

Nebraska Regional Service Committee of Narcotics Anonymous



1/13/24 Location: Zoom

Monica T. opened the meeting with a moment of silence followed by the Serenity Prayer.
 Twelve Traditions: Read by Mark W Twelve Concepts: Read by Tony S

Roll Call:

A	B	C	D	E	F
Executive		RCMs		SubCommittees	
Chair:	Monica T	Columbus:	Absent	NRCNA 39	Tracy K
Vchair:	Mark W	Central Nebraska:	Sue H	NRCNA 40	Jae J
Treasurer:	Tera N	Eastern Nebraska:	Steve H	General Assembly:	Tony S
Vtreasurer	Open	Elkhorn Valley:	Tony S	Outreach:	Tony S
Secretary:	Kora C	Fremont:	John P	Policy:	Ariel
RD:	Brenda D	Great Plains:	Absent	PR	Michelle B
Alt RD:	Tommy N	Platte Valley:	Absent	IT:	Haidrian
		Souteast Nebraska:	Lori C / Seth	H&I:	Tracy K
				Archives:	Dick T
				SBTW Liaison:	Mark W
				Memorial Wall	Sue H

Visitors: Rachel B, Travis W, Barry B

Consensus to Accept Last Meetings Minutes: Approved_By Consensus

Treasurer's Report: Tera N Beginning balance is \$7325 plus hold backs from last month.

NRSCNA Treasurer Report

NRSCNA Treasurer Report Open with ▾

RSC Meeting Date 1/13/2024 **RSC Meeting Beginning Balance:** -
Prudent Reserve: - \$10,250.00

Donations		Expenses	
Area, Group, or Other	Amount	Written To - Description/Purpose	Amount
ENNA	\$1,178.06	RD (Working on Changes w/ 3 Yr. Term)	N/A
SENANA Group Saturday Morning Social	\$125.00	Alt. Rd (Working on Changes w/ 3 Yr. Term)	N/A
EVANA	\$75.00	H&I	\$582.07
Unused Mtng. Lst \$ Rflctd Lst Qtr Stmt	\$200.00	PR - Michelle Barbour	\$500.00
		Meeting Lists For New Quarter	\$103.63
		Fellowship Development	\$200.00
		Archives (NOT PAID OUT)	\$200.00
		Treasurer	\$100.00
		Memorial Wall	\$50.00
		Policy	\$50.00
		Meeting Lists From Previous Quarter	\$103.63
		Zonal Donation 25%	N/A
		EXPENSES SUBTOTAL:	\$1,889.33
		NAWS (WORLD) DONATION:	N/A
TOTAL DONATIONS:	\$1,578.06	TOTAL EXPENSES:	\$1,889.33

RSC MEETING SUMMARY REPORT	
BEGINNING BALANCE:	\$7325 +
TOTAL DONATIONS:	\$1,578.06
TOTAL EXPENSES:	\$1,889.33
ENDING BALANCE:	\$7013.73 +

Receipts
 \$4000 2025 NRCNA
 \$4993.52 for Taxes

NOTES:

Area Reports:

Columbus: Kora read email: Thank you Columbus we voted to use the new region number on our building... Mark W said we should have it soon... God Bless you Paul Hicks

Central: Sue H: Hello Family!

I have been elected as our new RCM, and I'm looking forward to serving in this position. We are going through several service body changes and have had some bumps in the road the past few months, however, with change brings growth! Some of the meetings in our area have struggled, but we continue to carry the message strongly. I'm excited to see what will unfold. We did send out the Area Inventory, So hope we get some good insight from our Area members. Unfortunately, we haven't been receiving many donations, so we are unable to donate anything to Region.

In loving service,
 Sue H., RCM

Eastern: Greetings Nebraska Region,

All are well in Eastern Nebraska, and I hope everyone had a blessed holiday season.

I took the 9 positions and 5 proposals to ASC for vote and all votes were yes.

CECK 2024 is nearly set to launch and I'm sure will be a great success. The room block is 85% full and would encourage everyone to reserve a room if you're wanting to stay at the Hilton. There are still some banquets available, however, we're close to being sold out. Finally, we would welcome any donations for raffle and auction.

ENNA would like to officially submit a bid to hold Region in Omaha in April of 2025. We have secured a location at Faith Christian Church, 2201 South 132 nd Street, Omaha, NE 68144; if the bid is accepted.

