



Nebraska Regional Service Committee of Narcotics Anonymous

11-4-2023 (October's mtg) Norfolk, Ne.

Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.

Purpose read by Mark W. Twelve Traditions: Read by Steve H. Twelve Concepts: Read by Tony S.

Roll Call

<u>Executive</u>		<u>RCMs</u>		<u>SubCommittees</u>	
Chair:	Monica T	Columbus:	Wes	NRCNA 39	Tracy K
Vchair:	Mark W	Central Nebraska:	John D	NRCNA 40	Jae J
Treasurer:	Tera N	Eastern Nebraska:	Steve H / Mandy F	General Assembly:	Tommy N
Vtreasurer:	Open	Elkhorn Valley:	Tony S	Outreach:	open
Secretary:	Kora C	Fremont:	John P	Policy:	Ariel
RD:	Brenda D	Great Plains:	Tracy K (Proxy)	PR	Michelle B
Alt RD:	Tommy N	Platte Valley:	Absent	IT:	Haidrian
		Souteast Nebraska:	Abset	H&I:	Tracy K
				Archives:	Dick T
				SBTW Liaison:	open
				Memorial Wall	Tracy K (Proxy)

Visitors: Bre C., Melissa H., Mickey C., Rob F., Zach H., Paul H., Jamien C., James C.

Consensus to Accept Last Meetings Minutes: Passed By Consensus

Central: John D:

Hello Family! Central area is alive and well. We are working on updating our policy for are area. NRCNA 39 was a great. PR is printing meeting list of are area meeting due to running out all the time. Also we would like to host region in July at 210 N Wheeler - has a proposal to turn in.

In Loving John D

Eastern: I am honored and excited to be the new RCM from ENNA, in addition, I would like to introduce Mandy F. as the new alternate from ENNA. We will do our best to represent our positions and are grateful to be of service. Things to report from ENNA are as follows:

I would like to thank everyone who came out and supported the P3 Steak Feed. The turnout was amazing and very successful. Old Skool will be hosting their Thanksgiving Day Gratitude Dinner on Thursday November 23rd. Doors open at 8 AM. Come join us for a day of food, fun, fellowship, and recovery. I have flyers available.

The Close Encounters committee is making great strides to bring another great convention to Omaha. Merchandise, registration, and hotel reservations are available on the Close Encounters website.

Finally, ENNA is giving a \$2581.83 donation to the Nebraska Region today.

In Loving Service,
Steve H.

Elkhorn Valley:

Hello family,

I am currently the EVANA Alternate RCM, but will most likely be voted into the RCM position later this month. Thank you Tony for proxying for me as I am out of state currently!

EVANA is going strong!! A couple of groups are in temporary locations but most have found permanent locations. Please check the nebraskana.org meeting list for the most up to date information.

We have been doing lots of H&I work, as always. We are currently rescheduling the H&I & phone line training that had been previously scheduled for today.

On Friday November 24th, Monday Night Miracles will be hosting "Feast with the Fellowship" at 907 W. Norfolk Ave. Norfolk NE. Travis W. is the kick off speaker at 1pm with workshops, meetings, NA jeopardy, & fellowship until 11pm . Please bring a side or dessert to share for the MEAL at 5pm!!! \$5 suggested donation/no addict turned away.

EVANA will be making a \$96.80 donation to Region.

I.L.S.

Courtney E.

Fremont: John P

Hello Family- all is well in Freemont. Our meetings have been growing and doing well. We do have an event planned for November 25th called Being Thankful in Recovery. We will have our annual Freeze Out In door campout March 9-10th. At Camp Moses Moral. We are putting in a proposal today to host the regional meeting in January in Freemont. We are donating \$350 today. Thank you.

Great Plains: Hello Family, my name is Sara and I'm an addict.

The Great Plains Area is doing well. Attendance in our meetings is going strong. Chainbreakers of North Platte had their annual Halloween party, and had a great turnout. They are also talking of creating a quarterly speaker meeting/potluck and Taco Tuesday Talks. H&I in our area is going strong. We have positions open in our area that we can hopefully fill soon.

Im sorry for not being able to attend. Love yall

Thanks for letting me be of service

Sara

Southeastern: no report

RD Report:

Hello NA Family!

I'm glad to see you all today! It seems like it's been awhile since we've been back in this forum... so I'm just going to get right to it... We had a Conference Participant meeting with 80 delegates, 5 Zonal Delegates, 12 World Board members 60 Alternate Delegates, 5 Zonal Contacts, 4 members of the HRP, 1 WSC Co-facilitator, 6 interpreters, and 16 NAWs staff in July and learned about several new things coming this new cycle. First is that Irene is our new World Board Chair this cycle.

She facilitated our meeting and shared that we will be having conference participant web meetings every two months. (dates for these can be found online at na.org or just ask Tommy or I) We will focus on framing the IDT's during this web meeting. We also had a NAWs update from Anthony. We learned that most of the material has been posted to the portal (if you were here for general assembly you can explain that to the person sitting next to you) Also, the Annual Report is available for download. If you have any questions, please ask Tommy or I, we will be glad to help. We then moved on to discuss the meeting search tool on na.org and the transition from that centralized database to a tool that will point members to local service bodies for more accurate and up-to-date information. (Again – thank you for attending general assembly!!!) There are some job postings available that they are looking to fill and those can be found out at na.org/jobs. This cycle there will be workgroups planned for various projects this cycle. If your or

someone in your area would like to serve on these or has input for them, there is a form posted for members to fill out if they are interested... again thank you for coming to general assembly! Our big focus is planning and the discussion that began at the WSC are being used as the foundation to develop the next stages of the scanning process. Finally, Irene reported on a new bundled piece of literature, The NA Survival Kit. The FIPT requires a 120-day notice for repackaging, bundling or excerpting of approved NA literature and this will be posted in August. The NA Survival Kit would include the sections from each NA book on each step. We spent the remainder of the meeting in small groups discussing A). What do we want the IDT workshops on this topic to accomplish? What do we want to get out of the discussions? (Intended outcomes can be tangible or intangible. For example, a tangible outcome might be developing a written piece about this topic. An intangible outcome could be a stronger sense of unity in our local communities.) and B)) What questions could help focus or probe the discussion? Or if you're uncertain about specific questions, do you have any other ideas for the workshop? We were given about 50 minutes of small group time, and told that after that everyone would back together for some large group discussion. After the small groups were done, Irene welcomed everyone back. She let everyone know that the small group notes would be collated and then uploaded to the Dropbox.

