



Nebraska Regional Service Committee of Narcotics Anonymous

4/13/2024 Location: Lincoln, Ne. /Hybrid

Mark W. opened the meeting with a moment of silence followed by the Serenity Prayer.

Purpose Statement: Mark W Twelve Traditions: Read by Rachel. Twelve Concepts: Read by Tim.

Roll Call:

<u>Executive</u>		<u>RCMs</u>		<u>SubCommittees</u>	
Chair:	Mark W	Columbus:	Wes	NRCNA 39	Tracy K
Vchair:	Travis W	Central Nebraska:	Sue H	NRCNA 40	Jae J
Treasurer:	Tera N	Eastern Nebraska:	Steve H / Mandy F	General Assembly:	Michelle B
Vtreasurer	Open	Elkhorn Valley:	Courtney	Fellowship Develop	absent
Secretary:	Kora C	Fremont:	John P	Policy:	Ariel
RD:	Brenda D	Great Plains:	Monica (proxy)	PR	Michelle B
Alt RD:	Tommy N	Platte Valley:	Absent	IT:	Absent
		Souteast Nebraska:	Lori / Seth	H&I:	Tracy K
				Archives:	Dick T
				SBTW Liaison:	open
				Memorial Wall	Tracy K (Proxy)

Visitors: Rachel B, Chris H, Elijah C, Paul M, Steven T, Chris B, Barry B, Tim R, Zack E

Consensus to Accept Last Meetings Minutes as corrected, then Passed By Consensus

Corrections: For next meeting add in who is leading General Assembly

Its Seth R not Seth B.

Treasurer's Report:

NRSCNA Treasurer Report

RSC Meeting Date 4/13/2024

RSC Meeting Beginning Balance: **\$7,325.00**

Prudent Reserve: \$10,450.00

Donations		Expenses		
Area, Group, or Other	Amount	Chk #	Written To - Description/Purpose	Amount
Happy Havelock	\$350.00		InMotionHosting Annual Domain Registration	\$19.99
SENANA	\$2,100.00		Rent	\$100.00
Fremont	\$150.00		RD & Alt RD	\$900.00
ENNA	\$1,117.59		H&I	\$600.00
EVANA	\$75.00		PR	\$500.00
			PO Box (Exact Amount Will Be Adjusted)	\$275.00
			Zonal Donation 25%	
			EXPENSES SUBTOTAL:	\$2,394.99
			NAWS (WORLD) DONATION:	\$0.00
TOTAL DONATIONS:	\$3,792.59		TOTAL EXPENSES:	\$2,394.99

RSC MEETING SUMMARY REPORT	
BEGINNING BALANCE:	\$7,325.00
TOTAL DONATIONS:	\$3,792.59
TOTAL EXPENSES:	-\$2,394.99
ENDING BALANCE:	\$8,722.60

\$4000 2025 NRCNA
 \$4993.52 for Taxes

**NRSCNA Treasurer Report
 Add report here:**

Area Reports:

Columbus: Region Meeting Notes for April 2024 from CWC Area
 Region wanted the CWC to consider volunteering to host the next NARCNA, with Fremont helping. CWC Members felt we are so busy with our NA commitments would take away from them. During our conversations there were 2 topics brought up, many members felt at the Close Encounters: of how new comers were lost during the expensive banquet dinner as could not afford to go and how more NA love would be felt to have a big pot luck with a open mic, until the dinner speaker was going to share, everyone invited. Also, many felt to much is spent flying in guests from far way, when there are so many excellent speakers from a 300 mile radius of Nebraska including SD, MS, KS, Iowa, MN and Colorado saving the venue much more to be used for 5th tradition. We will support another area if they need help for sure.

The step meetings are taking off on Mondays and Fridays at 7 pm . we also started a Thursday 8 pm meeting. We are donating much literature as we can to jail, NSP and treatment Center from NAW's, this is the best way to support NAW'S . The meeting we support at NSP, the inmates are writing SPBTW and love it. However they say it takes along time to get responses, whom is the contact person for this so we can get more involved again?

We need more meeting lists, as they are requested in the jail, prison and treatment center, if we cant get more we can copy them as we usually run out after a month using them. All our commitment are fulfilled. Thank you for allowing us to be a part of.

Central: Sue H: Hello Family. Central Area is carrying on in spite of lack of participation. We hae groups who don't have GSRs and its been reported that meeting attendance is down. Hopefully the weather will with that.
 We did an Area Inventory and we plan to discuss @ our Area Meeting tomorrow. We have new service reps and are excited to get them involved.
 We are moving forward on the annual street dance and there's a flyer on the website. More will be revealed as it as it gets closer. We would like to have training on the phone line in GI and will coordinate with PR.
 Unfortunately, we haven't been receiving much for donations so we don't have anything to donate.
 ILS, Sue H

Eastern: Greetings Nebraska Region, Eastern Nebraska Area is doing well. ENNA provided another successful Close Encounters of the Clean Kind convention to Narcotics Anonymous. Total registered were over 2200 addicts seeking recovery. We would like to express our extreme gratitude for all that attended and those that assisted. Your service is greatly appreciated. Furthermore, CECK 2025 is underway and already hard at work. The Consensus Based Decision Making (CBDM) workshop on January 28 th , 2024, was very informative. At the March ASC, CBDM was voted in to replace Robert's Rule of Order as the group decision-making process. Nic B. has been elected as the new literature chair.

New area meetings are as follows: "You Are Not Alone" – Monday's @ 6:30 pm 2029 Binney St. Omaha, NE 68110.

"So Fresh and So Clean" – Friday's @ 7:00 pm 20227 Veterans Dr. Elkhorn, NE 68002.

"12 Steps into Recovery" – Tuesday's @ 7:00 pm 6201 N 60 th St. Omaha, NE 68104.

There are 2 ENNA area events next month; "Come Sleep With Us Under the Stars" campout May 17-19 and the Old Skool Annual Spring Picnic on Saturday May 18 th . I have brought flyers for both events.

ENNA has a \$1117.59 donation today.

In Loving Service, Steve H.

Elkhorn Valley: Hello family,

All is going well in EVANA and as usual there is alot going on in our area this quarter. April 27th at 104 S. 10th St. in Norfolk we are having our Be Grateful it's April function. H&I training is being held at the Men's Stepping at the Lake fundraiser on May 18th at 200 N. 34th St. in Norfolk. June 8th in Madison Beat the Heat is being put on by The Survivors Group. On June 14th-16th our area is hosting the annual Moonlight Madness Campout in Stanton. The Steppin' at The Lake Men's Campout is set for July 26th-28th in Stanton also. We will also host the 7th annual Flow of Hope Clean Float in Sparks, NE on August 16th'18th.