ENNA ASC is considering switching the format from Robert's Rule of Order to Consensus Based Decision Making (CBDM). ENNA will be holding a Consensus Based Decision Making (CBDM) workshop on January 28 th , 2024, at 3:00 pm prior to ASC. The reason for the workshop is to compare with Robert's Rules of Order so an educated decision may be voted on. This is a potluck event at St. Matthew Evangelical Lutheran Church, 1725 S. 60 th Street, Omaha, NE. Anyone interested in CBDM is welcome to attend.

ENNA has a donation to Region of \$1078.06.

In Loving Service,
Steve H.

Elkhorn Valley: Tony S: Elkhorn Valley is doing very well and we do have all of our votes for last quarters proposals be voting today I don't specifically remember all of the events that we have going on I know we always have something going on up here but I do know that we will be writing a \$75 check for region And that's about all I have

Fremont: John P: Hello family. All is well in Fremont. We are happy we got our chance of hosting region, but maybe next time. Our meetings are doing well. We had an NRCNA fundraising event planned for this evening but, due to weather it will be rescheduled for a future date. We also have our 36 th annual freeze out in the works for March 9-10 th We have 3 amazing speakers and are expecting an amazing outcome. We also have a monthly speaker meeting potluck the first Sunday of every month. We will be donating at the next face to face regional meeting.

Great Plains: Sara T emailed report: Hello family, my name is Sara and I am an addict.

The Great Plains area is doing well. Our attendance is strong. Buffalo County has opened their detention center to NA for the first time since Covid lockdown. It will be 2 times a month (I believe) We are in need of people to go in. There is a 2 year Clean time requirement, and must submit an application with permission for background check. The Sheriff makes the final call. Monica has ap forms. We are excited to see this opportunity to serve again. Our Area has several positions open. (Side note she also emailed in her area's votes for nominations and proposals.)

Southeastern: Lori C: Greetings from Southeastern Nebraska NA

Hello everyone my name is Lori C and I am the new RCM for SENANA and my alternate is Seth R. We have a few items to report

1. We would like to submit a bid for the April Region to be held in Lincoln, NE. This would co-inside with our NRCNA fundraiser. The date would be April 13 th. From 10:00 am to 10:00 pm. Regional Business to be conducted in the usual time frame and manner. Location is Christ United Methodist Church, 4530 A Street, Lincoln, Nebraska, 68510
2. The ASC does not have a donation at this time but the area is reviewing operating costs/prudent reserve and any monies above that prudent reserve will be donated at the April Regional Meeting.
3. We have 2 groups that donate to this region on their own. Saturday Morning Social (\$125.00) and Friday Night Happy Havelock (\$350.00). I was planning on bringing the money to the Jan 13th region but due to weather and Region being moved to Zoom I would like to ask how do I get this money to you or do you want me to wait until Region in April?
4. We would like to clarify the addendum to Proposal #5 regarding the SENANA bus project. The Bus project was not an Area project it was the project of The Sunday Night Solutions group in our area. This was a one-time only endeavor and the group will not be continuing on with this project. The cost is \$2800 for the year and at this time we will retire the project. We will not be needing any additional monies for this project as indicated in Proposal #5.
5. New Meeting at City Mission at Noon on Wednesday's

ILS

Lori C – RCM and Seth R – RCM Alt

RD Report: Brenda D

Greetings everyone!

I'm going to go ahead and share my screen if that's okay? I have some visuals to go along with my report so it should go quickly!