Irene stated that with the rest of the time they would open up discussion on one more IDT: Reimagining and revitalizing service committees. (to further the reach of the NA message, improve communication, provide mentorship and training, and make service more attractive and accessible, learning from our experience the past few years)

Irene stated that the question for discussion at this time will be: What topics you want to make sure are addressed in workshops about this IDT?

If you were doing a workshop today on Reimagining and revitalizing service committees, what would you most want to get out of it?

Irene then opened up for discussion.

From Large Group Discussion:

What topics you want to make sure are addressed in workshops about this IDT?

- Where do you find material on the web? Specific topics and locations that can help trusted servants learn.
- Survey – what were the specific situations that made service attractive to you? What specific situations let you down about service? What is the best behavior that attracts you to service? And worst behavior?
 - o Create a set of tools that can be worked on to improve service bodies that are based in spiritual principles.
- The balance and relationship of expectations of trusted servant and service body. Commitments to time from members and commitment to members through mentoring/training members who are committed to service – developing a supportive atmosphere. We expect member to make a commitment; what does the service body commit to the trusted servant (training, resources, etc.)
- How do we make service fun? Helps make finding common ground easier
- Define what it means to be a member (3rd Tradition)? How do we get members to understand what that means?
- Consider forming NA communities with fewer meetings/groups so that the service bodies can actually support services
- What is the objective of the position/function? Focus on the objective, not policies.
- What are we doing to empower our members in their personal recovery to believe they are capable to be of service? How are we building mentorship relationships? What can we provide to members so they feel capable of serving?

What would you most want to get out of a workshop on this topic?

- When your area/region is working well and your trusted servant positions are filled, what factors are in place to make that possible?
 - Structure of group/area/region – difficulty filling positions – what are you doing to fill roles? Are you using different models for service?
 - Do you use a service structure that is successful?
 - Material that better describes services and positions that address the purpose of services.
 - How do we develop a culture of enthusiasm for service? So, it's not work
 - What practical experience have we found that works?
 - An understanding and embracing of the spirit of service.
 - Ways to make sure a member doing service is heard and seen—acknowledged
 - Identify ways to make service fun – Have games, Q&A, some interaction.

We then closed with the Serenity Prayer.

On September 23rd we met again. This meeting was attended by 69 RDs, 5 ZD, 14WB 56 Ads 5 Zonal Contacts (from 4 zones) 2 members of the HRP, 1 WSC cofacilitator, 2 interpreters, and 19 NAWS staff.

Irene reported that the focus of today's web meeting will be the new planning process introduced at WSC 2023. Also, they will discuss the upcoming changes to the meeting finder app and webpage to make sure everyone is aware of what is needed from regions and zones.

Irene passed the meeting to Anthony E for a NAWS update.

Anthony E (NAWS ED) started by letting everyone know the latest financial update is a draft of the 2023 fiscal year ending in June and is uploaded to Dropbox. He went on to say that they still want to shift from Dropbox to something like the WSC Portal for sharing files. He reported that other IT priorities have taken attention first such as the recent upgrades to software used for bulk emails. This upgrade will save both time and money as well as make unsubscribing easier for people, among other advantages. Now the focus is the upcoming changes to the meeting finder webpage and app.

Anthony reported that in terms of finances the picture hasn't changed since the July conference participant web meeting. He reported a few staff additions and reminded everyone that the number of staff is still far fewer than pre-pandemic, and with activity ramping up, staff are still stretched thin.

The Business Plan Group is working on the issue of sustainability. He stated that they will report more information and ideas as they have them. He reminded everyone that the overarching message is still the same: member contributions are the most sustainable source of income for World Services. He thanked everyone for the ways they give to NA.

Anthony noted that one of the items addressed on the financial cover is the 45% increase to Free and Subsidized literature. The fiscal

year figures are not finalized yet, but the rough numbers are just shy of three quarters of a million dollars. Based on the financial situation over the last few years, he stated that this was amazing and thanked everyone for making it possible.

He reminded everyone about the 120-day review for what is being called the NA Survival Kit. He clarified that motions adopted at WSC 2012 give NAWS the ability to bundle or repackage NA-approved material as well as provide electronic enhancements and make non-substantive corrections if 120-day notice is given to Conference Participants. In addition to the bundle of the Step chapters, they intend to number the questions from the Step Working Guides and this is seen as a formatting and not content change.

Anthony reported on the planning for the World Convention in Washington, DC next year. He apologized for the issue with the date mistake in NAWS News and that it was corrected immediately but still circulated via social media. Anthony confirmed the dates as 29 August to 1 September 2024. He added that WCNA is expected to go on sale soon. He reminded everyone that the information will go out via email as soon as it is available. He encouraged those who are excited to attend to be patient and wait until the notice goes out to book hotel rooms. The hotel rooms will be priced significantly less if members wait for the NAWS block to be open. He also requested that anyone wanting to recommend speakers complete the online form at na.org/wcna. If interested in evaluating speakers, there is a form on na.org/surveys to complete for consideration. Anthony then passed the meeting back to Irene.