EVANA would also like to announce that we are currently in the process of acquiring all the necessary requirements to put in a bid to host NRCNA 42 in Norfolk 2026.

ILS, Courtney E.

Fremont: Hello Family, Fremont Area is doing great. Our meeting attendance has been growing. We would like to thank everyone who came out to the Freeze Out. We are making plans for upcoming functions, including our annual Pie in the Face/ Ice Bucket NRCNA fundraiser on June 22. We will be giving a donation of \$150. We also have an email for our area. It is fremontarea_na@outlook.com

In Loving Service John P

Proposal #1: Passed

What is it that your area would like to see?

Multiple addicts available at the same time.

Call rollover- all calls go to one person, if they don't answer, it goes to the next person on the list so no calls ever go unanswered.

Do we want the messaging feature enabled?

Text messages yes.

Do we want option to transfer to a live addict? If yes, how long would volunteer addict shift be?

Yes, 4-8 hours

If call forwarding/rollover is an option everyone would be available 24 hours a day, if not we would need to see how many people are available & what their availability is.

Do we want to offer rides to meetings?

Rides can be offered if the live in Fremont city limits

Yes, but men with men, women with women, with in a certain distance of the area, and no one goes alone!!

Always take another addict with!!

Great Plains: Monica Proxy- Kearny mtg are growing and North Platte are still going well. Our campout 33rd Annual Mid summers Night June 7-9 at Sandy Channels in Elm Creek. A flyer has been sent to website. Kearny has new mtg at Dismas – a federal early release program. They invited NA to come and start a mtg in the facility. They asked for 1 year clean requirement and that persons not have family or close ties to anyone living there. H&I – Lincoln City Jail men and women meeting are going well. Buffalo city does not have enough volunteers to start there yet. Votes have been collected for proposal #1 – 4 yes and 2 did not vote. Our current RCM has resigned due to personal reasons. ILS, Monica T (Proxy)

Separate email sent to secretary from Sara T:

Good afternoon, I'm Sara and I'm an addict

I am writing to announce my resignation from RCM Great Plains. I hate to do this with all my heart. It breaks me too, have to make this decision, but per personal reasons I need to step down thank you for my opportunity to serve and hopefully in the future, I won't be able to serve again if I need to do anything, please let me know.

Sara T

*** At this point there was a conversation about Nebraska Regional Meeting lists. Tommy / Terra stated that if you give them your mailing address they will mail you the directories.***

Southeastern: Greetings from SENANA

We would like to welcome everyone to our area and appreciate the opportunity to host this quarters Regional Service Meeting. Please stick around after region for our NRCNA 40 fundraiser. We will be having a Spaghetti feed and fun stuff for all!

Here's what's going on!

Our ASC has been busy streamlining our processes and is entertaining the idea of consensus based decision making to conduct our area business. Currently we conduct business with a loosely modified Robert's rule of order.

We are experiencing difficulty in filling the PR Chairperson position and might have to make some hard decisions regarding this committee and could use some support from RSC's PR and Fellowship development teams. The current PR Chairs position was up last November. They will stay on in a temporary capacity until May of this year.

PR and FD questionnaires have been completed by our area, to be turned in today. The ASC is excited to see the new phone line up and running! The goal is to retire our areas phone line yet this year and switch to the new one. This would be a significant cost savings for our area.

In closing, we are happy to report that we will be making a \$2100.00 donation to region.

ILS

Lori C RCM

Seth B RCM Alt

RD Report:

Regional Delegate Team Report April 13, 2024

Greetings Fellow Members!

I'm so grateful to see you all today! We've lots to share with you about what's been going on... so I'm going to jump right in. At the Jan 20th Conference Participant (CP) meeting, we had 84 RDs, 6 ZDs, 12 WB, 73 ADs, 10 Zonal contacts from 6 zones, 14 staff and 5 translators. There were 213 total in attendance. We discussed the results of the Environmental Scan inventory survey we took and two external and four internal factors rose to the top.

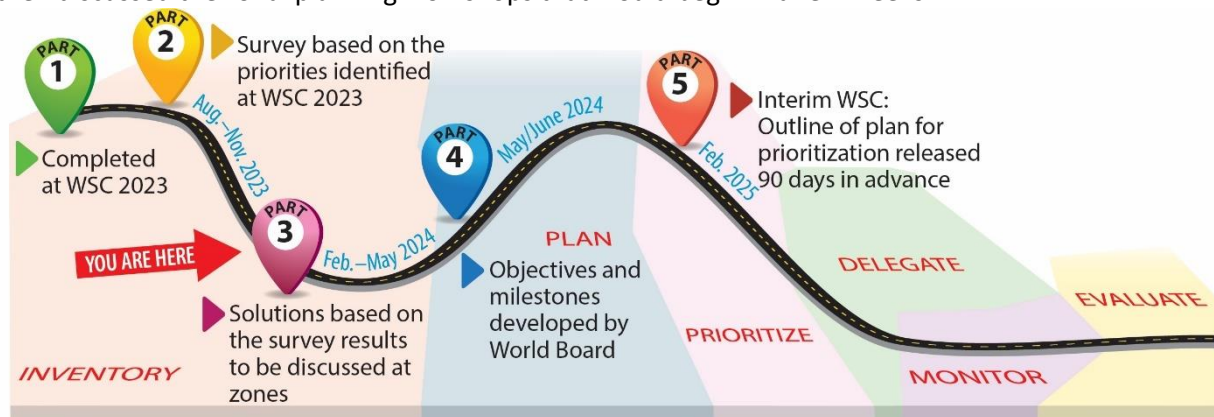
The top two external factors are

- Evolution of technology (pros and cons), and
- Harm reduction models or approach

The top four internal factors are

- Development and organization of trusted servants,
- Impact of the rise of virtual NA,
- Sense of safety, welcomeness, and inclusion, and
- Redundancy and lack of cohesion in the service system.

The posted survey results include details and descriptions for each factor, which are taken from the WSC 2023 discussions. We then discussed the zonal planning workshops that would begin in a few weeks.



The full results from the inventory survey have been posted on www.na.org/conference. At the zonal planning workshops, participants will first analyze each factor, talking about what it means in their communities.

