if another area wants to team up with us let me know.

Elkhorn Valley: Tommy N

Hello family,

Things in EVANA are going well. We are ready for warmer weather, but the cold has not stopped us from experiencing great recovery. Since the last time we met, we had NRCNA in Norfolk, co-hosted with Fremont. We also had a great Thanksgiving meal on November 26th. Survivors Group hosted the annual Gift of Desperation function on Christmas Eve. We also brought in the new year together with a meal, speakers, food, and fellowship (maybe a little bit of football too).

We also have some activities coming up. On February 18th, we will be hosting a CAR/CAT workshop starting at 9 AM. Following the workshop will be our annual "Heart of NA Beats" function featuring a sit down meal, speakers, and fun. A flyer will be posted on nebraskana.org as soon as the location is confirmed. Also, watch for information about our "Be Grateful it's April" function.

We regularly have service-learning activities. We had an H&I training on January 8th, and will have another one on January 18th in O'Neil, Nebraska at 6 PM. Our phone line chair, Ariel W, is putting on a phone line training tomorrow, January 15th at 3 PM at 204 W Madison Ave. Our PI chair, Kelly P, is also planning a PI presentation for the local probation district.

There are some meeting changes in EVANA. We have a new meeting in Neligh on Thursdays. The meeting in Wakefield on Thursdays has been discontinued. Our Monday Night Miracles is changing locations as of February 6th. They will start meeting Mondays at 8 PM at 1408 E Benjamin Ave in Norfolk, NE. If they have not already, the groups will be submitting the changes to meetinglist@nebraskana.org

As always, I love the opportunity to serve.

Tommy N.

Fremont: Rocky

Good afternoon family,

The Fremont area is still alive and well, although our meeting attendance is low right now. We are excited to announce that the Fremont [Freezout has set the dates of March 18th and 19th at Camp Moses Merrill](#). Attendance for this event has grown over the last couple of years and we are anxious to continue that trend! Please join us this year for fellowship and fun!

We also would like to announce that we are holding speaker meetings the first Sunday of every month at Good Shepherd Church located at 1544 Military. We do a potluck style dinner starting at 6:15 and our speaker begins at 7 p.m. We have speakers from all over who have come to share. If you would like to share your experience, strength, and hope with our area, as well as other participating areas, please contact me via phone or Facebook.

The Fremont area will be making a donation to Region today in the sum of \$250. We want to thank surrounding areas for your love and support, as well as wish you all the best in the new year!

In loving service,
Rocky

Great Plains: Dick T

All is well. Our donation is \$170, check Mailing to Tara's address. ILS Great Plains ASC as interim RCM.

Southeastern: John H

Hello from SENANA. Now that the holidays are over, I am happy to report that our activities committee had several functions that were well attended. These activities have helped to bring a semblance of normality back to our area after the turmoil of the last few years. Tonight, we are having a speaker/fundraiser meeting with speakers from MO, IA and NE. This is to raise monies for a Lincoln public transportation bus campaign to spread awareness for NA. We also have one more bowling night on Feb 11th at 6pm, with a speaker, at Hollywood Bowl 920 N 48th St Lincoln

Our PR committee, which is a newly formed committee that brings together H&I, PI, and Outreach, has been working on the necessary steps to integrate together. We are excited to have these committees meeting together, instead of separately, to help boost the effectiveness of our community presence. H&I is still meeting in the correctional facilities and treatment centers that will allow us in, but we are short of volunteers, especially women.

And finally, I am pleased to announce that after the last region meeting, SENANA had formed an ad hoc committee charged with exploring the possibility of hosting NRCNA 40. I will be putting in a proposal on behalf of our area here today to host this event and I have brought with me the report from the ad hoc committee outlining their findings.

In loving service, John H.

Sub- Committees**NRCNA 38: Tommy N**

Hello family,

It was an honor to serve as co-chair for NRCNA 38. I think we had a successful convention. There were 434 people who registered for the convention, 167 attending the entertainment, and we sold out of fellowship meals. There was also \$825 in newcomer donations! I am glad Grand Island is stepping up for the next convention! It looked like early bird registration went well. I think we have passed on everything to them. If there is something we missed, please let me know. We are submitting a check for \$18,133.03.