Irene thanked everyone for their participation in the last CP Webinar and for their input on the Issue Discussion Topics. She reported that they have posted the first two IDTs: Gender-Neutral and Inclusive Language in NA and Dealing with Disruptive and Predatory Behavior. Workshop materials, PowerPoints, and handouts are all available at na.org/idt. Also, updated general discussion and workshop materials such as facilitator's and brainstorming guidelines can be found toward the bottom of the IDT page. She stated that the November CP web meeting will be discussing the last two IDTs which are Reimagining and Revitalizing Service Committees and DRT/MAT as it Relates to NA. She went on to remind everyone to complete the online input forms after doing IDT workshops. Those can be found on the survey page at na.org/survey. She also mentioned the H&I Basics survey located on the same page.

Irene moved on to discuss the goals of this meeting in regard to planning. She reviewed the survey including the internal and external factors identified at WSC 2023. She reported that, as of the beginning of the week, 41 conference participants had filled out the survey (including delegates, alternates, and board members). Most completed the survey as individuals and not on behalf of their service body. She talked about the importance of this survey and the need for regions and zones to help shape the priorities through the collaborative planning process. Irene explained that they would now break into small groups, and odd-numbered groups would discuss External Factors and even-numbered groups, the Internal Factors.

The questions being discussed in the small groups were:

1. Are there any factors listed that you don't understand?
2. What is one factor that you believe has a high impact, based on what is happening in your service body?

Irene let everyone know they would have 40 minutes of small group time. Everyone was sent to the breakout rooms.

After the small groups were done, Irene welcomed everyone back. She let everyone know that the small group notes would be collated and then uploaded to the Dropbox.

Irene explained what happens after the survey is done. She stated the results will be gathered, and NA World Services will be asking for time at zonal meetings the first quarter of 2024 for further discussion and analysis. The board will facilitate the zonal sessions—believing it will take two two-hour sessions—to identify solutions based on the survey results. The board will then combine the results from all of the zonal forum discussions and draft a plan to be considered (based on available resources) at the interim WSC.

Irene went on to add that they have created a possible outline of the plan for how to accomplish this phase of the process. Initial ideas include asking some zones if they can join together virtually for these planning discussions.

Proposed outline for zonal sessions:

- The EDM has been asked for at least two of their sessions. The same can be done for the APF.
- Afri-Can ZF - virtually
- LAZF – virtually
- RZF – virtually
- BZF – virtually or at their scheduled May meeting
- CANA, WSZF, and RMZF –meet together and break into small groups virtually?
- PSZF, MZF, SZF – meet together and break into small groups virtually?
- NEZF, Autonomy, SEZF - - meet together and break into small groups virtually?

She added that they have not talked to most zonal forums about this and they don't want to speak for any of them. These are just some beginning ideas. The Future of the WSC workgroup that meets next week will talk more about it. She added that any feedback can be sent to wb@na.org.

Irene moved to the topic of the meeting finder page for NA World Services. She reported that conference participants recently received an email with an Excel sheet asking for information about regional, area, and zonal websites and phonelines. As was previously reported at the WSC, in NAWS News, and at CP web meetings, the plan is to switch from an interface that lists meetings to one that lists local websites and phonelines. Areas and other service bodies have always done the best job at keeping meeting information current. What is needed is to get completed information from regions and zones of current local websites and phonelines, including their geographical location. She reported that of the 166 emails sent out to seated and unseated regions, they have heard back from less than 10%. She said that World Services is willing to have a web meeting devoted to this topic if it would be helpful. Irene asked for a show of virtual hands to get an idea if there is interest in the open web meeting. After a rough count (approximately 65) it appeared there was enough interest to devote an open web meeting to help complete the information. She added that if people have questions about the meeting finder changes and the information needed, to direct those emails to lori@na.org or

donnell@na.org.

Irene stated that the time left in this meeting will be for questions and answers.

Sam (HRP) asked for the expected timing of the joint zonal discussions. Irene gave the answer from January to April 2024.

Steve (Arizona) asked two questions. The first was the dates for the interim CAR. Irene answered that the dates had not been set but will be set soon. His second question was regarding volunteering for WCNA. Irene let him and others know that they could email wb@na.org. [Note: interested members can sign up on the Focus Group Volunteer Form posted at www.na.org/survey.]

Thomas (Eastern New York) asked about the email sent out regarding the meeting locator information and when he should have got it. Irene replied that it was sent the first week of September and that if he did not receive the email to send a message to lori@na.org.

Irene closed the question-and-answer portion of the meeting, reminding people to email if they have a question that didn't get answered. Before closing the meeting, she made a couple of announcements. They are planning another online open recovery meeting for Sponsorship Day on 2 December. This will be from 11 am to 12:30, Pacific Time. She said that since the Unity Day meeting maxed out their space in the room at 1,000, they will have a link to livestream the audio similar to what they have done at World Convention in the past.

Irene shared that the next CP web meeting is 18 November and will likely be discussing the two remaining IDTs.

She then thanked everyone and closed the meeting.

NOW..... Every one Stand up – stretch – do whatever you need to do... I get that you are not used to a report like this... however, I think it's important for this body to understand exactly what the delegate team does... in detail... so that who ever the next members elected into these positions understand what they are going to be doing. I used to feel bad about my report being long but I'm not going to feel guilt or shame when I see someone yawn anymore. So now onto the next half of my report.. heh heh heh....

Our next Zonal Meeting is virtually tomorrow night at 6:30. If there is anyone here who would like to sit and listen into that, please contact Tommy or I today and we will give you the meeting id information... Our next in person zonal meeting will be in Iowa in Sioux City Jan 5-7th, 2024. We have a vote we would like this body to give us on during either new business or general discussion. We understand that we cant take it back to the groups by tomorrow, but that is why they call you trusted servants.. they sent you here trusting that you would represent them in the best way possible.

