



Nebraska Regional Service Committee of Narcotics Anonymous

07/15/2023 Location: Grand Island, Ne.

Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.
 Twelve Traditions: Read by Rocky R. Twelve Concepts: Read by Tony S.

Roll Call:

<u>Executive</u>		<u>RCMs</u>		<u>SubCommittees</u>	
Chair:	Monica T	Columbus:	Wes	NRCNA 39	Tracy K
Vchair:	Absent	Central Nebraska:	John/ Sue H	NRCNA 40	Kevin C (Proxy)
Treasurer:	Tera N	Eastern Nebraska:	Steve H	General Assembly:	none
Vtreasurer	Open	Elkhorn Valley:	Courtney	Outreach:	open
Secretary:	Kora C	Fremont:	Rocky	Policy:	Terra N (Proxy)
RD:	Brenda D	Great Plains:	Sara T (Proxy)	PR	open
Alt RD:	Tommy N	Platte Valley:	Absent	IT:	Haidrian
		Souteast Nebraska:	John C	H&I:	Tracy K
				Archives:	Dick T
				SBTW Liaison:	open
				Memorial Wall	Sue H

Visitors: Michelle B, Lori, Jerry, Cindy, Alex, Cassie, Zach, Samantha B, Bre, Tony, Tasha, Barry B, Seth, Johnny C

Consensus to Accept Last Meetings Minutes: Passed By Consensus

Please check the nebraskana.org meeting list for the most up to date information.

We have been doing a ton of H&I work, as always. With that, we have done three H&I training sessions during this last quarter, including one that is happening today!

There are some cool things coming up in our area. The Steppin' at the Lake Men's Campout will take place July 28,29, and 30 at Lake Maskenthine, 10 miles East of Norfolk. The Flow of Hope Clean Float is August 18,19,20 in Sparks, NE!! EVANA will be making a \$75 donation to Region, and the Vision of Hope Group will be making a \$100 donation. I.L.S. Courtney E.

Fremont: Good afternoon, Family.

The Fremont area is alive and well. Most of us anyway. Too soon? As one of his closest brothers, I can assure you that Bo would want it this way. We often joked quickly about the misfortunes of the world but always with the verbal understanding that our own passing wouldn't be any different. Laughter with love was something that Mike was a big fan of and he will forever be remembered by those blessed enough to have had a relationship with him.

In the wake of our most recent loss we have seen a fire ignited in the bellies of members in our area like none that we have seen in the 5 plus years that I have been blessed to be part of this small but passionate family. Some folks that have been seen very little are attending more meetings and are getting involved in service work at the area level. Others that attend regularly are becoming more passionate about getting involved in new ways as well. I guess my point is that there is always light that comes after the darkness.

The Fremont area would like to thank everyone in the NA community for their efforts in moving the region meeting date and the pouring out of support to the Bohanan family. We would also like to remind everyone that our annual "Pie in the face" NRCNA fundraiser is coming up on August 5th at Miller Park in Fremont. Please see flyers for this event and spread the word.

For nearly 5 years I have been involved at area level as the RCM or Alt RCM and am announcing to the region today that this will be my last Regional meeting in that capacity. The Fremont Area is happy to be getting others involved in this position moving forward and I am stepping outside of my comfort zone and doing something new in my recovery as well. Assuming I am voted as such, I will be taking over as our H&I chair and I look forward to the new adventure.

The Fremont area is making a donation to region today in the amount of \$250. In closing, it has been a long time since Fremont hosted a regional meeting. Today we are excited to put our bid in to host in January 2024.

In loving service,
Rocky

Great Plains: Deborah (Proxy):

Hello Family, My name is Sara, and I am an addict.

The Great Plains Area is doing well. Ties that Bind group in North Platte will be Celebrating 15 years in service. They will be having a Party for ALL to come. The Party will be Aug 19th at 6:00pm at Cody park in North Platte. Flyers have been sent out.

H&I in our area is going strong.