For example: Evolution of technology could mean many different things. It could be about the digital divide—some addicts having more access to online resources than others— or it could be about virtual NA drawing members away from in-person meetings and service—or it could be about increased opportunities to carry the message.

These factors are broad, and need discussion to become meaningful. At the workshops, CPs will share about how these factors show up where they serve and recover, and how they affect our ability to carry the message.

Then the discussion will turn to solutions. We'll talk about successes we've had addressing the challenges and how to build on those successes, or what new approaches we might consider. We'll be focused on strategies to address these challenges, and save tactical details for later in the process.

The results from all the planning workshops will be posted, and we will be updating you.

Our next Conference Participant (CP) meeting was March 16th and was attended by 80 RDs, 4 ZDs, 11 WB, 58 ADs, 10 Zonal contacts from 7 zones, 2 Cofacilitators, 1 HRP member, 10 staff and 6 translators. There were 189 total in attendance.

We received a NAWS Update from Becky, and she talked about the Volunteer Form listing opportunities to serve, the World Convention update and she touched on the new meeting finder. One of the big recent accomplishments is that the new meeting finder is finally live. She said that both the in-person and virtual meeting pages are reachable from www.na.org/meetingsearch. Becky explained that a number of calls and emails have come from members who aren't sure how to find meetings now that na.org is no longer trying to list them all. One of the most common misunderstandings is that the pins are meetings. They are not. The pins indicate the general geographic location of a service body. Clicking on a pin provides local website and helpline info where meeting information can be found. It is a big change in approach. She explained that the motivation for the change is simply to help connect people with the most accurate and comprehensive meeting information.

Becky added that a document with [Frequently Asked Questions](#) has been posted on the landing page for the meeting finder. Again, that link is www.na.org/meetingsearch. That [FAQ](#) should answer most questions.

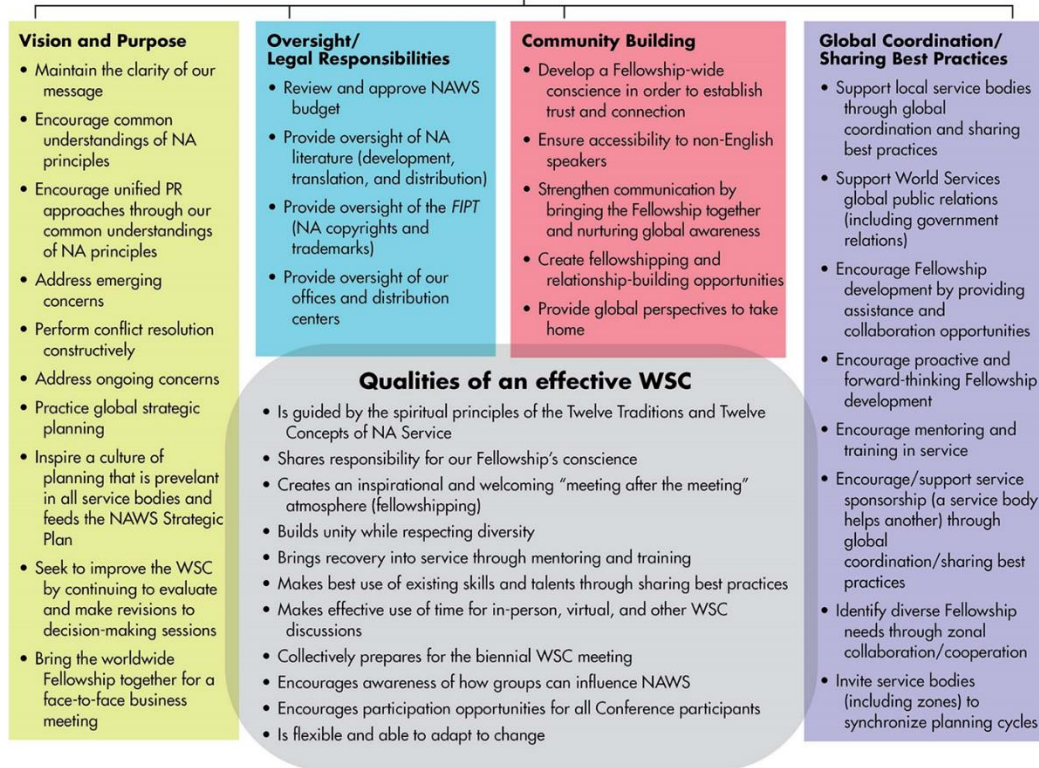
She asked participants to notify NAWS if they notice map pins that need to be relocated or if they have updates for phonenumber or website information to email that information to nadata@na.org. To add or correct **virtual** meetings, she said, there is a [link \(click here\)](#) at the top of the virtual meetings page. (It takes you to a form that you fill out – asks if it is an update, pretty self explanatory. Just complete the form.) (Note – our in person meetings will still be updated by sending the info to meetinglist@nebraskana.org. More information can be found at our [meeting list updates](#) page.)

Becky reminded conference participants that, given the changes at na.org, it's more important than ever that local websites and phonelines are easy to locate and use. A couple of things to consider are how easy is it for people to find meeting information on your site, and whether that meeting information can be printed. A lot of addicts find their way to NA because a professional referred them here. Having printable meeting information makes it easier for professionals to refer clients. We will circle back to talk more about this in a minute...

During this CP (Conference Participant) meeting, we talked about how at some point in the not-too-distant future, we hope this planning process becomes the central way the conference considers all project ideas and work that impacts our human and financial resources. We're not there yet, though. The NAWS Strategic Plan, the CAR Survey, and regional motions are not a cohesive system. The reason this new planning process is so important is because we need a unified approach to build consensus on solutions to challenges and make decisions about projects and allocation of resources.

For several cycles there was an ongoing discussion about the function or role of the WSC and how the conference can meet NA's needs. Those conversations led to the table which was displayed on-screen (see below), cataloging conference agreement about the functions and qualities of an effective WSC. The question now is *how can we better accomplish those functions and ensure the qualities of an effective WSC?*

Functions of the WSC



We were reminded that some of the most groundbreaking decisions the conference has ever made about itself were forced upon it by the pandemic. We had the first ever three-year conference cycle, the first ever virtual WSC, and the first ever interim meeting of the conference. These were all decisions made in response to a crisis. More recently, the conference has been building upon that experience and continuing to evolve the WSC.