I have some questions about some of the information on the website I would like to address during general discussion... along with a suggestion about proof of insurance for those groups that would need it during general discussion. I have a note here to ask Lincoln how the bus campaign is doing? Also about Term limits for the new cycle? (if I don't put them down I might forget them)

I also wanted to remind everyone that Sponsorship Day is December 2nd...

A huge Shout out to EASTERN AREA for taking us up on our "special" presentation... We had such a great time with you all that day! We hope you enjoyed it as much as we did!! If you all don't know what we are talking about... please ask the ENNA peeps to fill you in!!!

And another huge shout out goes to Great Plains Area!!!! ...who have held their Area meeting virtually for OVER ONE YEAR!!! Every month they meet online and every month they get things done! They have a recurring meeting set up through the PSZFNA.org website and they have members who went from hating online meetings to LOVING them!! BIG HUGS to all of you who make that work!! I'm super excited for you!! Especially when I know you all will be safe when the roads are garbage!!

My last and final shout out of gratitude goes to Tommy! Thank you for stepping up and fulfilling the mission of our team. The last few months I have had some family situations and now some personal situations that are making it difficult for me to do everything that I used to do. I am blessed to serve with you. I will always be glad you let me over-share.. carry my bag...and drive me around... you are just the bestest!

Thank you for letting me serve this fellowship....

Brenda RD

RDA Report

Hello Family,

We have been busy since the last RSC meeting! I attended the Plain States Zonal Forum (PSZF) meeting in July in Amarillo, TX. It was great to drive down with Barry! There were some great workshops held, including a PR for Professionals presentation, Attracting Members to Service, PR Basics, Fellowship Development, and Leadership/Mentorship. Those workshops are available at pszfna.org.

At the business meeting there were updates from all the regions in our Zone. We also spent a bit of time talking about what the new three-year World Service Conference (WSC) cycle will look like. There was a proposal to take back and vote on at next zonal meeting, to extend current term for officers to 2026, elections will take place after the WSC 2026 for a 3-year term. Current officers can choose to step down at the end of original cycle (end of 2024). I hope we get a chance to start figuring out what the new cycle timeline looks like for Nebraska.

PSZF had a balance of \$6,623.80 in the bank. The donation to NAWS at the end of the meeting was determined to be \$2,461.52 as per the PSZF budget. I will forward the PSZF treasurer report spreadsheet to Kora for folks who want more detail about the zonal finances.

My favorite thing that came out of this zonal forum meeting was the finalization of an informational brochure for the Plain States Zonal Forum. I have some printed, so please grab one for sure if you are a RCM. You can also get them online at pszfna.org by going to the documents drop down menu at the top of the page and clicking on PSZFNA Information Flyer. I know many members are not aware of what a zone does, so this is a great tool to learn a little about the services provided and the possibilities that happen when we work in unity with other regions in Narcotics Anonymous! The next PSZF meeting will be via Zoom on November 5th at 6:30 PM. Again, you can go to pszfna.org to get the link for that meeting and get more information about our zone. There is also a great way to get involved with service around the zone on the website. You can fill out the Plain States Service Pool, which is under the Contact Us drop down at the top of the page. This hopefully will give an opportunity to match members' passions and skills with service opportunities. The great thing is that it does not necessarily mean a service position. Maybe there is an event or project that needs trusted servants, and the pool will give a place to look and find people to make things happen! Please fill it out if you are interested. Also, I want to give a heads up that our next in-person PSZF meeting will be held in Sioux City in January. Since it is fairly close, it is a great chance to check out some wonderful workshops and see what happens at the meetings. I am sure we will be bringing some of

the Issue Discussion Topics and other workshops that came out of the recent WSC and were presented at the Multi Zonal Service Symposium (MZSS) in Detroit last month.

Speaking of the MZSS, I am grateful to have been able to attend that event in Detroit. There were members from all over the United States who came together in the spirit of service. I attended many workshops while I was there. Most of them were the Issue Discussion Topics (IDT) that were identified at the WSC in April and May of this year. Those IDTs were Dealing with Disruptive and Predatory Behavior, Reimagining and Revitalizing Service Committees, DRT/MAT as it Relates to NA, and Gender-Neutral and Inclusive Language in NA Literature. The thing I love about the IDT workshops is that this is an opportunity to have conversations and inform NA World Services and the World Board about our thoughts and ideas on how to address the topics. My role at the MZSS was at least two-fold. First, as an NA member I got to participate in the discussion and give my perspective on the topics while learning what people from different locations and world views thought. Second, as your RDA, I got to learn about the facilitation of the workshops so I can bring them to Nebraska and help facilitate your voice being heard on these topics. I appreciate the people who participated in General Assembly today and gave your input toward the environmental scan survey. There are so many ways to get the fellowship's conscience, and I am honored to get to be a part of that! Please let the delegate team know if your area or group would like us to facilitate any of these workshops. Alternatively, the materials for the workshops can be found at na.org. The IDTs came up easy for me by typing na.org/IDT in the address bar. It might not be exactly right, but it worked. The NAWS website has tons of resources and many ways to navigate. I use the search bar on that website quite a bit as well. If you want to see what some of those workshops might look like, just come back to Norfolk on November 24th. There will be two interactive service workshops presented that day. One will be at 2:30 PM, and the other will be at 8:00 PM. There will also be food, speakers, and an NA meeting, along with fun and fellowship that whole day. I believe the details will be given in the EVANA report, but if not, ask me later and I will get them for you.

I also want to say thank you to ENNA for having Brenda and I come and present an overview of the WSC! We spent the time talking about what the decisions made at the WSC mean to the NA fellowship as a whole. If you were there, you probably have a little bit of an edge on the questions that will be used for the complacency jail at the function this evening!

Finally, I want to give a quick update about finances for the RDA position. The PSZF meeting, MZSS, and traveling for workshops in Nebraska all cost money. Here is a break down of the expenses for your RDA to do this job.