Thank you for letting us serve, Tommy

NRCNA 39: Tracy K Hello Family,

NRCNA 39 is working diligently at planning the convention. We are staying on track with the timeline. We are hosting Region today and will have a fundraiser to follow. We will be reaching out to groups for auction and raffle items. Hospitality room will also be needing groups to sign up. Please reach out to Sue H to sign up. ILS, Tracy K

General Assembly:

CAR informational session:

18(ish) members were in attendance.

Brenda talked about the Conference Agenda Report/Conference Approval Tract. The CAT is not out yet, so we talked mostly about the CAR. There will be an actual CAR/CAT workshop in Grand Island February 3-5. Na.org/conference has information about the CAR/CAT that all members can access to learn about the individual motions. You can also access the tally sheet on that website.

We went briefly over the CAR motions. Everyone is encouraged to attend a CAR/CAT workshop to get more in-depth information.

I.L.S. Tommy

H&I:

Hello Family,

We had Central, Columbus, Freemont, Elkhorn Valley, and Great Plains attend sub-committee today.

Central: Are taking panels into St Francis ADTC and CSU Weekly. They are now able to go into the VA twice a month. Still working on getting back into Hall County Jail.

Columbus: Going into Platte County Jail 2 times a month. Butler County Jail 1 time a month, and SOS every 4th Tuesday.

Freemont: Taking meetings into Washington and Saunders County twice a month for both.

Elkhorn Valley: Going into 12 facilities and will have on in the O'Neill area on Jan 18th.

Great Plains: They are going into Lincoln County Jail and have about 4-8 men and women attending. Buffalo County is currently still on lockdown.

Outreach: Open**Policy:**

Hello Family,

During our last Regional Business meeting in October, I discussed needing to update the policy with the newly passed Memorial Wall Sub-Committee. I will be reaching out in the following months to work with the subcommittee chair to discuss the development of the policy regarding this position. I will plan to utilize our current policy to glean information about general requirements such as clean time and length of term. As always thank you all for patience and understanding as I navigate this process.

In Loving Service,

Ariel W.

PR: Open**IT:**

Good afternoon everyone, I am still helping with keeping the website updated. We have had plenty of new flyers to post on the Activities page this quarter, and we set up the NRCNA web store for online registrations. When possible, members that make flyers to be posted to the site should print them as a pdf instead of a jpg or png file. The file needs to be in a pdf for the link on the site to work. I can convert files from a jpg or png image to pdf, and I do when I receive flyers in this format, but the image quality drops during the conversion so the flyer may look a little blurry. The best way to avoid that is for the flyer makers to download their flyers as pdf before they send them out. If there are any other changes we would like to see to the site, let us know.

I am going to start to update our site with a new theme – I will be working on this for the next couple of weeks.

ILS, Hadrian C

Archives:

Dick T: All is well. Still waiting for storage space. Thank you

SBTW: Open**Memorial Wall: Sue H**

Hello Family, Our subcommittee met and discussed somethings and will make a proposal for a budget to purchase necessary items for the Memorial Wall. We also discussed if we need to have a policy with requirements and guidelines for this subcommittee and will bring that up in Open Forum.

If anyone has any deaths and pictures, please get them to me. I will update my subcommittee email with IT.

ILS, Sue H

RD Report: (was given later than usual)

RD Report NRSC January 2023

Dear NA family,

It's so good to see you today! I have lots to tell you about so here we go....

🗄️ The Conference Agenda Report (C.A.R.) is out and available for download! Paper copies will not be mailed which will save financial and human resources. There are 25 motions plus the survey. If you want to get a head start on some of the issues, check out the PowerPoint posted on na.org/conference about the Future of the WSC (World Service Conference). The board is recommending changes to the conference cycle length, the funding policy, the CAR publication date and more. You will be able to find more information that explains the recommendations and gives some of the history of the discussions that have led to them. The Conference Approval Track (CAT) will be available at the end of this month, January 30th.

📖 A Spiritual Principle a day is in stock! Here is the link for the book in www.na.org/webstore 🗄️ NAWs News is available online. Here is the link for that issue www.na.org/NAWSNews 🗄️ We will be hosting the Zonal CAR CAT on Feb 3-5th, 2023, in Grand Island. I encourage everyone to attend if they can! This meeting will also include most of the zones here in the US. We have also invited the Region motion makers to present their own motions and they will be able to answer any questions you may have about

them. I'm so excited about this... this really shows how we can collaborate with other Zones to get things done. I have a flyer for this for each Area to take back.