A number of challenges came up when thinking about these ideas in the workgroup. Some of the challenges that the workgroup mentioned included that the timeline to get a motion in the *CAR* may make some of the ideas impractical.

- If we were in a two-year cycle, we wouldn't be able to have many of these conversations at all. We have more time since we are in a three-year cycle, but the English-language *CAR* will be published six months before the WSC, which is less than 18 months from now. Regional motions must be submitted by July 1st, 2025, and in final form by 3 August.
- Another issue that came up is that subjecting regional/zonal motions to a different process than board motions could give rise to an "us-and-them" mentality.
- One challenge the workgroup talked a lot about is that the differences among zones may make it challenging to ask zones to take part in the process. Not all zones are decision-making bodies. Many zones understand their roles differently, including whether or not they represent all the regions. In some cases, ideas, proposals, or motions would need to be taken back to the member regions for decision and then back to the zone for the vote. Some zones meet infrequently.

All of that said, we are charged with discussing possible improvements to WSC processes. The hope was that the small groups would not get too bogged down talking about limitations and instead share some creative ideas for collaborating on and prioritizing motions and improving the use of time between meetings.

The following are what we discussed after we broke into small groups...

The first topic was *Collaborating on creating motions*.

- Motions/proposals could be sent to the zone with an invitation for discussion and/or collaboration. Develop some kind of system to invite collaboration or signing on from a zone or more than one region.
- Reshape how we build motions, allowing conference participants to come together to create motions. Service bodies work together to develop motions.
- Create a discussion-based process that allows the conference to build consensus around ideas and develop proposals together.

Topic number two was *Full WSC involvement & better use of the time between WSCs*.

- Create motions or proposals and launch topics for discussion through the planning process, which begins at the WSC meeting.
- Use the *CAR* survey as the sole mechanism for setting literature project priorities, rather than also having motions for specific literature pieces.
- Hold WSC forums to discuss *CAR* motions to see which need to be in the *CAR* and which don't.
- Determine what must be done in-person and what can be done virtually.

And the third topic was *Collaborative prioritization of motions*.

- Form a workgroup to review, refine, and prioritize motions.
- More pre-motion discussion to determine how much support a motion may have. If minimal support, the maker may decide to withdraw the motion prior to publication of the *CAR*.
- Release all motions in advance of the *CAR* and have an online polling process to determine what gets included in the *CAR*.

These were the discussion questions for CPs:

1. What do you think of these ideas, and do you have any others?
2. What ideas can we try to help make a three-year cycle more effective?

Ok – I know that this seems like a long report... but this is what Tommy and I need input back on. Please please please... print out these minutes after they are done and take this information back to your Area's and groups... we have valuable member experience out there and we would like your feedback. If you don't have our emails and phone numbers, then please get that from us today!

Thanks for letting me get on that side-note... 😊

Our next Conference Participant meeting is May 18th.

We attended the Virtual Planning workshop for our Zone on April 6th. The following questions are what we discussed together on each factor...

FACTOR 1: Evolution of technology (pros and cons)

FACTOR 2: Harm reduction models or approach

FACTOR 3: Sense of safety, welcomeness, and inclusion

FACTOR 4: Development and organization of trusted servants

FACTOR 5: Redundancy and lack of cohesion in the service system

FACTOR 6: Impact of the rise of virtual NA

- How does this factor impact our ability to carry the message?
- What is the impact of this factor in our zone? What is the primary challenge that needs to be addressed?
- What successes have we had in addressing this problem?
- How can we adapt our current approaches to develop possible solutions so that this problem becomes less disruptive?
- What new possible solutions should we consider?

On March 20th, I attended the IT workgroup meeting for Plain States Zonal Forum. We had a refresher in-service about how to set up zoom meetings and trained some new members. Best thing I heard was "You don't have to have any sort of computer degree or schooling to help with IT... you just need the willingness to learn." It is very easy today because of our advancement in technology. It's basically a click and fill in the blank. We also went over the new meeting finder that is now live. (I told you I was going to circle back) Please Please Please, take a moment to make sure that your "pin" for your Area is where you want it, and that it is going to the correct place when you click on it. I would be happy to help anyone today go over that. Please talk to me during the break. FYI this is in the NA app in the meeting finder on your phone... just type in your zip code.

Quick update if you haven't read the NAWS News that just came out..." We have big, good news. The Federal Bureau of Prisons has asked World PR to make a presentation to the wardens of all 122 federal institutions in the US. This is unexpected and is happening soon. Following this presentation we hope that many prisons that have not previously had NA meetings will be interested. If there is a federal prison in your service area, get ready! We want to ensure that we can maximize our reach while this window is open." – NAWS News, April 2024

The rest of our report is just more information for you to take back to your Area's and Groups. It's hard to keep track of so much

information, so we've tried to capture highlights for you here. Most of the points below are clickable links. This information is also posted to the NA webpage at www.na.org/conference and updated regularly.

DATES AND DEADLINES see www.na.org/dates for a complete list

Annual Events

Service day 1 May - [flyer](#)
PR Week First full week in June - [flyer](#)
World Unity Day 1 September 2024
Sponsorship Day 1 December 2024



Let's celebrate
SERVICE DAY
27 April
11 am–12:30 pm PDT
(18:00–19:30 GMT)

with a webinar about
**Service on the Screen:
Getting Connected and
Staying Clean**

After some members present successes, small group discussions will help guide future service material on virtual services.

Webinar ID: 860 5057 8648 Passcode: 1953
Spanish and Portuguese translation provided.
Contact wb@na.org if you require other interpretation.



PR Week
2-8 June
2024

Every area, region, and zone is encouraged to commit to at least one activity during PR week.

We All Are PR

How will your public relations team come together to increase awareness of PR service and the NA recovery program?

For more information and activity ideas go to www.na.org/pr_act.