PSZF in Amarillo 7/27 – 7/30 (7/27 was a travel day)

Food \$174.96
Gas \$171.97
Hotel \$275.80
Total \$622.73

Minus \$82.99 (Missing receipt \$13.99, tips \$19.00, my contribution \$50.00)

Omaha WSC Overview 9/25

Gas \$41.44

MZSS in Detroit 10/12 – 10/15 (10/12 was a travel day)

Food \$20.31
Gas \$207.26
Toll \$2.50
Hotel \$462.30
Registration \$30.00
Total \$722.37

Total spent from RDA funds = \$1386.54

Less \$82.99 (my contribution to food/missing receipt/tip)
Equals \$1303.55

Beginning Bank Balance = \$2454.47

Plus Q3 Budget \$450.00

Minus Expenses \$1303.55

Equals New Balance \$1600.92

Thank you for letting me serve,
Tommy N.

PSZFNA – Treasurers Report is attached to the email that sent out these minutes.

Sub- Committees

NRCNA 39: Tracy K

After paying all of our bills we have a grand total of \$11,146.21. We are bringing a check for \$10,000 to region today, Leaving \$1,146.21 left in the account to cover any final bills that may arise. Will bring the rest of the money made at the convention to region in January when the account is closed.

A total of \$4986 was deposited on the 14th of October.

We ended up with a grand total of \$4,214.00 In cash. And \$8,122.41 via square payments.

We originally had a total of \$7,386.50 before the Convention.

The T-shirts and hotel were paid in full on the 15th of October.

The Anonymous podcast and Julio were all paid in full as well.

Beginning Balance- \$7,386.50

Ending Balance- \$11,146.21

We will bring our final report and convention meeting reports in January.

In loving service

Tracy K

NRCNA 40: NRCNA 40 is scooting right along. We started out late but have gotten ourselves caught up and on track with the convention timeline. Financially, we were sitting at 511.72\$ prior to NRCNA 39. We had early bird registration sales as well as pre-convention merchandise sales and we're about to deposit 3097.13 from that. The next NRCNA 40 convention Committee meetings will be on November 12th and December 10th at noon at 1135 Eastridge Drive in Lincoln. Thank you for allowing me to be of service. She also brought raffle items. And will be putting in a proposal to host April 2024's region.

General Assembly:

Hello family!

Brenda and I did a presentation about the World Service Conference and the NAWS report. We also conducted the environmental scan survey that is due to NAWS by November 15th for the strategic planning process started at the conference. There was much discussion and great input given. Thank you to those who participated. Attendance at today's general assembly was good! I did not count (sorry), but it was somewhere around a dozen members present! We also had pizza, so if you were not here, you missed out.

I.L.S.

Tommy N.

H&I: Hello NA family

Kearney is ready for us to come back in but we don't have people to go in. We are still taking in literature on.

North Platte is still going in regularly.

Columbus is going in every other week going into the jails. They are also going to David city jail at least once a month.

Central Nebraska Area H&I is alive and well. We did a training in September and are planning for another one soon. We continue to go into St. Francis, the VA and detox every other week and we go into the Bridge twice a month. We have several women approved that are going into the Hall County Jail each week and are working on getting some males approved. We are also working to get into the Adams County Jail once the new jail is open.

Fremont area has 2 gentlemen going into Saunders county the first Friday of every month. Attendees varied but overall doing well on average. Women attend meetings regularly at the Washington County jail and their attendance has been beyond amazing. The men in our area are few that are capable and willing to host meetings but we are going in once a month for now with somewhat low attendance. We look to get more people in our area involved in H and I as I take on the new position and are optimistic to a growing future for Fremont service.

EVANNA is doing well and getting into their facilities.

In loving service

Tracy K

Outreach: Open

Policy: Hello Family,

During our last Regional Business meeting in July, we had two proposals pass regarding our policy for an annual expense for a bus campaign in SENANA as well as a monthly regional phone line expense. I will work on updating these in our policy for our next Regional Business meeting in January.

I also worked with our treasurer to resubmit a budget-based proposal impacting Addendum C in our policy with increased projected expenses. Thank you for the continued opportunity to serve.

In Loving Service,

Ariel W.

PR:

Introductions: Members introduced themselves and talked about their passions for service.

Attendance: Brenda (RD), John D. (Central Nebraska Area RCM), Mandy (ENNA PR Chair). Steve (ENNA RCM), Tony (NE Regional Outreach), John (Fremont Area Alt RCM). Chris (Elkorn Valley Area), Micky (Elkorn Valley Area) (Elkorn Valley Area), Larry (Elkorn Valley Area), Steve O. (Elkorn Valley Area).

The following materials were handed out: PR Basics, Planning Basics. We discussed how the PR Committee can be a resource to the Areas. Workshops are available to educate members on PR Basics among other topics related to public relations. Please reach out to the committee if you are interested in a PR workshop. The committee plans to begin with an inventory to see what is going well in the areas and what areas do we need to address in our PR Efforts. The PR Committee is here for your areas to provide tools for the success of your local PR efforts and assist if needed.

One of our first projects we will tackle will be working on the phonenumber awareness and working to get the

Nebraska phonline up and going. We will be requesting \$100 for the start up for the phonline. Additionally, we talked about the relationship between Public Relations and Outreach and how our efforts are related. We discussed on having a T-shirt fundraiser to assist with our combined efforts. Design Theme will be "Fellowship without Borders" with a concert style list of areas on the back. We hope this will facilitate excitement and a theme of getting on the road in our joint efforts. We look forward to completing our internal work and planning via ZOOM. Our first ZOOM meeting is scheduled December 3rd, 4:00 PM. We encourage Areas to provide email contact information to invite your local PR members to participate in the meetings.