- ☐ At our last Zonal meeting we did an inventory and set up some goals. I will be discussing this more during open discussion. We discussed meeting 4 times a year instead of 3. Our next Zonal Meeting is next month in Grand Island on Feb 5th at 8am.
 - ☐ Other things available are the Issue Discussion Topics (IDTs) about The Loner IP and DRT/MAT as it relates to NA... you can find these at na.org/IDT
 - ☐ If your Area would like to host a CAR/CAT, please see Tommy or I to schedule that***. We will be doing one for Fremont next Saturday at 11am and one for EVANA in Norfolk on February 18th at 9am.
 - ☐ Our next Conference Participant meeting is March 4th and we will have WSC (World Service Conference) Orientation on April 1st.
 - ☐ World Service Conference will be held April 30th through May 6th. Orientation on the 29th. *** Please start confirming with your Area's about when you want to have a CAR/CAT Workshop
- Our Region Report is due February 1st. I would like to thank the 3 Area's that had so far responded to the online link.. I hope the rest will have them for us today.

We have an IT position open at Zone. We hope that this body will fill our SBTW Liaison position. I think Tommy would be happy to explain what this entails. if you have any questions about these, please ask! With everything starting to open again, I think it's important that we support this. I have a flyer from them for each of you.

Thank you for letting me serve you, Brenda, RD

We will have ENNA CAR / CAT workshop March 26th at 1725 60th Street – 10am

Alt-RD Report: Tommy N

Hello family,

I am excited to be in this new position. My report will not be as detailed as Brenda's. I have been spending my time learning about the World Service Conference in general. I have received the ARD funds so I will be able to get to the WSC in April! I am excited to get to travel around with Brenda doing CAR/CAT workshops throughout Nebraska. We have one scheduled in Fremont on January 21 st, Grand Island for US Zones on February 3-5, Norfolk on February 18 th , and Omaha on March 26 th . If your area wants us to come present a CAR/CAT workshop, let us know! I am looking forward to this new experience in service! I.L.S. Tommy N.

Old Business:

None

Open Floor:

Sue H: Requesting clarification of the Memorial Wall Subcommittee: Do we need our own guidelines? What about our budget? A discussion ensued: Tommy – this was taken back to groups for a vote hence this is a separate committee - needs guidelines and own budget. Ariel reviewed the policy. More discussion on using Archives' guidelines as a template and budget amounts. See Proposals in New Business for these changes.

Brenda D:

Zone Topics:

SBTW Liaison is needed for our Zone. Please ask people to setup.

There is talk to create a service pool – a sort of database of service resumes to keep on hand for our members.

Zone is going to meet 4x this year instead of 3. This is going to affect the budget and she will need extra funds for Multi Zonal Service Symposium (MZSS) and World Service Conference(WSC). This is not normal, but Covid pushed these 2 events into the same year for 2023.

Other topics from Brenda D:

The Reaching Out is back. It's a 2 page document without staples that can be taken into Jails.

Hadrian and Brenda are working on a way to submit your area's responses electronically via our website.

How about a Logo Contest for the Nebraska Region of NA? That can be used on our website!

Fellowship Development – this is a topic that Brenda would like to work on.

Barry B:

Is the Nebraska Region interested in a statewide phone number for NA? One number to cover the entire state? A similar system is in place in Iowa and is working well. Barry gave a brief technical introduction of Twilio and YAP. If you want more information on the technical part please see this webpage: <https://bmlt.app/yap/>

Points to note: This service is not very expensive at all. The 3 areas that currently have a phone line can roll into this one. There are some cool reporting capabilities with this service.

Suggestion is for all RCM's to take this back to your Area's that have phonelines and see if there is any interest in this. Next region we could create a proposal for this next Region.

MONICA CALLED FOR A 15 MINUTE BREAK, THEN WE REOPENED WITH A MOMENT OF SILENCE AND THE SERENITY PRAYER.

New Business: Proposals and Nominations:

Proposal #1: Propose to have SENANA to host NRCNA 40. See details below for Ad-hoc committee findings.