Please send flyers, ideas, or photos of your events to pr@na.org

"We All Are PR" note cubes available www.na.org/webstore item #9601

Conference Participant Web Meeting Dates for 2023-2026 Conference Cycle

- 18 November 2023
- 20 January 2024
- 16 March 2024
- 18 May 2024 - : HRP on Leadership Identification
- 20 July 2024 - during the Mid-America Zonal Meeting
- 21 September 2024
- 7 December 2024

Zonal Meetings

- 12 May 2024 -Virtual meeting – Everyone welcome! Mtg info at www.pszfna.org/calendar
- 19-21 July 2024 at Mid-America Region (see flyer)
- 25-27 October 2024 – Oklahoma Region in Oklahoma City

WSC-Related

- 28 November 2024 – Interim CAR/CAT published
- 28 February & 1 March 2025 (11am-1pm & 2pm-4pm, PST) – Interim WSC
- 3 November 2025 – 2026 CAR published
- 3 December 2025 – translated CARs published
- 3 February 2026 – Conference Approval Track material available
- 3-9 May 2026 – World Service Conference 2026

SELECTED NEWLY POSTED AND/OR REVISED RESOURCES

New Meeting Finder (www.na.org/meetingsearch)

New NAWS Brochure ([Screen version](#) | [Printing locally](#) | [Posters](#); www.na.org/fdresources)

NAWS News – [April 2024](#) (www.na.org/nawsnews)

[Greek Audio Basic Text](#) – Total now 10 Audio Basic Texts with Anglicized coming soon

[Media page](#) – [Virtual Meeting Resources](#), [Videos](#), [Fellowship Development Resources](#), [Social Media](#)

Reorganization of videos page (www.na.org/videos) – NAWS videos are great for workshops and events.

Reorganization of virtual NA meeting resources page (www.na.org/virtual)

[A Guide to World Services in NA 2023–2026 \(English | Spanish ; \[www.na.org/conference\]\(http://www.na.org/conference\)\)](#)

NAWS Update – March 2024 ([PPT](#) | [PDF](#) | [Notes](#) ; www.na.org/fdresources)

SPREAD THE WORD *surveys, workshops, opportunities to give input, etc.*

IDTs (www.na.org/idt):

Gender-Neutral and Inclusive Language in NA Literature (plus [FAQ!](#))

Dealing with Disruptive and Predatory Behavior

DRT/MAT as it Relates to NA: Helping Members Take Root

Reimagining and Revitalizing NA Service Committees

[WCNA on sale!](#) (for info, flyer, and FAQs: www.na.org/wcna)

We posted this report out on our region slack channel – we know that Central Area and Elkhorn Valley Area have their Area meetings tomorrow.

MSSZF Meeting information: <https://pszfna.org/plains-states-zonal-forum-meeting/>

Thank you for letting us serve this Region!

In grateful loving service,

Brenda & Tommy

Nebraska Delegate Team

RDA Report:

Hello family,

I do not have much to report this quarter, since I usually report about zonal forum focused things. Please reference Brenda's amazing report for a comprehensive view of what has been happening around the NA world. The last Plain States Zonal Forum meeting was held in January in Sioux City. That was included in my January report to this body, so I will not rehash it. I will just say that there are still lots of things happening in our zone. Please look at my January report for more details and check out pszfna.org for more information.

We did have a strategic planning meeting with NAWS that included PSZF, along with some other zones. We just started to look at the priority issues that were identified in the environmental scan that Brenda and I had done with members of this body at a general assembly way back when. We discussed what has been working, not working, and what actions we can possibly try to take to address the issues. This was step 3 in a multi-step and ongoing strategic planning process that will continue throughout the conference cycle.

The next PSZF meeting will be virtual and will take place on May 12 th at 4 pm. If you would like to check it out, you can join via Zoom on May 12 th by just going to pszfna.org and there will be a join meeting link right on the front page. The pszfna.org website is also where you can find information about the SBTW workgroup. You can also fill out the Plain States Service Pool so your skills and willingness might be matched to upcoming projects and service opportunities. There are also zonal committees, such as IT and PR that host virtual meetings that are great opportunities to get involved with service!

The next in-person PSZF meeting will be in Dodge City Kansas, July 19 th through the 21 st . Don't forget that the World Convention of NA is in DC this year August 29 th through September 1 st ! Registration is open @ na.org/wcna.

As far Alternate RD finances, I spent no money this quarter, so my balance remains \$1934.09, as I did not take a disbursement from the treasurer last quarter. Sorry I could not be there today. I have been feeling pretty crummy this whole last week with COVID. I look forward to seeing everyone in July! I also want to say that I am happy to accept a nomination for RD. I can send a bio if needed, just let me know!

I.L.S.

Tommy N.

Sub- Committees

NRCNA 39: Hello family

We have not closed out our account yet as we were directed by a predecessor to wait for the IRS to send a tax statement. We have not received one. We would like to ask for further guidance on what to do next.

In loving service

Tracy K

NRCNA 40: Hi y'all!

It's been fairly smooth sailing this far! We are ahead of schedule. Main speakers have been chosen and travel details are being coordinated.

The convention schedule has been formulated and workshop topics are currently in discussion. As of last month's committee, meeting, we have 80 registrations. We have 5500.00 in the bank.

General Assembly: Michelle B Greetings in recovery,

During Regional assembly this morning, Barry B presented on the Regional phonenumber, its internal functions, how the routing of calls work, volunteer scheduling, and benefits to the Areas.

1-880 Phone line advantages:

No cost to move local numbers into the system.

You can still keep your local phonenumber if you choose to.

Extremely low cost to the region

Areas no longer would need to pay for their phonenumber

Increases the trusted servant resource pool

Ease of system use & data collection available

Additionally during the session, the regional members reviewed and gave feedback on a training PowerPoint that would be utilized for training volunteers in the areas once the phonenumber is initiated. We discussed options for internal functions, timeline for volunteers, internal working of scheduling, and reviewed ease of assisting callers with navigating them to a meeting utilizing meeting searches.

We discussed the timelines of the phonenumber roll out and turned over any finalizing of details to the PR committee to consider recommendations.

ILS,

Michelle B.

Regional Public Relations Coordinator

H&I: All areas are doing well! We are getting into the treatment centers and jails. Kearney has started a new meeting at the federal halfway house they invited NA into their facility. There was discussion that an NA member has been going into NSP alone, we be reaching out to NSP to make sure that this gets corrected and they have our H & I guidelines.

We also discussed that we will be planning an H&I fundraiser soon. More will be revealed.

Evvan

We are carrying the message into 11 different treatment centers & jails in our area. Our last H&I training was held on March 16th with 25 members in attendance. Currently I am updating our list of H&I trained member to distribute to our chairpersons. Our next training is scheduled for 11am on May 18th to be held at 200 N. 34th St. Norfolk, NE 68701.

Outreach: No Report

Policy: We had quite a few proposals pass in January that affect our Regional Policy. I have made the necessary changes to the Policy to reflect these passed proposals. These changes are included below, and I have sent the revised policy to the IT Chairperson today to be posted on our website. Any member that reviews this document and locates any errors or missing information, please let me know as soon as possible so that it can be corrected. As always, thank you for continuing to let me be of service.