ILS,
Michelle B.
Regional PR Subcommittee Chair

mamabear@bearhead.net

This will be the shirt logos:



Central Nebraska Area
Columbus Area
Eastern Nebraska Area
Elkorn Valley Area
Fremont Area
Great Plains Area
Platte Valley Area
Southeast Nebraska Area

IT:

Added JFT reading to the home screen. Also added a tab for the SPAD. There is also now printable meeting list tab which will generate a formatted meeting list, this will be automatically updated with the newest information available on the bmlt. Feel free to let me know if you see anything that doesn't work or isn't accurate and I will do what I can to address that stuff as soon as possible.

ILS
Hadrian C

Brenda asked: Could we add insurance documents to the website. There is more discussion about this topic in Open Forum / new biz Also if we can add a meeting finder email address to the website.

Archives: Hello Family, I'm Dick T. And I am an addict. All is well with Archives. We set up banners and banner holders at NRCNA39 in Grand Island. I would like to thank the committee and volunteers for all the help setting them up. They did a great job!! Also, we had some banners re-done but due to a machine breakdown they did not get done in time for 39 but will be there for NRCNA 40. Thank you for letting me serve. Dick T

SBTW: No formal report given. Mark W did say this was a good group that meets once a month via Zoom only.

Memorial Wall: Tracy read Sue's report: Hello Family: The Memorial Wall was amazing this year. If you didn't get a in there to see it you missed it. We had someone donate a new laptop and the flash drive was not able to take on more pictures so we had to get a new one. I'm asking for my allotment to cover the drive and office fee for it to be done. Enclosed is a receipt for \$35.00. Thank you for allowing me to serve. ILS Sue H

We took a 10 minute break now

Called to order @3:17pm and Monica reminded all RCMs to grab their meeting schedules. Also, she let us know that there was no mail picked up from Lincoln as SEANA was not there today.

Old Business:

Rent Increase: Monica: Let's talk about the rent increase from \$50 to \$200 in Giltner. Tera stated that she and Ariel worked on a proposal to be discussed in New Business to address this issue.

Update on the Bus Campaign in Lincoln: Joe reported that the city buses now have SENNA's phone number on them. Unfortunately our phone system has no way of tracking who is actually calling in because they see our information on the bus. At this time there are no more fundraisers planned for the bus project.

Vote for Tony S who was nominated for Outreach chair: 4 yes and 2 abstain. Congratulations Tony S!

Nominations:

Next years trusted servants: Per the timeline all Regional Positions Nominations for RSC Chair, Vice Chair, Secretary, Treasurer and Sub-committee chairs close every ODD year. (RCMs – TAKE BACK TO GROUPS FOR A VOTE.)

Chair: Mark W was nominated. His Bio was in July's Minutes

Vice Chair: Travis W was nominated. (Proposal #7 in New Biz too)

His BIO: Clean date of 02/1/2011

Alt GSR of EZ Riders

GSR of EZ Riders

Vice Chair of EVANA

Chair for 2 terms EVANA

RCM for EVANA

Alt Treasurer for EVANA

Treasurer for Hope Group

GSR Hope Group

NRCNA 31 Arts and Graphics Chair

NRCNA 36 Hotel Liaison

NRCNA 38 Hotel Liaison

H&I Panel Leader of Pierce Co Jail

H&I Panel Leader of Maidson Co Jail

EVANA Phoneline

Multiple passes through the steps, currently on Step 4

Working Knowledge of our traditions and concepts

I have an NA Sponsor

I sponsor men in this fellowship.

Treasurer: Tera N to would like to serve another year

Secretary: Kora C would like to serve another year

H&I: Tracy K would like to serve another year

Policy: Ariel W would like to serve another year

IT: Hadrian C would like to serve another year

Archives: Dick T would like to serve another year

Memorial Wall: Sue H would like to serve another year

There were no nominations for Vice Treasurer or Sponsorship Behind the Walls.

PR – Michelle B was just voted in for her position and will not need another vote.

Nominations are closed. RCMs – please bring back your votes next Region.

Website Discussion: Hadrian has made some changes to the website – if you have any input please contact him. Also, All RCM's please check out Contact information on the webpage <https://nebraskana.org/areas-in-our-region/> - is your Area's information correction? Please confirm.

There was a quick discussion about Platte Valley, that they are not an active area at Region but do have an active group and website.

<http://mccookna.com/>

Open Floor: started at 3:50pm

Hadrian – wanted to discuss the Anonymous Podcast and the way it was announced at NRCNA meetings – in the announcements before the meeting starts. He wanted to know if this is a media platform and is this podcast is in line with our traditions.

A discussion ensued – some points about the Anonymous Podcast:

The Anonymous Podcast is where addicts get together and discuss NA topics via a podcast. (<https://podcasters.spotify.com/pod/show/the--anonymous--podcast/>). They were an outside vendor that came in and they are not press. This was not something that was forced up members at NRCNA. Everyone has their own personal responsibility if they want to be a part of the podcast or not. Maybe a better explanation of what Anonymous Podcast is during the announcements would be helpful.

Steve H: Lets have a discussion about taxes because there was over 8k brought in via Square at NRCNA39. Steve stated the CECK had contacted professionals and now file taxes every year. CECK uses H&R Block. Monica stated that they were working with H&R out of Kearney for a bit getting questions answered. The conversation ended with NRCNA 39 working with other members of the fellowship and going to consult a tax professional. There are some proposals in new business to cover costs associated with this venture with tax professionals. There will be more to discuss next Region.

Tera – Lets talk about our insurance. Our current insurance plan covers CECK. Please have a member of CECK team contact her for more details.

MONICA CALLED FOR A 10 MINUTE BREAK, THEN WE REOPENED WITH A MOMENT OF SILENCE AND THE SERENITY PRAYER.