Meetings in our area are going strong

Great Plains Area put on the Mid Summer Night Campout: Went very well. Higher numbers of attendance than previous year

Here is the report from the main organizer:

Was a lot of fun. Started out with lots of help from fellow addicts in recovery, pulling together to help out and make the weekend run smoothly. The first day, Friday 6/16/23, was a lot of fun. Had 6 tents set up, with about addicts camping the whole weekend. Lots of food and laughs were had by all. With a campfire meeting led by Jason W. That meeting had an attendance of about 10 addicts plus kiddos. Basket being passed raised about \$28.00. Big storm that night forced everyone to wait it out in their tents the next morning. Saturday 6/17/23, added a couple tents bringing the total to 8 tent campers and a motorhome. Saturday was the campfire speaker meeting, with 16 addicts, plus kiddos and a couple non addict guests in attendance. Megan E from Grand Island shared her experience, strength, and hope with the group. That meeting basket being passed raised \$28.00. There was also a silent auction, with donated items from addict, with final auction winnings totaling \$133.00. Sunday morning was a very nice morning, having a pancake feed for the remaining campers and kiddos. Everyone pitched in and helped make everything happen and made sure everything was cleaned up and in order. Very grateful for the addicts who pitched in and helped, the addicts who came from near and most of all far to attend the 32nd annual Mid Summers Night campout, to make it a success. Between the donations from Ties that Bind, Chainbreakers, and Surrender our Addiction groups, we had a total of \$250 prior to the campout in donations. Minus the porta potty \$105.50, and Walmart trip \$73.79 (receipt in money envelope) we had a total of \$70.71. That being added to the 2 nights of meeting basket passing and the silent auction winnings, combined together, leaves us with a total donation to Area of \$261.71! In my opinion I think everyone had fun, everyone stayed safe, and there was great recovery. Would also like to thank Dick and Monica T for all the work and help done behind the scenes and for making this weekend run smoothly!

Thank you for letting me serve

Sara T

Southeastern:

Hello from SENANA. It has been business as usual in the Lincoln area. H&I has been able to go into the Touchstone treatment facility as well as LCC for men and sporadically LCC womens. The ability to go into NSP and York Prison is still on hold but we are trying to get the guidelines figured out so we can get back into these facilities. We are able to distribute meeting lists at all of the places that need them.

Our activities committee has been doing a great job. They have hosted a dance and a bonfire event since we last met and are working on setting up a training day for addicts to be better able to serve.

The NRCNA 40 convention committee has been meeting and are now in the process of understanding guidelines and filling positions. Thank you to the members who are working on making NRCNA 40 a convention to remember.

I also want to report that our area has voted yes to carry proposals #1, #7 and #8 from our last region meeting

It has been a pleasure to be able to serve our area as RCM but now my commitment is up after this month. I have learned a lot about how NA works and it has been a great pleasure to meet so many dedicated NA members that strive to make taking the message to the newcomer as effective as it can be. Our alt RCM is celebrating an NA meeting anniversary in Arkansas today but is looking forward to representing SENANA starting with the Oct 2023 meeting.

With unending gratitude and love for being able to serve, John H.

RD Report:

RD Report July 2023

Dear NA Family –

Let me start off by saying Thank you so much for letting me serve this Region! We have so much to share with you about the information on from the World Service Conference. We have a packet of information on and a PowerPoint and would like to talk with this body about the best way to present that to you during general discussion. Our trip to the WSC was great and Tommy has a great summary in his report about some of those decisions.

Other points of interest/information on are:

- World Unity Day is September 2nd! There will be a Unity Day Recovery Meeting Webinar at 1:00pm CST – more information can be found at na.org.
- The RD team will be attending CP Webinars starting July 22nd, Sept 23rd, and Nov 18th.
- The GWSNA (Guide to World Services) is out for a 90-day review. If you are interested in attending a zoom meeting with Tommy and I to discuss this, please get ahold of either of us asap.
- We are hopeful that Nebraska will start discussing how the new 3-year cycle will affect our policy, budgets, & terms.
- We are also aware of how much information is being given out to the RCM's, and not just from us but from other subcommittees as well... we hope that we can start to discuss how we can be flexible with our time for this business meeting, whether that is making is a longer day or meeting more often in between our quarterly meetings so the RCMs are not overwhelmed with information.
- We also came upon the handout we passed out today. It is designed to help the RCM's take notes and get all the information back to each of the areas. We thought it might be easy to photocopy also for the GSR's and will provide something to the new people coming in.