Intent: Host NRCNA 40

Financial Impact: \$4000

Submitted by: John H

Notes submitted via email for this proposal:

To NRSCNA,

Below is a bit of information I was able to gather from the Cornhusker Marriott as a potential host for NRCNA 40, which is the venue that I would propose our Region, and ultimately our Groups should consider as the hosting site:

1.) The tentative weekend will be September 27th, 28th, 29th, of 2024 (please note: Because the 2024 Husker Football schedule isn't fully released, the hotel has agreed that once the 2024 Husker Football schedule is released, if a home game happens to be during this scheduled time frame, the hotel will make reasonable accommodations to reschedule the event)

2.) The convention space is going to cost \$3,000 and this includes a ballroom, two separate breakout rooms for workshops, and a breakout room for our vendors and raffle items, as well as a room for storage. All convention space is easily accessible, in one main area, on the lower level of the hotel.

3.) The food and beverage minimum is \$5,000 which will be met by purchasing the banquet meals on Saturday night, as well as any hospitality snacks, coffee and other refreshments throughout the weekend.

4.) The hotel has offered a discounted room rate of \$115.00 per night, and we will agree to a block of 75 rooms Friday night and 75 rooms Saturday night. We will get 1 complimentary room per 50 revenue generated rooms utilized by our attendees (typically those complimentary rooms are given to main speakers to offset the costs)

5.) The hotel is in downtown Lincoln, Nebraska. The address is 333 S. 13th Street. There is plenty of parking in the attached parking garages, however, the parking garages are owned by the city, not the Cornhusker Marriott, therefore parking costs will have to be assumed by anyone choosing to park in the parking garages and will not be part of guest registrations. The first hour is free, then \$1.25 per hour, or \$11.25 per day.

6.) Jae J. from Lincoln, NE has voiced a willingness to be the NRCNA 40 Executive Chairperson. Rebekah H. from Lincoln, NE has voiced a willingness to be her Executive Vice Chairperson. The GSR's from the Groups in SENANA took a vote on 1/8/2023 to approve and appoint Jae J. as the NRCNA 40 Executive Chairperson.

SENANA is ready to get to work! This is the same venue NRCNA 34 used in 2017 when it was in Lincoln, and it was a tremendous success. I have great faith it can be another successful convention in 2024 at this venue. I thank you for allowing me to serve!

Marty M. Lincoln, NE

Jae J.'s service resume:

My name is Jae and I am an addict.

I got clean in Grand Island on 12/15/1997.

I have always had a home group (basic group, new day group, moa, sos, happy havelock, Sunday night solutions).

I have worked the NA steps with an NA sponsor multiple times.

I have done H & I.

I have multiple years of experience organizing activities like the annual Halloween dance and annual chili cook off.

I participated in NRCNA 18 speakers/workshops.

I have sponsored numerous women.

I have been a group secretary quite a few times.

I have been a GSR twice.

Currently I'm the treasurer of my home group and have been since 2021.

I have a basic knowledge of the 12 concepts. I have an extensive knowledge of the 12 steps and 12 traditions, and over 25 years of experience learning and practicing the how and the why of the NA program.

I'm willing to be of service in any capacity to the fellowship that saved my life. Jae J.

TAKE BACK TO GROUPS FOR A VOTE.

Proposal #2: To amend the budget for 2023 and add an extra travel expense.

Intent: To allow the delegate team to attend required meetings per policy due the change of having an extra Zone and MZSS in the same year as WSC. This cost will cover both events.

Financial Impact: \$3200

Submitted by: Brenda D and Tommy N

TAKE BACK TO GROUPS FOR A VOTE.

Proposal #3: For Memorial Wall to have policy stating the same requirements as Archives does, not including the budget \$ amount.
Intent: To have Memorial Wall subcommittee to have its own policy.
Financial Impact: \$0
Submitted by: Sue H.

TAKE BACK TO GROUPS FOR A VOTE.

Proposal #4: Request for \$50 budget quarterly, as needed to be able to purchase necessary items.
Intent: For Memorial Wall subcommittee to have its own budget.
Financial Impact: \$50 quarterly
Submitted by: Sue H

TAKE BACK TO GROUPS FOR A VOTE.

No Nominations this month.

Open Positions:

Vice Treasurer

Outreach

PR

SBTW

ONGOING REMINDERS:

- Please send any updated in-person or Zoom Meeting information to meetinglist@nebraskana.org and it_committee@nebraskana.org

Send flyers for NA activities to activities@nebraskana.org

The Next Region will be held at
Giltner Community Center
4021 N. Commercial Ave Giltner, Ne.
April 8th, 2023

12:30pm General Assembly Topic: Fellowship Development and YAP Phone Server
Sub-Committees: 2 PM CST Region Business: 3 PM CST

Proposal To Close at 4:50pm