- First, I want to update you about the Environmental scan that we filled out at our last General Assembly. All the information has been gathered from all the participating regions around the world and now we will be meeting with the other regions in our Zone in April to discuss the survey results. We will be meeting on April 6th with Plains States Zonal Forum, Midwest Zonal Forum and the Southern Zonal Forum. Then Starting in May/June 2024, the planning process will begin and then we will start to prioritize those objectives.
- IDT's or Issue Discussion Topics are now available for you to workshop and give input on and learn from. These are all just discussions... talks and conversations that we want to have with you... no decisions are being made right now... we are simply asking how you feel about some of these things and getting new and fresh ideas from you. If your area or group would like to have one of these, please get ahold of Tommy or I and we will be happy to set something up with you!
- Next on my list of topics is the Survey for H&I that is posted out online. Has anyone done this yet? If you would like some support or want us to help facilitate it, Tommy or I would be happy to do this with you! WE hope that each H & I committee in Nebraska (Area & Region) will complete this survey... We believe we have a lot to offer!! The deadline for this survey is March 31, 2024.... There is also a bunch of information for Virtual Service Basics posted online, a PR Video, the New Group Booklet which is very cool and has CBDM updated in it.
- If you have members in your homegroups that like to volunteer their time, or are looking to expand their service efforts, there are opportunities to help with the work... they can fill out the Focus Group Form online and find it with the surveys
- Speaking of giving... I wanted to remind everyone of the free literature online.... The audio version of the basic text is available for free stream or download in NINE Languages.. so if you have some English is a second language addicts in your homegroups... this might be a place to point them...
- I have noticed that a lot of Nebraska counties are starting to get inmate tablets. Some correctional facilities offer inmates tablets pre-loaded with a variety of material, including, in some cases, NA recovery literature, at no cost to the inmate. One of the most important duties the Fellowship has assigned NA World Services is the protection of NA's intellectual property and copyrights on behalf of the Fellowship. Inmate tablets are a new way to carry the message, and World Services must grant legal permission to load Narcotics Anonymous literature on tablets. At this point, these agreements are all within the US, with a handful of state corrections, mental health, and youth service agencies, as well as a local county correctional agency. Each of these agreements involves a lot of communication among corrections authorities, local NA members, and NA World Services. The agreements we have made in these cases allow for the material that is currently posted on our website to be on tablets for inmates – audio Basic Texts, IPs, and booklets such as the White Booklet and the Intro Guide. This gives addicts ample exposure to NA and our message, and we continue to provide paper copies of the Basic Text to inmates upon request. There are over 3,000 counties in the US, and each agreement requires time and attention. World Services have also had inquiries from a couple of European communities and are in conversation about those possibilities as well. The number of inmate tablets with NA literature in Arizona rose to almost 50,000 in 2022. In Ohio, after seeing the success of inmate tablets, corrections officials have decided to purchase NA literature to give to inmates upon release. NA World Services devotes much of their time and energy to efforts such as these, not because it makes good business sense, but because we are driven by a spiritual mission, not a profit motive. If your Area PR would like to start the process of finding out how to get that literature on those tablets, Tommy and I would be happy to get you the contact information for our Zonal PR chair. They were just talking about this this last weekend.

- I wanted to remind your local PR and H & I chairs that there are web meetings and information /experience available along with quarterly webinars held for any interested member on several topics...
- So the media page isn't just Media anymore...they have video's and other platforms like... Instagram - and there is an events page for Instagram also so I hope to see our Close encounters and our NRCNA 40 submitted to them (?) – and of course a reminder for our daily JFT and SPAD emails and also the NA app you can get on your phone that is out in the app store that has all this at the touch of a finger
- New Meeting Finder Informational meeting was on Nov 11 But don't worry! If you missed it is available online to listen to!! Now... I'm guessing some of you are thinking to yourselves... why would I go listen to that?? Well... here is why...We need you , local trusted servants to help us get newcomers to meetings... there are no menial tasks in NA..
- And so now while you're feeling the love... I'm going to remind you that the World Convention in Washington DC Registration is now open. It will be August 29 to Sept 1, 2024 and the theme this year is The Power of Love
- Don't forget you can find a lot of information out online or just contact Tommy or I and we will be happy to help you find or walk you through what we can!
- Next week we will be attending a conference participant meeting to talk about any new updates. Are there any questions you'd like us to ask at that meeting? We will be updating you about what happens there at our April meeting.

If we have any new members here today, please let me know and I can put my number and email in the chat.

Thanks for letting me serve you and this region,

Brenda, Region Delegate

** The New Reaching Out is available for January 2024 – I noticed that they are asking for recovering addicts to share their experience of finding recovery behind the walls and maintaining it on the outside. If you know anyone in your homegroup or area that would be willing to share, please ask them to “Reach Out” ... they can either mail it in or email it in... thanks..

RDA Report: Tommy N

Hello family!

I am sure Brenda mentioned some of the things in my report, and I am sure those are worth mentioning twice. I will try not to be too repetitive, though. My report will focus mainly on what is happening in the Plain States Zonal Forum (PSZF). I attended the PSZF meeting last weekend and have some cool things to talk about.

There are some upcoming meetings and events folks might be interested in. There will be an IT work group meeting for the zone. This is yet to be scheduled, however, if you are interested in technology and/or service you can get involved. Talk to myself, Brenda, or (especially) Barry for more information and to be kept in the loop. The PSZF IT position is open, so this could be an opportunity to learn more about what that would entail. The PSZF PR committee meets on the 3rd Tuesday of each month via Zoom. Those meetings are open to members who want to get involved in and/or learn more about Public Relations. The meeting information can be found at pszfn.org on the Zoom Calendar.