Thank you again for letting me serve this Region and I would like to encourage all of you to invite all addicts to the next presentation on in Norfolk at 10am... there will be door prizes, some laughs and pizza! This is open to any member who would like to come join us!!

In grateful loving service,

Brenda, RD

RDA Report:

Alternate Regional Delegate 7-15-23

Hello Family!

I will keep this pretty short because I am pretty sure Brenda will do complete job of reporting what happened at the WSC. I do want to say that it was an honor to get to represent the Nebraska Region of NA. An important thing that I learned was that it is crucial to have a delegate team. There was a ton going on and things were dynamic. Brenda and I were able to bounce thoughts off each other and really talk about the input we got at the CAR/CAT workshops to guide us through some decisions. I also learned (more than I already knew) that we are part of an amazing Zone. The wealth of knowledge, experience, and support from each other was a true expression of unity in action! We also picked up an honorary member of the Plain States Zonal Forum with one of the Zonal Delegates from Africa, Gogs!

I also got to check out quite a bit of NA history! We toured the NAWs office, went to an inside smoking meeting, and took selfies outside of the church where the first NA meeting was held on October 5th, 1953.

I just want to highlight some of the decisions that came out of the conference. Again, I am probably repeating Brenda, but these stuck out to me as being important to our region from conversations we have had.

- We will be moving to a three-year cycle for the WSC, so we will need to figure out what that looks like for delegate terms, etc. Along with the change in cycle length, there will be an interim virtual WSC to conduct necessary business between in-person conferences. The CAR will also be released 30 days earlier than it has been.
- Virtual meetings will be recognized and added to The Group Booklet
- All the FIPT motions passed, so there are some changes in how groups need to go about printing book length material and some procedural changes for the inspection clause. Also, Zonal Delegates will be able to vote on FIPT changes moving forward.
- The World Convention rotation will be suspended following the DC convention next year. A new rotation plan will be presented at the next WSC.
- The motion to look at all NA literature and talk about gender neutral changes did pass. Since this passed, the motion to add the word gender to What is the NA Program was committed to the board.
- The motion to change "his or her own language" to "their own language" in the Vision for NA passed.
- Regional stories will be allowed to be added to translated versions of the 6th Edition of the Basic Text, as long as those stories are published in the translated versions of the Little White Book.
- Creating a workplan to make an IP for a personal inventory of gratitude passed. However, the process we have for prioritizing literature projects is a bit broken, and it might not be created for a long time (or ever).
- There will not be a small step study book with questions that are answered directly from the Basic Text.
- There will be no moratorium on new literature.

It was amazing to see how consensus could be reached by so many people from so many different languages and cultures. There was, of course, much discussion and alternate views presented. In the end, unity and our primary purpose gave clear direction. Thank you to everyone who provided votes and input during CAR/CAT workshops. I want to work on finding a way to get more input from our region, but I am super happy to

have received what we did.

As I mentioned before, the process for prioritizing literature projects seems to be a bit broken. It is such that there can be motions that pass in the CAR that do not have a chance to get prioritized, especially if there is an amendment. One example is that we voted to update the H&I Handbook through an amendment to a motion. The H&I Handbook was not a choice on the literature survey at all. We also know that there was much confusion around the literature survey itself, with some projects already being passed through a motion and previously prioritized appearing again on the survey. There was quite a bit of discussion and contention around the approval of the workplans in the CAT due to these issues. I am sure that there will continue to be discussions on how to make this process better.

I am looking forward to going to the Plain States Zonal Forum meeting at the end of this month in Amarillo! There will be PR presentations, workshops, and Zonal business happening there! There is also the Multi-Zonal Service Symposium coming up in October in Detroit.

I submitted all my receipts for the WSC to our treasurer. After airfare, hotel, rental car, food, and shipping some cool stuff from the World Service Office, I have a balance of \$2,454.47.

Okay, I think that is plenty! I.L.S.,

Tommy N.