Point of clarification: 2 Area's left at break – we have 4 area RCMs left and still can conduct business.

New Business: Proposals and Nominations:

Hadrian: For the website we are going to add a new form for insurance. If you have any insurance questions or need – please fill out this form at 30 days prior to your event. This form will send over details to Tera to relay back to our insurance broker. Form will have questions like do you need a Certificate of Insurance Coverage or just coverage for a specific event.

Brenda:
There is new literature out now from NAWS: The new Group Booklet. Also the NA Survival Kit is coming soon.
There is an H&I Survey at NA.org that she is asking for members to respond. <https://www.surveymonkey.com/r/handibasics>
Issue Discussion Topics are available at NA.org – there are all kinds of workshop materials there: <https://www.na.org/?ID=projects>
Let's use Slack to communicate in between Regional Meetings - <https://app.slack.com/client/T0183HHC877/C018UPRLUGG> - if you don't have access please contact Brenda to be added.
Cycle Terms will need to be changed for RD/RDA as the World Service Conference cycles have changed to WSC being held every 3 years now.
There will be a proposal submitted today to reflect this.
Subcommittees – when you are having your meetings could you please put them on the Nebraskana.org calendar? Contact Hadrian to added them.

Monica: We updated our insurance policy – added some events (CECK, NRCNA, Run for Fun) and increased our meeting attendance numbers. Tera has a copy of the updated policy if you need.

Now we moved to proposals. **RCMs – please take the items in RED back to your groups.**

Proposal #1: Fremont to host January 13th Regional Meeting @ Good Shepard Church 1440 E Military Ave, Fremont, NE

Intent: To keep out of Giltner

Financial Impact: None – Regional Rent is part of our budget

Submitted by: Fremont Area

This proposal was approved by the RCMs. NOTE: In the event of bad weather, we will use Zoom. Still need a General Assembly Topic.

Proposal #: 2 Change the name of Outreach position to Fellowship Development

Intent: To stay consistent with the fellowship

Financial Impact: 0

Submitted by:. Tony S.

Straw poll by RCMs voted to move this proposal forward.

TAKE BACK TO GROUPS FOR A VOTE.

Proposal #: 3 \$100 to fund start up of Regional Phonenumber

Intent: To create and implement a 1800# number for Nebraska NA

Financial Impact: \$100

Submitted by:. PR Committee

A discussion ensued if this falls under PR's normal budget or if the money can be approved today by the RCMs. Should this be delayed another 3 months after the RCMs voted last region to create a 1800 for Region. It was decided by a vote by RCMs that PR should get the money today as they had voted last Region to start the phone line. This proposal passes by vote of 4 RCMs at region to give PR \$100 today.

Proposal #: 4 Change Budget found in Section 8E – Finances in the RSC Policy – to allow for a 20% margin of change for mandatory expenses.

Intent: To allow the Budget in Addendum C to reflect naturally increasing expenses for mandatory expenses. IE – Post Office Box, Regional Rent, Storage facilities.

Financial Impact: Up to 20% of mandatory expenses listed in Addendum C.

Submitted by:. Tera N

Straw poll by RCMs voted to move this proposal forward.

TAKE BACK TO GROUPS FOR A VOTE.

Proposal #: 5 Please see below for a requested budget with projected expenses of the next year impacting Addendum C of NRSCA Regional Policy

Intent: This is to change financial amounts within Addendum C of our Regional Policy.

Financial Impact: : \$7,213 - \$7,517

Submitted by: Ariel W

Straw poll by RCMs voted to move this proposal forward.

Discussion: Increases budgets for Subcommittees these are Per QTR– PR 200 to 1000, Rent 50 to 200, Outreach to have 200. Adds in the current adjustment for Insurance, Storage, and PO Box. Also the new Addendum below shows the SEANA bus project.

TAKE BACK TO GROUPS FOR A VOTE.

ADDENDUM C

Jan.-Mar. EVEN Yr.	Jan.-Mar. ODD Yr.
Rent \$ 200.00	Rent \$ 200.00
RD & Alt. RD \$ 3,800.00	RD & Alt. RD \$ 800.00
Secretary \$ 50.00	Secretary \$ 50.00
Policy \$ 50.00	Policy \$ 50.00
H&I \$ 600.00	H&I \$ 600.00
PR \$ 1,000.00	PR \$ 1,000.00
NRCNA \$ 4,000.00	NRCNA \$ 4,000.00
Outreach \$ 200.00	Outreach \$ 200.00
Archives \$ 200.00	Archives \$ 200.00
Treasurer \$ 100.00	Treasurer \$ 100.00
Memorial Wall \$ 50.00	Memorial Wall \$ 50.00
SENANA – Bus Campaign \$ 200.00	SENANA – Bus Campaign \$ 200.00
TOTAL \$ 10,450.00	TOTAL \$ 7,450.00
April-June EVEN Yr.	April-June ODD Yr.
Rent \$ 200.00	Rent \$ 200.00
RD & Alt. RD \$ 900.00	RD & Alt. RD \$ 250.00
Secretary \$ 50.00	Secretary \$ 50.00
H&I \$ 600.00	H&I \$ 600.00
PR \$ 1,000.00	PR \$ 1,000.00
P.O. Box \$ 275.00	P.O. Box \$ 275.00
Memorial Wall \$ 50.00	Memorial Wall \$ 50.00
Outreach \$ 200.00	Outreach \$ 200.00
TOTAL \$ 3,275.00	TOTAL \$ 2,625.00
July-Sept. EVEN Yr.	July-Sept. ODD Yr.
Rent \$ 200.00	Rent \$ 200.00
RD & Alt. RD \$ 250.00	RD & Alt. RD \$ 900.00
Secretary \$ 50.00	Secretary \$ 50.00
H&I \$ 600.00	H&I \$ 600.00
PR \$ 1,000.00	PR \$ 1,000.00
Website \$ 220.00	Website \$ 220.00
Memorial Wall \$ 50.00	Memorial Wall \$ 50.00
Outreach \$ 200.00	Outreach \$ 200.00
TOTAL \$ 2,570.00	TOTAL \$ 3,220.00
Oct.-Dec. EVEN Yr.	Oct.-Dec. ODD Yr.
Rent \$ 200.00	Rent \$ 200.00
RD & Alt. RD \$ 600.00	RD & Alt. RD \$ 1370.00
Secretary \$ 50.00	Secretary \$ 50.00
H&I \$ 600.00	H&I \$ 600.00
PR \$ 1,000.00	PR \$ 1,000.00
Insurance \$ 1,923.00	Insurance \$ 1,923.00
Storage \$ 304-608	Storage \$ 304-608
Memorial Wall \$ 50.00	Memorial Wall \$ 50
Outreach \$ 200.00	Outreach \$ 200.00
TOTAL \$ 4,927-5,231	TOTAL \$ 5,697-6,001