The next PSZF business meeting will be held virtually this Spring on a day/time TBD. Anyone is welcome to join and see what happens at zone! The next in-person zonal meeting will be July 19th -21st in Dodge City Kansas. The one after that will be in Oklahoma City, October 25th – 27th . There are always amazing workshops and fellowship along with the business meeting at the in-person meetings. The meeting last weekend was in Sioux City, IA, and included workshops on the IDT about gender neutral and inclusive language, reimagining and revitalizing service, H&A; in a virtual world, disruptive and predatory behavior, and the PSZF website and YAP. There is always a speaker and an auction as well!

Some other meetings coming up are for the RD/RDA team, and I thought I would mention them here. The next Conference Participant Webinar is next weekend on January 20th . There is a strategic planning meeting that will be held with NAWs staff and World Board members on April 6th . Brenda and I will both be attending those to give input and get information to bring back here in April.

I also wanted to mention some of what the PSZF PR committee has been working on. They have been trying to figure out how to get NA literature into inmates in correctional facilities on tablets. There was a project being worked on to do this by directly working with the tablet manufacturer/suppliers.

However, that is not working out the greatest because the vendors are wanting to make a profit off the literature. That will not work, so there is a refocus on making sure free literature can be used with existing tablets, and growing that program that is already happening. If you want to know more about that, please attend the PR meeting on the 3rd Tuesday of each month on Zoom, as I mentioned earlier.

Some things going on in other regions in our zone:

In the Best Little Region, they extended their RD team terms to 3-years. They are also working with other regions in Texas to create a state-wide PR committee and website.

Oklahoma is having a General Service Assembly on February 5th - 7th. Their regional convention will be April 12th - 14th, and the Clean and Crazy Campout will take place in June. Also in

Oklahoma, they decided to fund RCMs to go to in-person PSZF meetings. Two out of their 3 RCMs attended the meeting in Sioux City with much positive feedback. Another cool thing they did was create key tags with QR codes that link to their website.

Mid America Region in Kansas is also having a service symposium event on June 15th in Marquette, KS. There will be tons of cool service workshops. (Also, there is a great motorcycle museum in Marquette.) MARCNA will be April 26th - 28th in Wichita, the Mid America Campout is July 4th - 7th, and Soul 2 Soul will be held in October.

A couple of important things that came out of the zonal meeting need to be mentioned here too.

There was a decision made to purchase an Owl camera/microphone setup for use in virtual meetings. We were able to use one that was supplied by the meeting facility, and it was wonderful. This unit costs about \$1,000. There is also going to be exploration about web server options to be discussed at the meeting this Spring. Currently, PSZF hosts a ton of services, including the BLMT (Basic Meeting List Tool), etc. It will be important to have the capability to do that without service outages, which we have been able to do with our current provider. It is also prudent to look around and see if there are more cost-effective ways to do so. More will be revealed.

I have sent the PSZF treasurer report to Kora to send out with the minutes, because I know there are many members who want to know what our donations do. Some of the things include maintaining multiple Zoom accounts that any group, area, or region in our Zone can use at no cost. Additionally, YAP is available to help with helplines, and coordination of service efforts take place. There is more, but those are a few things. To get involved with service, there is a human resources pool you can fill out on pszfna.org. This pool will help the zone and regions identify people with skills to help with projects, while not having to hold a position necessarily.

There is also a proposed budget change for PSZF to adjust for the 3-year cycle for our meetings. I have included the proposed budget at the bottom of this report. I will be making a proposal to accept this budget during new business. This will need to go back to groups because PSZF is accountable to all the groups in the zone.

Finally, I spent a little money going to Sioux City for gas and a hotel room. Below is my financial transactions.

Beginning \$1600.92
Plus Budget \$685.00
Minus Gas \$20.38
Minus Hotel \$161.32
Ending \$1934.09

Michelle B did a PR presentation to a rep from an Iowa Senator's office and had great feedback about the information they received.

Sub- Committees

NRCNA 39:

After speaking, with some of our predecessors about how to address taxes, we are waiting for our forms to be sent to us and once we have received them, we will go to H&R Block and have them do what needs to be done. At this time we have not closed out our banking account and have \$1146.21 still in account. Once taxes been figured out we will close

account and bring the rest of the funds once account is closed.

In loving service

Tracy K

NRCNA 40:

Hi there!