Change

Change the name of "Outreach" to "Fellowship Development"

Reason for Change

To stay consistent with language of the fellowship

Change

Added:

VIII. FINANCES

E. BUDGETS:

c. The budget in Addendum C will change as needed to reflect naturally increasing expenses, up to 20% of their current cost, for mandatory expenses. (04/24)

Reason for Change

To reflect naturally increasing mandatory expenses.

Change

Addendum C

Updated to reflect current/projected expenses over the next year. See January NRSCNA minutes or updated NRSCNA policy for the updated budget.

Reason for Change

To reflect current/projected expenses.

Change

Changed:

IV. NOMINATIONS AND ELECTIONS

Nominations under "normal" circumstances for RD and Alt. RD open at the Q1 (January) meeting in the year following the WSC in-person meeting. Nominations close Q2 (April). Voting will be taken in Q3 (July), and the newly elected RD and Alt. RD will assume their positions at

the Q4 (October) RSC meeting. If a nominee cannot be present to accept nomination, then they must submit a written acceptance, along with a Bio, to the RSC. All RSC nominees will submit a Bio to be included in the minutes. In the event that a Regional position becomes vacant during term, nominations come open automatically at the next RSC meeting. (04/24)

Reason for Change

To align RD & RDA terms with the three-year conference cycle to avoid having confusion and disruption in the middle of a WSC cycle.

PR:

Greetings in recovery,

Thank you to Lincoln for providing such a nice space for our regional meeting. The tech options were fantastic & definitely worth mentioning. Your hospitality has been spectacular, lunch hit the spot and can't wait for the rest of the day!!

I would like to thank Barry for today's presentation and expertise on the phonline to refresh everyone on its functions. We are excited for this new venture in the Nebraska Region. But like all things that are new, there is sure to be slow steady work, growing pains & learning curves for all. Having said that, the PR committee had little progress in the last quarter, and we did not have the opportunity to meet in-between regions. A partial reason for this is because we are needing more information from this body to move forward with the phonline. With gathering this information today, we should be able to move forward much quicker in the next quarter.

We plan to implement the phonline in two phases. The first phase will provide for a live phonline will be for text only version. This will be initiate to coincide with PR Week, the first week of June.

Following steps will consist of training the trainer workshops for phonline volunteers in the areas. We will provide at least one or two of these workshops via ZOOM to allow for a variety of times & platform for learning and gaining volunteers. We plan to initiate the live addict option on the phonline by the Nebraska convention in September.

Thank you to those areas who returned their inventory information for their areas. This will be super helpful going forward in planning in the future. Fremont reported being very active in their PR efforts (highlights will be listed below in this report) Lincoln expressed some needing regional support and guidance with PR. Omaha & Grand Island have requested phonline trainings and will coordinate to set these in the next phase of phonline roll-out as mentioned above.

I did receive funds from the treasurer following last Regional, however have not yet used any of the funds. I would like to purchase supplies for a Public Relations booth, which would consist of a Narcotics Anonymous table cover, literature rack, and 2 retractable banners. I would like to order professional pamphlet holders & pamphlets in preparation for future presentations as they arise. Lofty wishes, but I would also like to purchase 1 PR handbook for each area PR Chair & a storage tote to carry supplies to area PR Events.

Additionally, with your permission, I would like to request additional from the budget funds to purchase the T-Shirts for the Region and have them ready for sale at the July Street Dance in Grand Island.

Public Relations Handbook: \$10.45 + tax

Literature rack (16 pocket): \$27.70 + tax

1 large PR Tote for storage/hauling: \$100 (approx.)

Table cover / Retractable signs: \$500.00 (approx.)

For Region:

Proposal: To exclude rides from phonline training.

Proposal: Booth presence @ Nebraska State Fair in 2025



NEXT ZOOM MEETING DATES: will be via Zoom on the following dates:

(Will post links in SLACK)

Sunday April 28th 4:00 PM

Wednesday May 22nd, 7:00 PM

Things to bring back from Areas: 12 step call list, nominations for Phonline Coordinator

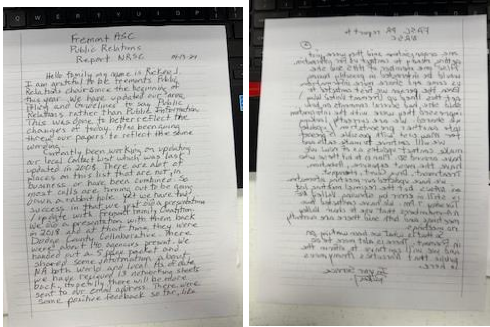
Announcements:

NA Service Day – Wednesday, May 1st, 2024

PR WEEK: June 2-8, 2024

In loving service,
Michelle B.
Regional Public Relations Subcommittee Chair

Addendum: Fremont Area reporting



IT: Hello Nebraska Region,

I apologize for not making it to the service committee meeting this quarter. I don't have anything in particular I want to report, but as always if there is anything the body needs the website to do let me know and I will look into it. I may be slow to respond until I finish up school on May 17, so I apologize in advance for that, but I will do my best to continue to be of service.
Hadrian C

Archives: Hello family, I'm Dick T, and I'm an addict. All is well with the Archives. Rent is paid and I still need to get paperwork from last years convention when available. ILS, Dick

SBTW: Mark W Proxy – He attended the last SBTW meeting:

Attendance: Sharleen -South Dakota, Sydney-Tulsa, Mark – Nebraska, Amanda-SCC, Denise – Liaison Tulsa, Sam – Facilitator, Teresa – Secretary, Whitney – absent with report, Rhonda postal coordinator, Jeff – absent with report

Previous minutes accepted.

Rhonda Report - 6 new letters

Amanda – We are now able to assign some sponsors. Reminder to keep vigilant about everyone following the guidelines set by the work group.

Sharleen – Riot in the SD prison means lock down for a bit

Densie – nothing new to report

Reminder Dodge City Kansas in July for orientation

Online Orientation May 2nd at 730pm Sharleen, Teresa, Sydney

May 18th at 3pm - Sharleen, Teresa and Denise for Backup

Sydney nominated by Amanda seconded by Rhonda

Sydney elected as co-postal coordinator

May 8th next meeting

Memorial Wall: Hello Family! We are looking forward to working with NRCNA, but otherwise we have nothing to report. If you have anyone who needs to be added to the memorial wall please get ahold of me so I can add them. I would also like to ask Hadiran to add a link to the website for people to be able to contact directly the Memorial Wall chairperson with a picture, name, area they are from. ILS, Sue H

Mark W confirmed with Terra that she does have the mail. And she does!