Proposal #: 6 To have July's region be in Grand Island. 210 N Wheeler -

Intent: To Hold our regional meeting with a fellowship activity

Financial Impact: None – rent is part of our budget

Submitted by:. John D

This proposal was approved by the RCMs.

Proposal #: 7 Nominate Travis W for Vice Chair of Region

Intent: To have a Vice Chair

Financial Impact: 0

Submitted by:. Mark W

Travis W's bio is above. This is just the formal proposal.

TAKE BACK TO GROUPS FOR A VOTE.

Proposal #: 8 Zonal Change: Extend Current officer terms for Zonal servants to the meeting after WSC 2026. And for new officers that take office to now hold 3 year terms. Current officers have the option to setup down at the end of their original term at the end of the summer 2024 meeting.

Intent: To align Zonal Officer positions to better align with World Service Conference 3 year Cycles.

Financial Impact: 0

Submitted by:. Tommy

Discussion: This proposal is really giving Tommy and Brenda a vote of confidence to vote yay or nay at the next Zonal Meeting. The Zonal Officer terms are being looked at to change the term lengths to match the new WSC 3 year cycle.

RCMs voted to approve this proposal.

Proposal #: 9 To Postpone Zonal and World Service donations from this quarters monies this Regional Meeting until the NRCNA tax issue is worked out. to pay the Taxes that might be due from NRCNA

Intent: Ensure that the Region has financial stability

Financial Impact: 0

Submitted by:. Tera N

Discussion: We have the money being donated today from NRCNA but we don't know what our tax bill will be. We want to hold on to the money so that we can pay taxes as needed.

RCMs voted to approve this proposal.

Proposal #: 10 Spend needed amount to address Tax concerns from NRCNA. This is money that will be used to talk to the Tax Accountants. (Consultant Fees)

Intent: Ensure Financial Stability

Financial Impact: Up to \$1000

Submitted by:. Tera N

Discussion: The group going to talk to H&R Tax professionals will need to be paid for their time. This \$1000 ensures that we have the ability to pay those bills.

RCMs voted to approve this proposal.

Proposal #: 11 SENANA to host April 2024 Region - @ City Impact 1035 N 33rd St. Lincoln, NE

Intent: To host region

Financial Impact: None – part of budget

Submitted by:. Jae J

Discussion: Still need General Assembly topic

RCMs voted to approve this proposal.

Proposal #: 13 Region designates 10% of all monies taken in for PI before we make a donation to Zone or NA World Services. Not to exceed \$2500

Intent: To send hope in Nebraska we pray for the future we have a mobile bill board that we can share with different areas in our Region.

Financial Impact: none

Submitted by:. Columbus Area / Clean Way Club

Discussion: The proposal above regarding budgets will impact the \$ available for the HI and PR committees. The RCMs straw polled to table this proposal to next quarter to see how the above proposals are voted on.

Proposal #: 14 Region designate 15% of all monies taken in to be given to H&I before we make a donation to Zone or NA World Services. Not to exceed \$2000

Intent: To save Nebraska addict lives by supplying our fantastic literature NA Literature to all our Prisons and Jails.

Financial Impact: \$2000

Submitted by:. Clean Way Club / Columbus Area

Discussion: Lets see what the above budget changes do to our HI and PI budgets

Straw poll – RCMs voted to not take this back to groups for a vote

Proposal #: 15 To update policy to change RD and RDA terms. RD and RDA will be elected to three-year terms instead of two-year terms. Elections will open at the Q1 meeting in the year after the WSC in-person meeting, and voted on at the Q3 meeting that year.

Intent: To align RD and RDA terms with the three-year conference cycle and avoid having confusion and disruption in the middle of a WSC cycle.

Financial Impact: None, but there will need to be some future changes to the budget schedule on our NRSC policy timeline.

Submitted by:. Tommy N

Discussion: This is to align the RD / RDA terms to align with WSC new 3 year cycles. Tommy and Brenda understand that this proposal will impact their current serving timeline.

Straw poll by RCMs voted to move this proposal forward

TAKE BACK TO GROUPS FOR A VOTE.

Monica: What times do we want to have the next regional meeting? Did we want to have the same as what we had today? RCMs said yes.

General Assembly at 10am – Lunch at Noon – Sub Committee Meetings at 1pm. Region at 2pm

Open Positions: Vice Treasurer, SBTW Liaison

ONGOING REMINDERS:

- Please send any updated in-person or Zoom Meeting information to meetinglist@nebraskana.org and it committee@nebraskana.org
- Send flyers for NA activities to activities@nebraskana.org

The Next Region will be January 13th held at Good Shepard Church 1544 E Military Fremont NE 68025

General Assembly at 10am – Lunch at Noon – Sub Committee Meetings at 1pm. Region at 2pm

Proposal To Close @ 6pm