Sub- Committees

NRCNA 39:

Hello family

NRCNA is coming together well, we have all confirmations from our speakers and workshop speakers. We will be ordering banners and our convention t-shirts. Hotels and Hospitality will be sending out a sheet to GSR'S to get out to their home groups about helping out with hospitality room, that will be sent to secretary to put on minutes. It is asked that a response is in by September 1st via email or text.

In loving service

Tracy K

NRCNA 40: Kevin C

1. Needs the \$4,000 as opening balance for a bank account
2. Need the Region's EIN number to open the account
3. Needs a letter from Region to open this bank account under our EIN number
4. Needs hotel contact information for NRCNA36,37, 38 – he will provide this to the host hotel for a credit reference. Otherwise the hotel will charge a very high deposit.
5. Will work with IT to get NRCNA 40 setup for online registration and PayPal.
6. At the last meeting there were 27 people in attendance.

Monica stated that all these requests above were part of the guidelines for NRCNA. Tommy has the editable version of this letter and will update the letter and email it to Kevin for the bank account.

General Assembly: none

H&I: Great Plains Area

Lincoln County jail (men): 14-18 men each meeting, literature delivered each week: white books, introductory books and meeting schedules

Lincoln County jail (women): 12-14 women each meeting Buffalo County Jail: they are starting to open up. Will start going in when they get enough to volunteer. Literature is being taken and meetings lists are being dropped off.

In loving service

Kevin M.

Columbus Area

Columbus or platte county jail meeting is going good. We are trying to do more Butler county jails. We also go to SOS every 4th Tuesday of the month. We have women meeting in Platte county jail for now.

In loving service

Wes

Central Area

Central Nebraska Area H&I is alive and well. We did a training and fundraiser in June and it went very well, we had several people come and get trained. We continue to go into St. Francis, the VA and detox every other week. We have several women approved that are going into the Hall County Jail each week and are working on getting some males approved. We are also looking to find out who we need to talk to in order to get a panel into the Adams County Jail.

In loving service Jamon C.

Fremont Area

Fremont area HI report

Fremont area is doing well, we still continue to take both men and women's meeting into Washington county. Since Saunders County still do not hold any women, the males are still attending at least one meeting there. We make sure that both facilities have basic text, intros to NA and region meeting lists. Rocky R is working on being voted on for HI chair and if he obtains the position, he will continue to build relationships with both jails and continue to see that they get meetings along with literature.

Fremont area would like to thank the region committee for postponing region on the 8th of July due to unfortunate circumstances. It takes a lot of effort to postpone a huge committee meeting let alone an entire fundraiser as well. Your efforts , support and love did not go unnoticed and is very much appreciated.

Sincerely Samantha B

In loving memory Michael B

EVANNA area

Hello family H&I is going well in the evana area!! We have had to have a lot of extra h&i training just to keep up with every one that wants and needs to be trained. We are having one today at 2pm. Sorry I wasn't able to make it. I am going to try and make it next time.

In loving service

Tristen S

We also had discussion on what literature to order next time. We did have a mix up on little white books so I will be reaching out to NAWs to get it straightened out.

Thank you for letting me be of service.

Tracy K H&I Chair

Outreach: Open no report

Policy: Read by Terra (Proxy)

Hello Family,

First, thank you to Tera for being my proxy as I could not make it today. During our last Regional Business meeting in April, we had two proposals pass regarding our policy for the new Memorial Wall Sub-Committee. I have updated our policy to reflect these changes. Included below you will find a summary of these changes. I will send the revised policy to the IT Chairperson today to be posted on our website. Any member that reviews this document and locates any errors or missing information, please let me know as soon as possible so that it can be corrected.

I also worked with our treasurer to update Addendum C in our policy to accurately reflect our current costs. We put together a proposal for our updated budget to be submitted for review and approval.

Thank you for the continued opportunity to serve.

In Loving Service,

Ariel W.