Old Business:

Proposal #1: To accept the proposed three-year budget (Attached) for the Plain States Zonal Forum.

Intent: To update the zonal budget to adapt for the three-year meeting cycle change adopted previously.

Financial Impact: none – same budget just extends to 3 years

Vote: 6 Yes – passes by consensus

Budget Even years beginning in July	2022
Sponsorship Behind the Walls	
Workshop Materials	\$ 300.00
Mailing postage and materials	\$ 300.00
IP's for initial sponsee assignments (before they get a sponsor)	\$ 75.00
NA Books (Step Working Guides and It Works: How and Why)	\$ 500.00
2 year mailbox rental (needs to be renewed July 2023)	\$ 450.00
Total Sponsorship Behind the Walls	\$ 1,625.00
Plains State Zonal Meetings	
Meetings 4 in two years at \$400 each	\$ 1,600.00
Travel for Unfunded Committee Members	
Flight	\$ 3,500.00

Budget Every three years beginning in July	2023
Sponsorship Behind the Walls	
Workshop Materials	\$ 450.00
Mailing postage and materials	\$ 450.00
IP's for initial sponsee assignments (before they get a sponsor)	\$ 110.00
NA Books (Step Working Guides and It Works: How and Why)	\$ 750.00
2 year mailbox rental (needs to be renewed July 2023)	\$ 450.00
Total Sponsorship Behind the Walls	\$ 2,210.00
Plains State Zonal Meetings	
Meetings 6 in three years at \$400 each	\$ 2,400.00
Travel for Unfunded Committee Members	
Flight	\$ 3,750.00
Gas	\$ 750.00
Lodging	\$ 2,250.00
Six in person meetings in a 3 year cycle	\$ 6,750.00
Public Relations	
Public Relations events	\$ 1,050.00
Information Technology	
Web Site Hosting, Two-year hosting (due September 2024)	\$ 900.00
Zoom (3 accounts) (449.70) each year due February	\$ 1,349.00
Miscellaneous Web Site Charges. (New Modules)	\$ 200.00
Domain Registration for URL (Two years due in August 2024)	\$ 100.00
YAP	\$ 186.00
Total Information Technology	\$ 2,735.00
Total of all Budgets	\$15,145.00
Prudent Reserve (20% of approved Budget) excludes SBTW	\$ 2,587.00
SBTH	2210
Stays in Bank	\$ 4,797.00

Mark CALLED FOR A 15 MINUTE BREAK, THEN WE REOPENED WITH A MOMENT OF SILENCE AND THE SERENITY PRAYER.

Open Floor:

Mark W – RD and RDA positions are open for nominations. It was stated that in new business proposals for Tommy for RD and Barry B for RDA will be submitted.

Mark W – Terms - went over what a term is for an elected position – they are for 2 years. Kora stated that she would not be able to complete the entire term And that we will need a new secretary after this year. Rachel is interested and a proposal will be submitted in new business.

NRCNA and Tax Conversation: this sparked a larger conversation:

Sue – asked Steven on his thoughts about NRCNA 39 Taxes. Could we combine the taxes for NRCNA 39 and NRCNA 40? Could Region pay the taxes?

Barry suggested 2 EIN #'s- one for even / odd to help with tax situation.

Tracy stated she had talked to a tax professional who stated that there were no taxes that could be filed because no tax bill / 1099 – or other document was created / submitted to NRCNA for paying the taxes on. Could we close out the 39 account since there was no bill yet?

Lori F – even if we don't pay taxes for NRCNA 39 we should create a policy to address paying the taxes in the future

Conversation has resulted in a proposal in new business to create an ad hoc committee.. Steve H and many members of the regional body will be part of.

A Straw Poll was taken to continue Open floor

Paul- Geneva meetings are open again! See the meeting list for details.

Mark W- lets talk about the BMLT meeting list format. Most people will print on Letter size – is there a way to fix the super small printing? Barry will work with

Haidrian to see if we can make the new meeting list more legible.

Brenda D – what happened to Jan mtg directories? There was some that met at CECK but no one did pick up any directories then. Its been 8 months since we have had directories at Region. Tommy stated that Tony S will be stepping down as Outreach coordinator. He has the directories and will mail them out to people please get him your mailing address.

Monica – meeting updates need to be sent to meetinglist@nebraskana.org if you don't have direct access to the BMLT for Nebraska. PR will handle printing of regional meeting lists for next region.

Sue brought up giving rides to meetings from the phonelines and each area maybe having a list of volunteers? Michelle clarified this point in her report that this was just a change in the PowerPoint presentation for training – not a policy or request.

New Business: Proposals and Nominations:

Proposal #1: To put together an Ad-hoc to explore tax implications from NRCNA and bring back recommendations to the July regional meeting. Committee to consist of Regional Chair, Treasurer, Vice Treasurer, and a NRCNA representative and any willing volunteers.

Intent: To gather information for possible policy changes needed to handle paying taxes.

Financial Impact: 0

Submitted by:. Steve T

Does not need to go back to groups as there is no policy change. Vote 6 yes – passes by consensus

Proposal #2: ENNA RCM nominates Barry B as RDA for Nebraska

Intent: Because we love him and he's always of service to NA and he's already very knowledgeable of these things.

Financial Impact: 0

Submitted by:. Mandy F

TAKE BACK TO GROUPS FOR A VOTE.

Barry B Service Resume:

Service Resume Barry B. Grand Island, NE April 13, 2024

I have been clean since January 14, 2001. I have been involved in service to Narcotics Anonymous since September

1982. I have a Narcotics Anonymous sponsor and sponsor addicts in Narcotics Anonymous. I have a working knowledge of the 12 Steps, 12

Traditions and 12 Concepts of Narcotics Anonymous. I have served on numerous ad hoc committees as an officer and as a member. I have served on multiple Convention and Activities Committees as a member. I have completed all terms to their completion. I accept the nomination for Alternate Delegate of the Nebraska Region.

Currently

Facilitator Plains States Zonal Forum (Ends 07/2024).

Maintain Web Sites for Plains States Zonal Forum & Multi Zonal Service Symposium.