Our Convention committee is meeting monthly and we continue to be on track with the timeline. Our current balance is 3484.22.

We have a contract in place with a taping vendor. Speakers submissions and suggestions are being reviewed. If anyone would like to submit one, you can email it to

Agammel@icloud.com or newtaisa2016@gmail.com

Our PO Box is 81872 in Lincoln.

Our website is live!

It is NRCNA40.square.site

Our next meeting is tomorrow via zoom.

Thanks Jae

Attached to the email will be the flyer for this event. You can also grab flyers at CECK.

H&I:

These are the reports I received

Hello Family, I'm so grateful for the opportunity to take over as Elkhorn Valley H&I Chair. We have already did one training this month and had 16 in attendance. ILS Zack E.

Hello NA Family,

Central Nebraska Area H&I is alive and well. We continue to go into St. Francis, the VA and detox every other week and we go into the Bridge twice a month. It can be difficult to find individuals to go in each time but we are still moving forward. We would like to set up another training very soon if the weather holds out. We have several women approved that are going into the Hall County Jail each week and are working on getting some males approved. We are also working to get into the Adams County Jail once the new jail is open. Thank you for allowing me to be of service.

In Loving Service,

Jamon C.

In our subcommittee meeting we had 5 in attendance and we discussed starting a subcommittee zoom meeting and I will working on getting one started. Once it's up and going I will be reaching out to IT to get it put on website calendar and will also reach out to secretary to email time and dates.

In loving service

Tracy K

Outreach: Tony S – he is excited about his new committee and working with Michelle B from PR.

Please ask all areas to have a member join his committee and help him work on an inventory. Tony will write up an invite and send this information to the secretary to share the information with the area's.

General Assembly:

General Assembly: Michelle B Presented a PPT presentation on Fellowship Development and how to promote growth within our fellowships. What are the challenges and benefits of growing. Also discussed trusted servants and taking on large tasks that happen in the fellowship and breaking them down into smaller tasks. Discussed the topic of Inclusivity in NA. Lastly, there was a discussion about being of service in NA without having at title. Note: Nebraska Region has a Slack Channel – please signup and use this.

Policy: Hello Family,

During our last Regional Business meeting for October, we had multiple proposals out for votes that,

if passed, will affect our policy. After today's meeting, I will work on any of those passed proposals that change our policy and submit those changes for review by our next Regional Business meeting in April.

As always, thank you for the continued opportunity to serve.

In Loving Service,
Ariel W.

PR: Greetings Region from the PR Committee!

We are happy to report that we now have a toll free state-wide 1-800 number!! We still have a lot of prep work to do. We need to discuss what the region wants the phonenumber functions to do. Then we would move to the test phase, where addicts test the line to ensure the functions are working properly. Then we go live. If we will have live addict option, it will entail a fast pace training for volunteers. Just a teaser...the last four numbers of the phonenumber will spell out FREE. Consensus was made after lots of discussion in our zoom meeting in between region. We had to research numbers compared to spellings and availabilities of matches. So FREE is where we decided to land. We feel it will work well into the PR efforts going forward when it comes time for awareness push with Flyers, professional letters, etc.

We discussed in the sub committee today consisted of discussing tools to inventory/scan the areas and a reporting tool for RCMs or Area PR committees to use. These tools have been posted in our SLACK communication platform. A copy was also sent to the Regional recorder. Once inventory questionnaires are returned, the committee will prioritize tasks to complete in and around our collaborate work on the phonenumber. The PR Committee looks forward to the collaboration with Fellowship Development. If you have any questions, do not hesitate to reach out or provide my information to your local PR committees.

In Loving Service,

Michelle B.

Regional PR Chair

mamabear@bearhead.net

402-208-6854 (please leave a message if I do not answer so I can promptly return your call as soon as I am available.)

IT: IT Report January 2024

I think I addressed everything from last time, but if I did not get to something you were hoping to see let me know. One highlight is the form for the insurance related requests. The form seems to be working but there are some problems with delivering email notifications so I have taken the link to the form down until I can figure that out. Another highlight is the addition of a search bar which will appear on the site sidebar. I believe there were some meetings on the automatically generated list that showed WEB in the format key when they were not online. I looked at trying to fix that manually but it does not look like I can do that. The solution is probably to update the BMLT information for these meetings. Also the site does seem to run a little slow so I am looking at what I can do to address that.

ILS

Hadrian C

Archives: Hello Family – I'm Dick T an addict. All is good with Archives, we do need to get any paperwork from last year's convention. And also trying to get paperwork on past conventions. Thank you for letting me serve.