Change

Added:

III. QUALIFICATIONS AND RESPONSIBILITIES OF SUB-COMMITTEE SERVANTS

G. Memorial Wall (7/15/23)

a. Qualifications:

1. 18 months clean;
2. 1 year NA service experience;
3. Working knowledge of the Twelve Traditions, Twelve Concepts, and the RSC Policies.

b. Responsibilities:

1. Purpose is to preserve our history;
2. Maintain the memorial wall pieces and gather new additions to include on the memorial wall display. Ensure upkeep of all needed supplies.
3. Budget \$50 quarterly
4. Quarterly expense reports will be provided to the Regional Treasurer, with receipts.

Reason for Change

Proposal passed by consensus April 2023

PR: Open

IT:

Good afternoon everybody, I have some major items to report. I have a draft of a new website available at nebraskana.org/testsite. The biggest differences between the new site and the old one are:

1. Replaced the activities page with a calendar. There is also a sidebar which shows dates of upcoming events.
2. Meeting lists. The new site has the capability to generate a meeting list using the most current information on the bmlt.
3. Layout.

I would like some feedback before I replace the old site with the new one, during break might be a good time. If feedback is positive I can replace the old site at any time. I could also keep the old site and just implement the calendar and meeting list generation tool there if we would prefer.

Thanks for letting me serve,

Hadrian C

Archives: Dick T: Nothing has changed. He was hoping to have a couple of banners redone – but he feels they are too fragile to move. Example the banner from 1986 hanging in Grand Island – he'd rather leave this banner hanging in the meeting location.

SBTW: SBTW- Regional report

I attended the Zoom meetings for Sponsorship Behind the Walls on June 14 and July 12, 2023, meetings are only about 20 minutes so come if you are interested!

ON 6/14/23-

Present were: Teresa B, Sam B, Denise (OK), Amanda B, Matt F, Dan N and Sharlene

No Mail, Sam B did orientation and 2 people were interested

Best Little – no report or representation

Open positions: SD Region liaison (Sharlene interested); OK Region liaison

Co- Sponsor Communications; Co-Facilitator

ON 7/12/23-

Present were: Teresa B, Sam B, Dan N, Amanda B, and Desire

Mailbox closed 7/13-17 for remodel but pick up on 7/17, dues 8/2 Sam B will get paid

Inmate letter from Arkansas- forwarded to Arkansas Region- no other mail

Next Orientation- 7/22& 3pm (45 min) Zoom

7/28-30 Plain States Zonal Forum in Amarillo TX with Zoom option PSZFNA.org

Workshops Saturday and Business Mtg. Sunday

In Loving Service, Mark W

Memorial Wall:

If you have lost someone or know of someone to add to the Memorial Wall, please send me the name and where that person was from and if you are sending or bringing a picture to be included, please only submit a 5 x 7. Due to the growing number, this size seems to be the best size. I have ordered frames so everyone will have a place on the wall. I would appreciate if they can be sent on or before Sept. 1st, as we will be working on updating the flash drive with pictures on it. Email or screenshot the picture you want and it can be added to the drive in color, however I do not have a color printer, so if you want the picture that's displayed in color, please bring it to me, or text me and I can give you my address. Thank you!!

Old Business:

Proposal #1: To have the Nebraska Region contribute \$200 yearly for our bus campaign. This would be for additional buses or for the next years contingent upon fundraisers successfully raising the remaining necessary funds.

Financial Impact: \$200 annually

Vote: 5 Yes 2 No – Passes

Proposal #7: To nominate Michelle B for PR Chair position

Intent: To have a PR committee

Financial Impact: 0

Vote: Unanimous yes – passes

Proposal #8: To start a Regional Phonenumber under our PR Committee

Intent: To have a Regional phone number

Financial Impact: \$20 / month

Vote: 5 Yes, 1 No, 1 abstain - Passes

MONICA CALLED FOR A 15 MINUTE BREAK, THEN WE REOPENED WITH A MOMENT OF SILENCE AND THE SERENITY PRAYER.

Old Business (cont):

Oct 2023 Regional Meeting discussion –

What weekend would we like to have region in October to not conflict with NRCN39? Since this is the next meeting the RCMs had to decide today.

Proposal: For the Too Sweet & Survivors group to host the next regional meeting in Norfolk – Saturday Oct 21st at 104 S 10th Street.