Special Worker IT for Best Little Region

Chairperson Central Nebraska Area Policy Subcommittee. (Ends 01/2025)

Co-Treasurer The Groups at Unity Hall, Grand Island, NE

Member of the Future of the WSC Workgroup NAWS (Ends 07/2025)

Recent

Information Technology Coordinator Multi Zonal Service Symposium 2023

Information Technology Coordinator Plains State Zonal Forum 2014 -2022

Hotel Liaison – Close Encounters of the Clean Kind 2022, 2023 – Eastern Nebraska NA

Member Future of the WSC Workgroup NAWS (WSC 2020)

Member Delegates Sharing Workgroup NAWS (WSC 2018)

Iowa Regional Guidelines Coordinator 2018-2022

Regional Delegate & Alternate Delegate Iowa Region 2011 -2017

Chairperson Close Encounters of the Clean Kind 2018 & 2019 Omaha, NE

Vice Chairperson Close Encounters of the Clean Kind 2017 Omaha, NE

Facilities Coordinator Multi Zonal Service Symposium 2018

Facilitator Multi Zonal Service Symposium 2016

Co Facilitator Multi Zonal Service Symposium 2014

Registration Chairperson Close Encounters Clean Kind 2013, 2014, & 2015 Omaha, NE

Iowa Public Relations Facilitator

Public Relations Coordinator Plains States Zonal Forum

Web Servant Iowa Region of NA

Chairperson Iowa Regional Service Committee

Vice Chairperson Iowa Regional Service Committee

Coordinator Plains States Zonal Forum Midwest Conference 2006 & 2007

SWINA Literature Chairperson

SWINA Activates Chairperson

SWINA Web Servant

GSR – Visions of Hope Group – Council Bluffs, Iowa

Previous

ASR – ASR Alternate - Eastern Nebraska NA

ASR SWINA 2 different terms

Iowa Regional Convention Committee Chairperson (IRCNA VIII)

Iowa Regional Public Information Subcommittee Chairperson 2 terms

Secretary Close Encounters of Clean Kind

Chairperson Show Me RSO 1 term.

Board of Directors Show Me RSO 3 years

SWINA PI Chairperson

SWINA H&I Chairperson
Chairperson SWINA 3 different terms
Vice Chairperson SWINA 1 term
SWINA Literature Chairperson
Saturday Night Live GSR – Omaha, Nebraska.
Respectfully submitted in loving service, Barry B.

Proposal #3: Nominate Tommy N as Regional Delegate

Intent: To fulfill our tradition of continuity and service rotation – note Tommy has been a joy to serve with and has gone over and above as RDA.

Financial Impact: 0

Submitted by: Brenda D

TAKE BACK TO GROUPS FOR A VOTE.

Service Resume:

My Clean Date is 10-5-12. I have a sponsor in NA and have worked all 12 steps. I sponsor men in Narcotics Anonymous. I was the GSR for the Survivor's Group from 2014-2017, EVANA H&I Chair from 2013-2015, Panel leader for lots of H&I panels over many years, and the PI Chair for NRSCNA from 2013 until January 2020. I was the Memorial Wall chair for NRCNA 31. I am was the NRCNA 36 Treasurer. I was the treasurer for EVANA from 2014 until 2017, and again from 2022 - present. I was the NRCNA 38 co-chair. I have at various times, been the treasurer for the Survivors Group. I have been the SBTW Liaison for Nebraska from January of 2019 until 2021. I have been the Nebraska Alternate Regional Delegate since January 2023. I believe that pretty much covers it. Any omissions or errors in dates are just due to memory lapses. I. L. S., Tommy N.

Proposal #4: Nominate Steve T to Vice Treasurer

Intent:

Financial Impact: 0

Submitted by: Seth B

TAKE BACK TO GROUPS FOR A VOTE.

I am an addict named Steven T and my clean date is March 17th, 2020. I am honored to be nominated to serve as the Nebraska Regional Vice-Treasurer. I am an active member of Narcotics Anonymous through regular meeting attendance, being a home group member of the RAW group in Lincoln, NE. I am currently the secretary for my home group and have also served as the GSR and Treasurer. At the area level, I am the Policy subcommittee chair. I have participated in bringing meetings to treatment centers with H&I. I currently have a sponsor and am working the 12 Steps with him. Thank you for your consideration.

Proposal #5: Presence @ Nebraska State Fair in 2025

Intent: Awareness in community that NA is a viable source of recovery.

Financial Impact: \$1500 – cost of booth, literature, supplies

Submitted by: PR Committee

TAKE BACK TO GROUPS FOR A VOTE.

Proposal #6: To exclude “rides to meetings” in training PowerPoint presentation option for volunteers when answering calls.

Intent: 12 Step call list will be used to connect callers to local members instead

Financial Impact: 0

Submitted by: PR Committee

No policy change – no need to take back to groups. Passed by consensus of 6 RCMs

Proposal #7: Rachel B nominated for Alt Secretary

Intent: to remain a trusted member of NA

Financial Impact: 0

Submitted by: John P

TAKE BACK TO GROUPS FOR A VOTE.

My clean date is 8/10/15. I have a sponsor and I sponsor addicts in Narcotics Anonymous. I have a working knowledge of the 12 Steps, 12 Traditions and 12 Concepts of Narcotics Anonymous. I have held a few positions over the last 8 years, including, Secretary from 2016-2018, Vice chair for 8 months, I am the current area chairperson, I've been chairing the Sunday 7pm freedom works since July 2023 and chaired the Outsiders midnight meeting for about a year, I was also the GSR of Outsiders for a year. I also have been trusted with the registration table at the Freeze Out since 2016. I also have served on the Fremont Activities Committee since 2016, making flyers and working the tables. I attend a minimum of 5 weekly meetings. I just want to thank you all for this opportunity to serve this great program. I.L.S Rachael B.

Public Relations: Is in need of from each area: A person that will be a phone line coordinator and will need a 12 step contact list.

TAKE BACK TO GROUPS

Open Positions:

SBTW

ONGOING REMINDERS:

- Please send any updated in-person or Zoom Meeting information to meetinglist@nebraskana.org and iit_committee@nebraskana.org
- Send flyers for NA activities to activities@nebraskana.org
-

Proposal To Close: submitted by Ariel – meeting close at 4:33pm

The Next Region will be July 13 held at 210 N Wheeler Grand Island, NE Central Area will host Region.

10 am General Assembly Topic – IDT Hosted by Tommy N

1pm Sub-Committees

2 PM Region Business