ILS, Dick T – Kearney

SBTW: Mark W (Proxy)

730pm Open the meeting with moment of silence followed by Serenity Prayer.

Sam B facilitator, Denise from Tulsa, Jeff from Mid-America, Leanne Best Little Region, Whitney from Best Little Region, Sharleen, Mark from Nebraska, Amanda from Nebraska – Teresa secretary.

Sam reports Clements Unit had a murder this past weekend so mail in our out will probably be delayed for a bit.

Jeff: Zone will be Saturday in Dodge City Kansas in July. They are asking us to an orientation from 1 to 3 on Saturday.

Amanda received 8 letters this month. We received or first sponsor / sponsee correspondence post covid.

Reach out to anyone we have orientated to see if they are still interested. Make sure we have paperwork for them. We have orientation tomorrow night.

Next meeting 2/14 at 730pm.

Memorial Wall: Sue H: Hello family!

I really have nothing to report for the Memorial Wall, other than I did get a new laptop of which I am requesting my allotted money to donate to the person who gave me the laptop. He is not a member of NA, and due to the tradition that we are self-supporting, it is only right that he be given something for his donation.

We did discuss in our subcommittee meeting today that if anyone wants to show the video of those remembered at a function, get ahold of me/the Memorial Wall chairperson, and it can be shared via a download or get the flash drive. Otherwise, it is all ready and waiting for NRCNA 40.

In loving service,

Sue H.

Old Business:

Proposal #: 2 Change the name of Outreach position to Fellowship Development

Intent: To stay consistent with the fellowship

Financial Impact: 0

Submitted by:. Tony S.

Vote: 5 yes / 0 no's – passes

Proposal #: 4 Change Budget found in Section 8E – Finances in the RSC Policy – to allow for a 20% margin of change for mandatory expenses.

Intent: To allow the Budget in Addendum C to reflect naturally increasing expenses for mandatory expenses. IE – Post Office Box, Regional Rent, Storage facilities.

Financial Impact: Up to 20% of mandatory expenses listed in Addendum C.

Submitted by:. Tera N

Vote: 5 yes / 0 no – passes

Proposal #: 5 Please see below for a requested budget with projected expenses of the next year impacting Addendum C of NRSCA Regional Policy

Intent: This is to change financial amounts within Addendum C of our Regional Policy.

Financial Impact: : \$7,213 - \$7,517

Submitted by:. Ariel W

Vote: 5 yes / 0 no – passes

ADDENDUM C

Jan.-Mar. EVEN Yr.		Jan.-Mar. ODD Yr.	
Rent	\$ 200.00	Rent	\$ 200.00
RD & Alt. RD	\$ 3,800.00	RD & Alt. RD	\$ 800.00
Secretary	\$ 50.00	Secretary	\$ 50.00
Policy	\$ 50.00	Policy	\$ 50.00
H&I	\$ 600.00	H&I	\$ 600.00
PR	\$ 1,000.00	PR	\$ 1,000.00
NRCNA	\$ 4,000.00	NRCNA	\$ 4,000.00
Outreach	\$ 200.00	Outreach	\$ 200.00
Archives	\$ 200.00	Archives	\$ 200.00
Treasurer	\$ 100.00	Treasurer	\$ 100.00
Memorial Wall	\$ 50.00	Memorial Wall	\$ 50.00
SENANA – Bus Campaign	\$ 200.00	SENANA – Bus Campaign	\$ 200.00
TOTAL	\$ 10,450.00	TOTAL	\$ 7,450.00
April-June EVEN Yr.		April-June ODD Yr.	
Rent	\$ 200.00	Rent	\$ 200.00
RD & Alt. RD	\$ 900.00	RD & Alt. RD	\$ 250.00
Secretary	\$ 50.00	Secretary	\$ 50.00
H&I	\$ 600.00	H&I	\$ 600.00
PR	\$ 1,000.00	PR	\$ 1,000.00
P.O. Box	\$ 275.00	P.O. Box	\$ 275.00
Memorial Wall	\$ 50.00	Memorial Wall	\$ 50.00
Outreach	\$ 200.00	Outreach	\$ 200.00
TOTAL	\$ 3,275.00	TOTAL	\$ 2,625.00
July-Sept. EVEN Yr.		July-Sept. ODD Yr.	
Rent	\$ 200.00	Rent	\$ 200.00
RD & Alt. RD	\$ 250.00	RD & Alt. RD	\$ 900.00
Secretary	\$ 50.00	Secretary	\$ 50.00
H&I	\$ 600.00	H&I	\$ 600.00
PR	\$ 1,000.00	PR	\$ 1,000.00
Website	\$ 220.00	Website	\$ 220.00
Memorial Wall	\$ 50.00	Memorial Wall	\$ 50.00
Outreach	\$ 200.00	Outreach	\$ 200.00
TOTAL	\$ 2,570.00	TOTAL	\$ 3,220.00
Oct.-Dec. EVEN Yr.		Oct.-Dec. ODD Yr.	
Rent	\$ 200.00	Rent	\$ 200.00
RD & Alt. RD	\$ 600.00	RD & Alt. RD	\$ 1370.00
Secretary	\$ 50.00	Secretary	\$ 50.00
H&I	\$ 600.00	H&I	\$ 600.00
PR	\$ 1,000.00	PR	\$ 1,000.00
Insurance	\$ 1,923.00	Insurance	\$ 1,923.00
Storage	\$ 304-608	Storage	\$ 304-608
Memorial Wall	\$ 50.00	Memorial Wall	\$ 50
Outreach	\$ 200.00	Outreach	\$ 200.00
TOTAL	\$ 4,927-5,231	TOTAL	\$ 5,697-6,001