Intent: host region and have a nrcna fundraiser

Financial Impact: \$50

Vote: Unanimous yes – passes

Insurance Discussion: We need to update our insurance from 50 mtg locations / 30 members/NRCNA to have 100 mtg locations/800 members/NRCNA/ Run for Fun/ CECK; this will increase our policy by \$3000.

A discussion ensued about this. Outcome: Terra will have an Ad Hoc committee to review the insurance and come back in October.

501C3 Tax Status Discussion-

Monica talked to an accountant and Steve R at NAWS. Both said as a region we can fill out the paperwork and follow through on it. This paperwork will need to be filled out every 5 years. A discussion ensued about non profit tax status. It was decided that we would leave the region tax status alone for now and discuss again in October 2023.

Open Floor: None

New Business: Proposals and Nominations:

Rent Increase for Regional meetings –

Giltner NE location has increased from \$50 to \$200 a month. Next region will be in Norfolk and we will discuss this again.

Proposal from Areil about raising \$ amounts listed in Addendum C in our guidelines.

A discussion ensued. Outcome is that there is no proposals needed as we had proposals and votes about these increases a few months ago.

Email from SENNA Area – Lincoln to NAWS about Police Surveillance

A discussion ensued. Outcome is that this has been resolved at the area level and was a NON-issue to start with.

Proposal #1: Request in the next 2 years NAWS operating expenses are based solely on the average books sales of the last 10 years and 10% of domains above the profit from book sales average.

Intent: So that addicts not bon yet will not be burdened with enormous expenses out of our service center.

Financial Impact: none

Submitted by: Clean Way Group Paul H

RCMs straw polled not to take this proposal back to groups.

Nominations:

Per our timeline its time to nominate new members or petition to stay seated for another 2 years.

Outreach:

Rocky nominated Tony S for Outreach Chair – Tony accepted. Here is his service resume.

Clean date 4/28/22

Service on NRCNA 38 planning committee as registration chair 7/22 – 10/22

H&I Trained

Panel Leader for SRP Nov 22 – Apr 23

Currently Panel Leader for Pierce County Jail - April 23

Secretary for Monday Night Miracles Meeting in Norfolk – Feb 23

I have a sponsor who has a sponsor and currently sponsor 6 men who are working their way through the 12 steps

I love people, love helping people and excited to serve at the regional level.

Chair: Mark W accepted this nomination in absentia via a written acceptance:

In absentia, for Region on 7/15/23

If nominated for NRSC Chair I would accept the nomination.

ILS,

Mark W

Staying Seated in their positions

Secretary: Kora C would like to stay seated

H&I – Tracy K would like to stay seated

IT – Haidrian would like to stay seated

Memorial Wall – Sue would like to stay seated

Positions with no nominations or requests to stay seated:

Vice Chair

Treasurer

Vice Treasurer

SBTW

Archives

Updated Website:

Haidrain would love a vote of confidence – straw poll – if he should update the website, The vote was yes – to please do so

Next RSC Meeting

John H from Senna brought up extending our next RSC meeting to discuss the WSC business. A discussion ensued. A proposal was made and accepted by the RCMs that region in Norfolk will be: General Assembly 10 to noon. Lunch with Pizza provided – bring a side dish or sweet! Subcommittees at 1pm Region to start at 2pm.

World Service Conference News: Does your area want a special presentation at your ASC meeting? If so contact your RD team to schedule!

Plains States Zonal Forum has free Zoom software services available for any committee to use. Just hit up the website to get more details: pszf.org

ONGOING REMINDERS:

- Please send any updated in-person or Zoom Meeting information to meetinglist@nebraskana.org and iit_committee@nebraskana.org
- Send flyers for NA activities to activities@nebraskana.org

The Next Region:

The 3rd Saturday – October 21st

104 S 10th Street, Norfolk, NE

Too Sweet and Survivors will host Region.

NOTE new Times!

10am General Assembly Topic – WSC Review

12pm Lunch – Pizza provided bring side dish

Sub-Committees: 1 PM CST

Region Business: 2 PM CST

Proposal To Close