Proposal #7 was tabled to be included with nominations below.

Proposal #: 15 To update policy to change RD and RDA terms. RD and RDA will be elected to three-year terms instead of two-year terms. Elections will open at the Q1 meeting in the year after the WSC in-person meeting, and voted on at the Q3 meeting that year.

Intent: To align RD and RDA terms with the three-year conference cycle and avoid having confusion and disruption in the middle of a WSC cycle.

Financial Impact: None, but there will need to be some future changes to the budget schedule on our NRSC policy timeline.

Submitted by:. Tommy N

Vote: 6 yes / 0 no – note difference in number as emailed in votes from Great Plains were now counted

Nominations

Chair: Mark W was nominated. Vote- 6 yes / 0 no

Vice Chair: Travis W was nominated. Vote- 6 yes / 0 no

Treasurer: Tera N to would like to serve another term Vote- 6 yes / 0 no

Secretary: Kora C would like to serve another term- Vote- 6 yes / 0 no

H&I: Tracy K would like to serve another term- Vote 6 yes / 0 no

Policy: Ariel W would like to serve another term- 6 yes / 0 no

IT: Hadrian C would like to serve another term Vote- 6 yes / 0 no

Archives: Dick T would like to serve another term Vote- 6 yes / 0 no

Memorial Wall: Sue H would like to serve another term Vote- 6 yes / 0 no

No Nominations or votes for Vice Treasurer or SBTW Liaison

MONICA CALLED FOR A 15 MINUTE BREAK, THEN WE REOPENED WITH A MOMENT OF SILENCE AND THE SERENITY PRAYER.

Open Floor:

Tommy: T-Shirts for the Plain States Zonal Forum – a discussion ensued regarding if we as a region like this idea. Should T-shirts be sold on a website? Also there is artwork that is needed – see attached flyer.

John P- Sometimes Freemont's phonenumber numbers are not listed on the Nebraska meeting directory. Could we get that fixed? Hadrian will get this updated on the BMLT. The printing of the number happens when they use the BMLT or not use the BMLT.

Tony S – Meeting lists, how will we distribute them since we are meeting virtually? Lori C has NRCNA 40 flyers too. Plan is to meet at the Raffle Room at CECK at noon. If you need directories or flyers be there.

New Business: Proposals and Nominations:

Proposal #1: To accept the proposed three-year budget (Attached) for the Plain States Zonal Forum.

Intent: To update the zonal budget to adapt for the three-year meeting cycle change adopted previously.

Financial Impact: none – same budget just extends to 3 years

Submitted by:. Tommy N - **TAKE BACK TO GROUPS FOR A VOTE.**

Budget Even years beginning in July	2022
Sponsorship Behind the Walls	
Workshop Materials	\$ 300.00
Mailing postage and materials	\$ 300.00
IP's for initial sponsee assignments (before they get a sponsor)	\$ 75.00
NA Books (Step Working Guides and It Works: How and Why)	\$ 500.00
2 year mailbox rental (needs to be renewed July 2023)	\$ 450.00
Total Sponsorship Behind the Walls	\$ 1,625.00
Plains State Zonal Meetings	
Meetings 4 in two years at \$400 each	\$ 1,600.00
Travel for Unfunded Committee Members	
Flight	\$ 3,500.00
Gas	\$ 498.00
Lodging	\$ 1,500.00
Four in person meetings in a 2 year cycle	\$ 5,498.00
Public Relations	
Public Relations events	\$ 700.00
Information Technology	
Web Site Hosting. Two-year hosting (due September 2024)	\$ 600.00
Zoom (3 accounts) (449.70) each year due February	\$ 899.40
Miscellaneous Web Site Charges. (New Modules)	\$ 200.00
Domain Registration for URL (Two years due in August 2024)	\$ 65.00
YAP	\$ 124.00
Total Information Technology	\$ 1,888.40
Total of all Budgets	\$11,311.40

Prudent Reserve (20% of approved Budget) excludes SBTW	\$ 1,937.28
SBTH	1625
Stays in Bank	\$ 3,562.28

Budget Every three years beginning in July	2023
Sponsorship Behind the Walls	
Workshop Materials	\$ 450.00
Mailing postage and materials	\$ 450.00
IP's for initial sponsee assignments (before they get a sponsor)	\$ 110.00
NA Books (Step Working Guides and It Works: How and Why)	\$ 750.00
2 year mailbox rental (needs to be renewed July 2023)	\$ 450.00
Total Sponsorship Behind the Walls	\$ 2,210.00
Plains State Zonal Meetings	
Meetings 6 in three years at \$400 each	\$ 2,400.00
Travel for Unfunded Committee Members	
Flight	\$ 3,750.00
Gas	\$ 750.00
Lodging	\$ 2,250.00
Six in person meetings in a 3 year cycle	\$ 6,750.00
Public Relations	
Public Relations events	\$ 1,050.00
Information Technology	
Web Site Hosting. Two-year hosting (due September 2024)	\$ 900.00
Zoom (3 accounts) (449.70) each year due February	\$ 1,349.00
Miscellaneous Web Site Charges. (New Modules)	\$ 200.00
Domain Registration for URL (Two years due in August 2024)	\$ 100.00
YAP	\$ 186.00
Total Information Technology	\$ 2,735.00
Total of all Budgets	\$15,145.00

Prudent Reserve (20% of approved Budget) excludes SBTW	\$ 2,587.00
SBTH	2210
Stays in Bank	\$ 4,797.00

(A brief discussion about the mail – Lori C had the mail and will contact Terra to give her copies of bills that needed to be paid)

Proposal #2: EVANNA to host region in Norfolk Oct 2024. Location: 104 S 10 St Norfolk Ne 68701

Intent: To host region

Financial Impact: 0 Part of budget

Submitted by: Tony S

Passes: 5 Yes / 0 no

Proposal #3: ENNA to region April 12, 2025 Location: 2201 S 132nd St, Omaha, NE 68144

Intent: To host region

Financial Impact: None

Submitted by: Steve H

Passes 5 Yes / 0 no

Other new biz discussions:

NRCNA 41 and 42? Anyone want to bid on this to host? RCM's **TAKE BACK TO GROUPS** see if there is any interest in your area.

New Statewide phoneline – there will be a lot of training and testing before we go live. Michelle will do many trainings and Barry has some questions about how we would like to have the phonelines configured. Also we could forward other area numbers over to this statewide numbers.

Remember these questions? What is it that your area would like to see? Please send this information to Michelle B

Do we want the messaging feature enabled?

Do we want an option to transfer to a live addict?

If we want to transfer to a live addict, How long would the volunteer addict shift be?

Do we want to offer rides to meetings?

A question was brought up about the bus campaign from Lincoln. Since they will not be renewing this again, what about the money that was voted on by the region to help support them. Now nothing will happen, since Lincoln is not doing the bus campaign they will not be getting the funds.

Brenda and Tommy said they are working on new guidelines / budget now that they are moving to a 3 year cycle.

Open Positions: Sponsorship Behind the Walls Liaison and Alt Treasurer

ONGOING REMINDERS:

Please send any updated in-person or Zoom Meeting information to meetinglist@nebraskana.org and it_committee@nebraskana.org

Send flyers for NA activities to activities@nebraskana.org

The PSZF has Zoom accounts for any NA body to use within our Region.

Next Region: April 13, 2024 @ 4530 A Street, Lincoln NE 68510

General Assembly at 10am – phone line training

Break for Lunch

1pm Subcommittee Meetings

2pm Regional Meeting

Proposal to close at 4:51pm